



Nutrition Services Bellevue School District

Elementary Lunch Menu November 2024

Lunch includes your choice of milk & a trip through the salad bar featuring a variety of fruits & vegetables.

This is an equal opportunity provider.
Menus are subject to change.

Daily Daily Lunch Entrée Choices:
 Hand-wrapped Bean & Cheese Burrito (v)
 Breaded Chicken Burger
 Sunbutter & Jelly Sandwich + String Cheese (v)
 (v) Indicates vegetarian entrée item which may contain eggs and/or cheese

Monday **Tuesday** **Wednesday** **Thursday** **Friday**

04
 Gluten Free Teriyaki
 Chicken with Steamed
 Green Beans & Brown
 Rice

05
 Flaky Egg & Cheese
 Croissant Sandwich (v)
 with Hashbrown Patty

06
 Mac 'n Cheese (v) with
 Steamed Broccoli &
 Wheat Roll

07
 Mozzarella-stuffed
 Breadsticks (v) with
 Marinara Dipping Sauce

01
Scratch-made!
 A. Butter Chicken
 B. Butter Chickpeas (v)
 with Warm Flatbread

11
Veteran's Day
 No School


12
 A. Chicken Alfredo
 B. Vegetarian Alfredo (v)
 with Penne Pasta &
 Breadstick

13
 WG Pancakes with
 Strawberry Compote &
 Omelet (v)

14
 French Bread Cheese
 Pizza (v)

08
 A. Crispy Fish Nuggets
 B. Kickin' Nuggets (v)
 with Baked Fries &
 Wheat Roll

15
Nachos!
 A. Seasoned Beef & Beans
 B. Black Beans (v)
 with Cheddar Cheese &
 WG Tortilla Chips

 **LEAN & GREEN** **18**
 Crispy Falafel (v) &
 Hummus (v) on Warm
 Flatbread

19
 Mandarin Orange
 Chicken with Steamed
 Broccoli & Brown Rice

20
 Soft Pretzel with
 Dippable Cheese Sauce
 (v) and String Cheese (v)

21
 Garlic Cheese Ripper (v)
 with Marinara Dipping
 Sauce

Thanksgiving Special! **22**
 A. Roasted Turkey
 B. Kickin' Nuggets
 with Washington Grown
 Potatoes & Wheat Roll

Elementary Conference **25**
 A. Cheeseburger
 B. Veggie Burger (v)
 with Potato Smiles

Elementary Conference **26**
 Chef's Choice

27
 Chef's Choice

28
Thanksgiving
 No School

29
Thanksgiving
 No School

 **LEAN & GREEN days feature a new meatless entree!**

Our Thanksgiving Special will feature local potatoes from First Cut Farms in Mount Vernon, WA



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Elementary Breakfast Menu November 2024

Breakfast Locations: Ardmore, Clyde Hill, Enatai, Lake Hills, Newport Heights, Phantom Lake, Sherwood Forest, Spiritridge & Stevenson

Breakfast includes your choice of milk & a trip through the salad bar featuring a variety of fruits.

(v) Indicates vegetarian entrée items which may contain egg and/or cheese

Monday

Mini Maple Waffles
(v)

Tuesday

Fresh Baked French Toast (v)

Wednesday

Whole Grain Bagel with Cream Cheese
(v)

Thursday

Pancake Wrapped Turkey Sausage

Friday

Cheesy Italian Bagel
(v)

Offered Daily: *Kid's Choice* - Select 1-2 items from Low-fat (Gelatin-free) Yogurt, Whole Grain Blueberry Muffin, Assorted Whole Grain Cereals (WG Cheerios, Gluten-Free Cinnamon Chex, WG Cinnamon Toast Crunch), and Whole Grain Bunny Crackers

Check out the **Digital Menu** for Nutrition, Allergen, and Ingredient information! Or download the **My School Menus** mobile app. The menu is translated into over 75 languages!



Complete your **Application for Free or Reduced Priced Meals** today!
Available at www.bsd405.org/freeandreduced
Applications must be renewed annually.

How to Pay for Meals:
Nutrition Services uses **PayPams** for online payments. Go to: <https://paypams.com> for more information.

*There is a \$2.95 fee per family for credit card payments. **NEW!** PayPams will now accept Direct Withdrawals from a bank account. This option has a \$1.95 transaction fee. You may also pay for meals by check (payable to Bellevue School District) or cash at your child's school.*

We're Hiring Kitchen Assistants!

- Work during the school schedule
- Paid holidays!
- \$21.37 starting hourly rate
- Full benefits offered with 17.5 hours/week
- Apply online at <https://bsd405.tedk12.com/hire>