


BREAKFAST MENU

L-S High School 9-12

BREAKFAST IS FREE TO ALL STUDENTS !!

November 2024

Breakfast meal includes one entrée, one fruit and/or juice, and a choice of milk.

Monday, 11/4	Tuesday, 11/5	Wednesday, 11/6	Thursday, 11/7	Friday, 11/8	Daily
Dutch Waffle Rice Krispie Asst Fruit/Juices/Milk	Sausage/Egg/Cheese on Bagel Granola Bar Asst Fruit/Juice/Milk	Eggs & Bacon Yogurt Parfait w/ Granola Asst Fruit/Juice/Milk	French Toast w/ Sausage Cereal Bars Asst Fruit/Juice/Milk	No School	PBJ Uncrustable Yogurt/String Cheese Cereal Bowl
Monday, 11/11	Tuesday, 11/12	Wednesday, 11/13	Thursday, 11/14	Friday, 11/15	Daily
Breakfast Burrito Oatmeal Bars Asst Fruit/Juice/Milk	Bacon/Egg/Cheese on on Croissant Nutrigrain Bars Asst Fruit/Juice/Milk	Breakfast Pizza Yogurt Parfait w/ Granola Asst Fruit/Juice/Milk	Pancake Sausage Bites WG Muffins Asst Fruit/Juice/Milk	Stuffed Bagel Bites Fruit Smoothie W/Granola Bar Asst Fruit/Juice/Milk	PBJ Uncrustable Yogurt/String Cheese Pop Tarts
Monday, 11/18	Tuesday, 11/19	Wednesday, 11/20	Thursday, 11/21	Friday, 11/22	Daily
Dutch Waffle Rice Krispie Asst Fruit/Juice/Milk	Sausage/Egg/Cheese on Bagel Granola Bars Asst Fruit/Juice/Milk	Mini Cinnis Yogurt Parfait w/ Granola Asst Fruit/Juice/Milk	French Toast w/ Sausage Cereal Bars Asst Fruit/Juice/Milk	Frudel Granola Bars Asst Fruit/Juice/Milk	PBJ Uncrustable Yogurt/String Cheese Cereal Bowls
Monday, 11/25	Tuesday, 11/26	Wednesday, 11/27	Thursday, 11/28	Friday, 11/29	Daily
Breakfast Burrito Oatmeal Bars Asst Fruit/Juice/Milk	Bacon/Egg/Cheese on on Croissant Nutrigrain Bars Asst Fruit/Juice/Milk	No School 	No School	No School	PBJ Uncrustable Yogurt/String Cheese Pop Tarts

High School Kitchen Manager: Amber Zimmerman amber_zimmerman@l-spioneers.org 717-464-3311 EXT 2013

This institution is an equal-opportunity employer and provider.

Menu subject to change without notice.

10/21/24 KAS