



NOVEMBER

PES Breakfast



Daily Choices

- Cereal
- Peanut Butter + Jelly
- Milk or Juice
- Fruit

Notes:

RSU 5 is an equal opportunity provider.

RSU 5 reserves the right to substitute menus due to supply shortages, but we will put every effort to provide a similar alternative whenever possible.

All grain-based items are whole grain-rich and lower-sugar school nutrition formulations.

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Chef's Choice
4 Blueberry Pancake	5 No School	6 Bacon, Egg and Cheese Tornado	7 Breakfast Pizza	8 Chef's Choice
11 Veteran's Day No School	12 Omelet + Biscuits	13 Yogurt + Granola	14 Sausage, Egg and Cheese Breakfast Sandwich	15 Chef's Choice
18 Blueberry Pancake	19 Waffle Breakfast Sandwich	20 Bacon Egg and Cheese Tornado	21 Breakfast Pizza	22 Chef's Choice
25 French Toast Tornado	26 Omelet Biscuit	27 No School	28 Happy Thanksgiving! No School	29 No School

