

OUTDOOR EDUCATION

Packing Checklist



Travel light!

- **ONE** suitcase/duffel bag + **ONE** sleeping bag
- Students are responsible for carrying their belongings.
- Label everything with a permanent marker.
- A duffel bag or other sturdy bag with handles and a shoulder strap is recommended.
- Do not use plastic bags as luggage or to hold sleeping bags or pillows.
- Plan for inclement weather. Wear layers and bring warm clothes.
- Wear hiking shoes or sturdy “tennis” shoes.
- Don’t bring brand-new clothes or shoes. Comfort is key!

✓ CLOTHING: The layered look is the most effective.

	2 pairs of pants/jeans 1 pair of pajamas
	1 jacket 3 pairs of shorts
	1 bathrobe, 1 sweatshirt
	5 T-shirts/blouses 4 pairs of underwear
	1 pair of sweatpants 1 ski cap/beanie
	5 pairs of socks 1 pair of flip flops for the shower
	1 hat for shade protection 1 bathing suit (for showering, if preferred)
	2 pairs of closed shoes 1 rain jacket
	Gloves (for nighttime activities)

✓ TOILETRIES: No aerosol cans! Makeup and hair spray are not allowed.

	Bag to carry toiletries, Soap
	Hand Lotion Bath Towel
	Shampoo/conditioner Chapstick
	Washcloth Comb/brush
	Toothbrush and toothpaste Deodorant (stick)
	Insect repellent (stick or lotion): No spray! Sunscreen (lotion, no spray)

✓ SUPPLIES

	Sleeping bag & pillow Small backpack
	Reusable 1-liter water bottle Flashlight
	Sunglasses