

Period 1	7:45 – 8:35
Period 2	8:40 - 9:30
Break	9:30 - 9:40
Period 3	9:45 - 10:35
Period 4	10:40 - 11:30
Lunch	11:30 - 12:00
Period 5	12:05 - 12:55
Period 6	1:00 - 1:50
Period 7	1:55 – 2:45

## Friday, October 25th, 2024

**Today is our Cougar Pride Spirit Day!** If you are showing your spirit by wearing LOTS of RED or Carmel gear, head over to the spirit table by the theater during lunch for a Cougar Buck and to be entered into a drawing for your chance to win awesome spirit gear. Today is also your chance to earn Cougar Bucks! Grab a partner and head to the main quad for our Fun Friday Activity and for your chance to earn Cougar Bucks. If you save up FOUR Cougar Bucks, head over to the student store to purchase a delicious frozen treat. You can only purchase one frozen treat at a time. However, you can participate in the Fun Friday Activity as many times as you would like! Each participant receives one Cougar Buck, and the winners receive two! **Go Cougars!** 

**Our Spooktacular Halloween Dance takes place TONIGHT!** Do you have your costume ready for the costume contest? Don't forget, there will be a prize for the scariest, most creative, most Halloweeniest, and best group costumes. The dance will take place outside in our main quad tonight from 7:00-8:30 P.M. You will need to have your signed permission slip that will be passed out today during seventh period and a bit of cash if you would like to purchase pizza or treats that the PTO will have for sale. In addition to an incredible DJ, we will have a Halloween-themed selfie photo booth set up where students can have our parent volunteers take pictures of them. Please remember that all Halloween costumes must be school-appropriate, and you are not allowed to have weapons as a part of your costumes. We hope to see you there!

**INK-tober's Word of the Day is: SCARECROW.** Come join us at lunch in the library any day you can during the month of October to practice our ink drawing skills. No talent is needed. Just a pen, some paper, and a positive attitude.

In the 6th Grade Wiffleball Tournament of Donuts yesterday, it was the last game of the regular season when the *Nakalaca Alpacas* defeated the *Krislyn Key Lime Pies* 12-3, earning themselves the number 2 seed. Today will be an off day as teams get ready for playoffs next week. To kick things off, the *Magrantasaurus Rexes* will take on the *Berlanga Blueberry Brigade* on Monday in a win or go home showdown.

We need our Loaner Chromebooks back! If you have borrowed a loaner Chromebook, please return them to the library by the end of the school day. Do not take them into break with you UNLESS your original Chromebook is being fixed by Mr. Adam.

The day has finally arrived—Krispy Kreme Donuts are here! Pick up your sweet treats right after school today in front of the cafeteria and the gym. Thank you so much for supporting CMS Cheer-your support means the world to us!

Next week is Red Ribbon Week. Each day we will have a themed dress-up day that reflects on making positive choices, so start to get your outfits ready! Monday is Hugs Not Drugs - Grab your favorite stuffed animal and wear your comfy pajamas to school as we kick off our promise to be drug and alcohol-free. Tuesday is Spread the Aloha - Dress in Hawaiian gear. Wednesday is Living Drug Free is No Sweat - Be sure to wear your sweatshirts and sweatpants to show your dedication to Red Ribbon Week. Thursday is Scare Away Drugs - Wear your Halloween costumes to school. Friday remembers that CMS is Proud to be Drug Free Wear Carmel Gear or as much Red as possible.

**Today's Menus:** Breakfast: A Breakfast Burrito, Yogurt with Granola, and Cinnamon Toast Crunch. Lunch: Dominos Pepperoni and Jalapeno Pizza, Spicy Chicken Sandwich, a Turkey Sandwich, or a Cheese Tamale.

🝧 Happy Birthday to everyone who is celebrating over the weekend, including –