



# COMMUNITY DAY CHARTER SCHOOL

**Breakfast Meal Pattern Requirements**  
 Milk: 8 oz.  
 Fruit or Veg: 1c/8oz.  
 Grain: 2oz.

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**Lunch Meal Pattern Requirements**  
 Milk: 8 oz.  
 Fruit: 1c/8oz  
 Veg: 1c/8oz.  
 Grain: 2oz.  
 Protein: 2oz.

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Allergy meals will not contain whole eggs, dairy, and items listed below.

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Food products do not contain Peanuts, Tree Nuts, Fish, and Shellfish.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<h1>NOVEMBER 2024</h1>				<b>NOVEMBER 1</b>
				<b>Breakfast:</b> Cereal, 100% Fruit Juice, Milk <b>Lunch:</b> Pizza, Green Beans, Pineapple (or substitute), Milk <b>Snack:</b> Fresh Pear, Milk
<b>NOVEMBER 4</b>	<b>NOVEMBER 5</b>	<b>NOVEMBER 6</b>	<b>NOVEMBER 7</b>	<b>NOVEMBER 8</b>
<b>Breakfast:</b> Cereal, 100% Fruit Juice, Milk <b>Lunch:</b> Chicken Nuggets, Mixed Mediterranean Veg, WW Dinner Roll, Peaches, Milk <b>Snack:</b> Banana, Milk	<b>Breakfast:</b> Corn Muffins, Apple Slices, Milk <b>Lunch:</b> Baked Mac & Cheese, Broccoli, Carrots, Pears, Milk <b>Snack:</b> Cheese Sticks, 100% Juice	<b>Breakfast:</b> Cereal, 100% Fruit Juice, Milk <b>Lunch:</b> Cheeseburgers, WW Bun, Crinkle Fries, Mandarin Oranges, Milk <b>Snack:</b> Fresh Pear, Milk	<b>Breakfast:</b> Pancakes, Oranges, Milk <b>Lunch:</b> Fajitas, WG Rice, Pinto Beans, Lettuce, Tomato, Cheese, Applesauce, Milk <b>Snack:</b> Yogurt, 100% Juice	<b>Breakfast:</b> Cereal, 100% Fruit Juice, Milk <b>Lunch:</b> Pizza, Green Beans, Pineapple (or substitute), Milk <b>Snack:</b> Banana, Milk
<b>NOVEMBER 11</b>	<b>NOVEMBER 12</b>	<b>NOVEMBER 13</b>	<b>NOVEMBER 14</b>	<b>NOVEMBER 15</b>
<h2>HOLIDAY</h2>	<b>Breakfast:</b> Cereal, 100% Fruit Juice, Milk <b>Lunch:</b> American Chop Suey, Broccoli, Pears, Milk <b>Snack:</b> Applesauce, Milk	<b>Breakfast:</b> Cereal, 100% Fruit Juice, Milk <b>Lunch:</b> Turkey & Cheese Sandwich on WW bun, Corn & BB Salad, Mandarins, Milk <b>Snack:</b> Green Apples, Milk	<b>Breakfast:</b> Banana Bread, Oranges, Milk <b>Lunch:</b> Burrito, WG Rice, Pinto Beans, Lettuce, Tomato, Cheese, Applesauce, Milk <b>Snack:</b> Cheese Sticks, 100% Juice	<b>Breakfast:</b> Cereal, 100% Fruit Juice, Milk <b>Lunch:</b> Pizza, Green Beans, Pineapple (or substitute), Milk <b>Snack:</b> Fresh Pear, Milk
<b>NOVEMBER 18</b>	<b>NOVEMBER 19</b>	<b>NOVEMBER 20</b>	<b>NOVEMBER 21</b>	<b>NOVEMBER 22</b>
<b>Breakfast:</b> Cereal, 100% Fruit Juice, Milk <b>Lunch:</b> Chicken Patty Sandwich on a WW bun, Carrots, Peaches, Milk <b>Snack:</b> Whole Mandarin Orange, Milk	<b>Breakfast:</b> Muffin Tops, Apple Slices, Milk <b>Lunch:</b> Baked Ziti w/Chicken and Mozz Cheese, Broccoli, Pears, Milk <b>Snack:</b> Yogurt, 100% Juice	<b>Breakfast:</b> Cereal, 100% Fruit Juice, Milk <b>Lunch:</b> Sliced Ham & Cheese Sandwich on WW bread, Salad, Mandarin Oranges, Milk <b>Snack:</b> Fresh Pear, Milk	<b>Breakfast:</b> Banana Bread, Oranges, Milk <b>Lunch:</b> Arroz con Verduras, Habichuela Guisada y Pollo, Applesauce, Milk <b>Snack:</b> Animal Crackers, 100% Juice	<b>Breakfast:</b> Cereal, 100% Fruit Juice, Milk <b>Lunch:</b> Pizza, Green Beans, Pineapple (or substitute), Milk <b>Snack:</b> Banana, Milk
<b>NOVEMBER 25</b>	<b>NOVEMBER 26</b>	<b>NOVEMBER 27</b>	<b>NOVEMBER 28</b>	<b>NOVEMBER 29</b>
<b>Breakfast:</b> Cereal, 100% Fruit Juice, Milk <b>Lunch:</b> BBQ Chicken Drummies, Mixed Mediterranean Veg, WW Dinner Roll, Peaches, Milk <b>Snack:</b> Green Apples, Milk	<b>Breakfast:</b> Pancakes, Apple Slices, Milk <b>Lunch:</b> Baked Mac & Cheese, Broccoli, Carrots, Pears, Milk <b>Snack:</b> Graham Crackers, 100% Juice	<b>Breakfast:</b> Cereal, 100% Fruit Juice, Milk <b>Lunch:</b> Chicken Fingers, Mixed Mediterranean Veg, WW Dinner Roll, Mandarin Oranges, Milk <b>Snack:</b> Applesauce, Milk	<h2>HOLIDAY</h2>	