

MINUTES Clint ISD SCHOOL HEALTH ADVISORY COUNCIL Clint ISD – Central Office September 17, 2021

- 1. Introductions/Welcome The meeting was called to order at 9:05 with brief introductions and a welcoming of all members to SHAC.
- 2. Mr. Swanson provided an overall presentation on the elements of SHAC for all participants. The presentation included required SHAC activities as well as membership on the SHAC. Mr. Swanson mentioned how important it is to get more parents on the committee and that they should make up the majority of the committee. He continued to share about the components of SHAC to include:
 - a. Health Education
 - ь. Physical Education
 - c. Health Services
 - d. Nutrition Services
 - e. Counseling, Psychological, and Social Services
 - f. Health School Environment (Physical Environment)
 - g. Health Promotion for Staff Family
- 3. Mr. Godinez from Project Vida Health Care Plan cancelled his attendance. The committee will try and reschedule him for a future appearance.
- 4. The School Nutrition department in Clint ISD provided a presentation on Child Nutrition. The presentation began with introductions of the Director, the General Manager, and the district Nutritionist. The topics covered during the presentation included:
 - Meal Participation
 - Menu Options
 - Nationwide Shortages
 - Chef Calendars
 - Samples with Parents
 - Technical Education Feedback
 - Nutrition Classes PBIS
 - Parent Feedback

The department provided the current number of students served across the district at each campus for breakfast and lunch. They followed with several new menu options that will be offered at the campuses to include smoothies, paninis with egg, a Coney Island dog, a Chicago dog, and soup. All menu items will follow strict adherence to nutrition guidelines and will be included in the Nutrislice app for parents, students, and staff. They also discussed nationwide shortages of some popular food items due to supply chain issues which led to substitutions and menu changes. The Child nutrition department discussed the Roving Chef. The Roving Chef would include a potential farmers market, cookouts, and the district chef working with students cooking at campuses. This would include providing samples for students and parents to include student and parent voice in choice in menus. This would include nutrition classes.

- 5. Mr. Melendez spoke on the behalf of Mr. Mackeben addressed the needs of the Physical Education department at elementary, middle and high schools. The elementary schools and the middle schools need support in terms of curriculum/activities to support instruction. Mr Mackeben is looking at products to support campuses and training will be rolled out this fall.
- 6. The physical education instructors will be collecting data throughout the year to either enter into FitnessGram or through the PFAI process. Last year was a learning year and if we collect data using the PFAI process we will modify to ensure that data is entered in an accurate and timely manner.
- 7. Mrs. Flores was not able to attend but shared that the COVID19 tracker online showed significantly lower active cases in district campuses. She also wanted SHAC members to be aware of how to locate the tracker online and ensure we all follow protocols to limit exposure to the virus.
- 8. The district nurse, Idalia Valdez, discussed EpiPens at School. The presentation included anaphylaxis in schools. How you identify anaphylaxis and the need for EpiPens in schools. This included who is trained to use the pens which can be provided by the school nurse.
- 9. The counseling department was represented by Diana Gutierrez. She shared with the committee plans for the 2021-22 school year to include the introduction to the SEL coordinators at each campus to support students and teachers after all students have returned to campus for face to face instruction.
- 10. Mr Swanson briefly mentioned the ACE program, an afterschool program at our middle schools that addresses afterschool tutoring, enrichment and extension of school day activities. This program also helps address the SEL of students and will share additional information at an upcoming SHAC meeting.

- 11. SHAC meetings for the 2021-2022 school year have been changed to meet new TEA requirements for video recording. All meetings will be held after school board meetings. The dates are:
 - September 17, 2021
 - November 19, 2021
 - February 25, 2022
 - May 20, 2022
- 12. The HART program, Healthy Ambassadors for a Ready Texas, was introduced last year at a SHAC meeting. Three student members were selected from Clint ISD.
- 13. The meeting was closed.