



Aledo ISD SHAC meeting – October 8, 2024

- I. **Welcome & Introduction of Members** ~ Meeting began at 5:31 PM, 25 members were present including 23 voting members and 2 non-voting members. It was noted that the meeting was being recorded and the recording would be available on the AISD website following the meeting. The recording is available for viewing [here](#). All members of the committee are appointed by the Board of Trustees.
- II. **Public Comment** ~ SHAC meetings are open to the public. Public Comment is part of the agenda at each meeting. No public comment was requested for this meeting
- III. **Review Mission & Purpose of SHAC** ~ Purpose and Mission of the SHAC Committee were reviewed – the purpose of the SHAC is to reflect local community values in the District’s health curriculum and instruction and the mission is *to establish and communicate guidelines and age-appropriate strategies to implement ongoing programs empowering students at all levels to make informed choices for a healthy lifestyle reflective of our community’s values.*
- IV. Nomination/selection of parent Co-Chair. Kathleen Boyer, Stuard Elementary parent, was nominated and accepted the role.
- V. SHAC webpage location and features were explained. [Aledo ISD SHAC Homepage](#)
- VI. Reviewed SHAC bylaws, where they could be found, and changes that were made in previous years. [Aledo ISD SHAC Bylaws](#)
- VII. Minimum Standards for Bullying Prevention District Committee. Legal definition of bullying was explained. Only about 10% of reported cases in AISD last year met the legal definition of bullying. The topic of bullying and reviewing AISD processes will occur throughout the year.

- VIII. Wellness Plan Review. Reviewed current district processes and plan. Current plan approved by the SHAC in April 2022. Nutrition, and physical fitness with goals and objectives were displayed. Wellness plans must be reviewed and approved every three years, it will be due Spring of 2025.
- IX. Student surveys will be done a little bit differently this year due to feedback SHAC. Panorma has conducted our surveys in previous years. The plan for this year is that we would like to create our own survey questions. SHAC committee reviewed sample questions and discussed in table groups. Feedback was submitted via QR codes.
- X. Shattered Dreams program overview, purpose and intent explained. Funding limitations were discussed. District is looking for donors or partners to host the program in 2024. Traditionally drinking and driving prevention has been the focus of the program. This year it has been proposed to switch to another topic such as suicide. Committee was tasked with contemplating this change.
- XI. Future meeting dates / times
12.2.24, 1.27.25, 2.24.25, 4.14.25

Adjournment Time: 6:40 PM