Class of 2009







'09



MEDFORD H.S. LIBRARY





Welcome ...



hether for better or for worse, the iPod is undeniably an integral part of American culture and of our daily lives. Since the initiation of the iPod in 2001, Apple's media player has continually developed to become the exciting, technologically advanced product it is today.

The truth is we use our iPods everywhere: at home, at school, at the gym, while riding on the bus and while walking along the sidewalk. And why is that? The iPod, as a handheld gadget, provides us with an unparalleled capability to access all of our favorite music, pictures, and videos quickly, easily, and in the palms of our hands. With our iPods, we can hear the music that we want to hear when we want to hear it and we find comfort in the fact that all of our music will remain safe within the iPod's hard metal case.

This yearbook's hard covers provide the same protection for our experience at Medford High School, which is found inside. The pages are the hard drive, containing the people, events, and memories of our high school years. Just as we can scroll through our iPods and put Britney Spears' "Womanizer" on repeat day after day, so will we be able to flip through the pages of this book year after year and remember the moments that have come to define us.

This is not the 160 GB iPod that you fill with useless songs like "I'm Too Sexy" or anything by Clay Aiken, but neither is it the abnormally small Shuffle that can't hold more than 10 songs. This is a thorough and exciting recollection of our year. This device is not powered by a battery that must be recharged continually. It is powered by a spirit that can not die. This is not your normal black or white iPod. This is Blue and White. This is the Medford High School Yearbook.

"Memory is a way of holding onto the things you love, the things you are, the things you never want to lose." $-The\ Wonder\ Years$

Our goal is to help you remember. We hope this yearbook is as accessible, helpful, and enduring as any iPod. **Enjoy.**



... to the Medford High School Yearbook!

© 2009

"You know you went to Medford High when ..."



iRemember..

- You have the most overqualified substitutes.
- You had the whooping cough or you got sent home because the nurses thought you had it.
- You miss 20 minutes of class trying to find an open bathroom.
 -You battle daily for your lunch table.
- You wonder why there are so many random doors, and you wonder what they lead to.
 - Everyone gets excited over a lockdown.
- No one else outside of Medford High has heard of social probation.
 - You read inspirational quotes on the back of the girls bathroom stalls.
- You got to miss school because someone called in a bomb threat.
 -You spend 5 dollars on 25 cent cookies at lunch.
- You have no idea what's behind the doors of first floor lecture hall.
 - -You get detention for calling Dr. Krueger, Mr. Krueger.
- It snows and you're looking at the news and see Medfield, so you get excited but realize it's not Medford, and you still have school.
 - Everywhere you go, there are new cameras watching you.
 - There are always wet paint signs on the same beige color walls.
 - The majority of your male teachers are in a band together.

Medford High School

489 Winthrop St Medford, MA 02155

2008-2009 Blue & White







Senior Boat Cruise 78-79



Senior Superlatives 12-15, 34-37

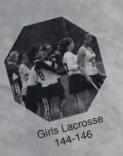
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Messages ADMINISTRATION from the

Congratulations to the members of the Medford High School Class of 2009. You have successfully completed an important phase of your education. However, a high school diploma is only a significant beginning to a 21st century education and productive life. Continuous learning through both formal and informal channels is necessary to your future. The world we live in is changing rapidly and substantially and you must "keep up" to remain viable as a member of the workforce, a citizen, a family member, and most of all an ethical human being. An effective person will always need to be an active learner.

This year you have witnessed a national and global financial crisis of historic impact. Thousands of people have lost their Jobs and well known brand name businesses have collapsed or are being restructured. Banks and other financial institutions are failing and have required huge monetary ballouts from our government. State and local governments are being forced to reduce essential services. This crisis is due in great part to our ethical failures as a society as well as to our business practices. As the next adult generation you will face many challenges that have been created by this catastrophic failure of human beings and our society. You cannot wish them away. This is more than just a bad dream. This is a painful reality.

Therefore, the best hope for the future is your collective resolve to advance your education, stay resilient, and commit your head, heart, and soul to an ethical life. You will need all of these elements. Focus your energies and enthusiasm on the greater good. This is called "Enlightened Self-Interest." Create new opportunities. Never quit on worthy goals and people. Collaborate with others to produce quality results. Always remember the people who have helped you along the way and resolve to do the same for others

who can benefit from your assistance.

Henry Kaiser, a very influential American businessman and innovator who successfully navigated the Great Depression said, "Problems are only opportunities in work clothes."

So get to work. Enloy your accomplishments, but work hard to ensure that the "Best is yet to come."

Rou E. Belson Superintendent

It's a fact.

The 2008-2009 school year has been a banner year for Medford High School. This is in part attributable to the dedication of a talented faculty, the hard work of parents, and the commitment of a community that cares about children. However, to have a great school year and a great school, one needs to have an exceptional student body, and that can't happen unless the student body is led by an outstanding senior class. Although there are many ways to describe this year's graduating class, I think it's appropriate to depict them as a group of young people who have personified the mission of this school in a variety of ways.

For instance, in the words of the Medford High School mission statement, members of this year's graduating class have

worked hard to reach their potential as learners. The Class of 2009 holds the record for the best MCAS scores ever, with more students earning scores in the higher proficiency levels than any other class at MHS. In addition, the Class of 2009 has dramatically surpassed the record-breaking Advanced Placement performance of the previous graduating class. And the Class of 2009 has earned a range of college acceptances that is as impressive as or more impressive than that of any other public, private or parochial school in the region.

Of course, members of this year's graduating class have embodied other elements in our mission statement, elements like being actively involved in the life of the school. As an illustration, the participation of our seniors has been, in part, responsible for the success of the drama program, and the athletic prowess of our seniors led their teams to round after round of tournament play in

a variety of sports.

Not only have these students been actively involved in the life of the school, but they have showed responsibility and good citizenship, characteristics that are also inextricably linked to our school's mission. Without the leadership of the senior class, what could have been a most difficult year, with a series of staffing limitations, has been a reasonably smooth one. This year's graduates have shown impeccable conduct in the classrooms and corridors of MHS and have been excellent role models for our underclassmen throughout the building.

Of all the qualities that comprise the mission of our school, perhaps one of the most important is promoting respect for diversity, and no class has ever done more to achieve that goal than the Class of 2009. Through the activities of the Gay Straight Alliance, Diversity Clubs, and Ambassadors to Change. Members of this year's senior class have not only exhibited exceptional character in personally following the school rules that are almed at fostering tolerance and respect, but, even more importantly, have also showed courage and leadership in making sure that others around them hold to the same high standards.

For all of these reasons and many more, I extend my most heartfelt congratulations and thanks to the Class of 2009! Once

again, the banner in the main lobby tells the whole story: Through These Halls Walk the Best Students in the Nation.

On behalf of the faculty and underclassmen of the Medford Vocational Technical High School, may I extend my heartfelt congratulations to each and every member of the graduating Class of 2009.

You have climbed to a significant plateau in your educational career, and for this I applaud you, one and all.

The Class of 2009 has demonstrated the ability and gleaned the knowledge to challenge the world of the unknown. The mysteries of the universe can be unraveled by your commitment to purpose and by your exploration of the unexplored. The mind, as we know it, is a marvelous wonder which we have yet to understand in its potential for servicing the needs of mankind. Therefore it is incumbent upon each member of the Class of 2009 to direct his/her energies to help make the world a better place in which to live. May you ever have the courage to undertake, the perseverance to continue, the pride to excel, and the humility to enjoy your accomplishments.

I should like to leave the Class of 2009 with a thought from retired columnist James Jackowsk: You will fall if you do not try to right a wrong whenever possible. You will fall if you see abuse and do not speak out against it. You will fall if you see corruption and do not fight it. You will fall if you suffer bad politicians and

do not bother to vote.

William C. Mańoney, Ph.D., Principal/Director Medford Vocational Technical High School.

Although I am officially retired, I want to thank you for the opportunity to say a few words.

Here they are...

It is with great pride and affection that I congratulate you, The Class of 2009, for reaching your ultimate goal. You are graduates now and you have worked so very hard to get to this point in your lives. Although I officially retired in June of 2008, my thoughts have been with your constantly, and I remain your "Submaster in Spirit."

You represent the best that a community has to offer. You have embraced the ideals that I often spoke to you about at our class assemblies, in the hallways, or in my office - respect, responsibility, accountability, work ethic, and citizenship. It has been a privilege to work with you during your time at Medford High School and as you transition into adulthood, I am comfortable calling each of you "my friend."

May good health and happiness follow you throughout your lives.

David Polcari, Submaster

Dear class of 2009 Seniors,

Lhave had the pleasure of assisting several senior classes at MHS navigate the college process; I would like to state that the Class of 2009 is one of the best. It has been an honor to work with you and your parents. I know that you are the best that your generation has to offer the future. I hope that in some small way I have helped to make your dreams come true. Thank your parents and your teachers, Good Luck in the future!

Maria R. Ceddia College Counselor

Mrs. Kathy Johnson We dedicate this to you...



This year's Blue and White Yearbook is dedicated to Kathy Johnson, beloved Senior Class of 2009 secretary. She has provided us with more than we could ask for in the four years that we have spent our days at Medford High School. From deliving forgotten lunches and posters, to making sure we all know where it is we are supposed to be at any given time, Mrs. Johnson does it all. She is the first to volunteer when we have an announcement that we forgot to give Alexis or Pat, the voices of Medford High, in the morning. Mrs. Johnson greets each and every one of us personally, which is quite an accomplishment when she has over three hundred names and faces to remember on a daily basis. Mrs. Johnson, you do it all for us, and for this, we thank you!

-The Class of 2009

"What was the the biggest event of 2008?" asked Brittany Blasetti, of the yearbook, who went around asking students their opinions. While most of the students stated that the Presidental Election was the biggest event of 2008, some students said that entering high school and entering their senior year were the highlights of the past year. Students recall their 2008 memories: starting highschool and beginning their highschool career and joining sports, like MHS football.

Most of the 2009 graduating seniors would also say that the best time of 2008 was during the summer vacation; either with time spent here at a beach or hanging out

"I feel like the biggest event of 2008 was the Presidential Election because for the first time in my brief teaching career, I saw the entire student body become truly impassioned about the political process."



Mr. Ambrose



"The biggest event of 2008 was when Barrack Obama was elected because it's a huge change."

Sam Storm

"I think the biggest event of 2008 was my first year of highschool because it was the beginning of the rest of my life."



Rachel Polcaro



"The biggest thing about 2008 was the election because we needed a new president."

Kirby Carixte

"The best thing about 2008 was football because I enjoyed playing on the team and had fun in the locker room. Practice, also, was a lot of fun."



Ring Ringador



with friends, summer 2008 was a summer to remember.

"I think the biggest event of 2008 was the Presidential Election because it was a revolutionary change in America."

Talia Boos

"The biggest event of 2008 was the decriminalization of marijuana and the 1st bi-racial president."



Sebastian Zapata



"I think the best thing about 2008 was becoming a senior and getting accepted into college, trying something new."

Felicia Sorrentino

"The best thing about 2008 was junior year and meeting all the friends I have now, who are now my best friends and all the memories from over the summer."



Samara Ferreira



"The best thing about 2008 was the Presidential Election because it was a day in history, something no one thought would ever happen. History was made."

Mrs. Johnson

In Memory of Ashley Marie Burns May 16, 1991 - August 9, 2005



Ashley and her good friend, Natalie Canney.



"I noticed how beautiful the sky was the other day, and then I realized it's because you're up there." - Unknown



Ashley jokes around with friend, Shown McDonald.



A young Ashley poses for a picture with her mom, Ruth.





Ashley with a friend and classmate, Janessa Hughes.



Ashley as a sixth grader.



Ashley and Amanda Aufiero at their eighth grade graduation.



Today passed away a beautiful girl

Though she was small she could move the world

If you were able to see the smile upon her face,

That's a rare ocassion, something to cherish, not to waste

Baby Girl, you may have left us behind

But now we have the chance to freeze this moment in time

We'll forever remember you, your "spunk" and all

It didn't even matter if you weren't that tall

Be strong, Baby Girl, and I promise not to cry

But supply hope to the gals and guys left behind

But just like Trey Songz would say...

"You got a set of wings today"

You see the world don't deserve your love no more

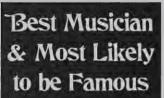
The Lord done opened up Heaven's door to you

Welcome Through... Ashley Burns, We Miss You...

by Naomie Laguerre & Philly Laguerre



Senior Superlatives







Justine Defeo &
Vinny Soares

Best Friends: Boy&Girl







Matt Connor &

Most Likely to Succeed





Vanessa Latson &
Phil Galebach



Jenna Mazzone & Stephen Costa



Kim Perault & Mike Hart

Most Changed





Tori Conlon & Billy Caruso

Most School Spirit



Naama Mendes & Julia Burbine

Best Laugh



Rachel Pierce & Kenny Bosari **Class Clowns**



Marllon De Almeida & Lisa Cardone

Class Flirt



Pat Nigro & Tory Deasy

Most Likely to

Teach at MHS



John Sousa & Kasey Cloutier

Most Conceited



Anthony Prestigiovanni & Darya Mangeym

Most Argumentative



Jennifer Bove & Brett Cavallaro

Most Athletic



Alyssa Shoop & Nafiz Ahmed

Teacher's Pet



Ke'Shanna DelSignore & Josh Igoe

Drama King & Queen

iStand Dut

Keerthana Gnanapradeepan & Donald Phung



Zach Gillette & Olivia Amato



Best Nickname

Danielle "Don" Garcia & Anthony "Guido" Giurleo



Kevin Pham & Rachel Le



Steven Mearn & Jade McElroy



Most Friendly







Matt Connor & Hawasatu Dumbuya



Michelle Aghiarian & Jenna Mazzone

Phil Laguerre & Zeena Brown





Couple that should've been

Most Gullible







Chris Picarde & Michelle Eckels

Corbin Aurilio & Megan Martignetti





Best Hair

Most Versatile







Chris Vaudo & Susan Trinh



Matt Cipollone & Alexis Donnaruma

Most Intelligent





Best Looking

Senior Superlatives

have their moments With lovers and friends I still can recall Some are dead and some are living In my Nosoon? It's night before it's afternoon. December is here before it's June. My goodness how the time.

"Around here, however, we don't look backwards for very long. We keep moving forward, opening up new doors and doing new things, because we're curious...and curiosity keeps leading us down new paths." -Walt Disney









h Sine, So fine.



The Voices of Medford High Alexis Donnaruma & Patrick Nigro

CATCH YOU ON THE FLIPSIDE!



I felt obligated to ensure that our class would be able to capitalize on fun during our last year at Medford High School. I did my best to hear out everyone and incorporate their input (But I hate up front glory and attention.) So guys, our Senior year was and will always stay off the chain for years

to come - in our memories that is... With that, I want to leave h'all with these final words:

Fourteen hundred and sixty-one days As you roam these streets We spent seeing the same ol' faces Sometimes.

It felt like there wasn't enough space For us to just get away.

Embrace it or not,

MHS was our second home

But it's time to leave now,

Seeing that we're all grown But you won't be alone,

Seeing you'll see these same ol' faces.

And pass by familiar places. This isnt a time to mourn But to celebrate our arrival We evaded so many trials To ensure our survival 2009 has arrived Thank God we made it clean. Good tuck to you all

And see you in 2013! -President Philip Laguerre Tess Diaco



Vice President Zeena Brown



Treasurer Morgan Kennedy



Secretary

high of love as something new Though I know I'll never lose affection I or people and things that wen



What lies behind us and what lies before us are tiny matters compared to what lies within us. - Ralph Waldo Emerson



Are we there yet?





Remember this?



Good Times!









Michelle Aghiarian



Taleisha Alestin



Nykiesha Allien



Olivia Amato



Gina Antonelli



Nicholas Ardizzoni



Joseph Arena



Corbin Aurilio



Amanda Autiero



Molly Avila



Qendresa Azizi



Michael Bachelder



Katelyn Baker



Diana Balluku



Marisa Barnaby



Joviane Bellegarde



Ashley Barnes



Kaitlyn Bellizia



Steven Barnes



Victoria Barry



Shannon Bennett



Amanda Biagioni



Ryan Biggins



Stephanie Bicalho



Gary Biddescombe



Jessica Bingham



Brittany Blasetti



Kenneth Bosari



Jennifer Bove



Michael Boyer



Jessica Bradbury



Kimberly Branco



Angela Brathwaite



Zeena Brown



Kamilah Browne



Audra Budny



Julia Burbine



Sean Byrne



Kelly Calhau



Brenna Callahan



Thomas Campbell



Julia Cangiano



Piro Cani



Natalie Canney Christina Cardone





Lisa Cardone





Jacquelin Carstens Stephanie Carteiro



William Caruso



Victoria Carvalho



Richard Casey



Brett Cavallaro



Robert Chase



Matthew Cipollone



Linda Clements



Kasey Cloutier



Nicole Coakley



Jessica Coburn



Jeremy Collazo



Tori Conlon



Robert Connelly



Matthew Connor



Brian Cotter



Alex Cuetara



Josef Danilchuk



Jared Darnell



Kayla Davis



Guilherme De Almeida



Kerri De Silva



Niccolo De Silva



Christine Deasy



Ronald Decarlo



Justine Defeo



James Defrancesco



Sarah Del Torto



Ke'shanna Delsignore



Tess Diaco



Cha'nae Diamond



Matthew Diamond-**Jones**



Joseph Dibenedetto



Kevin Dietrich



Charisse Digregorio



Michael Dimattia



Luigi Disisto



Owen Doherty



Sean Doherty



Cassandra Donato Alexis Donnaruma





Kristen Donnelly



Angelina Donovan



Tayla Donovan



Megan Doran



Michael Doto



Hawasatu Dumbuya



Melissa Dutra



Michelle Eckels



Isabella Ekwen



Catherine Elia



Bianca Eugene



Jennifer **Fagundes**



Anthony Falco



Samantha Farinato



Nicholas Farrell



Christina Federico



John Ferola



Melissa Ferragamo Samara Ferreira





Shevon Ffrench



Cassandra Fils



Erin Fitzgibbon



Michael Flanagan



Kerry Flynn



Michelle Foran



Keesha Fortune



Mackenzie Fraser



Emily Galica



Courtney Galvin



Chelsie Gangestad



Danielle Garcia



Victoria Gelsomini



John Ghiozzi



Andromahi Giakoumis



Cassandra Giarle



Zachary Gillette



Louis Gillis



Alex Giordano



Christian Giordano



Anthony Giurleo



Janet Gizzi



Keerthana Gnanapradeepan



Anna Guigli



Timothy Hanifan



Michael Hart



Shawn Haskard



Annie Hathaway



Nathan Hayward



Margaret Helme



Kayla Hennigan



Melissa Hennigan



Angela Holgado



Amanda Holt



Janessa Hughes



Brittney Ivey



Maxx Jamgochian



Kedlyne Jean Baptiste



Alan Johnson



Kayla Johnson



Danielle Joseph



Joanne Josselin



Dijana Kadic



Jennie Katcoff



Morgan Kennedy



Meghan Keogh



Eric Koerber



Philip Laguerre



Kristi Lanzilli



Lauren Laskey



Vanessa Latson



Rachel Le



Joseph Leary



Richard Lebert



Sophie Lieu



Gabriel Lindemeyer



Jennifer Liu



Joseph Lopez



Brandi Lundblad



Cristina Luongo



John Luongo



Michelle Ly



Aidan Lynch



James Lynch





Gerard Macdonald Shawn Macmillan



Guerline Maleus



Darya Mangeym



Trevor Marchand



Vincent Marchio



Ashley Marshall



Megan Martignetti



William Mason



Christopher Mazzone



Jenna Mazzone



Ryan McCormick



Ashley McBrine



Shaun McConnell



Jade McElroy



Regan McGovern



Steven Mearn



Naama Mendes Jr.



Meagan Merrill



David Moreira



Lisa Moreira



Roxanne Michaud



Edwin Michel



Mahad Mohamed



Ashli Murphy



Deanna Musto



Joseph Morris



Livia Motz



Marissa Mulcahy



Joshua Muzorewa



Michelle Nagly



Thamyres Nascimento



Ryan Newell



Patrick Nigro



Louis Nocera



Shaun O'brien



Kellie Olsen



Jillian Palermo



Long Bin Pan



Tiffany Paolillo



Napoleon Papageorgian



Mary Pastore



Karishma Patel



Kimberly Perault



Donald Phung



Stephanie Picano



Picarde



Katherine Picarde



Rachel Pierce



Slounedy Pierre



Ashley Pimentel



Brenda Pimentel



Jacqueline Poirier



Rebecca Pommet



Anthony Prestigiovanni



Jesse Prince



Katie Pyrcz



Matthew Quill



Jillianne Quinn



Anne Raimo



Mike Rastellini-Rode



Kenneth Richardi



Michael Rizzo



Bryan Robson



Michael-Erik Ronlund



Christopher Ruocchio



Renee Ryan



Stephanie Salvati



Stephanie Russell



Jean Samuels



Yesennia Sanchez



Karen Sargent



Kelsey Sartanowicz



Damien Savoia



Sean Scalfani



Abigail Seidel



Stephen Servideo



Nicholas Settemio



Daniel Sheehan



Lauren Silva



Shaina Sincere



Alyssa Shoop



Ashley Silva



Daniel Silva



Diandra Spagnuolo



Suzanne Spinale



Felicia Sorrentino



Michael Sorrentino Jr



John Sousa



Bryanna Sullivan



Erin Sullivan



Alyssa Taliaferro



Yeshi Thoulutsang



Paula Tramontin



Christine Tringale



Susan Trinh



Joey Trio



Christopher Vaudo



Luisa Vieira



Stephanie Williams Sebastian Zapata





Tamara Vincent



Daphney Voltaire



Tenzing Wangden



Kathleen Zuluaga



Frederick Ingrando



Beteline Losius



Patrick Reardon



MENU





▶ II

Seniors Not Pictured

Nafiz Ahmed, Dalida Alcius, Rodrigo Alegre, Ana Paula Almeida, Marica Tatiane Almeida, Cristiano Azevedo Neto, Berloune Baptiste, Dennis Barnwell, Fredeline Basile, Mark Raymond Batul, Dermeline Bourciquot, Lloyd Boyde, Leandro Braz, Christopher Briley, Jose Castilloreyes, Kayla Codi, Ashley Colantuoni, Jessica Conway, Jonathan Cornet, Nicholas Costa, Stephen Costa, Michele Curran, Ezra Davis, Bruno De Araujo, Fernanda de Carvalho, Caio De Sousa, Toniann Delbene, Carlos Delgado, Bernard Denis, Joseph Denis, Rosa DiScipio, Christopher Donnelly, Jessika E Silva, Hamza Elguenaoui, Laurore Etienne, Pamela Eufrasio, Amaounda Eveillard, Mark Ferrazani, Juan Figueroa, Kristoffer Flanagan, David Fondacaro, Lisa Furtado, Joseph Gagliardi Jr., Philip Galebach, Daisha Garner-Ellerbee, Berthrand Georges, Jimmy Germain, Tamires Gimenez, Ren Gjoliku, Justin Goguen, Efrain Gonzalez-Zamora, Michelle Gramolini, Matthew Griffin, Chevenne Hammond, Noel Hasberry, Philipe Henriques, Jonathan Higgins, Georgios Hiou, Danny Janeiro, Shamere Johnson, Gabriel Kingsbury, John Koval, Myriah Legoullon, Frantz Lexy, Jan Lopez, Walton Louis, Timothy McCarthy, Schneider Mathurin, Shawn McDonald, Ashley McInerney, Patrick McKenna, Timothy McKenzie, Evan McLaughlin, Kevin Medina Echeverr, Edwin Michel, Brian Moriarty, Jenny Mui, Ellison Nguyen, Abby O'Leary, Onyewuchi Opara, Disha Patel, Jeremy Patterson, Kevin Pham, Georgette Pierre, Christina Pierre-Rene, Destin Pierrot, Nathalie Prince, Robert Reardon, Santyor Ringador, Gianluca Rufo, David Saint Germain, Daniel Sanfo, James Shippee-Malloy, Patricia Silva, Dalvir Singh, Harnek Singh, James Snow, Vinicius Soares, Sam Storm, Steca Thelemaque, Jammal Thomas, Barbara Tran, and Ruth Tulysse.

Best Friends: Boys

Jimmy DeFrancesco and Kevin Medina



Senior MVTHS Superlatives



Class Clown

Natalie Canney and Maxx Jamgochian



Couple That
Should
Have Been
Dan Sheehan
and Jessica
Coburn

iStick Out



Changed

Kelly Calhau

and

John

Anthony

Ferola

Most



Most Likely to Succeed

Janessa Hughes, William Mason, and Bryanna Sullivan

Biggest Flirts

Napoleon
Papageorgiou,
Gina Antonelli,
and Jeremy
Collazo





Spirit Anthony Falco and Meagan Merrill



Most **Athletic**

Jeremy Collazo and Bryanna Sullivan

Class Couple

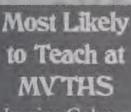
Samantha Farinato Fred Ingrando





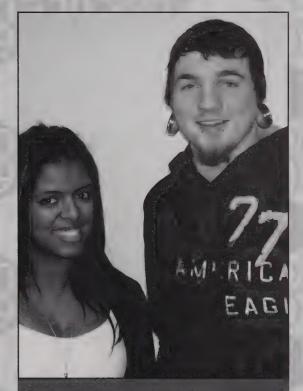
Most Shy

Cheyenne Hammond and Nathan Hayward



Jessica Coburn and Kevin Dietrich





Most Likely to be Famous

Thamyres Nascimento Timothy McKenzie



Best Friends: Girls

Janessa Hughes and Bryanna Sullivan



Best Dressed

Thamyres Nascimento and Kevin Medina



Drama Queen and King

Gina Antonelli and Napoleon Papageorgiou



Ashli Murphy and Joe Arena



Best Eyes

Joey Trio and Bryanna Sullivan





Best Hair

Renee Ryan and Louis Nocera

Best Musician
Joanne Josselin and
Ezra Davis

Superlatives

Medford Vocational Technical High School



Best Smiles
Chris Ruocchio
and
Janessa Hughes



Teacher's Pets

Disha Patel and Jimmy DeFrancesco



Most Artistic

Jeremy Patterson and Erin Sullivan



Best DancerRenee Ryan and Shawn McDonald



Shakeda Price and Angel DiNunzio smile for a picture



Mayor McGlynn and Robert DeLuca enjoy a game of pool



Chatting away!



Malcolm Reed, Kyle Myrtle, and Shakeda Price

The students at the Curtis Tufts school enjoy a Thanksgiving dinner. They were joined by special guests like Mayor McGlynn, with whom several of the kids enjoyed a game of pool.



John Rindone shows off his ping-pong skills



Ron Pitterson, Fredeline
Basile, and Shakeda Price take
a break and eat some cake

Curtis Tufts



Kelvin Townsend, Roy Martinez, and Fredeline Basile watching an intense game of ping-pong



Mayor McGlynn, Kyle Myrtle, and Shakeda Prize play some pool.



Robert DeLuca shows everyone his skills!



Elan Pinault focuses



Shakeda Price as The Chef!



Kelvin Townsend and Roy Martinez

Seniors and Their Cars

Drivers show off their set of wheels...

"You never really learn to swear until you learn to drive." -Author Unknown



Rebecca Pommet







Felicia and Mike Sorrentino

Dandelion
Brett
Cavallaro





Cooper Christina and Lisa Cardone

Steven Mearn









Zach Gillette







Josef Danilchuk

q that unites all

regardles of age, gender, religion, and status, or ethnic background, is that deep down, we cALL believe that we are above average drivers." -Dave Barry

CAR TROUBLE?

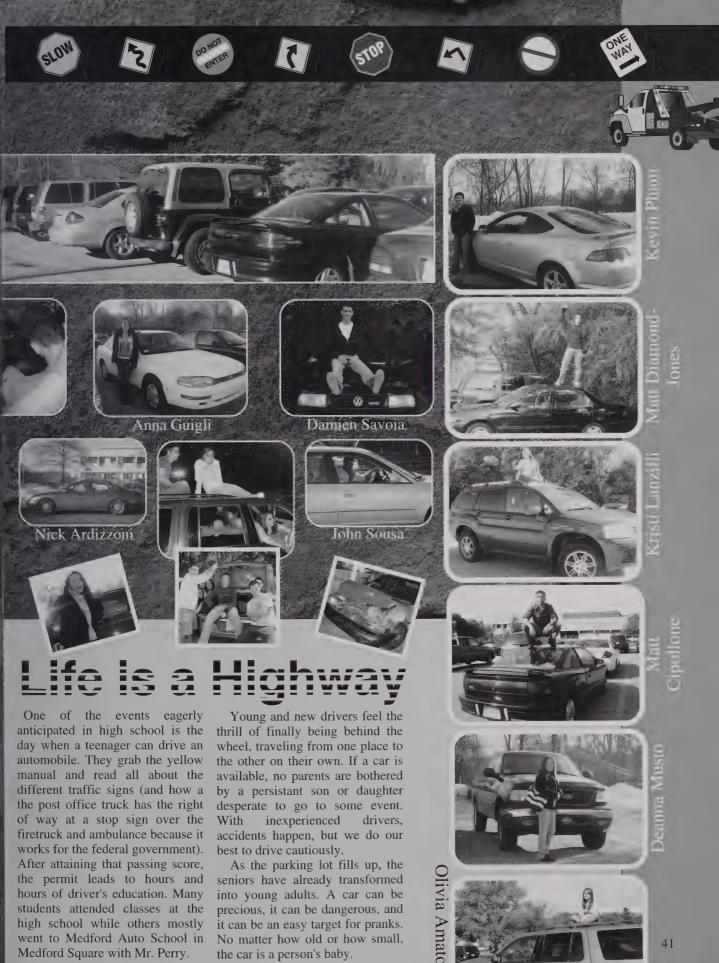


Friends Sean Scalfani and Nykiesha Allien help jumpstart Johnny Luongo's car in the school parking lot.

CAUTION: SLIPPERY



Amanda Holt joins her peers in the parking lot to spray on the antifreeze and scrape off the ice that refused to melt.



precious, it can be dangerous, and

it can be an easy target for pranks.

No matter how old or how small,

the car is a person's baby.

students attended classes at the

high school while others mostly

went to Medford Auto School in

Medford Square with Mr. Perry.

iHANG

Seniors Hang Out Around Medford





Kayla Johnson throws a strike at Townline Ten Pin Bowling.

Kat Picarde, Amanda Holt, Olivia Amato, and Anna Guigli hang out at Colleen's in Medford Square.



The seniors at Medford High spend their weekends and free time hanging out at various places around the area. From trips to Harvard Square, Davis Square, and into Boston to hanging around here at places like Colleen's, the parks, Papa Gino's, Dunkin Donuts and Bill & Bob's, we love to relax with our friends.

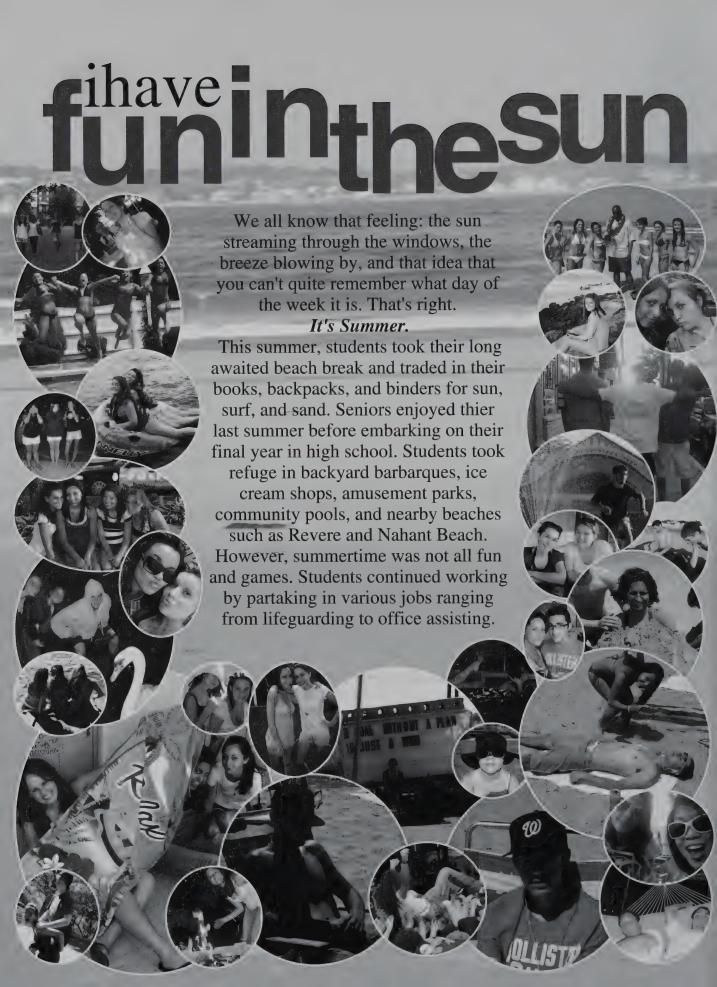


Top Left: Michelle Ly goofs around on the bus to Harvard Square. Top Middle: John Sousa and Damien Savoia pose for a picture at Victory Park. Top Right: Steve Mearn and Tory Deasy enjoy a few slices at Papa Gino's in Medford Square.

Seniors Love Barry Park!

A popular hangout spot in Medford,
Barry Park is the place to go. The
swings, jungle gym, and basketball
court are a few of the attractions
that bring Medford's seniors
together. Below, Anna Guigli,
Katherine Picarde, Olivia Amato,
Meghan Keogh, Sean Doherty,
Rachel Le, Alexis Donnaruma and
many others spend some time at
their favorite park.









cancer.

Keerthana Gnanapradeepan interned with the Dana Farber/ Harvard Cancer Center in Boston. For nine weeks, she was involved





Susan Trinh traveled the MBTA every morning into Boston to complete her projects as an office assistant for Tufts Alumni Relations and Development.

> Johnny Luongo assisted customers with merchandise at Toys 'R' Us, located in Woburn, and even managed to win the Employee of the Month award.



iWork

MHS students stay active during the summer months.



Annie Hathaway and Jade McElroy watched over their community as dedicated and funloving lifeguards at Tufts Pool in South Medford.



Lisa Moreira spent her days as a lifeguard and swimming instructor at the Malden YMCA. Red Sox mascot Wally the Green Monster made an appearance to see the children.



Brenna Callahan served her duty as a Harwich lifeguard in Cape Cod. Every year, she escapes the Medford atmosphere for the fresh air of the Cape.



mmer salvation



Seniors turn around for a picture on the way to their boat cruise in September



Alexis Donnaruma bowls a strike!



Victoria Carvalho and Jade McElroy make goofy faces for the camera!



Thumbs up for Courtney Galvin!

Senior Candids

Senior girls celebrate a friend's birthday!



Trevor Marchand poses for a picture













Josh Igoe and Jacqui Poirier in class



Sarah Deltorto at Dunkin' Donuts



Jade McElroy & Christina Federico



John Sousa, in a goofy hat, makes an even goofier face















Chris Vaudo as a junior in Mr. Milne's class

Kayla Johnson & Cristina Luongo at the senior boat cruise

Stephanie Bicalho & Jennie Katcoff ⁴⁷



Go-Go Girls ready to party!



Hanging out before a concert.



All smiles in the back of the limo.



UNDERCLASSMEN MUDEUCKSSWEU

HISTILE THE RITTLE HITCHING





Not getting much work done on Halloween.



All dressed up for a night out with the girlfriends.



Enjoying a game of cards out on the deck during one cool evening.







One test at a time, one game at a time, and one day at a time, our freshmen make their way to sophomore year, as the sophomores finally move on to become upperclassmen.

More than halfway through their high school careers, our juniors prepare for their final year at MHS.



Phil Petrides sports a super cool mustache during soccer season





Junior Candids

Jenn Mui & Tyler Rosati





Girls
dressed
up for
Sophomore
Semi



F R I E N D









MEDFORD H.S. LIBRARY



The class of 2010 had an important year and lots to do. Even with studying, sports, clubs, jobs, and everything else, they still managed to have a great year and, most importantly, a good time.



Kelly Nguyen

Jimmy Nguyen

Amanda Barbosa

Oscar Jacob









Julia Abreha



Stephen



Francesca

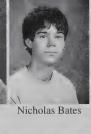


Paula Anastacio































































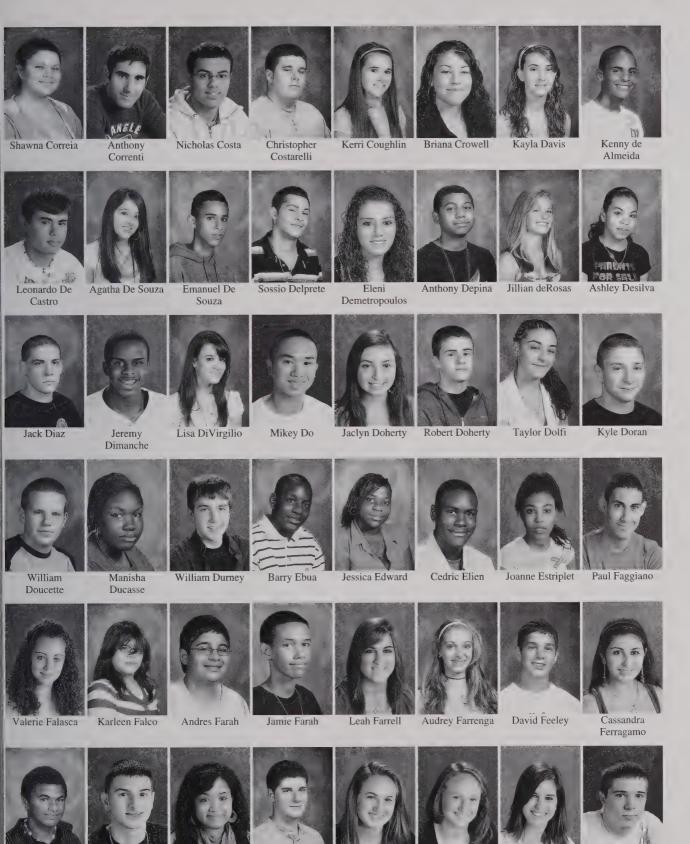




Ortiz

Clenord

Tiffany Collins Michael Conway



Kaitlyn Flynn

Ian Fitzgerald

Jennie Figueroa

Antoinio Ferriera Nicholas Ferullo

Mackenzie Flynn

Shailyn Flynn

Joseph Fopiano









Richie Gelin



Eric Germann







Kaitlyn Froysa























































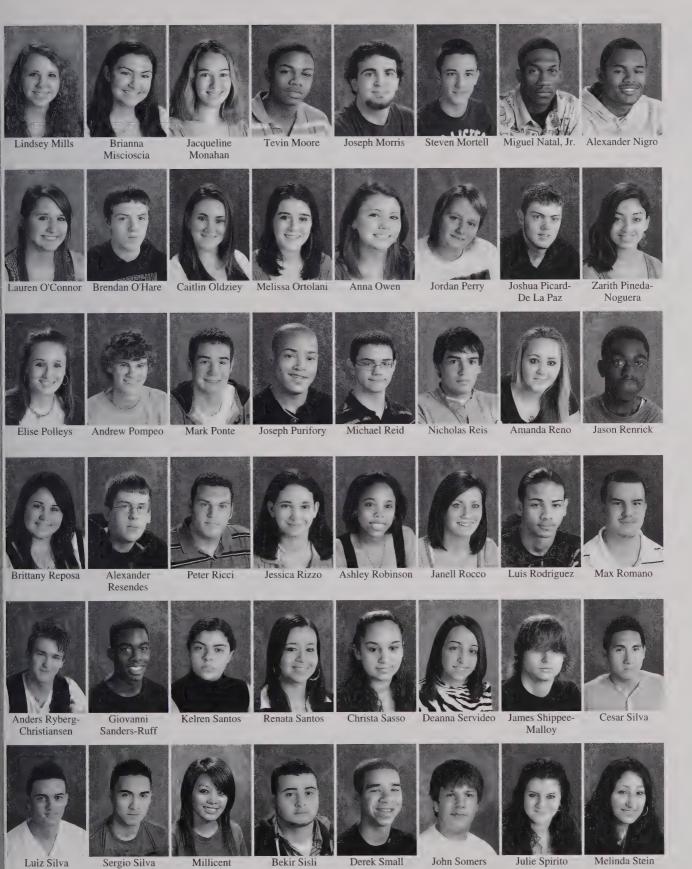


Robert Mann Ke

Martignetti

McDonagh

McMahon



Sisavath



























Kamari Williams Gregory Wilson Meaghan Woods Leonardo Youssef





The class of 2011 enjoyed a fun-filled school year. No longer freshmen, they moved up to become sophomores. Well on their way to being upperclassmen, the sophomore class enjoyed their now comfortable place as veteran high school students. They ventured onto new things, like Mr. Brophy's challenging AP European History class and JV/Varsity teams. They ended the year with their exciting Sophomore Semi.



Papa Gino's



Michael Monteil & Alisa Hartnett "Sophomore year was a lot of fun. It went by so quickly, and now we're closer to becoming seniors."

Pio Romano



sophomore





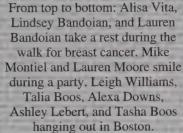




From top to bottom: Robin Carpenter and Tanya Santos smile on Kasey Moran hanging out Halloween. Mark Roberto and Jenn Uang take a picture at the Apple store. Sophomore 80's girls take a snap shot on Halloween. Saturday nights with

sophomores.

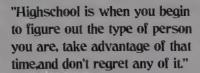










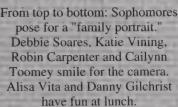














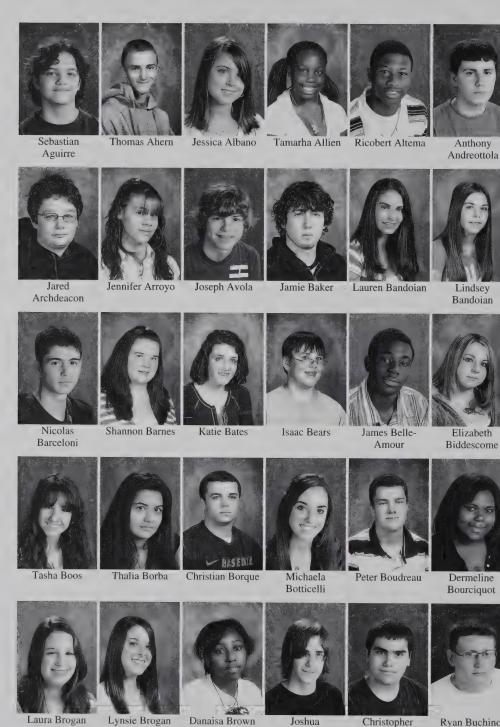
From top to bottom: Max

hangout at the park. Kiarra Campbell and Ivana Garcia make funny

faces at the movies.

Cailyn Toomey and

on the weekend.



Kiarra Campbell



Jessica Andrews

Lisa Bandoian

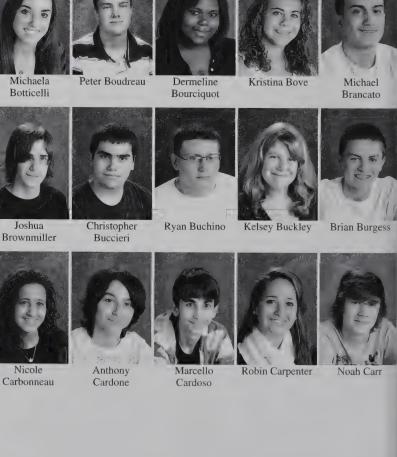
Alyssa Blanks

Yoann Antoine

Guilherme

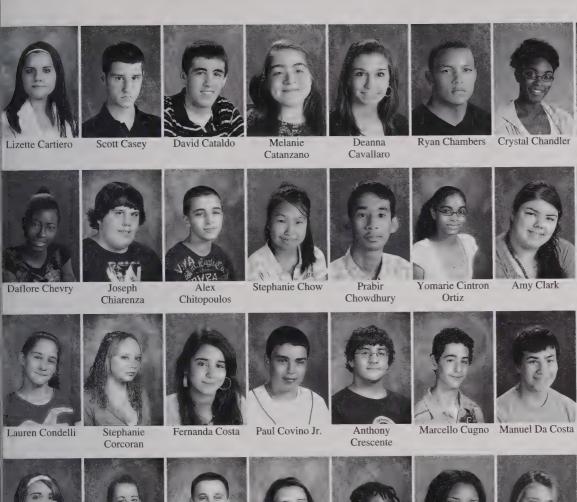
Barbosa

Talia Boos



Kyle Burgess

Anna Campbell











Derienzo









Terez David

Man Man Chau

Justin Closs



Cori Davis































Fernandez





Andrew

Ferrazani







Ashley Ferrioli



Alec Finn



Cassandra

Eric Fleming

















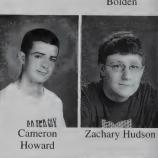






































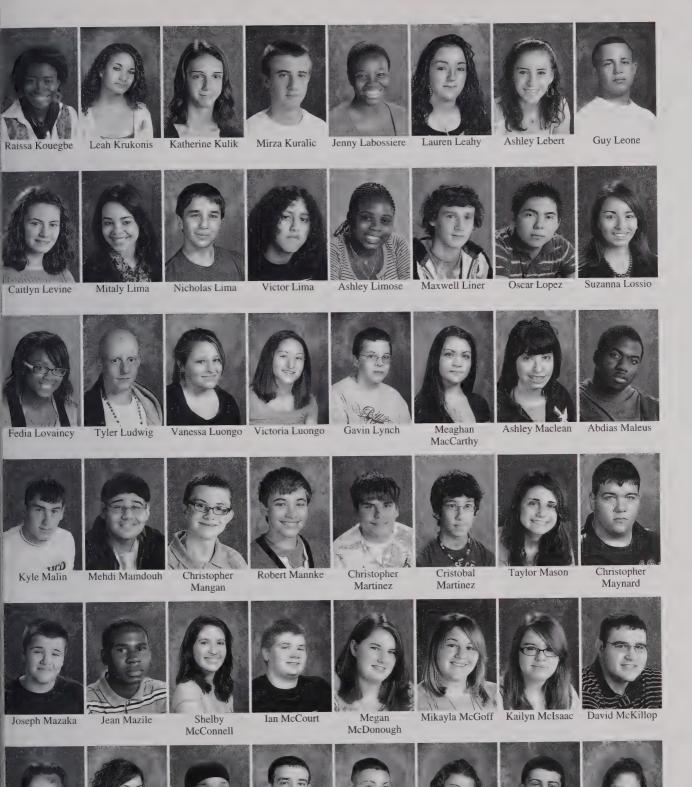




Anderson Jean-Rene

Joshua Johnson

Renata Kleifgen



Michael Monteil

Robert Milner

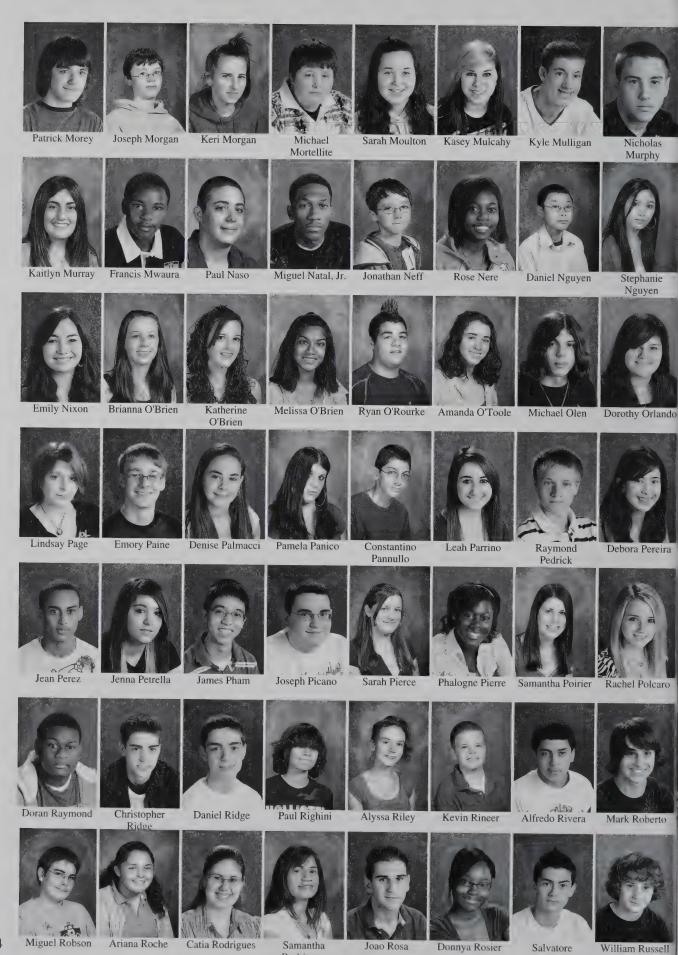
Ashley Medeiros Jessica Medeiros Zaynab Mgaresh

Lauren Moore

Jonathan Morais

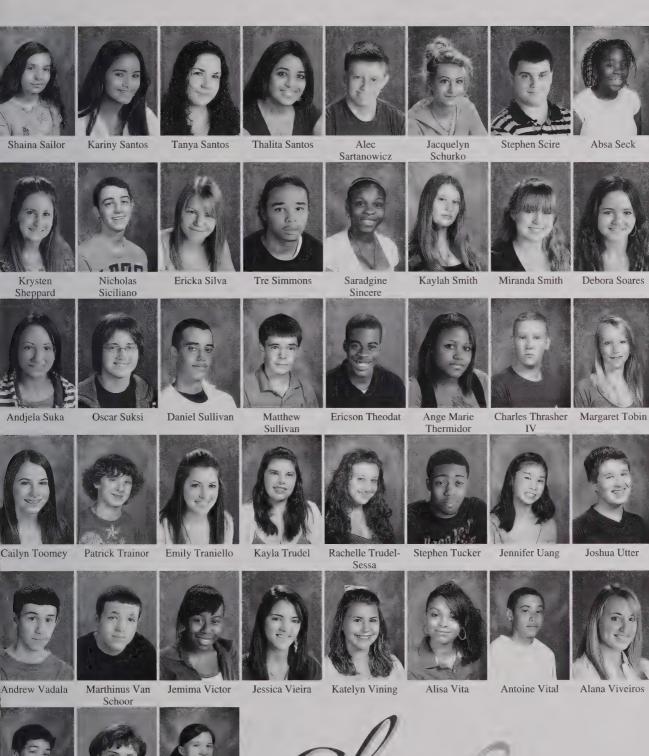


Kasey Moran



Rodriguez

Ruscito





Carlos Zamora



Adam Zec



Danielle Zevolo

Class 2011

Freshmen Candids





Fresh faces filled the halls as the new incoming class embarked on a new and exciting journey at Medford High School!





















CLASS of 2012







A journey of a thousand miles begins with a single step.

-Lao-tzu





























Freshmen quickly get acquainted with the building and involve themselves in various activities such as the Homecoming Dance, spirit week, and fall sports.



























Anderson



Nicholas Ardizzoni



Armao

Atocha Alvarez

Auditore

Alexa Avenell

Zona

Brendan Baker

Tiffany Banks













Benjamin



Bennett















Antoine Benoit



Emily Bicalho



Lauren Blasetti



Michael Bordonaro

Breanna Botelho



















Boudal



Kathryn Bowler

Cara Boyer

Bozovic

Lucas Braz

Rachel Breen

Patrick Brennan











Bucknam

Amber Casey







Broderick



Brown





Cecchini





Corey

Chambers

Peter Carbone



Hayley Carr



Carrington







Elisa Cheverie



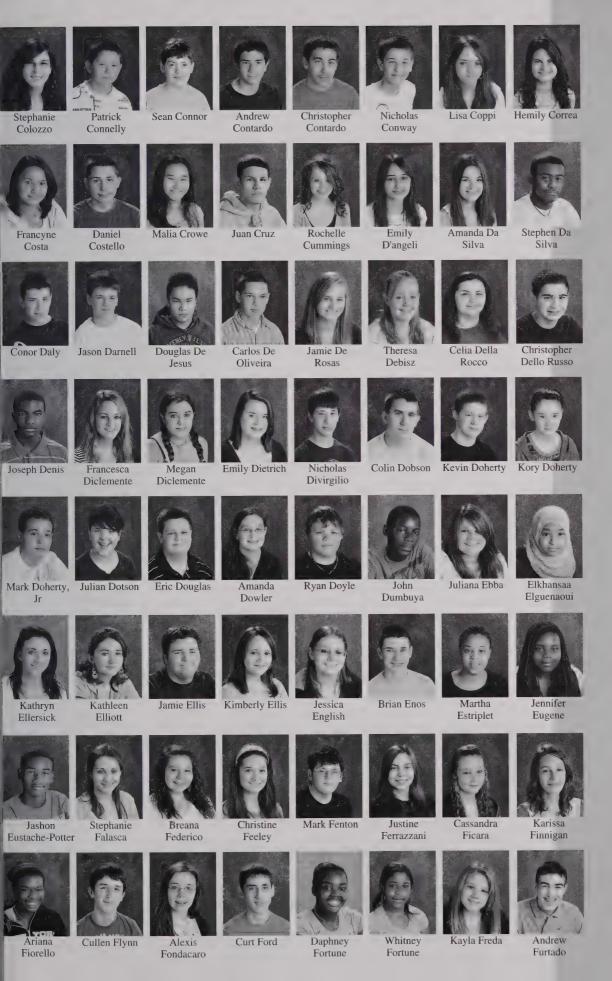
Purna Chowdhury

Cirelli

Max Clancy

Cliggott

Ariana Colozzo



















Jessica

Ghiozzi Giakoumis



Guilherme Nathan Grehs Grondin







Michael

Greenwood



Hennigan

Stephen Grehl-

Beranger



Hernandez













Holanda























Paulina





Timothy

Lavallee









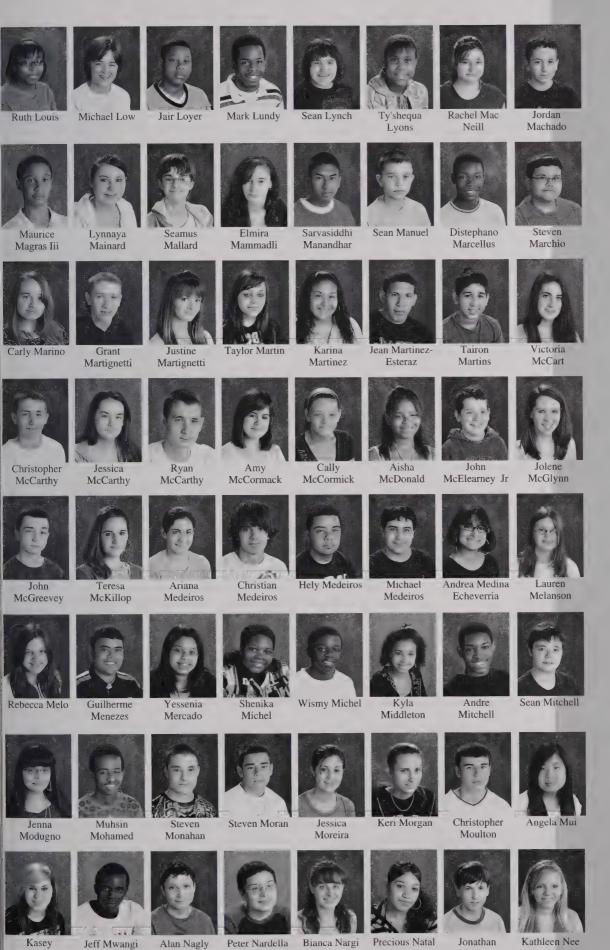


Lauretti





Joseph Lavoie



Mulcahy



Nazzaro









Mackenzie

Newell











Nguyen



Nguyen



Nguyen

Nguyen















Michael

O'brien



Wayne

O'brien















Pannullo Jr.



































Rosario-Alves











Santos













Mohammed

Said









Sekenski











Oriel Silva





Ashley Snyder Princess Solo



Lindsay

Somerville

Bruna Souza



Ehron Souza



Adam Spencer



Nicholas Squillante



Phillip St Surin



Kristina Stabile



Rayann Staude



Dylan Steele



Josefina Suarez



Brandie Sullivan



Kelly Sullivan



Sabrina Sun



John Szykniej



Nicole Taliaferro



Eugene Tate Jr.



Paola Tramontin



Christina Tran



Quan Tran



Jason Trinh



Doaa Usman



Rene Valdez



Vargas



Juderson Vertus



Christina Vickers



Jason Caio Vieira



Antoine Vital



Vi Vong





Drew Walker



Rachel Walker





Emily Welch



Stephen White



Desijah Whitson



Jonathan Whitson



Michael Whitson Jr



Gina Wilson



James Winterson



Angela Yacsavilca



Tyler Zizzo



Roger Zurawicki



The soccer teams enjoy a bonding evening at Coach Petrides' home.

istable in the FALL AND SO IT BEGINS...



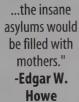




were no schools to take the children away from home part of the time...

















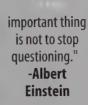
















STUDENTS WALH INTO A FRESHLY PAINTED BUILDING TO START A NEW YEAR

Change is the word to describe the opening of the 2008-2009 school year. New and more spacious blue lockers were installed, along with a new elevator at the gymnasium end. The submasters now looked over more than one class and new teachers greeted students at their door. The hierarchy of seniority shifted: Seniors on the 3rd floor, Juniors on the 1st floor, Sophomores on the 2nd floor, and then the wide-eyed Freshmen of B-Building. New policies were enforced to ensure safety, as stated in the ever informative Student's Handbook, and of course, fresh paint coated the walls. Change was in the atmosphere, inside and outside. The multicolor leaves began to blanket the ground and in the political world, the monumental 2008 presidential race was reaching its peak and began to break ground. Students slowly detached themselves from the summer heat to adjust and settle in. The countdown to next summer commenced.

Medford Vocational Technical High School





MVTHS PRIDE































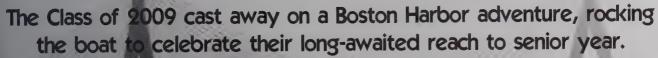
GETTS G

r. Cullen! Is the Spirit of Boston our boat? Obviously, the answer was "no," for what was hidden behind the grand white structure was the smaller yet still greatly accomodating Provincetown II host of the annual MHS Senior Boat Cruise. Stepping down from multiple buses, the class of 2009 tried to hold in their excitement as they headed to the dock for an evening of food, music, dance, and talk on the waves.



Matthew Connor











"So unexpected." These were the only words Vanessa Latson could utter as she ascended the stairs to be crowned Homecoming Queen 2008. Queen Latson donned her crown gracefully alongside Phil Laguerre, our rightful Homecoming King. All dressed up, the rest of the students looked on as they encircled the royal couple dancing together. Flashes from cameras refused to cease.

The Chance Dance event was yet another source of excitement at Homecoming. Sponsored by the National Honor Society, this fundraiser allowed students to buy raffles for a chance to win a dance with one of a variety of senior boys. By auctioning off dancers, the NHS was able to raise a large sum of money to be donated to charity.































Chance Dance!

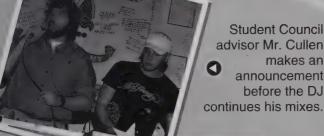
Senior "Chance Dance" volunteers line up for the drawing of the winners' names, which are announced by NHS President Zach Gillette and head organizer Rachel Le.



Phil Laguerre, Chris Vaudo, Matt Cipollone, Vinny Soares, Brett Cavallaro, Marllon de Almeida, John Sousa, and Zach Gillette each pose for a picture with their lucky lady.

The Winners'

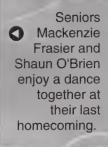






Student Council advisor Mr. Cullen makes an announcement before the DJ ontinues his mixes.

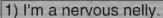
Stephanie Cartiero, Lisa Moreira, Alexis Donnaruma, and Rachel Le have a blast together.





Senior Thoughts





2) "Hope is a good thing, maybe the best of things, and all good things never die." -- Andy Dufresne

3) Do not go Hollywood on each other. Stay in touch with everyone you can. Everyone can say they don't like Medford, but you should never forget where you come from, and you should never break ties with your closest friends.



- 1) I get too much enjoyment out of making fun of random strangers I don't know.
- 2) "We are all worms. But I believe that I am a glowworm." --Winston Churchill
- 3) Don't screw up. =D



- 1) I can move my ears at rapid speed!
- 2) "May the net force be with you." Mr. Wadness
- 3) Get out of Medford and to someplace different. Travel. Meet new people and make new friendships. Do the things you've always wanted to do and don't regret them after. Dance and don't care who sees. Live, learn, and have fun. But, no matter what, never forget where you came from and those people you grew alongside. Good luck guys. I'll never forget.



- 1) I am the shortest girl in the senior class.
- 2) What is meant to happen, will happen.
- 3) You're only given one life, so do what you want to do, not what you're expected to do.



- 1) I sing every single time I'm in the shower, and that's my favorite place to sing; I really really get into the whole Whitney Houston thing since I secretly think I'm her in there, and the best part is no one can make fun of me for it because they can't see me!
- 2) "Every man dies. Not every man really lives." -- William Wallace

1) A fact most of your classmates don't know about you

- 2) Your favorite quote
- 3) Message to your classmates

iQuote

2) "And in the end, it's not the years in your life that count. It's the life in your years." - Abraham Lincoln 3) Don't give up on your dreams, no matter how far away they seem to be. Always live life to the fullest, but never forget where you started. But most of all, good luck and have no regrets!



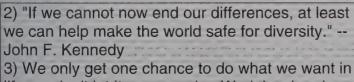
 I don't think I'll ever get over my fear of rejection.
 "Art never comes from happiness." --Chuck Palahniuk



3)To the certain few that really knew me, good luck in the real world. To the rest, make something of yourselves out there.



- 1) I may be a complete nerd, but I go nuts on the dancefloor. ROBOT, need i say more?
- 2) "You must be the change you wish to see in the world." --Gandhi
- 3) Be happy. Follow your heart, follow your dreams, and never forget your roots.



3) We only get one chance to do what we want in life, so don't let it pass you by. Work hard and achieve what you've always wanted to. But once you do so, never forget these four years and who you spent them with.



2) "When adults say, 'Teenagers think they are invincible' with that sly, stupid smile on their faces, they don't know how right they are. We need never be hopeless, because we can never be irreparably broken. We think that we are invincible because we are. We cannot be born, we cannot die. Like all energy, we can only change shapes and sizes and manifestations. They forget that when they get old. They get scared of losing and failing. But that part of us greater than the sum of our parts cannot begin and cannot end, as so it cannot fail." --Looking for Alaska by John Greene

















MHS Drama Club presents their annual fall play, "A Curious Savage: a comedy about money and greed," written by John Patrick.



Jenna Mazzone as Ethel Savage



Tyler Rosati as Hannibal





"Take an umbrella; its raining."



Caitlyn Levine as Flo



Anna Owen, Michelle Eckels, and Shaun O'Brien as







Miss Willie, Dr. Emmett, & Resident

The Curious Savage

A different side of insanity...











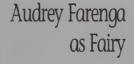




The story surrounds Ethel P. Savage, a widowed woman whose husband left her approximately ten million dollars. She is put in an sanatorium after her stepchildren find out that she has turned the money into bonds as part of her memorial fund. She meets several inmates who are not completely insane, each only having a minor problem. She becomes friends with them

and gains a new outlook on life. In the end, who's more crazy: the children or





















Kelsey Buckley as Mrs. Paddy



Will Durney, Emily Nixon, and Daniel Begin as







Senator Titus Savage, Lily Belle Savage, & Samuel Savage

SS UP SPIRIT WEEK!



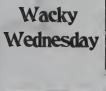


























MUSTANG PRIDE DAY









Happy

Halloween!









Alexis Donnaruma, Annie Hathaway, Lisa Moreira, and Keerthana Gnanapradeepan take a picture with Ms. Chyen in Calculus class.





From cowgirls and cats to pikachu and soup, some classes take a break from work.





Jake Leary and Megan Martignetti taking a break after Anatomy.



Angelina Donovan, John Sousa, Kristi Lanzilli, and Katherine Picarde pose for a picture.







Jessica Albano, Lynsie Brogan, Jessica Medeiros, Gina DiStefano, and Alexa Downs get together for a picture at lunch.



Mustang poses with Miss School Spirit 09.



Ryan Biggins, or Barack Obama, delivers a speech to kickstart the annual pep rally



MeffaWockee's deliver a stunning performace



Mayor McGlynn, Mr. Belson, and Dr. Krueger help the seniors rally Mustangs to battle the Golden Tornadoes in the traditional Medford vs. Malden football game.

In order to celebrate the 121st Medford vs. Malden Thanksgiving day football game, the entire student body, as well as faculty and other special guests took part in and attended this year's pep rally. Each year, the senior class creates an inventive skit in anticipation of the game. To get the Medford Mustangs

to support their classmates, this year's seniors put their heads together and used their sense of humor to pump up the crowd. With guest appearances by Ryan Biggins as Barack Obama and Tory Deasy as Sarah Palin, the group incorporated several elements of pop culture to create a play on the reality television show, "America's Best Dance Crew." Preceded by speeches by Dr. Krueger, Mr. Belson, Mayor McGlynn, and fall coaches &

captains, the skit was the perfect beginning to the Thanksgiving break.

Senior football captain John Sousa produced an inspirational speech for his fellow peers.





Football team & alumni are impressed



Queen of the "Golden Breezies" shows off her physique





Medford's "redemption squad" takes the stage

88 The Malden Misties after the "sabotage."

The cheerleaders pump up the crowd!



Running out onto the field, ready to play.



Huddling to talk strategy before the whistle.



The captains of Medford and Malden meet.



On a cold Thanksgiving morning, family and friends cheered on their team at host Malden's MacDonald Stadium. After a long, rough battle, the Mustangs fell short 33-22.



November 27, 2008

Medford Mustangs vs.

Malden Tornadoes in the
121st Thanksgiving Day
football game - the 3rd oldest
rivalry in the country.



Mustang teammates support their brothers from the sidelines.



The two schools become aggressive to fight for their pride and tradition.



Blue and white cheerleaders flying high for their football players.



Lineman protects his quarterback.



Players blocking the tackles on all sides.



MHS marching band at halftime. 89

Girls XC Wins GBL for the First Time in 16 Years!

Continuous hard work and perserverace during the 2008 Cross Country season led the girls team to a triumphant victory. Leading the girls to the undefeated GBL victory was senior Captain Katherine Picarde. Katherine, along with the other senior captains. Brenna Callahan and Megan Martignetti, inspired the team. pushing each individual to try their best. In the beginning of the season the team was aware of their goal and diligently worked hard to achieve the championship. The exceptional teamwork also assisted in deafeating the close competition. This GBL win was the first title in 16 years for the girls cross country team!



Starting the race with intensity, the girls cross country team worked hard at their last home meet of the season held at home course McDonald Park.

Below: Regan McGovern and Matt Connor talk with Coach Lou and Coach Lynch





Right: Senior Philip Galebach finished his high school cross country career achieving a personal record. Phil broke numerous course records throughout his time on the MHS XC team and placed 1st in the Eastern Massachusetts division one race in 2008! Left: Kat Picarde races to the finish line.
Below: The girls team stretches

before a big race.







Above: Regan McGovern, Matt Giaimo, and Steven Mortell joke around while they stretch before the race.

"This team and this sport have probably taught me more than any other activity I've ever taken part in. I have learned to love what other people may call punishment."

Brenna Callahan ('09)



Steven Mortell ('10)

Although I sometimes dread going to practice I know it will always be fun because I have my team and coaches."

Left to Right: Coach Lou, Senior Captains Matt Connor and Regan Mcgovern, and Coach Lynch



Above from left to right: Senior Captains Megan Martignetti, Brenna Callahan, and Katherine Picarde



Below: Steven Mortell and Regan McGovern hang out



Above: The boys team has a fun warm down after a race at Malden.



Below: Girls' captains







The boys cross country team also worked hard this year. The young team steadily improved thoughout the 2008 season, challenging their competition and one another.



Above: Senior Captain Brenna Callahan uses all her strength to finish the race.

iSpike... Varsity Volleyball

SENIORS

Angel Donovan





Michelle Gramolini







Top from left: Bethany Kong, Lily Kwan, Catherine Elia, Anya Pierre-Louis, Madeline Forcier, Marisa Fouraux, Naomie Laguerre Bottom from Left: Rebecca Luongo, Angel Donovan, Stephanie Williams, Michelle Gramolini, Brooke Stanton



Left to right: Captain Angel Donovan, Left to right: Seniors Michelle Coach Wilson and Stephanie Williams Gramolini, Angel Donovan, Stephanie



Williams, and Catherine Elia

The Medford Varsity Volleyball team made it to the GBL tournament, taking second place on October 22, 2008. They also made it to the North State Tournament and beat Chelsmford with a impressive score of 3-0. Captains Angel Donovan and Stephanie Williams led their team to win 11 of their 20 games this season.











Junior Rebecca Luongo



Senior Angel Donovan and Junior Brooke Stanton



Junior Brooke Stanton



Junior Rebecca Luongo







Left To Right: Catherine Elia, Rebecca Luongo, and Marisa Fouraux get ready to start their game.



Rebecca Luongo gives it her all! 93

Junior Varsity Volleyball

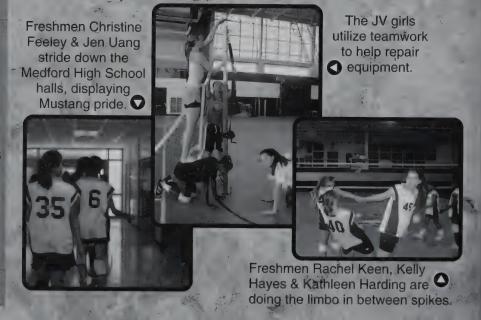


The 2008 Junior Varsity
Volleyball team had their best
season in the past three
years. Their near-perfect 15-1
record included a victory
against their biggest GBL rival,
Cambridge. The team
overcame some difficult
obstacles, resulting in their
victorious triumphs over
Cambridge and Malden. The
players worked laboriously
and encountered challenges
along the way.

Captains Laurie Ulysse and Julie Spirito kept the team focused on what was important at that time during the game. According to Spirito, teamwork was always a solid aspect of their success and they feel lucky to be so close. The most improved players of the seasons were Kelly Hayes and Shannon Hussey. The most dedicated award was given to sophomore Maggie Tobin.



Back Row (left to right): Rachel Keen, Christine Feeley, Jen Uang, Kelly Hayes, Kathleen Harding, Maggie Tobin, Davielle. Front Row (left to right): Arianna Fiorello, Julie Spirito, Laurie Ulysse, Shannon Hussey, Katie Bowler.



Girls Junior Varsity Soccer





The Mustang girls junior varsity soccer team had a new leader for the 2008 season, Coach Rachel Reino. With a new coach and a young team, the girls were unsure what to expecpt out of their season. Coach Reino proved to be the best fit for the job, as the team finished their season with a 13-3 record. The girls had an impressive 65 goals for and 12 against.







Ariana Roche throws the ball in to her teammates.



Lisa Bandoian bravely dribbles past the defenders.



Aine Collins shows off her skills!



95

iKick

Mustang Girls' Varsity Soccer

Captains





Anna Guigli Senior Center Mid-fielder #14



Rachel Pierce Senior Center Mid-fielde #3



Meaghan Woods Junior Sweeper #13

96





Back (Left to Right): Coach Jessica Chiachio, Kristina Bove, Jackie Pellecchia, Robin Carpenter, Katie Smith, Katie O'Brien, Deanna Cavallaro, Alisa Vita, Mackenzie Flynn, Lindsey Bandoian, Lauren Bandoian, Asst. Coach Jackie Hogan

Front: Kaitlyn Flynn, Jill deRosas, Kasey Cloutier, Jennifer Bove, Meaghan Woods, Hawasatu Dumbuya, Anna Guigli, Francesca Alfonso





The Mustang girls had the odds piled against them from the beginning of their 2008 season. With their third new coach in three years, the girls had to make major adjustments. Senior captains Jen Bove, Anna Guigli, and Rachel Pierce proved themselves to be strong leaders as they ultimately held the team together through a tough season.



Senior fullback Jen Bove throws the ball into play.



Senior center-midfielder Anna Guigli gets the ball up the field.



Junior sweeper Meaghan Woods kicks the ball out of pressure.

Meaghan Woods, Anna Guigli, and Jill deRosas



Sophomore forward Lauren Bandoian goes to settle the ball.



The team catches their breath and talks about the game during half-time.



Junior mid-fielder Francesca Alfonso gets agressive while winning the ball from the other team.



an opponent to win the ball at mid-field. Below: Jen Bove dribbles by a defender and gets the ball in the

Above: Anna Guigli fights off

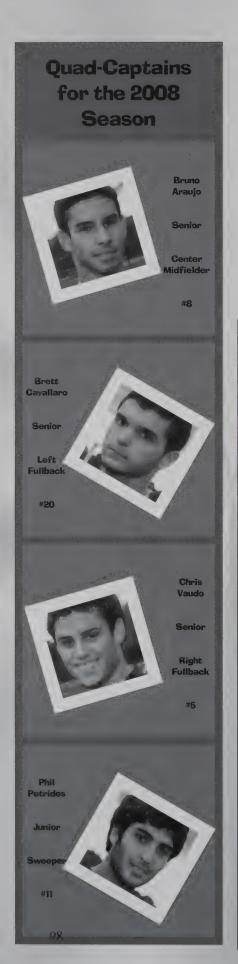


Junior forward Mackenzie

Forwards Lauren Bandoian and Mackenzie Flynn take advantage of a scoring opportunity.









Coaches Luigi Mirisola (left) and Mike Petrides (right) standing with captains Phil Petrides, Bruno Araujo, Chris Vaudo, and Brett Cavallaro

RESULTS



Coming Together is a Beginning,

Staying Together is Progress,

Working Together is Success.

MUSTANG SOCCER 08

	Mustangs	Visit
Dracut	5	0
Cambridge	1	2
Weymouth	0	1
Somerville	2	0
Newton North	3	1
Malden Catholic	2	0
Malden	3	3
Everett	4	2
BC High	0	3
Cambridge	3	1
Somerville	0	1
Dracut	1	0
Malden	4	0
Everett	1	1
Somerville	4	0
Everett	3	2
Madison Park	1	2
Catholic Memorial	0	1
Waltham	3	1
Framingham	0	1

Overall: 11-7-2 Greater Boston League: 6-2-2

GBL World Cup Champions



The starting 11 strategizing before the game starts



Senior captain Bruno
Araujo leaves the
defender on the ground
as he takes the ball down
the field.



Senior midfielder Joey Lopez protects the ball from the BC High defender.



The Mustang defense stays in a straight line to stop any offensive attacks during the state tournament.



The Mustangs celebrate after they capture the first ever GBL World Cup with a 3-2 win over Everett.

iKick

MUSTANG BOYS' SOCCER MAKES A SUCCESSFUL RUN INTO THE STATE TOURNAMENT





top row - Assistant Coach Luigi Mirisola, Maxx Jamgochian, John Dumbuya, Marcello Cugno, Sergio Silva,
Valerie Labossiere, Destin Pierrot, Victor Silva, David Pires, Ariel Lobo, Head Coach Mike Petrides
bottom row - Mike Rizzo, Naama Mendes, Phil Petrides, Bruno Araujo, Chris Vaudo, Brett Cavallaro, Vinny
Soares, John Ghiozzi, Matt Diamond-Jones, Joey Lopez



iKick Boys JV Soccer

"Success is a Journey, not a destination." -Ben Sweetland









- 1. Sophmore Zakaria Lahbibi runs after the ball.
- 2. Dan Beeman prepares to pass to a teammate.
- 3. Zakaria Lahbibi again fights for the head ball.
- 4. The JV bench players observe the playing field.



Junior Varsity Coach Bourne looks on as he talks his players into playing the field strategically.



Junior Ben MacNamee winds up to cross the ball into play.



irow

Medford High School Crew Team



The Varsity Boys' Crew Team competes on the Head of the Charles 2008, led by Joe DiBenedetto.





The sport of rowing is fairly new to Mustang Country. During the fall season, Medford joins with Malden and Somerville rowers to make the unified team sponsored by a company known as Gentle Giant. However, in the spring, Medford branches off and becomes its own team of rowers in the fight for the GBL title against their former teammates. Rowing is not only a sport, but also an art form. Not many people realize the amount of conditioning that goes into its training. Running is key around the months of August and September, because your leg power is crucial to your success as a rower.

This past fall season, the girls' Varsity A boat beat almost half of their competition. Out of sixteen races for the Varsity boys, they took home six wins. The amount of effort put in by both the boys' and girls' novice was tremendous. In the state competition, the girls' novice placed 9th out of 16.

The money lent to our rowers by Gentle Giant was reimbursed through means of a bowl-a-thon at Townline in Malden; a bonding experience for the rowers and coaches alike. Without Gentle Giant's generous and ongoing support, rowing for Malden, Somerville, and Medford would not be possible.

What rowing has become today would not have been possible without its four fantastic coaches: Coach Byron, Coach Campbell, Coach Huntley, and the unforgettable Coach Jones of Malden. Their faith in the team became an inspiration to all rowers, allowing more races to be won than anyone had thought was possible.

As for the upcoming spring season, there will be a realignment of the former unified team, as Malden, Medford and Somerville split up into three different teams. Varsity uniforms are being given out for the first time ever, and the number of interested students keep growing. Coach Byron and Coach Huntley are the only two coaches for Medford during the spring season. Byron coaches the boys and Huntley coaches the girls.

Although the rowers are sad to go and leave their beloved sport as well as their teammates behind, they will forever be a team that row as one.

Boys & Girls varsity and novice alike training hard when practicing off the water









"Every practice, we run together, stretch together, suffer together, row together. Every race, we win together." - Coach Amy Byron





"Do NOT rush the person in front of you! You are NOT digging your oar to the bottom of the ocean! You are NOT rainbowing your oar handle! And you certainly are NOT going to sit on your butt muscles and just push water! This is crew! Not a sunday paddle!" - Coach Jones

"What a lot of people don't realize about crew is that it's not an easy sport. You need two seasons or more just to get the technique down. You use every part of your body as a whole to row, especially your legs. Another thing a lot of people don't realize it that crew is a true team effort. Every slide up to the catch, every feathering of the blade, every drive down to the finish, every stroke taken, every power ten we push, we do together. Everyone on the boat moves as one. There is no other sport like crew." - Michelle Ly



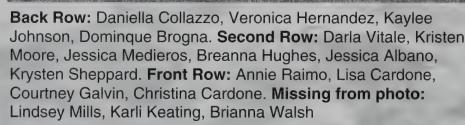


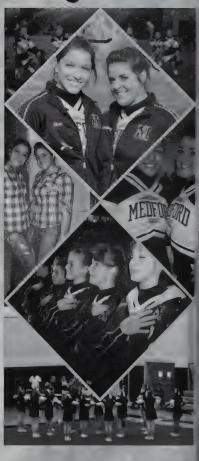


icheer

Mustang Varsity Cheerleading







"Just can't tame the Mustangs"











Seniors: Anne Raimo



Capt. Courtney Galvin



Capt. Lisa Cardone



Christina Cardone



Mustangs drive their way to a 2008 GBL Championship

The Medford Mustangs finished their fall 2008 season with a winning record of 9-2-1. Coach Ray Dyer was able to send three of the team's players to the Greater Boston League Championship Tournament in October this fall.



Co-captain Stephen Aghiarian placed first in GBLs. The junior started every match for the Mustangs in the first spot. He was also named Medford Transcript's Athlete of the Week, The GBL MVP, and Papa Gino's Athlete of the Month.

Junior co-captain Eric McNeill came in second place for the Mustangs at the tournament. Eric has been improving significantly with each match he plays. He started every match this fall in the second spot for Medford.





Senior and three year veteran Jake Leary represented the Mustangs well, coming in sixth place in the league. Jake started in the Mustang's third spot for a majority of the season. He also joined the team in the Division I State Tournament in Oct. 2008.



Overall, the Medford Mustang Golf team captured the title of Greater Boston League Champions and a spot to play in the Division I State Golf Tournament. With impressive wins over Stoneham, Everett, Somerville, and Cambridge, the Mustangs accomplished an impressive feat. The team put in a lot of time, effort, and hard work to make this such a successful season.





Junior
Kiley
Callahan
preparing
to tee off
before a
big match
against
Somerville.



Above: David McKillip, CJ Bourque, Jack Forcier, Andrew Pompeo, Chris Picarde, Stephen Aghiarian, Jake Leary, Eric McNeill, Michael Dimattia, Kyle Heath, Stephen Scire, & Coach Dyer Missing from the photo: Kiley Callahan

Senior and four year veteran Chris Picarde takes a swing.





08



Sophomore Steve Scire working on his form and preparing to tee off against Lowell High School.



Sophomore Jack Forcier chipping before a home match at Unicorn Golf Course this October.



Senior Michael Dimattia concentrates on putting during an important match this fall season.

Mustang varsity Football









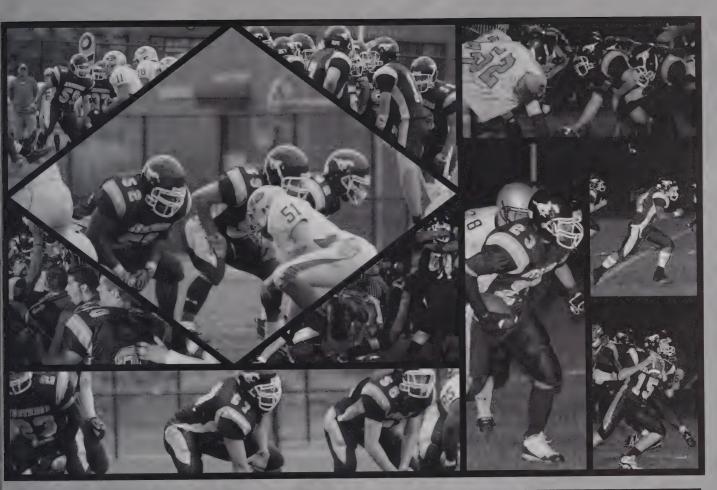


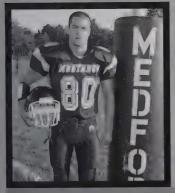


"We Few,
We Brave Few,
We Band of Brothers."



The Mustang Varsity Football team endured several setbacks this year. These setbacks, with the addition of the mental and physical demands of the sport. would appear to shake the core of any great team. However, the strength of the Mustang varsity football should team not underestimated. The leadership of captains John Sousa and Anthony Falco, along with the presence of other seniors and six three coaches, helped pull the team together when pressure increased. No matter what the outcome of the game, the talent and sheer drive of the Mustangs could not be denied. Win or lose, the Mustangs held nothing back and left everything they had on the field every single game.





Capt. John Sousa



Capt. Anthony Falco



Timonthy Hanifan



Kenny Bosari



Jimmy Lynch



Pat Reardon



Jan Lopez



Pedro Fuentes



I feel that the physical need for warmth parallels a renewed desire for emotional warmth that causes an increased state of human bonding in the wintertime.





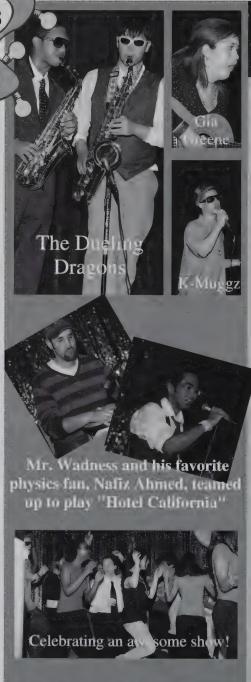








MHS Students
Shine at the 2009
Talent Show



The 2000 Telest Shows

The 2009 Talent Show was an absolute success. The show opened up with hilarious hosts, Marllon De Almeida and Naama Mendes, who instantly captivated the audience.

Throughout the show these two seniors continued to instill laughter in the audience whether they were dressing up as girls or rapping to an original beat. The show included bands, unique dance performances, and singers. Senior Tess Diaco beautifully sang while senior Lloyd

Boyd rapped to a music composition. The breakdancing crews and hip hop dance groups took over the stage with their unbelievable skills. Even teachers participated in the talent show with singing, dancing, and dressing up to

"Beauty School Drop Out." They were accompanied by singer, Shaun O'Brien. The show was concluded wth a band called Now Hiring, playing a cover of the Dave Matthews Band song, "Ants Marching," along with Mr. Skorker, who directed the event with Ms. Ross. The talent show was a

memorable experience for both participants and the audience.





Senior Anthony Prestogiovanni plays the trumpet

Senior Josef Danilchuk works the bass for Now Hiring









"Closing the talent show with some of my closest friends was an unbelievable experience." - Junior Nick Bates







ONE ACTS

nce again the MHS Drama Club put on spectacular One Act performances. This year, artistically played the leads in the short plays were uniquely this fast-paced comedy. The student directed. The student continuous sound of a bell is directors captured the audiences' heard throughout "A Sure attention through two comedies Thing." It enables a young man and a drama. In "Mountain to fix his mistakes when talking Language," viewers introduced to characters facing from the silly waiter to the oppression. The tough guards, projection of Oscar Jacobs and struggling prisoner, frightened communicate on the same level. Will Durney, and Jessica Going "Lives in the Wind" is a narrator utilized their talent to produce based comedy following a family wonderful 2009 One Act shows.

through the generations. Chris Vaudo and Jenna Mazzone are to a young women. Everything and Kelsey Buckley created a steller visitors fight to performance. Jenn Christiansen,



Lives in the Wind

Comedy: A play within a play, multirole actors quickly experience all the great American wars through comedic randomness.

Mountain Language

Drama: Powerful play following the injustices of prisoners and their visitors. The individual liberties of the characters are continously denied as they fight for their voices to be heard.





Juniors Jennifer Christiansen, Will Durney, and Jessica Going stepped up to the plate to pitch and lead the plays as new directors.

A Sure Thing

Comedy: Bill and Betsy are strangers whose time together is given the opportunity to be "done over" again, and again - at the ring of a bell.







iDIVE in the Deep End

Mary Judge and Mary Horde did a wonderful job coaching the swim team. Although not finishing the season on the hopeful winning note, many of the meets had only a few points as the difference. This team showed an immense amount of hard work, dedication and motivation throughout the 2008-2009 winter season.

Seniors Jade McElroy, Annie Hathaway, and Michael-Erik Ronlund practice their strokes

iSWIM





The Medford High swimming team had the odds piled against them this winter season. The school's pool was unable to be used, therefore practices were forced to be held as early as five in the morning at Tufts Pool. This challenged the team's ability to work hard under such stressful conditions. After an A.M. practice, they then had a full day of school, only to repeat the cycle the next day. These obstacles made the team stronger and displayed the dedication

amongst teammates.





























The past four years in orchestra have been such a rewarding experience. I was able to branch out of my comfort zone, learn to play new intruments, and explore new genres of music. It was also a great way to interact with different people and create lasting friendships.

- Keerthana Gnanapradeepan



Sr. Pat Nigro conducted his band as a strong and dedicated leader.

















Medford High School Orchestra and Band











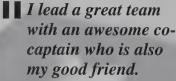




gymnastics in the second secon

Form & Grace





-Captain Marisa Barnaby



[top] Leading the Team: Coach Colleen Small, Captains Janessa Hughes and Marisa Barnaby, and Coach Nicole Fortino. [right] Pretzel Twist:

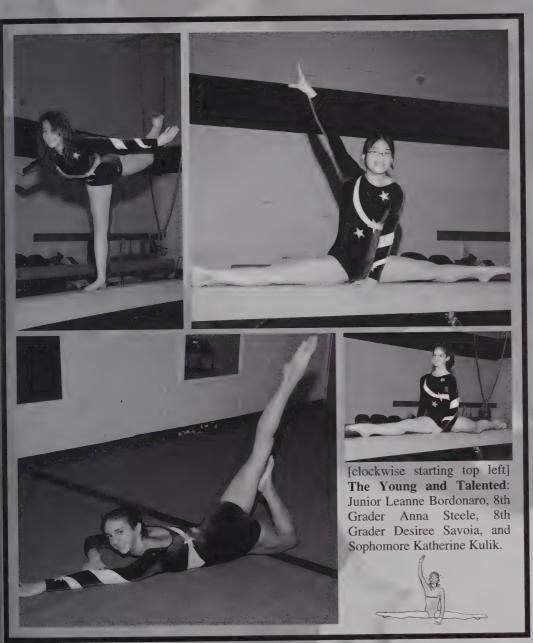
Desiree Savoia poses with a perfect scorpion.

Stretch & flex

Stretching and warming up the muscles before any practice or competition is imperative.













Coaches Colleen Small and Nicole Fortino never failed to have fun and joke around with their gymnasts while working them hard to excel on the bars, beam, and floor.

"Over the past four years, I have grown so close to the team and the coaches.
We're like a family. I have learned so much being on this team. I just can't believe it's my last season. I am really going to miss everyone."

-Captain Janessa Hughes

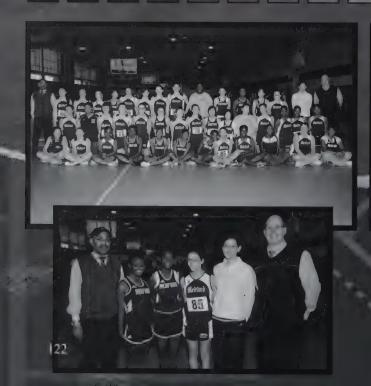




iRun Indoor Track













Led by the boys' captains Philip Galebach, Joey Lopez, Jan Lopez, and Danny Gunn, along with girls' captains Katherine Picarde, Ke'Shanna DelSignore, and Danielle Joseph, the indoor track team went through a fun and exciting season. The girls' 4x800, consisting of Seniors Katherine Picarde and Hawasatu Dumbuya, and Juniors Meaghan Woods and Mackenzie Flynn, and the boys' 4x200, consisting of Seniors Joey Lopez and Jan Lopez, and Juniors Danny Gunn and Antonio Ortiz, relay teams clearly displayed Medford's talent and placed highly in the standings at all of the big meets at Reggie Lewis. Overall, both teams demonstrated a lot of skill this season and made the 2009 season a successful one.







Girls Barsity Hockey

Together we are stronger than we are alone

















Captains



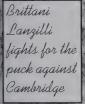




Captain Jennifer Bove

Captain Angel Donovan

Captain Kristi Lanzilli









Sam Lopilato steals the puck and heads down the ice



















Boys Varsity Hockey



i Dangle

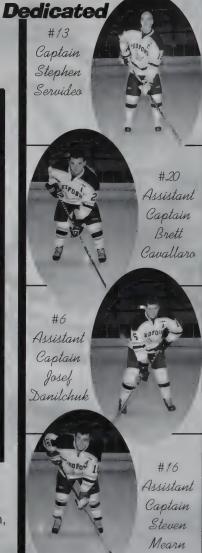


Left to Right:

Back Row: Cam Howard, Chris Silva, Pat Trainor, CJ Bourgue, Guy Leone. Billy Ivey, Brian Enos, Tyler Zizzo

Middle Row: Coach Allen, Jim Cecchini, Tommy Lee, Nick Borges, Kyle Doran, Greg Wilson, Matt White, Michael Gendreau, Asst. Coach Dereove Front Row: Nick Ardizzoni, John Ghiozzi, Steve Mearn, Josef Danilchuck, Stephen Servideo, Brett Cavallaro, Shaun McConnell, Corbin Aurilio

Leaders: Driven. Determined.





The Mustang Boys Varsity
Hockey team started their season
honoring Bill Momboquet - a
former Medford High hockey
player and once a Boston Red
Sox player. In their Jamboree that
night, they won against
Somerville 2-0. They continued to
skate strongly throughout the



up and down season, having to break in a large number of young players into the varsity lineup.

They won the Greater Boston League title on January 24th as the boys played a victorious game, again, against Somerville, 3-0. The team went on to secure a position in the state tournament.



Boys JV Hockey



From Top Right: Jake Porrazzo, Charlie Carvalho, Mike Merril, Jonathan Nazzaro, Luigi DiSisto. Middle Row: Coach Arthur Minichello, Sean McDonald, Jake Porter, Ryan O'Rouke, Chris Hayes, assistant coaches Steve Janes and Rich Ray. Bottom Row: Nick Lima, Kevin Nazzaro, Brendan (Chara) LaFlore, Cullen Hussey, Charlie Chlinuard Missing from photo: Dan Harrington, Napolean Papagiorgio, Mike Sullivan.

iScore!

The Mustang Boys JV Hockey team had a great year. The Boys ended their season with a record of eleven wins and only five loses. The team, lead by their captains, Ryan O'Rourke, Napolean Papagiorgio, and Sean McDonald, celebrated many victories and a very successful season overall.

In four short years, senior Phil Galebach has turned himself into one of the most promising athletes that Medford High School has ever seen. Galebach recently chased down the state cross country title and he has an even greater future ahead of him.

So Phil, why do you run? How did you first get interested in running?

Well, I really enjoy winning, and running is almost relaxing for me. It has become my second nature. My older brother had a huge influence on me. He was a fairly good runner in high school and I kind of picked it up from him. I knew it was going to be my passion since the summer before freshmen year. I ran in the Hershey's Massachusetts Track Championship and won by running a 4:58 mile.

Wow, that's an impressive past. What are your current running achievements and what records are in store for the future? As of right now, my best time in the 2-mile is 9:25. In the 5k I have a 15:45 and a 14:50 on track. I really enjoyed winning division 1 MA and the Manhattan invitational, but making it to Nationals was definitely my favorite achievement. Hopefully, I can break the 9-minute mark for two miles, and I really want to break the state record for the 5k.

Records like that must require a lot of practice. What is a normal week of practice like for you? Where do you run?

I usually practice in monthly cycles. I do about 100 miles a week for the first three weeks, and recover on another. I run all over Medford. Brice Canyon in Utah is one of my favorite places to run, but I also really enjoyed running in the Cascade Mountains and in San Diego. During my running weeks I do one speed workout and one long run each day and this prepares me for races.

What was the most challenging race you ever ran?

It was definitely the race where I qualified for Nationals. It was the most painful, but I really wanted to go to California. Also, the state championsip was a very difficult race. During the race, I fell at the last hill before you descend to the field area at Franklin Park. Basically, I took the turn too sharply and my left foot slipped from under me.

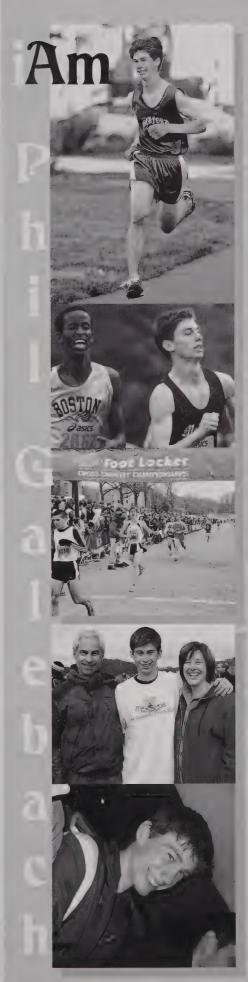
Yet you were still able to win first place?

Yeah. I didn't really think about the fall that much because I just wanted to catch the two runners ahead of me.

Where will we see and hear about Phil Galebach in the future? I will be running with the Harvard team next year. I hope to qualify for Nationals and hopefully I will be able to become an All-American Runner. Basically, I will continue to lower my times, and if things go well I'm planning to start marathoning.

Is Boston Marathon in your future?

Yeah. That's one of the biggest marathons, so I'd like to try it.



iRebound

Girls Varsity Basketball



The Medford High School Girls Varsity Basketball team used teamwork and endurance during every game of the 2008-2009 season. They overcame obstacles and perservered to finish. Bianca Eugene, the only senior, had to step up to lead the team. Also with a diminishing Greater Boston league the team played new teams from different areas. The 2008-2009 Girls Basketball team had many indivudual talents combined to produce a unique chemistry.



OFFENSE



Medford High
School Girls
varsity basketball
team continuously
put their skills to
work. Their strong
defense combined
with a talented
offense helped
obtain numerous
wins. Although the
remaining games
resulted in losses
the team always
put up a fight.

Junior Kawrayna Springs



Freshman Kelly Welsh



"We had a lot of controversy surrounding the team this year, but it made us stronger. It challenged us to step up not as individuals but as one united team - one family. When we got on that court, we all overcame the issues and made the best out of the season."

-Nicole LoPilato

131

ntact.



















BASKETBALL The Game! Boys



Get Your Head In









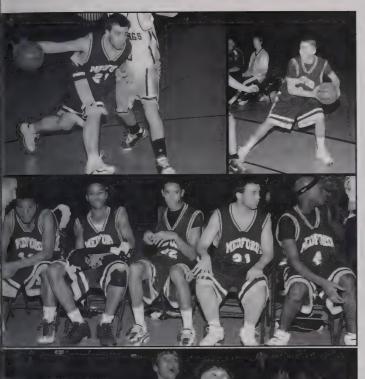


Shoot for the moon. Even if you miss, you'll land among the stars Les Brown



The team huddles to talk strategy and raises hands for Mustang pride!









KEEPING THE TEAM TOGETHER: LEADERS
Captains Junior Andrew White, Senior
Phil Laguerre, and Senior Tim McCarthy

ishootes

The Medford High Boys Varsity Basketball Team fought their way through a tough 2008-2009 season. With the help of seniors, Matthew Diamond-Jones, Tim McCarthy, and Phil Laguerre, newcomers to the team proved to have a abundance of talent amongst them. The starting lineup included junior captain Andrew White, and sophomore shooting guard, Danny Gilchrist.

The team battled from beginning to end, with a few losses but also some big wins, including one against Malden Catholic in a tournament during February vacation.

The final game for the Mustangs took place at Medford High against Boston Latin. The game was a close one; the Mustangs were defeated by only a few points. The score reflected large contributions from the seniors. Overall the team had a successful 2008-2009 season and all the players enjoyed their time on the court.



Another 2 points!

The scoreboard keeps the teams motivated and the points bring forth oustanding players.

iWork



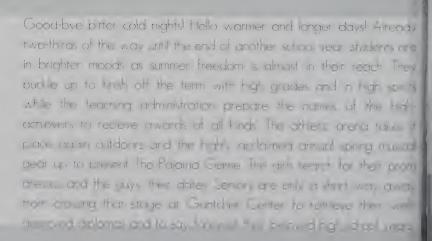


iPlaY.



iRelax





24/7







GE GREEN

Medford High School connects and helps with the environmental life.







May the sun shine, all day long, everything go right, and nothing wrong.

May those you love bring love back to you, and may all the wishes you wish come true!

springtime

Sandle Agia ala, T

















Babe Williams



Jasmine Etesse as Mae

Will Durney as Prez

Abby Seidel as Gladys

Chris Vaudo as Hines

Kelsey Buckley as Mabel

This year's musical, The Pajama Game,

opened on March 25. Directed by Ms. Sarah Grant, the show was rehearsed over a time period of only 6 weeks. The plot line follows a pajama factory with the workers on the verge of striking for a seven and a half cent raise. When love hits across party lines, between the superintedent (Sid, Stephen Costa) and a factory worker (Babe, Jenna Mazzone), the relationship seems to be against all odds. The well-being of the factory workers, as well as the success of Babe's and Sid's relationship, seems to hinge entierly upon a mere seven and half cents.

The Pajama Game was a true success for the MHS drama club and the seniors will be sadly missed.













iSprint

Anya Pierre Louis, a junior and one of the best hurderlers in the state does her high jump.



Senior Danielle Joseph also working hard on her high jump.



Senior Keshanna Del Signore attempts to beat Waltham in the high jump



Senior, Brenna Callahan runs hard in the two mile.



Junior, Heidi Walsh beats the rest of her opponets in the one mile.



Outdoor Track













The Outdoor track team has shown enormous effort this year. They ran against some difficult teams in and out of the GBL. The girls and boys ran hard in practice in order to run hard at the meets. They showed dedication and teamwork throughout the season.







Girls Varsity Lacrosse 2009 HIJOG







Oh, the places you'll go! There is fun to be done! There are points to be scored. There are games to be won. And the magical things you can do with that ball will make you the winning-est winner of all.





Live.Love.Lax



Cradle

The 2009 team had some big shoes to fill due to losing numerous seniors. However, they managed to have a successful season, playing as one family on and off the field.



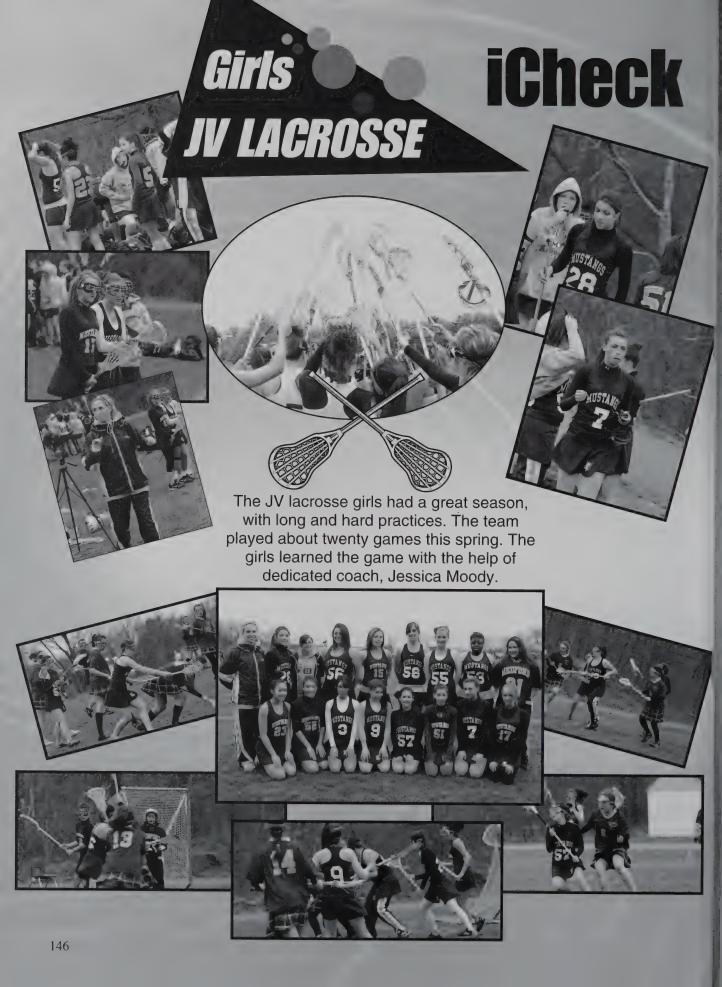
Coach Matt Galusi
Galusi is a dedicated coach
who puts a lot time and
effort in making sure the
girls have an unforgettable
season and expand their
love for the game. He
encourages the girls to
leave it all on the field to have no regrets.

Captains:



Angelina Donovan is a senior tri-captain who is a strong motivator for the lacrosse team. Her three yearsin the goalie net has really paid off and she hopes to continue playing in college.

Cat Elia is a senior captain who has been on the varisty team since freshman year. She manages to easily rack up the points and always encourages the team to do their best.



ROVS IV LACROSSE



Boys Varsity Lacrosse





The Mustangs Boys Varsity
Laccrosse team ran their
hardest this spring making
this a great season for
them. Coach Cincotta lead
the team into great
success. Captains, seniors
Nick Settemio, John Sousa
and Jeremy Collazo pushed
their teammates to victory
throughout the season.

















Girls Tennis



Conjoy Iulia Duwkina guina as the

Senior Julia Burbine swings the racket with great strength.

Junior Olivia Hegner lunges for the tennis ball!

The team puts their hands in before a tough match!



Boys Varsity Tennis



iServe

"It's one-on-one out there, man. There ain't no hiding. I can't pass the ball." ~Pete Sampras











"It's difficult for most people to imagine the creative process in tennis. Seemingly, it's just an athletic matter of hitting the ball consistently well within the boundaries of the court. That analysis is just as specious as thinking that the difficulty in portraying King Lear on stage is learning all the lines." ~Virginia Wade



Coach Dickens, hopeful to lead his team to states this year.

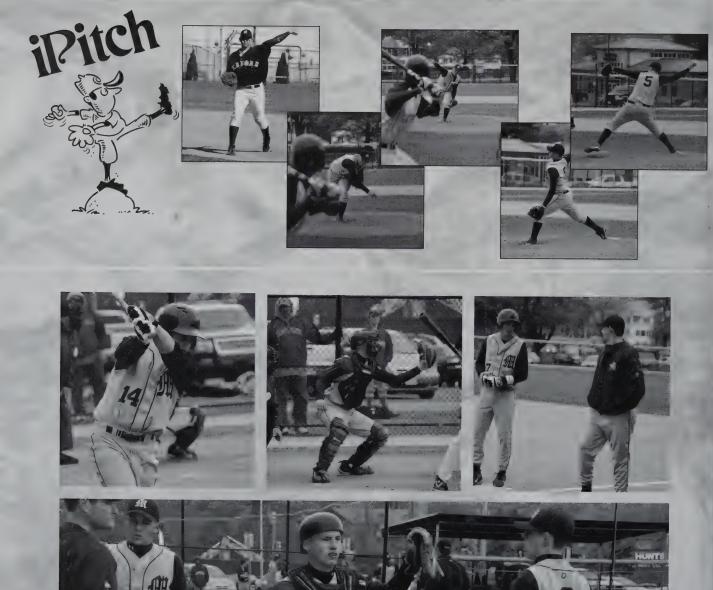




Captains Oscar Jacob (left) and Harnek Singh (right) along with the varsity team, are more focused then ever.

Varsity Baseball

The Mustang baseball team shows some talent on the mound, at the plate, around the bases, and on the field.



Coach Tucci, Ian Fitzgerald, Danny Gunn, and Richie LeBert





Junior Ian Fitzgerald, a pitcher for the Mustangs, and junior Danny Gunn, catcher, convene on the mound

The Medford Mustang baseball team faced a challenging season in 2009. After the graduation of some of their best players last spring, they were left with some big shoes to fill. Seniors Steven Mearn and Richie LeBert threw some serious heat from the mound. Both had a successful season in that regard. Junior Danny Gunn held down home plate as catcher for his third year on the varsity team. Overall the boys worked as a team and came out triumphing.





Junior Greg Wilson takes a swing



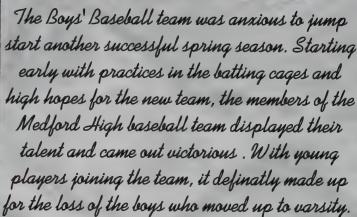
Coach and former player, Nick Tucci encourages his players



Some of the boys cheer on their teammates from the sidelines

Junior Varsity Baseball

Waiting for Spring...





















Junior Varsity Softball



Below: Gina DiStefano and Lisa Bandoin swing their hardest up at bat.











Some of the junior varsity players cheering on their team.











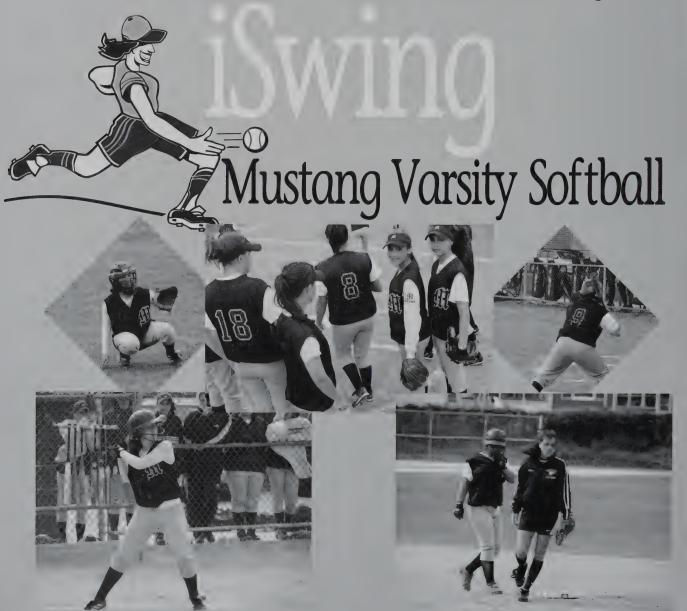
Above: Some of the players take a break on the bench, while their teammates work hard to make it home. Far Right: Gina DiStefano takes a swing at the ball. Middle: Lisa Bandoin up at



Sophomore Sarah Moulton rounds first base



Senior and first baseman, Lisa Furtado, at the plate



The Mustang Girls Softball team started fresh this season with a new coach and a young team. Coach Jack Dempsey took over the team and did his best to lead them into a winning season. With a lot of help from the captains and upper classmen the team had a successful 2009 season.















Captains

The captains for the 2009 season worked hard to lead their team to victory. Captains included Seniors Kim Perault and Jenn Bove, and junior Nicole LoPilato.



Jenn Bove #2



Kim Perault



Nicole LoPilato

#7

MUTHS Senior Class Will

As we move forward in life we will not forget our Voke Family

- I, Gina Antonelli, leave a pair of tweezers for Derek so he can do his own eyebrows next year.
- I, Nick Ardizzoni, leave a circle with my thumb and forefinger to Mr. Brown.
- I, Joe Arena, leave all the wins over Ronnie D. and Patterson in basketball.
- I. Steven Barnes, leave.
- I, Amanda Biagioni, leave.
- I, Gary Biddiscombe, leave my class cutting skills.
- I, Kimberly Branco, leave a cream cheese bagel and coffee for Joanne Josselin; a scratch ticket to Erin Fitzgibbon; and Jerome to the future nursing girls (and boys)!
- I, Kelly Calhau, leave meeting Nat Canney: the most amazing friend I have ever had in my life.
- I, Thomas Campbell, leave my phone for Mr. Durney to put in an envelope in his drawer.
- I, Natalie Canney, leave food for Mr. Brown.
- I, Jacquelin Carstens, leave.
- I, Jessica Coburn, leave my baking skills to Isaiah Headen since he would love to become a pastry chef later in life.
- I, Jeremy Collazo, leave a good lacrosse team, and great teammates.
- I, Rob Connelly, leave after lunch when everyone goes outside and plays basketball.
- I, Brian Cotter, leave my beard.
- I, Ezra Davis, leave new ceiling tiles for Ms. Bocko.
- I, Ron DeCarlo, leave my bottles of Gatorade.
- I, Jimmy DeFrancesco, leave 2:30 for Mr. Small to stay after and don't go home!
- I, Kevin Dietrich, leave my will to try my best at everything I do; ceiling tiles for Ms. Bocko; a coupon for a haircut to Newell and hedge clippers to Falco to cut his hair.
- I, Michael DiMattia, leave my hockey skills to my friend Paul Gillespie and my graphic arts skills to Chris Mangan.

- I, Megan Doran, leave all of my pencils/pens to Mr. Casey; all of my notes to Brownie (Mr. Brown); and all of the drama for Mr. Durney.
- I, Mike Doto, leave an adjustable wrench for Nappy so he can fix his junk.
- I, Melissa Dutra, leave my friends, teachers, and my shop I am going to miss it, the kids from the P.M. class, and also Ms. Michele and Mrs. Ross who helped me a lot for 3 years in that shop.
- I, Anthony Falco, leave Mac+Cheese to Theresa Banks; a truck to Evan McLaughlin; the Miami Hurricanes to Ryan Newell; a football application to Chris Ruocchio; emmo and Fallon to Michael Rodes; a B.B. to Patrick McKenna; patience for Janessa and Bryanna to Louis Nocera; and ta tonga to Bryan Robson.
- I, Sam Farinato, leave to Mr. Cincotta, new pants and a tie that match the shoes and belt that Steph left him. Also, to Mr. Brown, that visit to Chipotle me and Steph missed. (We will go.)
- I, John Anthony Ferola, leave my flow.
- I, Erin Fitzgibbon, leave my nursing workbook for all the lower classmen and all my doctor's notes to the office.
- I, Kristoffer Flanagan, leave Gretta, the 14" carving blade in Culinary, next to the Crazy Culinary kid. Also the stack of dismissal and nurse passes to the next big troublemaker.
- I, David Fondacaro, leave absolutely nothing.
- I, Cheyenne Hammond, leave all my cosmo stuff for the students and teachers of next year.
- I, Nathan Hayward, leave the things I did in shop and memories from my lunch table. I will also be leaving all the good times I had with friends and in shop.
- I, Philipe Henriques, leave my identity to my twin brother, Fernando Henriques. LOL!
- I, Jonathan Higgins, leave some stilts to Billy Mason.
- I, Janessa Hughes, leave Gloria for the Junior Nursing Class I'm going to miss hugging you. Also, all the Monday homeroom stories with the girlies.
- I, Fred Ingrando, leave my laziness.

- I, Brittney Ivey, leave my Nursing workbook to Mr. Casey to teach all of his next students.
- I, Maxx Jamgochian, leave the Hacker himself, Mr. Small. 2:30.
- I, Joanne Josselin, leave my backpack so Kim Branco won't have to go to her locker every class. To the future Nursing boys and girls, I leave Larry and hope to see him in the future; don't break 'im. Finally, my doodles on desks and singing in the hallway to everyone. XOXXO Don't miss me too much.
- I, Eric Koerber, leave all my late slips to Mr. Durney
- I, Brandi Lundblad, leave the voice I never used and the locker I never used to my little big sister, Jessica English, and shop with Mr. Sampson.
- I, Jimmy Lynch, leave anything fun including my personality for Mr. Cincotta. I also leave Mr. Brown the debt he owes me for the buffalo chicken he ate on me.
- I, Gerry MacDonald, leave my automotive skills to those who need it.
- I, Shawn MacMillan, leave a jar of peanut butter for Mr. Grinley.
- I, William Mason, leave my school work to Falco.
- I, Ryan McCormick, leave my Cory Mathew's style hair.
- I, Shawn McDonald, leave all the memories that I have achieved throughout my whole entire H.S. years with the crew.
- I, Patrick McKenna, leave a Saturn, my iPod, and Mr. Ritchie's shreddings.
- I, Tim McKenzie, leave a newspaper to sleep on. Ha Ha Ha... Ezra.
- I, Evan McLaughlin, leave shananagrams to everyone; a pair of sunglasses to Chris Ruocchio; a Saturn to Pat McKenna; a football trophy for Anthony Falco; a JD shirt for Mr. Manetta.
- I, Kevin Medina, leave my gas for Mr. Brown.
- I, Meagan Merrill, leave my memories from freshman and sophomore year, because those years were the best.
- I, Edwin Michel, leave my mind to Ms. Bocko.
- I, Ashli Murphy, leave all the fun laughs and memories in my shop with my class and my loud and craziness. Also, all my crazy sounds and voices with Tina Tringale. "It's that time" Tina and my daily quote.
- I, Thamyres Nascimento, leave Mrs. G's great sense of exaggeration.

- I, Ryan Newell, leave to Mike Rodes, his cousin Fallen and Emmo; to Kevin Dietrich, a hat; and to Ron DeCarlo, a razor.
- I, Louis Nocera, leave the things I learned in shop for the next generation of students that come through.
- I, Napoleon Papageorgiou, leave my JVC radio with the 15 wiring harnesses; sweats and white T; NAP 09; W12; NOT A PROBLEM.
- I, Disha Patel, leave the dirty desks, broken chairs, and the broken water fountain to my brother. My talent of dancing to my nursing teachers. Being treated as a daughter by Ms. Anna and Ms. Claire from the office.
- I, Jeremy Patterson, leave.
- I, Stephanie Picano, leave to Mr. Cincotta, new shoes and a new belt, also, better jokes. To Mr. Brown, a day to Chipotle. To Sam, a foot and a half of height.
- I, Jesse Prince, leave my 127 parking spot.
- I, Matt Quill, leave an eye washer for when Maxx got acid in his eyes.
- I, Patrick Reardon, leave all my late slips to Mr. Durney.
- I, Bryan Robson, leave a bottle of hydrogen peroxide for Anthony Falco and Pat McKenna; a wrist brace for Chris Ruocchio; a new transmission for Evan McLaughlin; a bus driver's license for Pat McKenna; golden gloves for Kevin Dietrich; and my appreciation to everyone who joined me at my mother's funeral.
- I, Michael Rodes, leave to HVAC, all new machines and equipment. Also leave Ryan Newell a girlfriend.
- I, Chris Ruocchio, leave electric tape for Bryan Robson; a BIG-EEEE for Ezra Davis; and a mmmmmm for Janessa Hughes and Bryanna Sullivan.
- I, Renee Ryan, leave my number for Mr. Manetta.
- I, Amanda Sassaman, leave a thank you to Mr. Durney for all the help. Tell Mr. Brown that I will fly by on my broom stick sometime.
- I, Dan Sheehan, leave Mike DiMattia's youTube video.
- I, Bryanna Sullivan, leave all the good times I had in the school to my sister, Brandie.
- I, Erin Sullivan, leave my pride to Mr. Ritchie and Mr. Cormio.
- I, Tina Tringale, leave the many times I have been tardy, the aggravation I have given to Mr. Mahoney and Mr. Durney, and all the craziness and loud noises I scream down the hallway with Ashli Murphy and Renee Ryan.
- I, Joey Trio, leave my love for Mr. Campbell.

Voke Memories

Junior year, singing "You're So Vain" by Carly Simon with Bryanna in shop...EVERYDAY!

- Gina Antonelli, Cosmetology

My whole junior year in construction with Mr. Aquino.

- Nick Ardizzoni, Construction

Mr. Thompson's class.

- Joe Arena, Construction

My first day in the shop with Tina.

- Amanda Biagioni, Culinary Arts

When everyone at lunch would bang on the tables and the teachers would get heated.

- Gary Biddiscombe, Automotive

All the parties we had in nursing, birthdays and holidays.

- Kimberly Branco, Health Care Professions

The day I started going out with Evan Hayes. I will never forget it, 9/12/06.

- Kelly Calhau, Graphic Arts

Meeting Kelly Calio: my best friend and most amazing person alive.

- Natalie Canney, Early Childhood Education





When Mr. Manetta entered our lives in HVAC.

- Jimmy DeFrancesco, HVAC

Sitting in Mr. Thompson's chair in History class Sophomore year; he flipped out! Also, Ezra Davis, my boy!

- Kevin Dietrich, HVAC

The Voke Pride Day when some friends and I played in the Wiffle Ball Tournament. Also after 3 years I finally went out with Jessica.

- Michael DiMattia, Graphic Arts



Freshman year, chasing Mr. Brown with a banana peel.

- Jacquelin Carstens, Health Care Professions

The water fight in my shop; the clean-up wasn't very fun, though. And finally after three years of friendship, Mike and I started going out.

- Jessica Coburn, Culinary Arts

Playing football in gym class.

- Jeremy Collazo, Construction

When I won the Voke Pride Basketball Tournament.

- Robert Connelly, Graphic Arts

When Ron DeCarlo had to do 20 push-ups and instead did girl push-ups.

- Brian Cotter, HVAC

Kevin Dietrich.

- Ezra Davis, Auto Body

Fighting with Tim McKenzie everyday in shop.

- Ron DeCarlo, Carpentry





Going to the Museum of Science with Ms. Bocko; being in Cincotta's Math class - so much fun; and having Mr. Brown as a teacher - you're the best!

- Megan Doran, Health Care Professions

Pulling missions.

- Michael Doto, HVAC

My friends and having fun during lunch. Also during shop when I have my own group of kids and made awesome projects for them.

- Melissa Dutra, Early Childhood Education

Becoming captain of the Medford High Football team and the day Mr. D left.

- Anthony Falco, HVAC

Sophomore year when the nursing girls had Mr. Walker as a teacher and we used to go to the athletic training room and play hide and seek in the girls locker room.

- Samantha Farinato, Early Childhood Education

Chilling with Moe and Curly.

- John Anthony Ferola, Electrical





iRemember

When Chris Ruocchio fell from the basketball hoop after jumping off of Pat McKenna's back trying to dunk.

- Jonathan Higgins, Construction

When me and Bryanna got kicked out of Nursing for playing hangman; freshman year tying Louis up to a chair; throwing paper balls at Maxx in Science; and getting caught for going to BK.

- Janessa Hughes, Health Care Professions

The end of the school day.

- Frederick Ingrando, Graphic Arts

Tying Megan Doran up to the bed and performing "medical procedures" on her. Cheyenne and I "Under Pressure". All the good and bad times with the Senior Nursing Girls. I will miss you all!

- Brittney Ivey, Health Care Professions

When we have screw battles in shop.

- Maxx Jamgochian, HVAC



Going to the museum with the Nursing class to see the Body Worlds Exhibit; being in Ms. Tynes' class; tying Megan Doran up to the beds in Nursing and using her as a patient.

- Erin Fitzgibbon, Health Care Professions

When Ezra broke the wooden chair, while he was asleep.

- Kristoffer Flanagan, Culinary Arts

Mr. Thompson.

- David Fondacaro, Electrical

Freshman year when Mr. Thompson was here. I was walking down to his class and I was nervous; he hid behind a wall and jumped out at me. Also, Brittney and I, "Under Pressure" song.

- Cheyenne Hammond, Cosmetology

Sitting at lunch with my table of friends, Christina, Shaina, Hayley, Samantha, and me. Also, the Christmas parties in shop.

- Nathan Hayward, Graphic Arts

All the Christmas parties I had at the carpentry shop because of all the food.

- Philipe Henriques, Carpentry

Freshman year when Janessa and I tied Louis N. to a chair in English; throwing paper balls at Maxx J. in Science; and all the laughs in Bocko's class.

- Joanne Josselin, Health Care Professions

Gym class was one of my favorite memories.

- Eric Koerber, Cosmetology

The time my phone went off in Mr. Thompson's class sophomore year and he asked if I was going to answer it.

- Brandi Lundblad, Graphic Arts





When Pat Reardon fell in the IMAX Parking lot.

- Jimmy Lynch, Construction

When Louie fell down the up escalator at Wellington Station.

- Gerry MacDonald, Automotive

Trying to sneak the TV into the shop changing room.

- Shawn MacMillan, Carpentry

Getting Mike Rodes a date at the movies.

- William Mason, Construction









Friends.

- Patrick McKenna, Electrical

Pulling out the sweats and the White T to get ready for summer in January. Nap 09.

- Tim McKenzie, Carpentry

All the fun times in Ms. Bocko's class.

- Evan McLaughlin, HVAC

When during shop week, junior year, we hooked up an iPod to Mr. Small's computer speakers and then Jimmy D., Aggy, Jamma, Paul B., and I started dancing and as we were dancing a student's mom walked in on us and started laughing at us.

- Kevin Medina, HVAC

All of sophomore year.

- Meagan Merrill, Early Childhood Education

Ms. Bocko's class, the jokes and the millions of bouncy balls all over the class. Also when Bryanna and I cut Brian Cotter's hair in class.

- Ashli Murphy, Construction



When Mr. Genova retired as a history teacher.
- Ryan McCormick, Auto Body

When me and Greg Hussey brought in our rollerblades and skated throughout the whole entire high school and voke. Our blades were confiscated but it was sick overall.

- Shawn McDonald, Construction

SENIORS

The honor to have Ms. Ware 3 years in a row; a great influence in my life.

- Thamyres Nascimento, Cosmetology

The day Kevin Dietrich sat in Thompson's chair. Also, when Kevin Dietrich got in a fight.

- Ryan Newell, HVAC

Coming to school everyday, seeing everyone that I care about, and knowing that I'm home.

- Louis Nocera, Automotive

Getting ready for summer in January with the sweat pants and white T, Christmas, Thanksgiving.

- Napoleon Papageorgiou, Automotive



Being in Mr. Turcotte's math class, listening to his long lasting health speeches, and annoying him the whole entire class on the days we weren't up to learning.

- Disha Patel, Health Care Professions

Ms. Bocko's class.

- Jeremy Patterson, Carpentry

Singing the Wiggles down the hallway.

- Stephanie Picano, Early Childhood Education

When Mr. Brown caught Anthony Ferola cheating on the final when me and him went on make-up day.

- Jesse Prince, Electrical

When Lou rolled down the stairs freshman year.

- Matthew Quill, HVAC

Mr. Andrews class sophomore year and too many times to list.

- Patrick Reardon, Construction



Meeting my boyfriend in February '08.
- Amanda Sassaman, Early Childhood Education

When I did work in the urinal.

- Dan Sheehan, Graphic Arts

When I ate Ms. Madigan's banana; playing hangman in nursing; and when I cut Brian Cotter's hair.

- Bryanna Sullivan, Cosmetology













All the fun times in shop with Mr. Ritchie's electrical tape.

- Bryan Robson, Electrical

When I moved back from Florida junior year and saw everyone that I knew. And all the hack sessions we had freshman and sophomore year at lunch.

- Michael Rodes, HVAC

When I dunked in gym class and fell from the rim onto my side and knocked the wind out of myself, and everyone laughed. Also when Nappy threw gum in Louie's hair in 9th grade and had to cut it out with scissors.

- Chris Ruocchio, Electrical

Food/water/soap fights sophomore year in Culinary.

- Renee Ryan, Culinary Arts



Playing blackjack with Ruch and Brian during shop break. "17+3 is what? I'm so confused I forgot how to count!!!" Nice shuffling Ruch!

- Erin Sullivan, Electrical

Graduating!!! Ms. Bocko's class. Getting into fights, the laughs and the cries, my friends, and food fights in shop.

- Tina Tringale, Culinary Arts

When we were having a light bulb battle in shop and Mr. Ritchie took the ladder away from Jeremy and he was stuck on top of the booth.

- Joey Trio, Electrical

Arrive with a dream...leave with a future!





From the Gay Straight Alliance to the National Honor Society, Medford High boasts numerous clubs and organizations run by the students themselves. This year, the Student Council hosted our successful Homecoming Dance, while the National Honor Society tutored in the library and ran the first Chance Dance Auction. The Key Club carolled during the holiday season, while the Band pepped up the crowd during football games. This year two new clubs were added to the list of various clubs: The Italian Club and the Discussion and Politics Club. MHS Students became involved, made new friends, and rose to become leaders.













National Honor Orchestra Club

Society French Discussion

Key Club Council Politics Art

Team Science Team

Mustangs Science Mock Trial Club

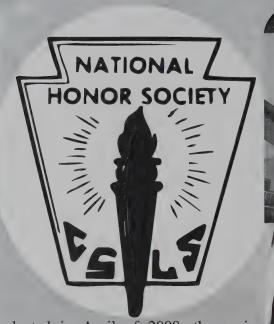
Roots & Shoots Hispanic Club









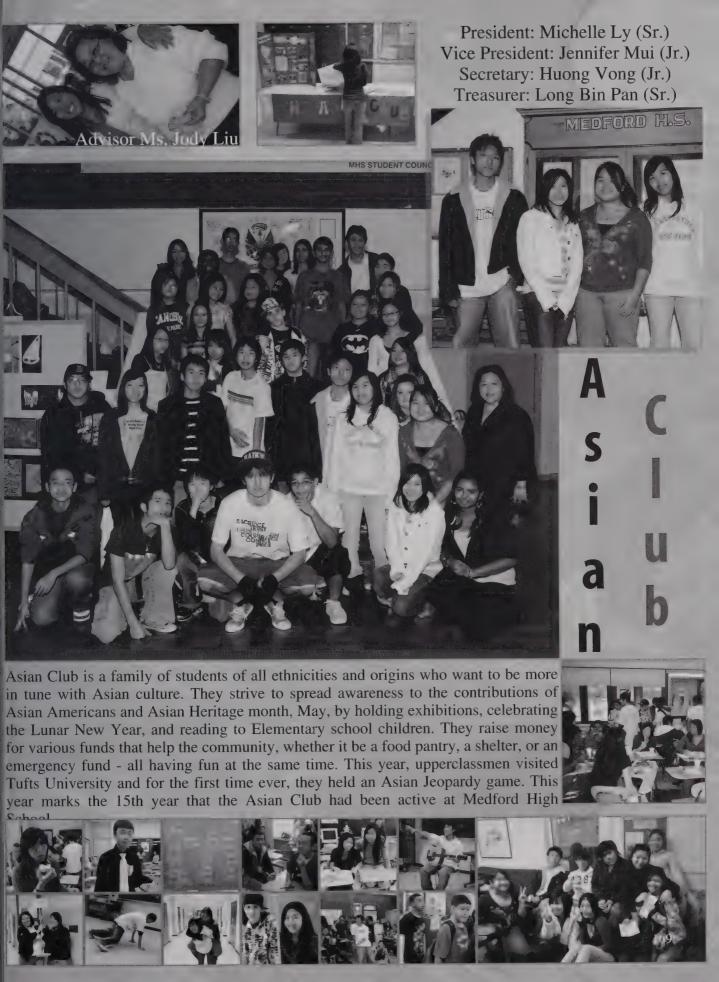


Inducted in April of 2008, the senior members of the National Honor Society have been working hard all year long. From tutoring everyday in the library and



online to planning events for charitable goals, they are always on the go. This year, the N.H.S. organized activities for the incoming freshmen at the orientation. They commenced the first *Chance Dance* at Homecoming, in which a special dance with different senior boys was raffled off to raise money for a good cause. The rewarding "Senior" Prom allowed members to socialize with the residents of a nearby nursing home. The legacy of scholarship, leadership, service, and character were passed on at the 2009 induction.





i Create

Advisor: Mr. David Ambrose













Brenna Callahan & Susan Trinh













Videographers: Matthew Diamond-Jones & Matthew Cipollone



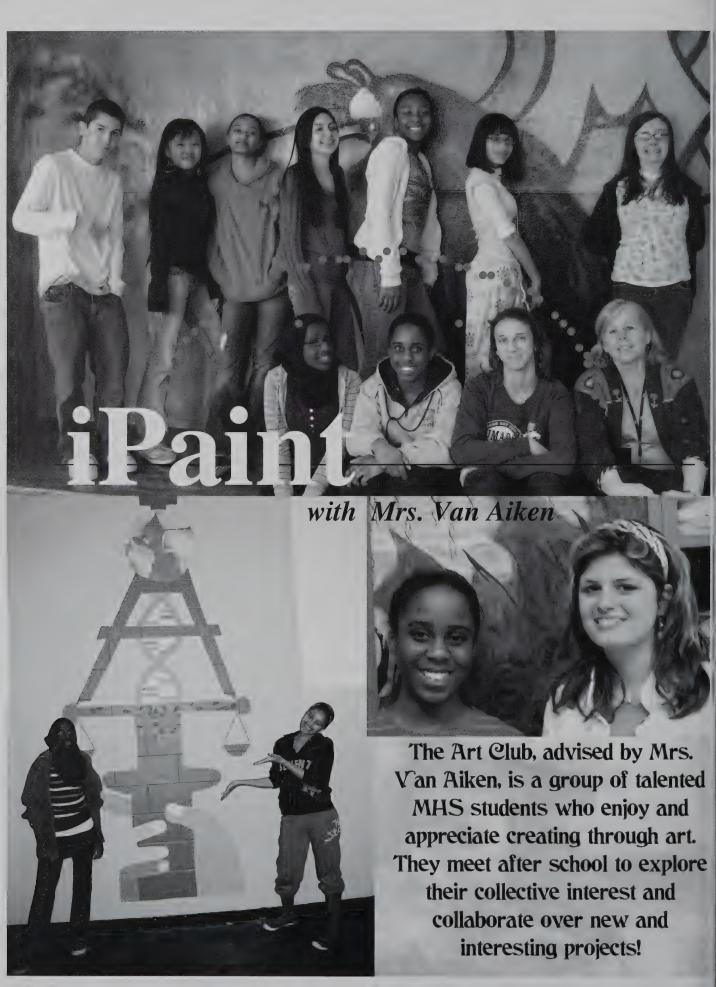
Advisor: Mr. Blauch

The GSA is an energetic group of kids whose goals are to cultivate understanding about GLBT issues and to create a school-wide safe space for people of all kinds of sexuality. They host the Coffee House performance nights, the Day of Silence and Dialogue to spread awareness, the annual Night of Noise rock concert, and various other assemblies and events.



Student Council is an extracurricular club committed to bettering both Medford High School and the communities in and around the Greater Boston Area. It is a strong believer in having fun and changing the status quo simultaneously. StuCo. has raised funds for many charity foundations such as the Jimmy Fund, Project Bread, and Autism Services Association - collectively raising over \$2000 within the past two years. The club annually hosts fun activities at the high school, specifically the highly-anticipated Ultimate Frisbee Fiesta. However, the club's most notable accomplishment thus far has been the outcome of this year's

Homecoming Dance, which sold over four hundred tickets.





Roots & Shoots

The Roots & Shoots club advised by Ms. Carmosino, was established to help promote and knowledge about the environment and how to better take care of it. They had several fundraisers, and are working to create a better, cleaner environment for everyone!

Math Team

The math team meets twice a month to take tests for competitions or discuss problem-solving strategles and concepts, This year, they were advised by math teacher, Miss, Escovitz, Anyone who is interested in math and enjoys problems can joini

Berore

they come



Asian Club

The students in the Asian Club share Asian culture with the Medford High students and faculty. It is a club for both Asian and non-Asian students advised by Ms. Liu to discuss issues and provide opportunities to interact with the ommunity.









Hispanic Culture

Club

The Hispanic Culture club is an organization advised by Ms. Lepore that focuses on promoting awareness, appreciation, and a wonderful knowledge of the Hispanic Culture. This club invites all students to come check them out!

Goy Stroight Alliance

kids whose goals are to cultivate an understanding about GLBT issues and to engender tolerance for people of all kinds of sexuality. The GSA has organized popular events such as the "Night of Noise" "and the Coffee House Nights







iGetInvolve



The Mustang News is Medford High's own hardworking school newspaper run by MHS students and advisor Mr. Heinegg. Through the school newspaper students are able to develop writing skills in journalism and spread both school and news events though the media. The Mustang News is an excellent example of school pride and teamwork because if students never bothered to write any articles then there would be no paper. However, our newspaper has improved over the years especially this year -

Student Council

The student council is a source of communication between the student body and the Medford High administration. The Student Council provides our student body with many such activities as the Homecoming Dance, Spirit Week, and Slush Day.

Key Club

Key Club is a nationally recognized organization where students find ways to help their community. The Medford High School Key Club organizes various events for the community throughout the school year including holiday caroling in December and the March blood drive







ilnspire

African Culture Club..

is a student centered organization that seeks to support students of color at MHS through academic, social, and cultural activities. With the assistance of their club advisor and the staff at MHS they have served as a forum to address issues that are particular to their club and it's goals.



Jazz Band..

Meets once a week as an extracurricular activity club where students can study, analyze, and interpret various styles of jazz music. They perform one to two jazz concerts per year. The focus of the band is for musicians to practice their musical talents and skills.

Science Team..

is a member of the North Shore Science League, which consists of twenty-seven schools. The league meets once a month. Each meet consists of three events from all fields of science, such as biology, chemistry, physics, and engineering. Students compete in either lab-based events, station work, or testing designs and building models.

Mock Trial..

team participates in the annual statewide high school mock trial program sponsored by the Massachusetts Bar Association. The team tries a different civil case each year with legal advice from the club advisor, Mr. McMahon.



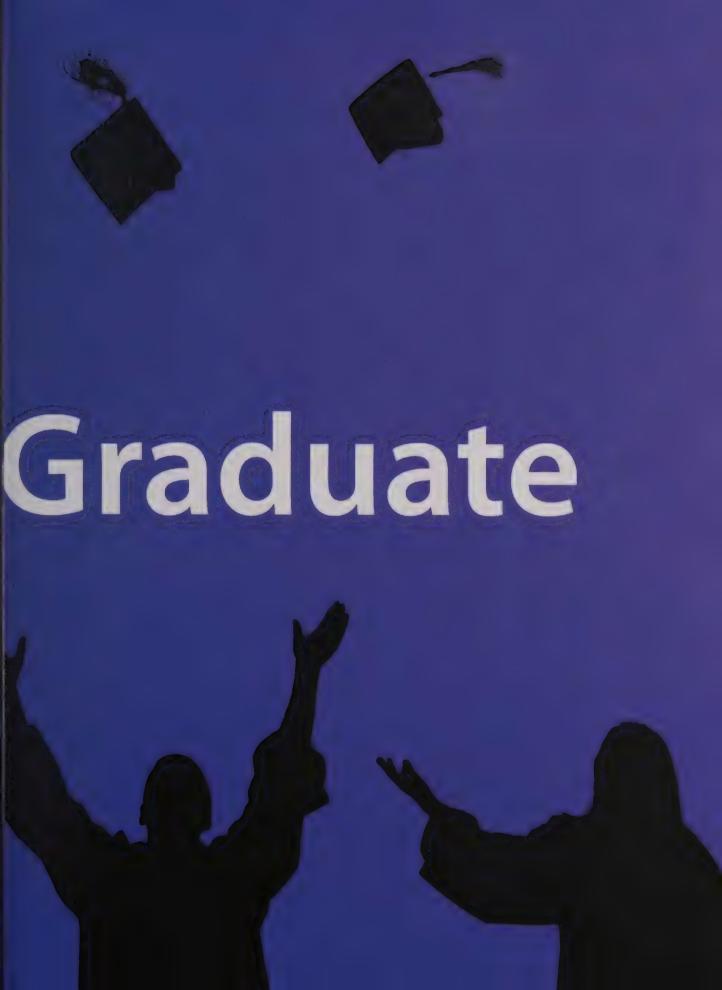
iParticipate



Class of 2009

Autographs





Ladies and gentlemen of the Class of '09:

"Wear sunscreen.

If I could offer you only one tip for the future, sunscreen would be it. The long-term benefits of sunscreen have been proved by scientists, whereas the rest of my advice has no basis more reliable than my own meandering experience. I will dispense this advice now.

Enjoy the power and beauty of your youth. Oh, never mind. You will not understand the power and beauty of your youth until they've faded. But trust me, in 20 years, you'll look back at photos of yourself and recall in a way you can't grasp now how much possibility lay before you and how fabulous you really looked. You are not as fat as you imagine.

Don't worry about the future. Or worry, but know that worrying is as effective as trying to solve an algebra equation by chewing bubble gum. The real troubles in your life are apt to be things that never crossed your worried mind, the kind that blindside you at 4 pm on some idle Tuesday.

Do one thing every day that scares you. Sing. Don't be reckless with other people's hearts. Don't put up with people who are reckless with yours. Floss.

Don't waste your time on jealousy. Sometimes you're ahead, sometimes you're behind. The race is long and, in the end, it's only with yourself. Remember compliments you receive. Forget the insults. If you succeed in doing this, tell me how. Keep your old love letters. Throw away your old bank statements. Stretch.

Don't feel guilty if you don't know what you want to do with your life. The most interesting people I know didn't know at 22 what they wanted to do with their lives. Some of the most interesting 40-year-olds I know still don't.

Get plenty of calcium. Be kind to your knees. You'll miss them when they're gone.

Maybe you'll marry, maybe you won't. Maybe you'll have children, maybe you won't. Maybe you'll divorce at 40, maybe you'll dance the funky chicken on your 75th wedding anniversary. Whatever you do, don't congratulate yourself too much, or berate yourself either. Your choices are half chance. So are everybody else's.

Enjoy your body. Use it every way you can. Don't be afraid of it or of what other people think of it. It's the greatest instrument you'll ever own.

Dance, even if you have nowhere to do it but your living room. Read the directions, even if you don't follow them. Do not read beauty magazines. They will only make you feel ugly.

Get to know your parents. You never know when they'll be gone for good. Be nice to your siblings. They're your best link to your past and the people most likely to stick with you in the future.

Understand that friends come and go, but with a precious few you should hold on. Work hard to bridge the gaps in geography and lifestyle, because the older you get, the more you need the people who knew you when you were young. Live in New York City once, but leave before it makes you soft. Travel.

Accept certain inalienable truths: Prices will rise. Politicians will philander. You, too, will get old. And when you do, you'll fantasize that when you were young, prices were reasonable, politicians were noble, and children respected their elders.

Respect your elders.

Don't expect anyone else to support you. Maybe you have a trust fund. Maybe you'll have a wealthy spouse. But you never know when either one might run out. Don't mess too much with your hair or by the time you're 40 it will look 85.

Be careful whose advice you buy, but be patient with those who supply it. Advice is a form of nostalgia. Dispensing it is a way of fishing the past from the disposal, wiping it off, painting over the ugly parts and recycling it for more than it's worth.

But trust me on the sunscreen.

- Mary Schimch, Chicago Tribune

Richie LeBert



Richie,
We are so very proud of
you and all you have
accomplished. We've
enjoyed watching you
mature into a fine
student and athlete.
Love, Mom & Dad
(SWD) Always

Cassandra Giarle

Cassandra, you melted my heart from the first moment and continue to be my sunshine. I am so proud of you and can only imagine what is yet to come. Excitement and expectations are only the beginning to a whole new world you will be involved in. I will always be at your side and look forward to journeying with you through your new adventures of life.

Love from all, Mom



Medford Auto School



(781) 396-7804

MEDFORD AUTO SCHOOL, INC.

28 MAIN STREET MEDFORD, MA 02155

Licensed by DRIVER EDUCATION REGISTRY OF MOTOR VEHICLES

Piro Cani

Congratulations
Piro, on all your
accomplishments in
high school! We
wish you the best of
luck in years to
come. Love, Mom &
Dad



Congratulations to the Class of 2009! We are so proud of your achievement and wish you happiness and success in the future.

- The Humanities Department

Deanna Musto



Congratulations
Deanna, Best
wishes for the
future! Love,
Mom, Dad, and
Steve

Brenna Callahan

Bren, We are so proud of everything you have achieved over the years. You have a lot to offer this world and we are exciting to watch you grow! Love, Dad, Mom, Ki, Kathleen, and Grace



Stephen Servideo



Stephen,
Congratulations on all
of your achievements.
We are so proud of the
young man you have
become!
Love,
Mom, Dad, Gina, and
Deanna

Good Luck Seniors!



Congratulations to the Medford Mustang Golf team and Girls' Cross Country team on your 2008 Greater Boston League Championship wins! Brian G. Callahan & Associates Attorneys at Law



We Love Yearbook!



Best Wishes to the Class of '09!

Judy Sousa Realtor ABA, ASP Century 21 Commonwealth 39 Church St., Winchester MA 781-956-6945





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Luigi DiSisto

Luigi, my son,

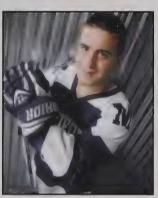
You have made me so proud. When I look at you, my heart soars to the clouds. What a young man you've grown to be -handsome, smart, loving and full of integrity. Take these qualities that you possess; go into the world and do your best.

Just remember wherever you roam; in my heart will always be your home.

Congratulations - you did it! I always knew you would!

All my love, Ma XOXO





Justine Defeo



You were always a star! We are so proud of you and know you will go far.

Love, Dad, Mum, Matthew, and Andrew

Brett Cavallaro

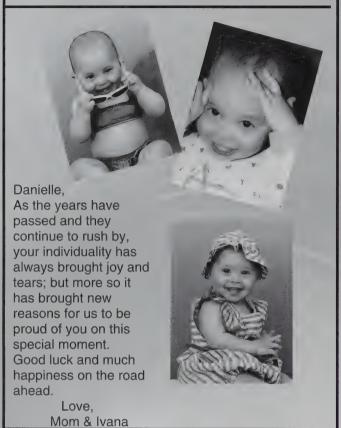




Your graduation from Medford High School will be the end of one chapter, but will be the beginning of the rest of your story! We are so lucky to have so many memories of you working hard and having fun playing the sports you love, and we know you will be successful as you move on. We love you and couldn't be prouder of the young man that you have become, and all that you have accomplished in and out of school.

Love, Dad, Ma, Paul, & Deanna ₁₈₅

Danielle Garcia



Kayla Johnson

Kayla,

Congratulations- You made it! We are very proud of you and your accomplishments. Believe in yourself as we do. The world is waiting for you. You deserve nothing but the BEST.

Love,

Love, Mom, Dad, and Bandit too!





Megan Martignetti

Megan,

We are so proud and honored to have you as our daughter. You make us laugh everyday. Follow your dreams. Keep believing in yourself. The future is all yours.

We Love You,
Mom, Dad, Ashley, Grant & Coco

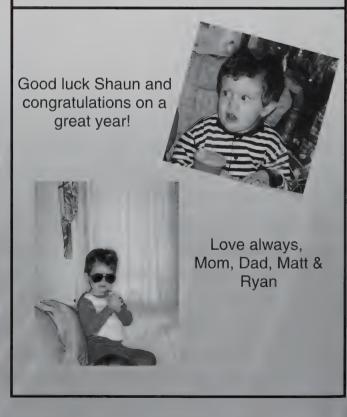


Chris Ruocchio

Where have the years gone? We are so proud of you. Make your dreams happen. We love you very much.
Congratulations!
Love,
Dad, Mom, Steve,
Kevin, and KIPPA



Shaun McConnell



Jessica Bingham

Jess, Congratulations!!! We love you!!

Mom, Dad, Ali & Jason Varitek

P.S. Go Red Sox!!



Michael Boyer



We are so proud of you and all that you have accomplished. We wish you all the best that life has to offer. We love you.

Love,
Mom, Dad, and Cara.

Audra Budny



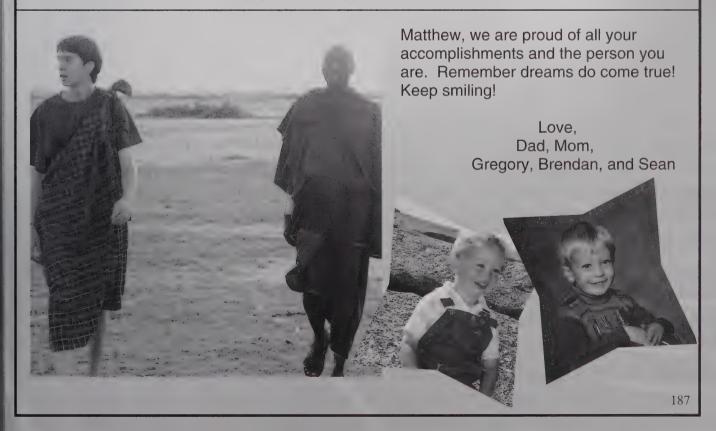
Audra,
Congratulations on
your graduation. We
are so proud of you.
Never stop smiling!
Love,
Mom, Dad,
and Chris XOXO

Marissa Mulcahy

Marissa, you can
do whatever you
want in this life.
Just believe in
yourself; we do.
Congratulations.
Love,
Mom, Dad,
CJ, and Matt



Matthew Connor



You've worked so hard and accomplished many

things!

Congratulations!

We wish you an

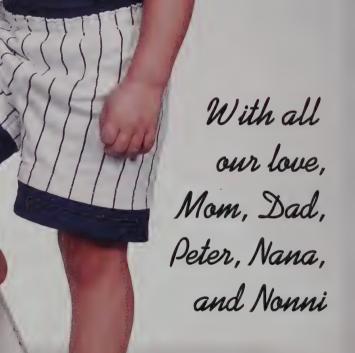
abundance of

happiness and

success in the

future!

Josef Danilchuk













When We Were Young...



















Olivia Amato



Olivia,
It feels like only yesterday when you embarked on this journey. You have made us proud every step of the way. Remember we are always right beside you as you move onto this next phase in life. You can achieve whatever you put your mind to. Reach for the stars.

Love, Mom, Dad, Michael and Zachary

Anna Guigli



Congratulations, Anna. We're so proud of you. And the best is still to come.

Love you, Dad, Mom, and Sam

Christopher Vaudo



You have always made us very proud of your accomplishments and are destined for great things ahead. You are still "so sweet." We love you,

Mom & Dad XOXO

John Sousa



Success is not measured by what one brings, but rather but by what one leaves. I am so proud of your time at Medford High School and eagerly await the journey of the rest of your life.

Love, Mom!

Damien Savoia

Congratulations Damien, you finally made it. I hope you get everything you want out of life and success in all that you do! Dream Big.

Love you forever,

xo Mom & Dad



Kristi Lanzilli



Congratulations Kristi, we are so proud of you. You are a beautiful person with so much to offer the world.

We love you, Mom & Dad

Courtney Galvin



We are so proud of you.
Treasure your high school
memories. The future
awaits you. Go forward
and enjoy every moment.
Love always, Dad, Mom,
Kerri, Chris, DJ
XOXO



Diandra Spagnuolo



It seems like yesterday you were graduating from preschool, now you're graduating high school. You have blossomed into a beautiful young lady who we are so very proud of. Hard work and perseverance will lead you into a bright future. Believe in yourself and you will succeed. We love you! Mom, Richard & Dario

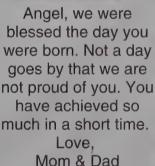
Andromahi Giakoumis



We are proud of you and keep up the good work! We love you, Dad, Mom, Peter, Mike, and Kayann

Angelina Donovan



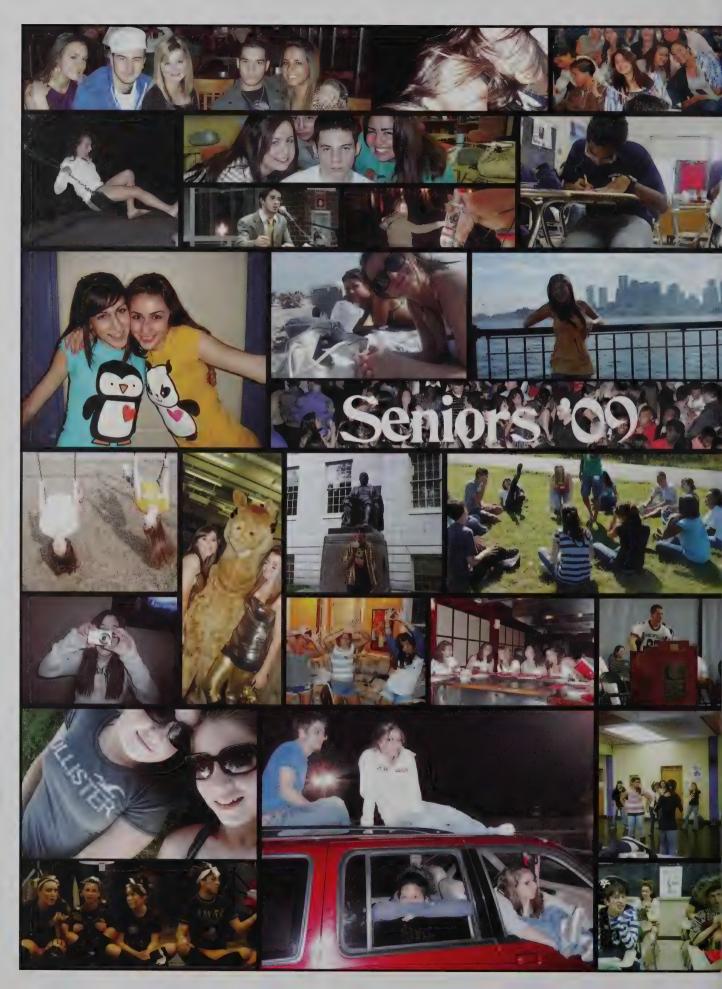




Katherine & Christopher Picarde



Christoper and Katherine,
Best wishes to you both as you
graduate high school. The little
man and the princess.. where
did the time go? From
handcuffing the babysitter to
bringing us breakfast in bed,
you have brought so much
love, joy, laughter, and
happiness into our family since
the day you were born. We are
very proud of you. Love, Mom,
Dad, Nick & Lauren



Administration



Roy E. Belson Superintendent



Dr. Paul Krueger Headmaster



Stephen Mascol Junior Submaster



Daniel Ross Freshman Submaster



Rosemary Trainor Senior Submaster



Ann Farina Headmaster's Secretary



Kathy Johnson Senior Secretary



Jane King Junior Secretary



Freshman Secretary



Sophomore Secretary



Lisa Bowler Martha Robinson Jeanette Murphy Administrative Assistant



Angela Navetta Humanities Secretary



Kathy Santini Main Office Secretary



Linda Houston Main Office Secretary



Diane Caldwell Academic Support Administrator

Guidance Department



Frank Howard Director of School Counselina



Maria Ceddia College Counselor



David Skutul Senior Counselor



Wendy Horne Junior Counselor



Amelia Westmark Sophomore Counselor



Barbara Davis Freshman Counselor



Judy Sousa Secretary



Jane Fuhring Peer Mediation



Rhonda Musikar Adjustment Counselor



Margie Martignetti Secretary



Paliwoda Adjustment



Kristin Sinclair Adjustment Counselor

Media and Technology



Richard Trotta



Marisa Arena Teacher



William Bilkic Library



Virginia Borkowski



Jack Dempsey AV



Molly Laden Teacher Learning Center



Lisa Porter AV



Elizabeth Tousignant Library Specialist

Science Department



Patricia Brandl Teacher



Amy Byron Teacher



Audrey Carmosino Ivy Carnabucci Teacher Teacher



Rocco Cieri Teacher



Joseph Contrada Teacher



Pamela Cremens-Ahern Teacher



Jodie Driscoll Teacher



Catherine Haberkorn Teacher



John Lazzaro Teacher



Jennifer McGue Teacher



Michael Wadness Jonathan Wilson Teacher



Teacher

Social Studies Department



Matthew Brophy Teacher



Kevin Cullen Teacher



Elisabetta Daneu Teacher



Nancy Donlon Teacher



Jay Griffin Teacher



Nicholas Kain Teacher



John McAdam Teacher



James McMahon Teacher



Andrew Milne Teacher



Taryn Ross Teacher



Jonathon Streff Teacher



Nicholas Tucci Teacher

Foreign Language Department



Rita DiCarlo Director 194



Saioa Diez Teacher



Elizabeth Gomez Teacher



Heidi Jaubert Teacher



Nelida Munoz-Lepore Teacher



Felisabeth Fanzese Teacher



Michael Skorker Teacher

English Department



Bernadette Ricciardelli **Humanities Director**



David Ambrose Teacher



Rosemary Beagan Teacher



David Blauch Teacher



Douglass Bowen-Flynn Teacher



Eric Esner Teacher



Max Heinegg Teacher



Barry Lewis Teacher



Jody Liu Teacher



Shawn Morris Teacher



Sarah Terranova Teacher



Alison Wahn Teacher

Math Department



Maureen Chapman-Fahey Director



Ariel Bender Teacher



Barbara Chyen Teacher



Shereen Escovitz Teacher



Anne Gridneva Teacher



Jessica Hamerly Teacher



Carolyn Joy Teacher



Alexandria Lucuk Miriam Marotta Teacher



Teacher



Regina Needham Jennifer Rigano Teacher



Teacher



Mark Smith Teacher



Megan Smith Teacher



Jennifer Wilson Teacher

Multi-Cultural Department



Diane Guarino **ELL** Coordinator



Ami

Melissa Boardman Monteiro Teacher Teacher



Susan McDaniel Teacher



Gia Nguyen Teacher



Lisa Beaulieu Teacher



Gislhaine Bonbon Secretary

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Physical Education Department



Robert Maloney Athletic Director



Matt Galusi Teacher



Jessica Moody Teacher



Rachel Perry Teacher



David Richard Teacher



Tom Ryser Teacher

Special Education Department

Fine Arts Department



Michele Boll Art Teacher



Candace Van Aken Art Teacher



John Feitor Music Teacher



Nicholas Proszkow Music Teacher



Anthony Szykniej Music Teacher



Andrew Wray Music Teacher

Health Services Department



Mary Buccheri Virginia Buitkus Teacher



MEEP



Nancy DeCristofaro Teacher



Teacher



Director



Michelle Eckert Eileen DiBattista Lisa Skiffington Jean Vernazza Mary Wells





Lisa lanelli Teacher



Michael Lambros Teacher



Patricia Mahoney Teacher



Barbara Parsons Teacher



Sheila Pyrcz MEEP



Cafeteria Staff

Security

Building & Grounds



Bill Mazaka Security Head



William Fargo Police Officer



Frederick Tower



Paul Cottam



Bryan Hamlin



Permanent Substitutes

Ganeswary Panchalingham



Joyce The Voice









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Vocational School



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Charles A. Durney Asst. Director

Doreen McNeill Sp. Ed. ETL

Jill Sawyer Guidance Counselor

Alice Beth Tierney Career Counselor

Claire Citrano Secretary

Anna Glencross Secretary



Joseph Kinch Auto Body

Peter Missick Auto Body

Robert Dell'ova Automotive

Charles Jannone Automotive

Joseph Grinley

Cabinetry/Carpenty

Terry Camara Construction

Janice DePace Cosmetology

Sandra Gianino Cosmetology



Robert Drobneck **Culinary Arts**

Dennis Moriarty Culinary Arts



Michele Farquharson Early Childhood



Kristin Ross Early Childhood



Thomas Ritchie Electrical



Rich Cormio Electrical



James Sampson Graphic Arts



Angelo LiCausi Graphic Arts



William Casev Health Assisting



Linda Trowfimo Health Assisting



John Manetta HVAC/Metal Fab



Robert Small **HVAC/Metal Fab**



Jon Brown English



Rebekah Kerr English



Scott Volmer History



Kathleen Ware-O'Donoghue History



James Campell Math



Math



Michael Cincotta Pamela Ahern-Poole Math



Marcelle Bocko Science



Melissa Holland Science



Anthony Faradie Special Education



Holly Farnum-Casaubon Special Education



Kelly Madigan Special Education



Karley Perrin Special Education



Stephanie (Conserva) Teleen Special Education



Ray Dyer Health/Phys. Ed



Janet Connors Security



Shervl Miller Sp. Ed. Aide



Danielle DiFraia Perm. Sub.

Autographs







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