


Breakfast Menu

L-S Elementary K-5

BREAKFAST IS FREE TO ALL STUDENTS !!

November 2024

Breakfast includes one entrée, one fruit and/or juice, and a choice of milk.

Monday, 11/4	Tuesday, 11/5	Wednesday, 11/6	Thursday, 11/7	Friday, 11/8	
Frudel OR Cereal Bowl Asst Fruit/Juice/Milk	Sausage/Egg/Cheese on Croissant OR WG Cereal Bars Asst Fruit/Juice/Milk	Warm Oatmeal Round OR WG Pop Tarts Asst Fruit/Juice/Milk	WG Muffins (2) OR Go-Gurt & 1 Muffin Asst Fruit/Juice/Milk	No School	All main choices are whole grain-rich.
Monday, 11/11	Tuesday, 11/12	Wednesday, 11/13	Thursday, 11/14	Friday, 11/15	
Egg & Cheese Pancake Sandwich OR Cereal Bowl Asst Fruit/Juice/Milk	Dutch Waffle OR WG Cereal Bars Asst Fruit/Juice/Milk	Breakfast Pizza OR WG Pop Tarts Asst Fruit/Juice/Milk	WG Muffins (2) OR Go-Gurt & 1 Muffin Asst Fruit/Juice/Milk	Cini Mini's OR Benefit Bar Asst Fruit/Juice/Milk	
Monday, 11/18	Tuesday, 11/19	Wednesday, 11/20	Thursday, 11/21	Friday, 11/22	
Stuffed Bagel Bites OR Cereal Bowl Asst Fruit/Juice/Milk	Fruit & Yogurt Parfait OR WG Cereal Bars Asst Fruit/Juice/Milk	Ham/Egg/Cheese on Biscuit OR WG Pop Tarts Asst Fruit/Juice/Milk	WG Muffins (2) OR Go-Gurt & 1 Muffin Asst Fruit/Juice/Milk	Mini Pancakes OR Benefit Bar Asst Fruit/Juice/Milk	
Monday, 11/25	Tuesday, 11/26	Wednesday, 11/27	Thursday, 11/28	Friday, 11/29	
WG Donuts OR Cereal Bowl Asst Fruit/Juices/Milk	Mini French Toast OR WG Cereal Bars Asst Fruit/Juice/Milk	No School 	No School	No School	

Early Childhood Center & Lampeter Elementary Kitchen Manager: Missi McAleer milissa_mcaleer@l-spioneers.org 717-464-311 Ext 5013

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This institution is an equal-opportunity employer and provider.

Menu subject to change without notice. 10/21/24 KAS