

NOVEMBER

FHS BREAKFAST

CHOOSE FROM:

CEREALS

BREAKFAST SANDWICHES

BREAKFAST PIZZA

BAGELS + CREAM CHEESE

MUFFINS

BREAKFAST BREADS

BREAKFAST BUNS

OATMEAL

BREAKFAST STICKS

ALL GRAIN ITEMS ARE WHOLE GRAIN RICH

DAILY CHOICES

MILK

JUICE

FRESH FRUIT

FRUIT CUPS

RSU 5 IS AN EQUAL OPPORTUNITY PROVIDER.
RSU 5 RESERVES THE RIGHT TO SUBSTITUTE MENUS DUE TO SUPPLY
SHORTAGES, BUT WE WILL PUT EVERY EFFORT INTO PROVIDING A SIMILAR
ALTERNATIVE WHENEVER POSSIBLE.

