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**HEALTH, FAMILY LIFE AND SEX EDUCATION**

Health, family life, sex education and human sexuality including information about parts of the body, the study of the anatomy and the physiology of human reproduction, and characteristics or qualities that distinguish between maleness and femaleness may be included in the instructional program as appropriate to the grade level and course of study. Interested parents and community groups shall be encouraged to become involved in the planning, development, evaluation and revision of any instruction in sex education and human sexuality offered as a part of the school program. Parents may ask to review the materials to be used and may, in writing, request that their child be excluded from sex education and human sexuality classes.

Effective September 1, 2008:

Sexual health education instruction offered by the district shall be medically accurate, age appropriate, appropriate for students regardless of gender, race, disability status, or sexual orientation and include information about abstinence and other methods of preventing unintended pregnancy and sexually transmitted diseases. Abstinence may not be taught to the exclusion of other instruction on contraceptives and disease prevention. The district's sexual health curriculum shall be consistent with the guidelines for sexual health information and disease prevention developed by the department of health and the office of superintendent of public instruction.

The superintendent shall distribute forms to parents who wish to exercise this right. Students who are excused shall be provided alternative educational opportunities.

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**Cross Reference:**

Board Policy 2020 Curriculum Development and Adoption of Instructional Materials

Board Policy 2126 AIDS Prevention Education

**Legal References:**

WAC 392-410-140 Sex Education –Definition—Optional course  
Course or subject matter—Excusal of students

Management Resources: *Policy News*, August 2007 Sex Education Curriculum and Instruction

Adoption Date: February 13, 2008