

# October/November 2024 Elementary

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 Chicken Tenders Oven Baked French Fries Yellow Squash (Local Farm) Sliced Kiwi 100% Fruit Juice Hormone Free Milk	29 Penne Pasta Bar Marinara or Butter Toasted Garlic Bread Roasted Zucchini (Local Farm) Kiwi Slices 100% Fruit Juice Hormone Free Milk	30 Grilled Cheese White or Wheat Chicken Noodle Soup Cucumber Cup (Local Farm) Fresh Pear 100% Fruit Juice Hormone Free Milk <i>Sushi Day Milton</i>	31 <b>Pizza Day</b> Garden Salad Sliced Packaged Apples (Peterson Farms) 100% Fruit Juice Hormone Free Milk (Ice Cream Day) <b>Piazza Pizza at Milton</b> HAPPY HALLOWEEN	<b>School Closed</b> 
4 Chicken Drumstick Creamy Mashed Potato Roasted Kale (Local Farm) Fresh Fruit Basket 100% Fruit Juice Hormone Free Milk	5 <b>Election Day</b> 	6 Macaroni and Cheese or Pasta with Butter Steamed Peas Chicken Noodle Soup Red Delicious Apple 100% Fruit Juice Hormone Free Milk <i>Sushi Day Osborn</i>	7 Brunch for Lunch French Toast Sticks Sausage Links Breakfast Potato Fresh Banana 100% Fruit Juice Hormone Free Milk	8 <b>Pizza Day</b> Caesar Salad Sliced Packaged Apples (Peterson Farms) 100% Fruit Juice Hormone Free Milk <b>Piazza Pizza at Osborn</b>
11  <b>HONORING ALL WHO SERVED</b>	12 Angus Beef Burger Brioche Roll Waffle Fries Green Cabbage Slaw (Local Farm) Red Delicious Apple 100% Fruit Juice Hormone Free Milk	13 Spaghetti and Meatballs Toasted Garlic Bread Steamed Zucchini (Local Farm) Fresh Fruit Basket 100% Fruit Juice Hormone Free Milk <i>Sushi Midland</i>	14 <b>Early Dismissal No Lunch Served</b>	15 <b>Pizza Day</b> Spinach Salad Sliced Packaged Apples (Peterson Farms) 100% Fruit Juice Hormone Free Milk <b>Piazza Pizza at Midland</b>
18 Chicken Patty Deluxe Brioche Roll Baked French Fries Green Leaf Lettuce Roma Tomato (Local Farm) Apple Sauce Cup 100% Fruit Juice Hormone Free Milk	19 Three Cheese Baked Ziti Or Plain Pasta Sautéed Spinach Toasted Garlic Bread Fresh Grapes 100% Fruit Juice	20 <b>Chipotle Bowl</b> Boneless Chicken Brown Rice Black Bean/Corn Salad with Cilantro Pico de gallo Sour Cream/Guacamole Chilled Apple Sauce (Peterson Farms) <i>Sushi Day Milton</i>	21 Brunch for Lunch Pancakes Sausage Patty Hash Brown Potato Fresh Banana 100% Fruit Juice Hormone Free Milk	22 <b>Pizza Day</b> Greek Salad with Feta Sliced Packaged Apples (Peterson Farms) 100% Fruit Juice Hormone Free Milk <b>Piazza Pizza Milton</b>
25 Boneless Wings BBQ or Honey Mustard Potato Smiles Steamed Corn Sliced Oranges	26 Cheese Quesadilla Warm Tortilla Rice and Black Beans Sour Cream/Salsa Guacamole Fresh Fruit Basket	27 <b>Early Dismissal All Schools</b>	28 	

## Cafeteria Offerings

### Gluten Free

Rolls, Cereal, Pizza and Pasta available upon request

**MEAL OF THE DAY \$4.00**

### INCLUDES

*Vegetable, Fresh Whole Fruit, 100% Fruit Juice (6oz) Hormone/Antibiotic Free Skim, Low Fat Choc, 1%, and Whole Milk*

*Fresh Fruit Basket offered Daily*

Horizon Organic Milk \$2.50

### Pre-Made Sandwiches offered daily with Boar's Head Meats

(Turkey, Ham, Salami, Buffalo Chicken and Cheddar Cheese)

Sun Butter and Jelly Sandwich

### Pre-Made Salads Available:

Chicken Caesar Salad/Caesar Salad

Garden Salad/Greek

Large: \$5.50-\$6.25 Small \$3.25-\$5.25

### À la Carte Prices

Mini 8oz Poland Spring Water \$1.25

Poland Spring Water 16oz \$1.50

Baked Snack Varieties \$1.50-\$2.75

Fresh Fruit Purchase \$1.00

Fruit Cup 9oz \$2.50

Baked Cookie \$1.00 (Wednesdays)

Seasonal WG Cider Donut (Thursdays)

Ice Cream \$1.75-\$3.75 (Fridays Only)

Guacamole and/or Salsa Chips

Strawberry/Banana Smoothies made fresh at your school

Made on premise hummus sesame free!!