

OUTDOOR EDUCATION

Medication Guidelines

-- PLEASE READ THIS PAGE CAREFULLY!--

If your child will be taking medications to Outdoor Education camp, please read the following procedure carefully.

- LVUSD and Camp Gilmore do not stock any medications, including over-the-counter medications (e.g., pain or fever-reducing medications, allergy medications, or creams), or emergency medications such as Epinephrine Auto-Injectors or Rescue Inhalers. Parents/Guardians must provide **ALL** medications that might be necessary during Outdoor Education. The medications should be given to your school nurse to take to camp.
- The *Authorization for Medication Taken During School Hours, School Activities, and Field Trips* forms must be completed by a parent **and** the child's physician for any new medications not already on file at the school, including over-the-counter medications, vitamins, and herbal supplements.
- All medication must be delivered in the original pharmacy-labeled or manufacturer's container. Medications will be dispensed only from properly labeled containers. **No medications will be accepted in plastic bags, unlabeled containers, or without the medication administration authorization form.**
- Over-the-counter medications must also be delivered in the original manufacturer's container and should be labeled with the child's name.
- All medications should be placed in a gallon zip-lock bag, labeled with the child's name and brought to the school health office **no later than Monday morning prior** to the week of outdoor education. The **only medications accepted on the day of departure** are emergency medications such as an inhaler, EpiPen, Glucagon, or those prescribed over the weekend.
- No medications of any kind, including over-the-counter medications, are allowed on your child's person. Children may carry inhalers or Epi-pens, which are medically necessary, but those medications should be turned into the health office first.
- Please send only the medications needed for the week. Do not send a bottle with a 30-/60-day supply.
- If the date on any prescription is more than one year old or if the medication has expired, the medication will not be accepted.
- Please send only essential medications with your child. Do not send vitamins unless prescribed by a physician.

AUTHORIZATION FOR ALL MEDICATIONS TAKEN DURING SCHOOL HOURS, SCHOOL ACTIVITIES AND FIELD TRIPS

This form must be completed at least annually and more frequently if the prescription changes in any way or as designated by the Individual.

Education Program (IEP) or in the Rehabilitation Act, Section 504 Plan.

1. Parent or Legal Guardian Section

Note: All medications must be prescribed, **including over-the-counter medications**. Medications must be in the original container and the label must include the child's name, name of the medication, dosage, method of administration, time schedule and name of physician or other licensed health care provider (LHCP). Please refer to Legal References Governing the Administration of Medication in Schools on the reverse side of this form.

I request that designated unlicensed, trained school staff or licensed nurse assist my child in taking this prescribed medication(s) (including prescribed over-the-counter medication). I understand that my child may not be assisted with medication at school until all requirements are met. I hereby give consent for a school nurse to communicate with my child's prescriber and/or the pharmacist and to counsel school personnel as needed with regard to my child's health. I agree to comply with local educational agency policies and regulations related to administering medication at school.

Name of Child Birth Date Student Identification Number

Name of School Grade Teacher/Room Number

List all medications routinely taken outside of school hours:

I will immediately notify the school if there are any changes in medications my child is taking at school.

- If ordered by a LHCP, I give consent for my child to self-administer emergency medication at school. I agree to and do hereby release and hold the local educational agency and its governing board, officers, agents, employees and volunteers harmless for any and all claims, demands, causes of action, liability or loss of any sort, because of or arising out of self-administration of the medication(s).

Signature of Parent or Legal Guardian Date Primary Telephone Alternate Telephone

2. Licensed Health Care Provider Section

The child named above is under my care for these diagnoses:

It is necessary for the child to receive the following prescribed medication(s) during school hours.

Name of Medication Dosage (be specific, i.e. milligrams, etc.) Time of day to be given Frequency and

Indication if "as needed" Method of administration Duration

Precautions or side effects

Storage and handling Routine handling, medication in locked storage and administered by authorized school personnel

On-site 72 hour disaster supply only

It is *Medical Necessity* for child to carry prescription for anaphylaxis, asthma, or diabetes, and indicate:

Designated school personnel to administer

Child trained to self-administer

Name of Medication Dosage (be specific, i.e. milligrams, etc.) Time of day to be given Frequency and

Indication if "as needed" Method of administration Duration

Precautions or side effects

Storage and handling Routine handling, medication in locked storage and administered by authorized school personnel

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Designated school personnel to administer

Child trained to self-administer Stamp LHCP name/address below:

Signature of LHCP or Supervising Physician Date

Name of LHCP (please print) License Number Office telephone

LEGAL REFERENCES GOVERNING THE ADMINISTRATION OF MEDICATION IN SCHOOLS

California *Business and Professions Code.*

Health Care Providers licensed to prescribe medication include:

- Section 2051, California licensed physicians and surgeons
- Section 1625, California licensed dentists
- Section 3041, California licensed optometrists
- Section 2472, California licensed podiatrists
- Section 2836.1, California licensed nurse practitioners
- Section 2746.51, California-certified nurse midwives
- Section 3502.1, California licensed physician assistants

California *Education Code.*

- Section 33031, State Board of Education adopt rules and regulations
- Section 49423, Auto-injectable epinephrine, assistance at school or carry and self-administer
- Section 49423.1, Inhaled asthma medication, assistance at school or carry and self-administer
- Section 49423.6, Regulations regarding administration of medication in public schools

NOTE: California *Education Code* 49423.5, specialized physical health care services, i.e., catheterization, gastric tube feeding, suctioning, or other services that require medically related training, may require additional forms and instructions signed by parent or legal guardian and physician. Request *Specialized Services* forms from school.

California Code of Regulations, Title 5, Education.

Section 601, Definitions

- (a) Authorized health care provider
- (b) Medication
- (c) Medication Log
- (d) Medication Record
- (e) Other designated school personnel
- (f) Parent or legal guardian
- (g) Regular school day
- (h) School nurse

Section 602, Written Statement of Authorized Health Care Provider.

Section 603, Written Statement of the Parent or Legal Guardian.

Section 604, Administration of Medication to Pupils or Otherwise Assisting Pupils in the Administration of Medication.

Section 605, Self-Administration of Medication.

Local Educational Agency Policies

Board Policy 5141.21, Administering Medication and Monitoring Health Conditions

Administrative Regulation 5141.21, Administering Medication and Monitoring Health Conditions