

Fredericksburg ISD
School Health Advisory Council Meeting Minutes
August 28, 2024 4:30pm
Fredericksburg ISD - District Office
234 Friendship Lane
Fredericksburg, TX 78624

SHAC Members Present: David Pedregon, Patricia Smith, Alma Trujillo, Amy Beicker and John Willome

SHAC Members Absent: Kristi Stafford, Shelee Padgett

Staff Present: Sarah Southard, District Coordinator

Others Present: Hattie Allen (Grace Center), Sonja Gutierrez (Grace Center), Cayle Koenneke (FISD)

Agenda Topic

Welcome and Opening Remarks

- A. Call to Order
David Pedregon called the meeting to order at 4:35.
- B. Documentation of Attendance and Quorum
David noted that five of the seven members were present including three FISD parents so the meeting attained a quorum.

Agenda Item #1 – Approval of the June 5, 2024 Meeting Minutes

Patricia made a motion to approve the minutes. There was one correction for Agenda Item 2. The person who nominated David as SHAC Chair is listed at Amy Padgett by mistake. It was Amy Beicker who nominated David. John indicated he would make the correction and send the corrected minutes to Sarah Southard for posting. John then seconded the motion to approve the minutes as amended. The motion passed unanimously.

Agenda Item #2 – The Grace Center Presentation

Representatives from the Grace Center, Hattie Allen (executive director) and Sonja Gutierrez (program director) presented on the importance of making teen dating violence education available to students, teachers, and staff. After a lengthy presentation the exhibited the importance of this issue and how it aligns with the TEKS, David asked if Hattie and Sonja could bring a proposal to the SHAC to consider advising the school board to adopt for FISD students. The proposal would include the curriculum used, the method(s) of delivery, and what ages the propose educating. There were also ideas discussed on how to educate parents on this topic so they can also teach their own children and even educating local church leaders and youth organizations to deliver the information to youth and their parents.

No action items were voted on.

Agenda Item #3 – TCHATT Update

Cayle Koenneke, FISD Counselor, updated the SHAC on the implementation of TCHATT as it stands to date. The program was initially flooded with more referrals that it could handle so new referrals were suspended for a time while they processed the initial onslaught. By the end of the 2023-24 school year it took about four weeks for a referred student to have an initial visit with a TCHATT counselor. Two weeks into the 2024-25 school year, she is not sure if there is a delay between referral and initial visit. The initial visit is *always* with at least one parent/legal guardian. This is mandatory. And every subsequent visit must be acknowledged and approved by the parent/guardian before the appointment. If a counselor suspects a child has a condition requiring medication, the child will be referred to a TCHATT psychiatrist who

will assess and prescribe as indicated and then ensure the child's care is transferred to a long-term professional who can monitor their care. Even if a child doesn't need medication, the counselor will set them up with long-term counseling services as appropriate.

No action items were voted on.

Agenda Item #4 - Subcommittee Updates

- **Physical Activity and Fitness Planning:** David Pedregon reported that Patricia Smith resigned as chair of the subcommittee due to inadequate bandwidth to lead it at this time. David will talk to a couple of SHAC members offline to see if they are willing to lead this subcommittee.
- **Family Communications and Support:** John Willome reported that the subcommittee met in August and plans to meet once a month in the fall. Subcommittee members are John Willome as chair, SHAC members Kristi Stafford and Shelee Padgett, Liz Delgado of FISSD, Leslie Windham with Caritas Family Assistance Network, Lindsey Pansing with the FES PTO, and Caroline Bradley, the mother of an FMS student. Caroline resigned after the first meeting because they ended up withdrawing their child from FISSD and they no longer have a child in the district. In terms of "communication," the committee is trying to find ways to help parents/guardians engage more in parenting their children and helping them in school by examining how the school communicates with them. This follows the SHAC mandate to help parental/guardian involvement. The subcommittee will try to be cautious about not overstepping into areas that are not related to help for parents/guardians being involved with the school. Rachel Malinak, Communications Specialist with FISSD, is planning to attend the next subcommittee meetings to inform the group on the tools and processes FISSD currently utilizes to communicate with parents/guardians. Regarding the "support" part of the subcommittee, a lot focused around providing parent training opportunities and making parenting resources available to parents.

No action items were voted on.

Next Meeting

- A. Next Meeting Date/Time
October 23, 2024 at 4:30 p.m.

Adjourn

John Willome made a motion to adjourn the meeting. Amy Beicker seconded the motion. The motion passed unanimously and the meeting adjourned at 5:41.

Respectfully submitted by John Willome on August 30, 2024