GRISWOLD ELEMENTARY

WEDNESDAY FOLDER

2024-2025

"MAKE KINDNESS THE NORM!"

Stay Informed with School **Events & Updates**

- ✓ School Flyers
- ✓ Community Flyers
- ✓ Youth Center Flyers

More Information



+860-376-7610



https://www.griswold.k12.ct. us/wednesday-folders





BREAD OFFERINGS ARE WHOLE GRAIN. MILK





Cinnamon Roll Day is October 4. Start your day in a fun way with a



		$-1 \wedge \chi$	17 11	/		
FLAVORED. MILK IS OFFERED AT EVERY MEAL.	MONDAY		ASSORTED CEREAL TEDDY GRAHAMS PEACHES	ASSORTED CEREAL TEDDY GRAHAMS PEACHES	ASSORTED CEREAL TEDDY GRAHAMS PEACHES	ASSORTED CEREAL 28 TEDDY GRAHAMS PEACHES
WHOLE GRAIN. MILK HITE OR FAT FREE FERED AT EVERY MEAL.	TUESDAY	ASSORTED BREAKFAST BREADS APPLESAUCE				
Cinnamon Roll Day is O cinnamon roll. Don't for complete your meal!	WEDNESDAY	EGG & CHEESE SANDWICH PEARS	EGG & CHEESE 9 SANDWICH PEARS	EGG & CHEESE SANDWICH PEARS	EGG & CHEESE 23 SANDWICH PEARS	EGG & CHEESE SANDWICH PEARS
Cinnamon Roll Day is October 4. Start your day in a fun way with a cinnamon roll. Don't forget to add a glass of milk and a side of fruit to complete your meal!	THURSDAY	ASSORTED BREAKFAST BREADS FRESH APPLE				
ay with a e of fruit to	FRIDAY	ASSORTED CEREAL TEDDY GRAHAMS ORANGES				

25

18



SPECIAL. BREAD OFFERINGS ARE WHOLE GRAIN. MILK
OFFERINGS ARE 1% WHITE OR FATFREE FLAVORED. MILK IS PB&J, TURKEY SANDWICH, CHEF SALAD OR CHEF'S ADDITIONAL CHOICES AVAILABLE DAILY. CHOICES ARE OFFERED AT EVERY MEAL





month? 7,500 varieties of apples? Can you find a new variety of apple to try this October is National Apple Month. Did you know that there are about









qualifies Free to anyone who ADULT- \$5.00 CHILD- \$4.00

LUNCHES

PEARS ZIK **BEANS & CORN BEEF NACHOS**

FRENCH FRIES

CHEESEBURGERS

PIZZA CHOICE

STRAWBERRIES TOSSED SALAD

FRENCH TOAST STICKS

HASHBROWNS

CARROTS

PEACHES & MILK

SIK

ORANGES **BROCCOLI**

9 **MOZZERELLA STICKS** CARROTS

6

NO SCHOOL

8

BREADSTICK

GREENBEANS

GARLIC KNOT

MIXED FRUIT

APPLESAUCE

SIK

S

PEACHES

CORN

RICE & BEANS SOFT SHELL TACO

FRENCH FRIES CHICKEN PATTY

PASTA W/ MEATSAUCE

6

MIK APPLE

TOMATO SOUP **GRILLED CHEESE**

18

8

STRAWBERRIES PIZZA CHOICE TOSSED SALAD

FRENCH TOAST STICKS 24

12

STRAWBERRIES PIZZA CHOICE TOSSED SALAD

M

PEACHES & MILK

MOZZERELLA STICKS

HASHBROWNS

SAUSAGE

CARROTS



PEOPLE DAY COLUMBUS/ **INDIGENOUS**

NO SCHOOL

CHEESEBURGER

G

QUESADILLA

RICE & BEANS

PEACHES CORN FRENCH FRIES

CHICKEN NUGGETS

SIK

B

PEARS BROCCOLI

2 **BEEF NACHOS BEANS & CORN**

8

CHEESEBURGER

E E

SI **APPLESAUCE** CARROTS

FRENCH FRIES

SIL **PEARS**

Z E

APPLESAUCE

FRENCH FRIES

2

RICE & BEANS CORN

FRENCH FRIES **CHICKEN PATTY**

APPLESAUCE CORN

ZIK

SOFT SHELL TACO

PEACHES

19

MIXED FRUIT GREENBEANS

MILK

ORANGES BROCCOLI

GARLIC KNOT PASTA W/ MEATSAUCE

8

CARROTS

APPLE BREADSTICK

Z K



Friday, October 18th is our next Town Hall Meeting

Please help us show our Griswold Pride and wear green, white or Griswold Gear!

Go Wolverines!

GES SCHOOL PICTURES



October 16, 2024

Dear Parents,

Our GES Fall Pictures are complete.

In a few weeks, you will receive the portraits if you ordered a package. If you would like to order pictures, please wait for the proof sheet that contains new individual codes. Please use that code to order. Unfortunately, once picture day has taken place the Picture Day ID on the flyer expires.

Picture retake day is scheduled for Friday, November 15, 2024.

Should you have any questions, please do not hesitate to call us at 376-7610.

Cordially,

Joseph Bordeau, Principal Jacqueline Love, Assistant Principal



Griswold School Readiness Council

PLEASE JOIN US

We look forward to your participation in our discussions and to contributing to our collective goals for Early Childhood Education in Griswold.



Wednesdays @ 9am November 20th January 15th March 19th May 21st



Location GES conference room

More information available here

https://www.ctoec.org/school-readiness-preschool-grant-program/ or call Jaselyn Caviness; 860-376-7616



Favorite Color Day

See who else shares your favorite color!



Comfy Cozy Day

Dress in your comfiestno slippers please.



Teacher or Twin Day

Dress like a teacher or match a friend at school



Accessories Day

Hats, headbands, jewelry, sunglasses, socks, etc



School Pride Day

Green, White, and Griswold! Go Wolverines!



"Life is a movie. Film drug free"
GES Recognizes National Red Ribbon Week
www.redribbon.org

Attendan

Consistent attendance in elementary school supports life long academic success, social skills, and self confidence



We encourage students to be





Please reach out to the Support Team with any concerns about your student's attendance

Sign up TODAY!



Fill out the interest form to be contaced by a Lisbon Troop Leader

GRE STORY OF THE S

Lisbon/Griswold Troop open for grades K - 8

Each day as a Girl Scout brings thrills and out-of-this-world experiences. Don't miss your chance to make new friends and be part of a journey that you'll never forget! Find your squad and get ready for amazing adventures.



LisbonGirlScouts@gmail.com



Griswold Elementary School

PTO Updates



Dear Families,

Get ready—the Scholastic Book Fair is coming to our school! This is a great opportunity to connect with your child over the thrill of bringing home new books to dive into again and again. Studies show that kids read more when they choose books for themselves. And fostering a love of independent reading leads to a wide variety of benefits—including academic success and improved mental health.

Here's everything you need to know about the Book Fair:

Dates: 11/6 3:30-6pm, 11/7 1:15-7pm, 11/8 1:15-4pm

Location: Library

There's even more info on our school's Book Fair homepage:

https://www.scholastic.com/bf/griswoldelementaryschool3

While you're there, set up a Book Fair eWallet, the digital payment account that allows your child to shop for books at the Fair without cash. Then share your eWallet link so friends and extended family can add funds.

When you fund an eWallet, you'll have the opportunity to contribute to a giving initiative called Share the FairTM. Your contributions directly support our students who need help buying books from the Fair.

Many of us still remember the rush of finding the perfect book at a Scholastic Book Fair. I hope you'll join your child at our school's Fair and share a reading experience they'll remember forever.

Happy reading,

Joseph Bordeau
Principal
Griswold Elementary School

PS: Need one more reason to visit the Book Fair? Every purchase at the Fair benefits our school!



Spirit Sticks will be on sale Friday, October 25th

All sticks ONLY \$1.00

New Sticks to Choose From

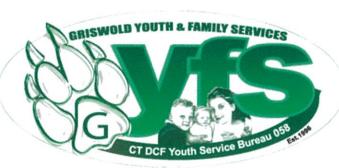


Town Of Griswold

Youth & Family Services

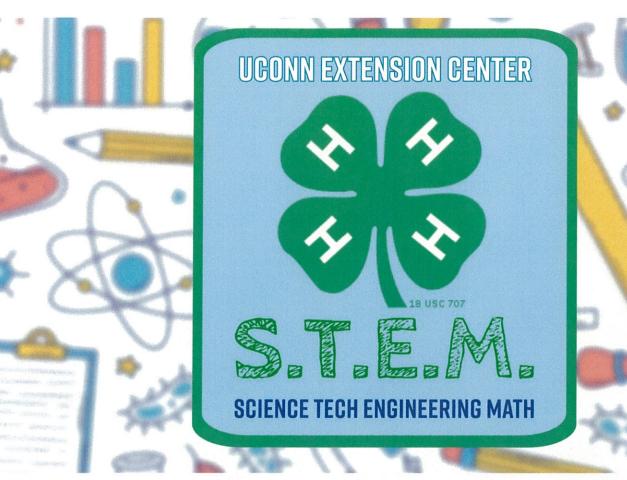
Updates





TOWN OF GRISWOLD, CT
Youth & Family Services
Park & Recreation Department
Griswold Youth Service Bureau 58

28 Main Street
Jewett City, CT 06351
(p) 860 376-7026 (w) griswoldyfs.com
(e) director@griswoldyfs.com



9 GRISWOLD YOUTH CENTER

MARCHUS ARIL WAY WAYS ARIL WAYS ARIL

Fee = \$180.00 for all school year RESIDENTS ONLY! DEADLINE OCT. 27 grades: 5-8th 3:30 - 5:00 pm

SIGN UP @ GRISWOLDREC.ORG



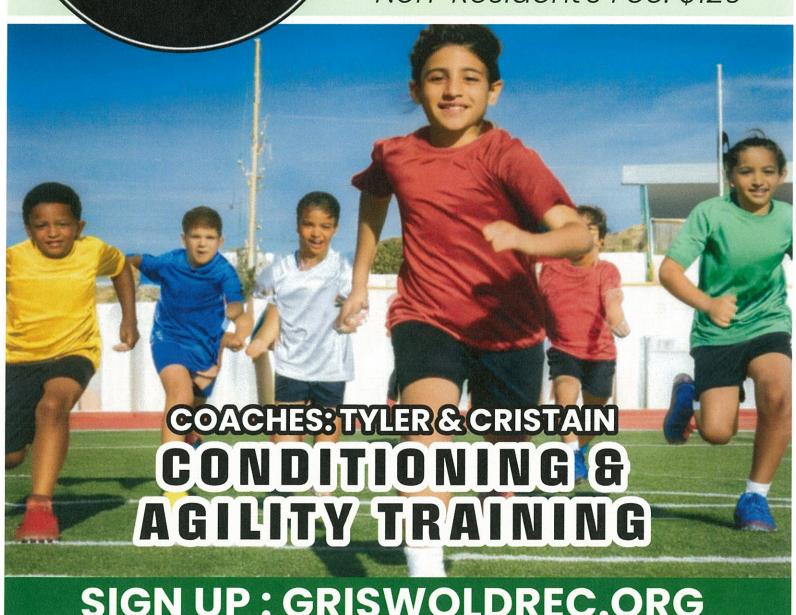


SEPTEMBER PROGRAMS

athletes of the future TUES/THURS: 3:30-4:30 PM

COED: GRADES 5-11 SEPT. 10, 12, 17, 19, 24, 26 HELD @ GMS GYM

Resident's Fee: \$110 Non-Resident's Fee: \$120



SIGN UP: GRISWOLDREC.ORG



STARTS IN SEPTEMBER

BREATH & WAR BY OWER

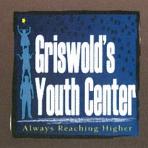
FREE! RESIDENTS ONLY!
MUST RSVP: GRISWOLDREC.ORG

AGES: 10 & 11 TUESDAYS @ GRISWOLD YOUTH CENTER AGES: 12 & 13 THURSDAYS @ GRISWOLD YOUTH CENTER

Starts September 10th thru December 26th 3:30 - 4:30 pm @ Griswold Youth Center (bus from GMS, please give child a note for a bus pass)

Practices for Self Empowerment & Emotional Wellbeing

Instructed by: Trish Gardner
TIMBo Consultant/Facilitator/Mentor/Holistic Health Coach
TIMBo Trauma Responsive Innovations for Mind and Body





SATURDAY OCTOBER 5TH 12:00-2:15PM

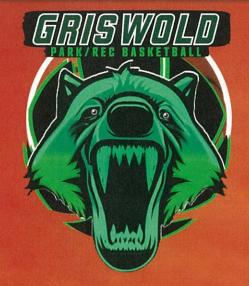
MEALS & DRINKS
PERSONAL CARE FOOD PANTRY +
ADULT & CHILDREN CLOTHING!







OCTOBER PROGRAMS



TRAVEL TEAM TRYOUTS

Girls Grades 7/8 @ 8:30 am

Girls Grades 5/6 @ 9:45 am

Girls Grades 3/4 @ 11:00 am

OCT. 19 @ GES

Boys Grades 3/4 @ 12:30 pm

Boys Grades 5/6 @ 1:45 pm

Boys Grades 7/8@3:00 pm

OCT. 19

@ GHS
(location & times
(changed)

Free to Try-Out

\$140 = Residents \$155 = Non-Residents (if selected to be on the team)

Includes:
Reversible Jersey + Shorts
(\$105 uniform included)
+ CBC League/Playoff/Ref Fees
& Tournament Fees

TOP 10
PLAYERS SELECTED

HIGHLY COMPETITIVE!

BOYS = CT BASKETBALL CONFERENCE!

GIRLS = S.E.C.T. LEAGUE

PLAYING TIME BASED ON SKILL LEVEL

2 PRACTICES A WEEK PLUS I (OR MORE) GAMES

REPRESENTING GRISWOLD VS. THE BEST IN THE STATE!

PREPARING FUTURE
GMS/GHS WOLVERINES!

HEAD COACH WILL BE CHOSEN BASED ON TEAM'S ROSTER

ALL TOWNS ARE WELCOME TO TRYOUT

IF YOUR CHILD IS NOT SELECTED... WE HAVE AN IN-HOUSE REC LEAGUE (DEADLINE: OCT. 27)

PRACTICE STARTS (AROUND FOOTBALL / SOCCER / GMS TEAM SCHEDULE) MID-OCT TIL MID-MARCH. INCLUDES PRESEASON, SEASON PLAY & PLAYOFFS. ALL PRACTICES WILL BE SCHEDULED AROUND GRISWOLD MIDDLE SCHOOL SCHEDULE SO PLAYERS CAN BE ON BOTH TEAMS.

DATE WAS CHOSEN WITH THE ADVICE OF GRISWOLD SOCCER & FOOTBALL CLUB'S PRESIDENTS. SOCCER/FOOTBALL TEAMS WILL NOT HAVE PRACTICE/GAME THAT DAY.

ALL INFO @ GRISWOLDREC.ORG



BOYS REC. BBALL - SEASON STARTS AFTER FOOTBALL

BOYS REC IN-HOUSE LEAGUE

LEAGUE MAY CHANGE DUE TO ENROLLMENT & COACHES

GRADES K/1 WILL BE ON SUNDAY MORNINGS (8:10-9:10 or 9:15-10:15 am) GRADES 2 - 8 WILL BE MOSTLY ON SATURDAYS

(MAYBE A SUNDAY... IF MORE THAN 4 TEAMS PER DIVISION)

(NEW) WILL BE PLAYING SURROUNDING TOWNS (NOT CBC OR AAU)

(FYI) NOT LIKE LAST YEAR... THESE GAME WILL BE REC (BEGINNERS & UP)
(NEW) MAY HAVE A FEW AWAY GAMES THAT YOU WILL HAVE TO TRAVEL TO

LEAGUE: EARLY NOVEMBER TIL LATE FEBRUARY

GRISWOLD STUDENTS = \$90 PER PLAYER

NON-RESIDENTS = \$110 PER PLAYER

(NEW LAYOUT)
DIVISIONS
COED K
GRADES 1/2

GRADES 3/4 GRADES 5/6 GRADES 7/8

GIRLS BBALL - SEASON STARTS AFTER CHEER

GIRLS REC IN-HOUSE LEAGUE

LEAGUE MAY CHANGE DUE TO ENROLLMENT & COACHES LMENT) GRISWOLD STUDENTS = (NEW LAYOUT)

PRACTICE/GAMES SUNDAYS (MAY CHANGE DUE TO ENROLLMENT)
(NEW) WILL BE PLAYING SURROUNDING TOWNS (NOT CBC OR AAU)
(FYI) NOT LIKE LAST YEAR... THESE GAME WILL BE REC (BEGINNERS & UP)
(NEW) MAY HAVE A FEW AWAY GAMES THAT YOU WILL HAVE TO TRAVEL TO
LEAGUE: EARLY NOVEMBER TIL LATE FEBRUARY

\$90 PER PLAYER

NON-RESIDENTS =

NON-RESIDENTS : \$110 PER PLAYER (NEW LAYOUT)
DIVISIONS
COED K
GRADES 1/2
GRADES 3/4
GRADES 5/6
GRADES 7/8

SPONSORS NEEDED \$150 A TEAM

INCLUDES BOTH YOUTH BBALL (PICK TEAM)

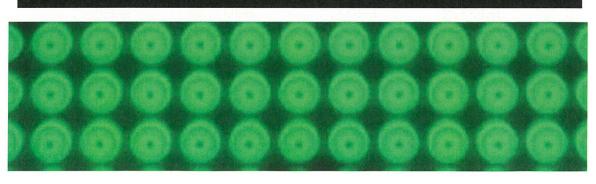
& WHOLE ADULT BBALL LEAGUE!

COACHES NEEDED

(TEXT: YOUR NAME, TEAM AGES YOU WISH TO COACH, BOYS OR GIRLS & CHILD'S NAME IF PLAYING)



TEXT: RYAN AUBIN 860.213.1524



SATURDAY, OCT. 19

SPOOKTOPIA

A Trunk or Treat Event!

LIMITED TO 80 SPOTS!

SIGN UP: GRISWOLDREC.ORG OR TEXT: 860.213.1524 TRUNKORTREAT: 6-8 PM

HELD AT: VETERANS MEMORIAL PARK GPS: 68 ASHLAND STREET, JEWETT CITY

WE NEED TRUNKERS!

NO-SELLING
VENDORS WELCOME!
PROMOTE YOUR
BUSINESS!
HAND OUT INFO TO
THOUSANDS!

FAMILIES &
GROUPS WELCOME!

WHY SIGN UP?

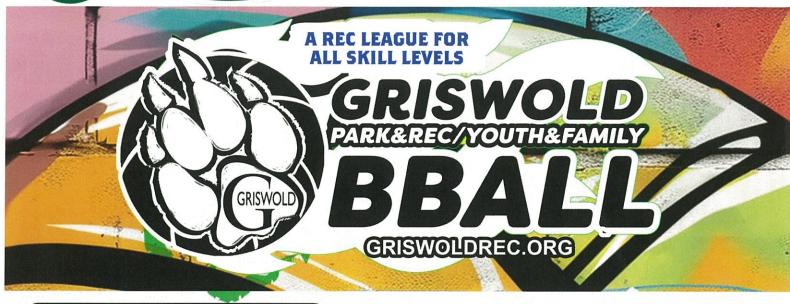
- TRUNKER ONLY SESSION B4 CROWD!
 GREAT GROUP/FAMILY ACTIVITY
- YOUR KIDS WILL THANK YOU!







NOVEMBER **PROGRAMS**



DEADLINE: OCT. 27 LATE FEE: +20

PLEASE NOTE: WE HAVE SOLD OUT IN THE PAST, SIGN UP ASAP!

> FREE PHOTO FOR ALL PLAYERS! **INCLUDES TEAM SHIRT! INCLUDES REF FEES** (\$10 sibling discount)

BOYS REC. BBALL — SEASON STARTS AFTER FOOTBALL

BOYS REC IN-HOUSE LEAGUE

LEAGUE MAY CHANGE DUE TO ENROLLMENT & COACHES GRISWOLD STUDENTS =

AGES 5/6 WILL BE ON SUNDAY MORNINGS AGES 7/8 & 9/10 ON SATURDAYS MORNING/AFTERNOON AGES 11&UP WILL BE ON SAT'S AFTER 1 PM (SOME SUNDAYS IF 4+ TEAMS) PARENT FRIENDLY 1-DAY A WEEK SCHEDULE LEAGUE: EARLY NOVEMBER TIL LATE FEBRUARY

\$90 PER PLAYER NON-RESIDENTS = \$110 PER PLAYER

GRADES 3/4 GRADES 5/6 GRADES 7/8

GRADES 1/2

GIRLS BBALL - SEASON STARTS AFTER CHEER

GIRLS REC IN-HOUSE LEAGUE

PRACTICE/GAMES SUNDAYS PARENT FRIENDLY 1-DAY A WEEK SCHEDULE LEAGUE: EARLY NOVEMBER TIL LATE FEBRUARY **LEAGUE MAY CHANGE DUE TO ENROLLMENT & COACHES**

GRISWOLD STUDENTS = **\$90 PER PLAYER**

NON-RESIDENTS = \$110 PER PLAYER

GRADES 1/2 GRADES 3/4 GRADES 5/6 GRADES 7/8

SPONSORS NEEDED \$150 A TEAM

INCLUDES BOTH YOUTH BBALL (PICK TEAM) & WHOLE ADULT BBALL LEAGUE!

COACHES NEEDED

(TEXT: YOUR NAME, TEAM AGES) YOU WISH TO COACH, BOYS OR GIRLS & CHILD'S NAME IF PLAYING)



TEXT: RYAN AUBIN 860.213.1524 Partnership with:
JC Fire Dept & Resident Troopers
School Social Workers
Griswold Youth Center

AGES CHILDREN 13&UNDER GRISWOLD
JEWETT CITY
LISBON & VOLUNTOWN



HOLIDAY HELPERS

SPONSOR A CHILD? 60 TO: GRISWOLDREG.ORG

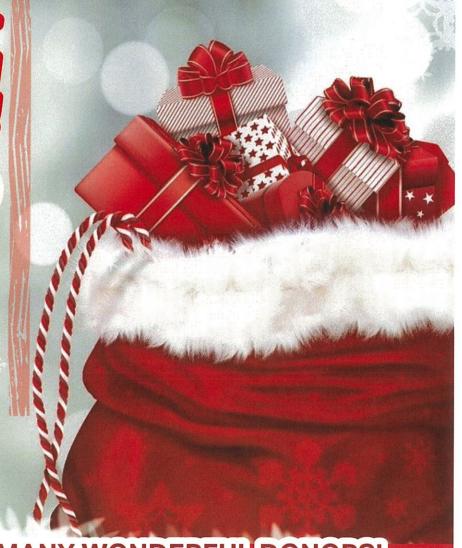
FAMILIES START ENROLLING IN NOVEMBER!

HOW TO SIGN UP YOUR FAMILY?

Ask School Counselor

New Born to Age 3
Stop by Youth Center
(M>F 2 - 5 pm)

SUPPLYING GIFTS FOR HUNDREDS OF KIDS

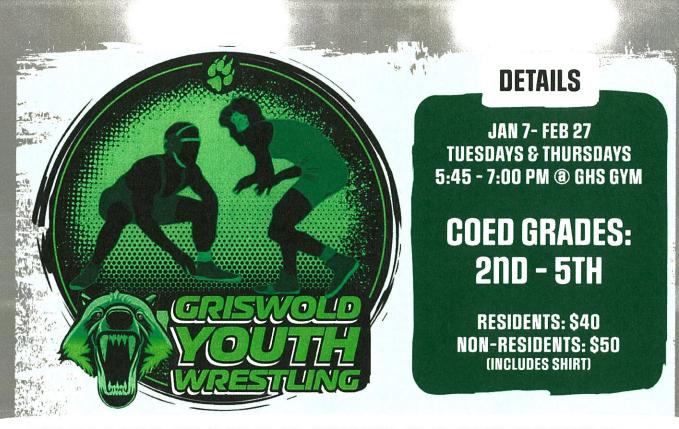


WE APPRECIATE OUR MANY, WONDERFUL DONORS!









COACHES NEEDED! MUST BE EXPERIENCED.

TEXT AYAN AUBIN: 860.213.1524

OVERVIEW:

Wrestling clinics, practices & a season-ending tournament Short sessions teaching basics of wrestling, as well as physical fitness and sportsmanship.

Deadline to Pay & Sign Up: Dec. 19th to get a shirt! +\$10 late fee after the 19th!

FYI:

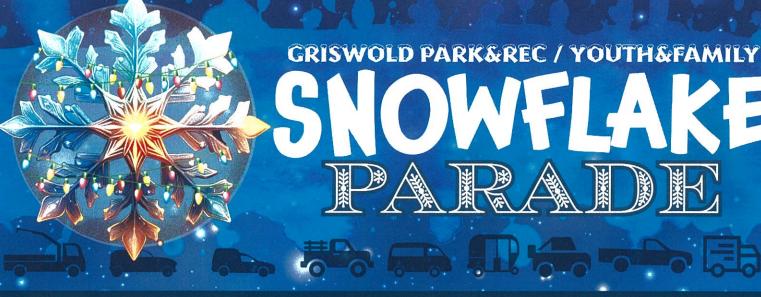
AT-SHIRT & SHORTS ARE TO BE WORN. BRING AWATER BOTTLE.

WRESTLING SHOES ENCOURAGED BUT NOT REQUIRED.

PARENTS ARE NOT REQUIRED TO STAY DUE TO LIMITED SPACE OF THE WRESTLING ROOM.

BRING IN WRESTLING SHOES TO CHANGE INTO TO HELP KEEP MATS CLEAN.

REGISTER @ GRISWOLDREC.ORG



SAT. NOV. 23 4 PM

Sunset Parade Route: Start @ GMS to Slater Ave, Main St. Ashland St., Pleasant View, Ann St., return to GMS



Jewett City Savings Bank

DECORATING CONTEST

- Group ages: 3 & under, 4-6, 7-10

- Must live in Borough or Town of Griswold

- Must be accompanied by a parent or guardian

- Can decorate wagon, tricycle, bicycle, scooter, carriage (nothing motorized)

- Winners will be announced at park

- Judging at 4pm, arrive at Bank parking lot at 3:30pm

- Cash prize for one winner in each age group

MEET: SANTA & MRS. CLAUS

Ø VETERANS MEMORIAL PARK 68 ASHLAND ST. JEWETT CITY



BE IN THE PARADE!

Businesses, Scouts, Organizations, Floats, Walkers & All Vehicle Types!



Best in Show Winners will Be Announced at GMS!



Quick Sign Up: go to: griswoldrec.org & click "snowflake sign up"

Questions: Text 860.213.1524

GRISWOLDREC.ORG





MARCH PROGRAMS



Mona Lisa Studio

CULTIVATING CREATIVE MINDS

After School Art Clubs

Grades 3&4 Fantasy Art Wednesdays: March 12, 19, 26 & Monday 31

> Grades 5-8 Glow Art Mondays: March 3, 10, 17, 24 Deadline: Feb. 28th





5-Days of Creativity! March 17 - 21 Youth Center Members Grades 5-8

CHOCOLATE CONFECTIONS



TUESDAYS: 3:30-4:30 PM

GRADES: 2-4 FEB 25 & MARCH 4, 11, 18 Resident's Fee: \$77.00

Join Food Explorers for a celebration of chocolate! Each week you'll make a deliciously sweet chocolate confection. You'll be making: Chocolate Pancake Tacos, Chocolate Mini Donuts with Chocolate Glaze, Chocolate Strawberry Cheesecake Cups, Chocolate Orange Pies. All recipes are nut-free but may contain dairy, eggs, and gluten.

GRISWOLDREC.ORG





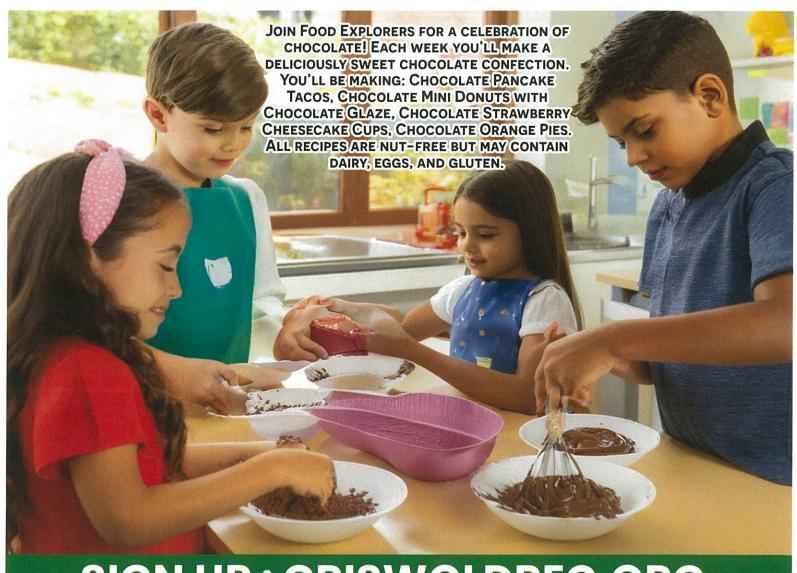
FEBRUARY MARCH PROGRAMS



TUESDAYS: 3:30-4:30 PM

GRADES: 2-4 FEB 25 & MARCH 4, 11, 18 Resident's Fee: \$77.00

CHOCOLATE CONFECTIONS



SIGN UP: GRISWOLDREC.ORG

GRISWOLD & LISBON PICKLEBALL CLUB ~~~

Various Days Available

We love to see new faces and all levels are welcome! This is a just for fun meetup league!

How to Play?

- · Download TEAMREACH App
- · Use Code: LM169
- · Locations in both Towns.
- Griswold will supply Waivers to be signed before playing.



SIGN WAIVER













Community Outreach Events	Level	\leq	Sponsorship Levels
Hopeville 5k - Vampire Run (Oct. Spooktopia! (Oct. 19) @ 6 pm Snowflake Parade! (Nov. 23) Eggtopia! (April 12) @ 9 am Community Yard Sale & Concerts Youthtopia! - Fireworks & Food Fo	G S B G S B G S B (May 3) @ 11 am G S	В	(G) GOLD: \$350 Includes: - Your Logo included on all promotions (Includes Paper & Digital) - Social Media Campaign - Gold Sponsors Only Digital Campaign (S) SILVER: \$200 Includes: - Your Logo included on all promotions (Includes Paper & Digital)
Social Outreach Opportunities (You Choose the Amount) Holiday Helpers Christmas Program: \$ Sponsor a Child to Participant: \$ (includes any of the programs, you can choose) Donation to the Griswold Youth Center: \$			(B) BRONZE: \$100 Includes: - Name of your business (no logo) on all promotions (Includes Paper & Digital)
Community Sport Programs Griswold Youth + Adult Basketba (Includes: Both Youth Bball = S Griswold Youth Wrestling: \$100.0 (Sponsor Whole League)	oonsor Individual Team	+ Adult Bb	all = Sponsor Whole League)
usiness Info ume:	Payment Option By Check:	ns	Thank you for we in the interest of the intere

Business Info Name: Contact: Email: Phone: Total Sponsorship: \$__

Payment Options By Check: Pay to: Town of Griswold (write "Sponsor" on Memo Line) Mail To: Griswold Park&Rec

28 Main St., Jewett City, CT 06351 By Card:

Go to: Griswoldrec.org & click "Sponsor Us!"

supporting us!

We just need some info.:-)

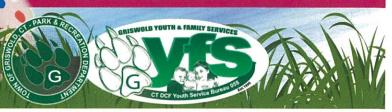


GRAFUS, DANGINGE GAMES! PHOTOS & EASTER BUNNY! rain or shine Community Egg Hunt SENSORY FRIENDLY (ALL AGES) @ 9 - 10 am

AGES 1 - 4 @ 10:30 am AGES 5-9 @ 11:30 am

please limit to 12 eggs

GRISWOLDREC.ORG







MUSIC IN THE PARK

MAY 3: 10 AM - 3 PM FREE FAMILY FUN



COMMUNITY YARD SALE

MAY 3: 7 AM - 3 PM \$10 SPOTS - LIMITED

GRISWOLDREC.ORG



HELD AT: VETERAN'S MEMORIAL PARK GPS: 68 Ashland Street, Jewett City

FREE ACTIVITES: 4 - 7 PM FOOD TRUCK FESTIVAL: 4 - 10 PM FIREWORKS: 8:30 PM

CALLING ALL NON-PROFITS! FREE SPOTS & WILL BE ON THE SCAVENGER HUNT!
FOOD TRUCKS WANTED! \$75 FOR A SPOT, LIMITED SPOTS, FIRST COME FIRST BOOK
SIGN UP AT: GRISWOLDREC.ORG

WELLNESS/EXERCISE/FITNESS LOCAL OPTIONS

Kokondo Karate Monday/Thursday @ 7 pm Call Tom: 860.376.5680

Held at: River Church, 32 School St., Jewett

City

Aerobics/Pilates
Monday/Thursdays @ 5:30 pm
Call Tory: 860.859.7922

Held at: River Church, 32 School St., Jewett

City

Yoga

Mondays @ 5:45

Call Erica: 860.608.2449 Held at: 879 Voluntown Road

Local Gym/Fitness Center

CT Barbell

Open 7-Days a Week

Call: 860.591.1075

Located in Slater Mill:

39 Wedgewood Drive, Jewett City

Aerial Arts Fitness (860) 367-2302

Located in Slater Mill:

39 Wedgewood Drive, Jewett City

Local Professional Trainer/Fitness Center

Sessions Wellness Studios
Call Kris: 860.917.0744

Located: 461 Voluntown Road, Jewett City

Local Professional Classes/Fitness Center

Body Love Fit

Call Bonny: 860.608.8198

Located in Slater Mill:

39 Wedgewood Drive, Jewett City

ALL YOUTH
SPORTS:
griswoldrec.org

VIEW
ALL
SPORTS,
EXERCISE &
WELLNESS
OPTIONS AT:
griswoldrec.org

Griswold Nutrition Drinks, Snacks + More (860) 382-9231 In Slater Mill, 39 Wedgewood Drive







SUPPORTING LOCAL BUSINESS GRISWOLDREC ORG



OCTOBER EVENTS

HOPENILLE VAMPIRE RUN/WALK

RESIDENTS = \$30 PER RUNNER NON-RESIDENTS = \$40 PER RUNNER

> OFFICIALLY TIMED BY: TIME TO TRI, LLC

LATE ENROLLMENT = \$10 (DOES NOT INCLUDE SHIRT, CUSTOM BIB OR SURPRISES) SUNDAY, OCT. 6, 2024

@ HOPEVILLE STATE PARK
RACE STARTS AT 1:00 PM



DEADLINE: FRIDAY, SEPT 20 BY NOON INCLUDES: SHIRT, CUSTOM BIB & SURPRISES

SAT., OCT. 19



TY LIFU

SPOOLTOPIA A Trunk or Treat Strent

WE NEED TRUNKERS!

HELD AT: VETERANS MEMORIAL PARK GPS: 68 ASHLAND STREET, JEWETT CITY

NO-SELLING
VENDORS WELCOMES
PROMOTE YOUR
BUSINESS!
HAND OUT INFO TO
THOUSANDS!

FAMILIES & GROUPS WELCOME!

WHY SIGN UP?

- TRUNKER ONLY SESSION B4 CROWD!
 GREAT GROUP/FAMILY ACTIVITY
- YOUR KIDS WILL THANK YOU!

SUN. OCT. 27
6 - 8 P M
Free Event! Sign Up @ griswoldrec.org
Thomas D'Agostino

STARTS AT:
JEWETT CITY CEMENTARY
@ END OF ANTHONY ST.
(nearby parking available)

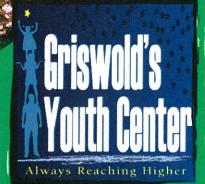
Focused on the Ray Family's Legend!

Sponsors Needed!

ALL INFO @ GRISWOLDREC.ORG

MULTIPLE SEASON PROGRAMMING

tudents may be dropped off or take GMS bus



5TH-8TH GRADE AGE: 10-13 2-5 PM

BORED AFTER SCHOOL

FREE AFTERSCHOOL CHILD CARE MONDAY - FRIDAY! ALL SCHOOL YEAR! OPEN SPRING BREAK + HALF DAYS



FOCUS ON: S.T.E.A.M. & ROBOTICS

4HCUB

@ GRISWOLD YOUTH CENTER

NOV. 7, 21 DEC. 5, 19 JAN. 9, 23 FEB 13, 27 MARCH 13, 27 APRIL 10, 24 MAY 8, 22

FEE = \$180.00 FOR AULS CHOOL YEAR GRADES: 5-8TH 3:30-5:00 PM



HELD @ GMS CAFE AFTERSCHOOL TIL 4:15 PM 14 SESSIONS WEDNESDAY
OCT - MAY
Total Fee: \$120

ENROLL: GRISWOLDREC.ORG

NON-PROFIT YOUTH SPORTS

REC BBALL
TRAVEL BBALL

Town of Griswold Park & Rec

griswoldrec.org

WRESTLING CLUB

Town of Griswold Park & Rec

griswoldrec.org

FOOTBALL FLAG & CHEER

griswoldyouthfootballandcheer.com

SOCCER OUT/INDOOR

griswoldsoccer.org

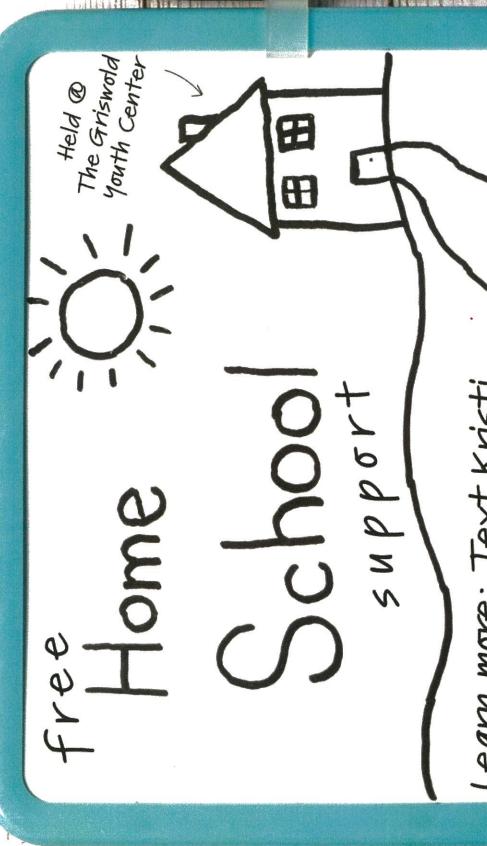
T-BALL SOFT/BASEBALL

jewettcitylittleleague.org

LACROSSE CLUB

norwichyouthlacrosse.org





Learn more: Text Kristi 860.949.7657