

TRADITIONS AT MCI



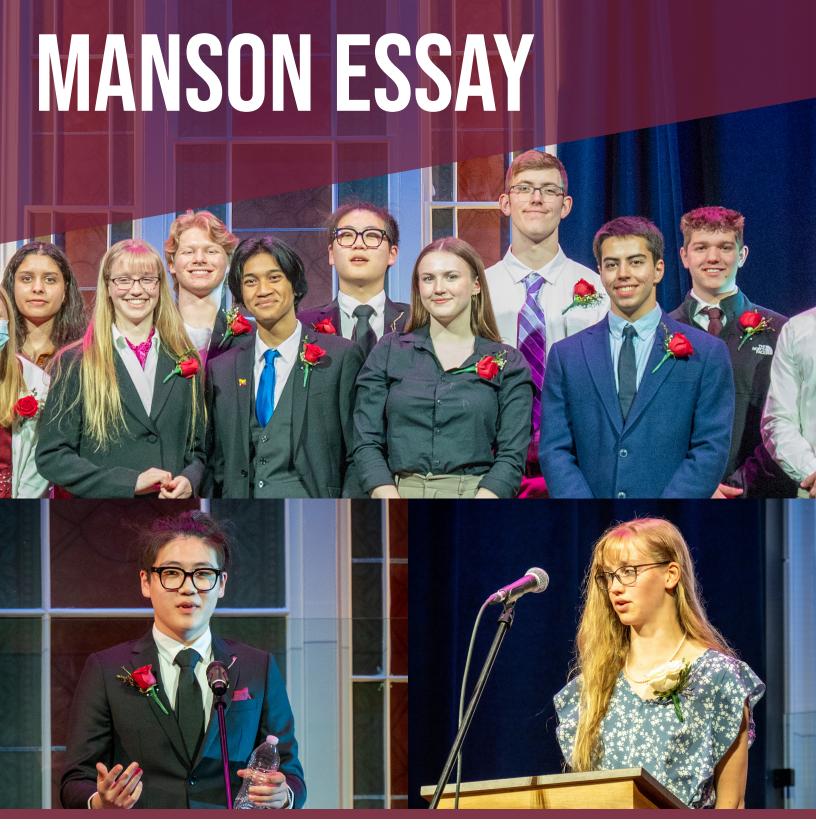
The first week of March our students gather for a series of class competitions based in the wintery snow that Maine is known for. From common sports like **Basketball** and **Volleyball**, to unique competitions like **Sledding Relays** and **Snow Sculptures**, each MCI student gets to take part in our Winter Carnival and make what are some of their best memories on campus.



Homecoming weekend marks the time when many MCI alumni venture back to our campus, and the occasion is marked by a variety of **sports contests**, **events**, **and class competitions**. Taking place in the Fall, this is often the first large moment of bonding and school spirit with our students, and it is **always a lasting memory here at MCI**.



Since 2007, MCI features our popular International Food Festival to celebrate the rich cultural diversity of our students and faculty. Students and advisors plan and prepare food offerings, showcase music entertainment from their home countries, develop promotional materials, and host the open-house event that has become a fun, family event in the Spring for hundreds of area foodies and school supporters.



The Manson Essay is a major paper and speech written by all MCI juniors. The objectives of the Manson Essay are to write a thesis paper using different types of sources, to provide a logical defense of a point of view in both written and oral formats, to demonstrate competency in formal documentation of primary and secondary sources, and to develop organization, independent learning, and time management skills.