





























Monday	Tuesday	Wednesday	Thursday	Friday
28	29	30	31	1 Fish Sticks w/ Bun & Coleslaw Vegan Burrito Bowl  
4 Chicken Rolled Crisp Ups Broc Mac & Cheese  	5 Chicken Tenders w/ Mini Bun Bean & Cheese Burrito 	6 Teriyaki Chicken Bowl  Power Pack  	7 Italian Meatball Sub*  Cheese Pull Apart w/ Marinara 	8 Fish Sticks w/ Bun & Coleslaw Vegan Burrito Bowl  
11 <b>Veterans Day</b>	12 Chicken Tenders w/ Mini Bun Bean & Cheese Burrito 	13 Beef Burger*  Black Bean Burger  	14 Teriyaki Chicken Bowl  Power Pack  	15 <b>Select Sites</b> Fish Sticks w/ Bun & Coleslaw Vegan Burrito Bowl  
18 Bean & Cheese Burrito 	19 Chicken Tenders w/ Mini Bun Pizza Ch, Fr Bread 	20 Beef Burger*  Black Bean Burger  	21 Cheese Pull Apart w/ Marinara 	22 Fish Sticks w/ Bun & Coleslaw Vegan Burrito Bowl  
25 <b>No School</b>	26 <b>No School</b>	27 <b>No School</b>	28 <b>No School</b>	29 <b>No School</b>

 Vegetarian option    Vegan option    Fresh Prepped   \* Contains Beef

One lunch is available to all students at no cost. All meals are served with fruit and vegetable varieties and choice of 1% low-fat white or non-fat chocolate milk offered. (Soy milk available upon request). Students must choose at least 3 of the 5 components offered with a minimum of a half-cup fruit and/or vegetable.

All grains offered are whole grain rich. Menu subject to change based on product availability.

This institution is an equal opportunity provider.