



Mobile Crisis Support Team

If you are experiencing an immediate crisis, call 911 or your local non-emergency Law Enforcement line.

The Mobile Crisis Support Team responds to emergency calls through local law enforcement dispatch.

This program is funded by the Division of Behavioral Health Services through the voter approved Proposition 63, Mental Health Services Act (MHSA) and the SB 82 Mental Health Wellness Grant

Bilingual/bicultural staff and interpreters are available at no cost.

Department of Health Services
Division of Behavioral Health Services

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Board of Supervisors

Phil Serna - 1st District
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Sue Frost - 4th District
Don Nottoli - 5th District



Division of Behavioral Health Services

In partnership with

Citrus Heights Police Department
Elk Grove Police Department
Folsom Police Department
Sacramento County Sheriff Department
&
Hope Cooperative

Mobile Crisis Support Team

Dispatch Hours of Operation
M – F, 9am–7pm
(Days vary depending on LEA)

Follow-Up Hours of Operation:
M – F, 8am – 5pm

The Mobile Crisis Support Team is a collaboration between Behavioral Health and Law Enforcement to respond together to emergency calls for individuals experiencing a mental health crisis.

Six Mobile Crisis Support Teams are assigned to five areas throughout Sacramento County:

- ❖ Citrus Heights Police Department
- ❖ Folsom Police Department
- ❖ Elk Grove Police Department
- ❖ Sacramento Sheriff Department - North 1
- ❖ Sacramento Sheriff Department - North 2
- ❖ Sacramento Sheriff Department- South

Mobile Crisis Support Teams include:

- ❖ A Police Officer or Sheriff's Deputy trained in Crisis Intervention Training (CIT)
- ❖ A Sacramento County Division of Behavioral Health licensed Senior Mental Health Counselor
- ❖ A Sacramento County contracted Peer Navigator

Mission Statement

The Mobile Crisis Support Team serves individuals of all ages and diversity in Sacramento County by providing a first response to emergency calls for timely crisis assessment and intervention to individuals experiencing a mental health crisis.

How does Mobile Crisis Support Team (MCST) help?

- ❖ An MCST Licensed Mental Health Counselor and law enforcement Officer/Deputy partner to provide a ride-a-long, first response model to emergency calls involving a mental health crisis.
- ❖ The MCST response to emergency calls involving a mental health crisis allows utilization of skills and expertise from both law enforcement and behavioral health to increase diversion of individuals from unnecessary incarceration or hospitalization.
- ❖ Post mitigation of the immediate crisis, MCST utilizes Peer Specialists with lived experience and community resource expertise to provide follow-up engagement and navigation to ongoing mental health services.

Mobile Crisis Support Teams are committed to:

- ❖ Providing safe, compassionate and effective responses to individuals with a mental illness
- ❖ Increasing public safety
- ❖ Decreasing unnecessary hospitalizations for community members experiencing a mental health crisis
- ❖ Decreasing unnecessary incarcerations for community members experiencing a mental health crisis
- ❖ Increasing consumer participation with mental health services by problem solving barriers and increasing knowledge of local resources

For questions about the Mobile Crisis Support Team Program: (916) 874 -6057. This is not a referral line. If this is an emergency, call 911.



Community Resources

National Suicide Prevention Line

1-800-273-TALK (8255)

1-800-SUICIDE

Consumer Operated Warm Lines

Consumer Operated (916) 366-4668

National Warm Line (855) 642-6222

211 Sacramento

(916) 498-1000 or 211

Community Support Team

(916) 874-6015

California Relay Service: 711