



# Internship Application-District Internship Program

## Personal Information

Name: \_\_\_\_\_

Permanent Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Cell Phone Number: \_\_\_\_\_

E-mail Address \_\_\_\_\_

Date of Birth: \_\_\_\_\_ (Must be 16 years or older to be an eligible intern)

## Education

School Attending: \_\_\_\_\_

Major: \_\_\_\_\_ Minor: \_\_\_\_\_

Units Completed: \_\_\_\_\_ Expected Graduation Date: \_\_\_\_\_

High School Attended: \_\_\_\_\_

Graduation Date: \_\_\_\_\_

## Skills

|                                                              |
|--------------------------------------------------------------|
| 1. List all computer skills you have a working knowledge of: |
|                                                              |

|                                                           |
|-----------------------------------------------------------|
| 2. List any foreign languages you speak fluently, if any: |
|                                                           |

|                                                         |
|---------------------------------------------------------|
| <b>3. List any relevant experience/skills you have:</b> |
|                                                         |

#### Career Development Information

|                                                               |
|---------------------------------------------------------------|
| <b>1. Do you have any volunteer experience? If so, where?</b> |
|                                                               |

|                                                                                             |
|---------------------------------------------------------------------------------------------|
| <b>2. What professional skills are you interested in developing during your internship?</b> |
|                                                                                             |

|                                                       |
|-------------------------------------------------------|
| <b>3. What are your career and educational goals?</b> |
|                                                       |

#### District-Focused

|                                                                            |
|----------------------------------------------------------------------------|
| <b>1. What do you think are some important issues to residents in CA9?</b> |
|                                                                            |

**2. Describe a few of your favorite attractions/venues/areas in our district.**

**Availability**

**Dates Available:** \_\_\_\_\_ to \_\_\_\_\_

**Times Available** \_\_\_\_\_ to \_\_\_\_\_

**Days Available** \_\_\_\_\_

**Will you receive academic credit?** \_\_\_\_\_

- If yes, please attach your class schedule to your application.

**Which Internship are you interested in?**

- Regular Internship (10 hours minimum per week)
- Paid Casework Internship (25 hours per week, must be 18 years or older)
  - If interested in Paid Internship, are you a U.S. citizen? \_\_\_\_\_

**Required Documents Attached?**

- Resume ☐
- One Letter of Recommendation ☐
- Cover Letter ☐

*Resume and Letter of Recommendation should be attached after the second page of the Internship Application. A recommendation letter should include information on who you are, your connection with the person recommending you, the length of time they have known you, and reflect your leadership and communication skills.*

**I hereby certify all information provided above is accurate and correct to the best of my knowledge:**

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Internship will be in person at the Congressman's District Office in Stockton, CA during normal business hours.

**All applicants MUST live in San Joaquin County or Contra Costa County.**