



# Nutrition Services Bellevue School District

## High School Lunch Menu November 2024

Lunch includes your choice of milk & a trip through the salad bar featuring a variety of fruits & vegetables.

This is an equal opportunity provider.  
Menus are subject to change.

Daily

**Burger with Baked Fries:** Spicy Chicken, Cheeseburger, Hamburger & Breaded Kickin' Burger (v)  
**Pizza:** Cheese (v) & Meat Lovers (contains pork)  
**Grab 'n Go:** Deli Turkey Ham & Cheese Sub, Cheese Trio Sub (v), Sunbutter & Jelly SW + String Cheese (v)  
**Boxed Salad:** Chicken Caesar, Mozzarella Caesar (v)  
**Hand-Wrapped Burrito:** Green Chili Bean & Cheese (v) with Baked Fries  
(v) indicates Vegetarian Entrée option which may contain egg and/or cheese

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

**04**  
Battered Alaskan Pollock Wedge with Baked Fries, Wheat Roll & Tartar Sauce

**05**  
**Nachos!**  
A. Seasoned Beef & Beans  
B. Refried Beans (v) with Jalapeno Cheese Sauce (v) & WG Tortilla Chips

**06**  
Deluxe Grilled Chicken Burger with Baked Fries

**07**  
*Gluten Free* Teriyaki Chicken with Steamed Green Beans & Sticky Brown Rice

**08**  
Chicken & Vegetable Dumpling Soup


**11**  
**Veteran's Day**  
No School

**12**  
A. Chicken Alfredo  
B. Vegetarian Alfredo (v) with Penne Pasta & Garlic Bread

**13**  
Mozzarella & Turkey Pepperoni Stuffed Calzone with Garlic Bread

**14**  
Breaded Chicken Leg & Waffle with Warm Apple Compote

**15**  
Chili Cheese Turkey Dog with Baked Tater Tots

 **LEAN & GREEN** **18**  
**Plant Powered** Sizzling Burrito Bowl (v) with Queso Blanco (v) & Salsa

**19**  
Mandarin Orange Chicken with Steamed Broccoli & Sticky Brown Rice

**20**  
Garlic Cheese Toast (v) with Marinara Dipping Sauce

**21**  
Breaded Chicken Katsu Sandwich with Baked Fries

**Thanksgiving Special!** **22**  
Roasted Turkey with WA Grown Potatoes, Wheat Roll, Gravy & Pumpkin Spice Cookie

**25**  
A. Turkey Bacon Cheeseburger  
B. Veggie Burger (v) with Baked Fries & Bellevue Sauce

**26**  
Chef's Choice

**27**  
Chef's Choice

**28**  
**Thanksgiving**  
No School

**29**  
**Thanksgiving**  
No School



**LEAN & GREEN** days feature a new meatless entree!

Our Thanksgiving Special will feature local potatoes from First Cut Farms in Mount Vernon, WA



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## High School Breakfast Menu November 2024

Breakfast Locations: Bellevue High, Interlake,  
Newport High, Sammamish

*Breakfast includes your choice of milk & a trip through the salad bar featuring a variety of fruits.*

(v) Indicates vegetarian entrée items which may contain egg and/or cheese

### Monday

Fresh Baked French Toast (v)

### Tuesday

Sunrise Calzone with Turkey Sausage, Egg & Cheese

### Wednesday

Strawberry & Cheese Stuffed Mini Bagels (v)

### Thursday

Cheesy Italian Bagel (v)

### Friday

Sunrise Calzone with Turkey Sausage, Egg & Cheese

**Offered Daily:** Assorted Cereal (v); Banana Bread (v); Bagel Sandwich with Turkey Sausage, Egg & Cheese; Bagel Sandwich with Egg & Cheese (v), Fruit-topped Yogurt Parfait & Graham Crackers; and Cinnamon Roll (v)

Check out the **Digital Menu** for Nutrition, Allergen, and Ingredient information! Or download the **My School Menus** mobile app. The menu is translated into over 75 languages!



Complete your **Application for Free or Reduced Priced Meals** today!  
Available at [www.bsd405.org/freeandreduced](http://www.bsd405.org/freeandreduced)  
*Applications must be renewed annually.*

**How to Pay for Meals:**  
Nutrition Services uses **PayPams** for online payments. Go to: <https://paypams.com> for more information.  
  
*There is a \$2.95 fee per family for credit card payments. **NEW!** PayPams will now accept Direct Withdrawals from a bank account. This option has a \$1.95 transaction fee. You may also pay for meals by check (payable to Bellevue School District) or cash at your child's school.*

**We're Hiring Kitchen Assistants!**

- Work during the school schedule
- Paid holidays!
- \$21.37 starting hourly rate
- Full benefits offered with 17.5 hours/week
- Apply online at <https://bsd405.tedk12.com/hire>