



# TRADITIONS AT MCI

## WINTER CARNIVAL



The first week of March our students gather for a series of class competitions based in the wintry snow that Maine is known for. From common sports like **Basketball** and **Volleyball**, to unique competitions like **Sledding Relays** and **Snow Sculptures**, each MCI student gets to take part in our Winter Carnival and make what are some of their best memories on campus.



# HOMECOMING



Homecoming weekend marks the time when many MCI alumni venture back to our campus, and the occasion is marked by a variety of **sports contests, events, and class competitions**. Taking place in the Fall, this is often the first large moment of bonding and school spirit with our students, and it is **always a lasting memory here at MCI**.





# INTERNATIONAL FOOD FESTIVAL



Since 2007, MCI features our popular International Food Festival to celebrate the rich **cultural diversity** of our students and faculty. Students and advisors plan and prepare **food offerings**, showcase **music entertainment** from their home countries, develop promotional materials, and host the open-house event that has become a fun, family event in the Spring for **hundreds of area foodies and school supporters**.



# MANSON ESSAY



The Manson Essay is a major paper and speech written by all MCI juniors. The objectives of the Manson Essay are to write a thesis paper using different types of sources, to provide a **logical defense of a point of view** in both written and oral formats, to demonstrate competency in formal documentation of primary and secondary sources, and to **develop organization, independent learning, and time management skills**.