

# Lunch Menu

## Killingly Good Year ECC

November  
2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES

WWW.WHITSONS.COM

Monday

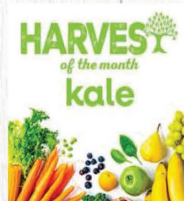
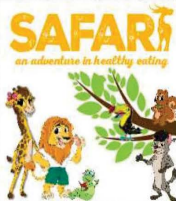
Tuesday

Wednesday

Thursday

Friday

Help #ShareWarmth with our Killingly community and donate new or gently used coats. All donations will go to the Killingly Family Resource Center.



- 1 Classic Cheese Pizza  
Garden Salad  
Pear and Pineapple Cup  
With Kale

### Alternate Lunch: Simply Boxed Protein Pack

- 4 Chicken Nugget & Mozzarella Stick Combo  
Cinnamon & Honey Roasted Beans  
Fruit Salad

No School  
Election Day

- 6 Nachos Grande  
Corn & Black Bean Salad  
Salsa  
Guacamole  
Sour Cream  
National Nacho Day

- 7 Bacon, Egg and Cheese Breakfast Sandwich  
Sliced Peaches  
Crispy Potato Puffs

- 8 Classic Cheese Pizza  
Garden Salad  
Organic Applesauce

### Alternate Lunch: Bagel Fun Lunch



- 12 Baked Chicken Tenders  
Oven Baked Fries  
Broccoli Florets  
Ranch Dressing  
Fresh Apple

- 13 Chicken and Roasted Broccoli Mac & Cheese  
Whole Wheat Dinner Roll  
Sliced Peaches

- 14 Whole Grain Pancakes with Sausage Syrup  
Crispy Potato Puffs  
Fresh Orange  
Early Release-Conferences  
BRUNCH LUNCH

- 15 Classic Cheese Pizza  
Fresh Cucumber Salad  
Ranch Dressing  
Organic Applesauce

### Alternate Lunch: Nacho Fun Lunch

- 18 Chicken Nugget & Mozzarella Stick Combo  
Cauliflower  
Pineapple Cup

- 19 Crispy Chicken Sandwich  
Baked Beans  
Baked Potato Wedges  
Pear and Pineapple Cup

- 20 Roasted Turkey with Gravy  
Mashed Potatoes  
Corn Bread Stuffing  
Sweet Corn  
Cranberry Sauce  
Thanksgiving Dinner

- 21 Baked Chicken Tenders  
Crispy Potato Puffs  
Fresh Orange  
Green Beans

- 22 Classic Cheese Pizza  
Carrot Sticks  
Fresh Red Delicious Apple  
Ranch Dressing

### Alternate Lunch: Sunbutter and Jelly

- 25 Cheesy Stuffed Bread Sticks  
Green Beans  
Applesauce  
MEATLESS MONDAY  
National Eat Lunch with a Friend Day!

- 26 Nachos Grande  
Sour Cream  
Mild Salsa  
Sweet Corn

- 27 American Combo Sandwich  
Carrot Dippers  
Baked Potato Crisps  
Ranch Dressing  
Early Release



SCHOOL CLOSED TODAY

### Alternate Lunch: Bagel Fun Lunch

View this menu on the mobile app, FDMealPlanner, or on the web at [www.FDMealPlanner.com](http://www.FDMealPlanner.com).

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

\*\*Menu is subject to change, notice posted when available.

\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.



#### Lunch Price

Paid Meals: \$3.00

Free/Reduced Meals: FREE

A la Carte Milk \$.50

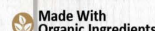
Manage your Child's Account Online! Go to [www.myschoolbucks.com](http://www.myschoolbucks.com)  
Students can purchase

food daily with Made With Natural Ingredients in advance via check.

#### ALL STUDENT LUNCH INCLUDE CHOICE OF

1% Milk or Low-Fat Chocolate Milk with a Vegetable Choice and or Fruit Choice Daily Fruits offerings: Apples, Bananas, Oranges, half cup of assorted canned fruit.

Assorted Condiments Available



This institution is an equal opportunity provider.