

2024

NOVEMBER

SECONDARY SCHOOLS BREAKFAST MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Breakfast meals are served at no charge to students.

Ala Carte items are available to all students that carry a positive lunch account balance



1 Sausage Gravy over Biscuits
Assorted Cold Cereal
Fruit & Yogurt Parfait
Assorted Fruit
Assorted Juice
Choice of Milk

Day 2

4 Sausage Egg N Cheese Muffin
Assorted Cold Cereal
Fruit & Yogurt Parfait
Assorted Fruit
Assorted Juice
Choice of Milk

Day 3

5 Ham Egg N Cheese Croissant
Potato Coins
Fruit & Yogurt Parfait
Assorted Fruit
Assorted Juice
Choice of Milk

Day 4

6 French Toast Sticks/ Sausage
Assorted Cold Cereal
Fruit & Yogurt Parfait
Assorted Fruit
Assorted Juice
Choice of Milk

Day 5

7 Fresh Baked Cinnamon Rolls
Assorted Cold Cereal
Fruit & Yogurt Parfait
Assorted Fruit
Assorted Juice
Choice of Milk

Day 6

8 NO SCHOOL

11 Sausage Egg N Cheese Muffin
Assorted Cold Cereal
Fruit & Yogurt Parfait
Assorted Fruit
Assorted Juice
Choice of Milk

Day 1

12 Ham Egg N Cheese Croissant
Potato Coin
Fruit & Yogurt Parfait
Assorted Fruit
Assorted Juice
Choice of Milk

Day 2

13 French Toast Sticks/ Sausage
Assorted Cold Cereal
Fruit & Yogurt Parfait
Assorted Fruit
Assorted Juice
Choice of Milk

Day 3

14 Fresh Baked Cinnamon Rolls
Assorted Cold Cereal
Fruit & Yogurt Parfait
Assorted Fruit
Assorted Juice
Choice of Milk

Day 4

15 Sausage Gravy over Biscuits
Assorted Cold Cereal
Fruit & Yogurt Parfait
Assorted Fruit
Assorted Juice
Choice of Milk

Day 5

18 Sausage Egg N Cheese Muffin
Assorted Cold Cereal
Fruit & Yogurt Parfait
Assorted Fruit
Assorted Juice
Choice of Milk

Day 6

19 Ham Egg N Cheese Croissant
Potato coin
Fruit & Yogurt Parfait
Assorted Fruit
Assorted Juice
Choice of Milk

Day 1

20 French Toast Sticks/ Sausage
Assorted Cold Cereal
Fruit & Yogurt Parfait
Assorted Fruit
Assorted Juice
Choice of Milk

Day 2

21 Fresh Baked Cinnamon Rolls
Assorted Cold Cereal
Fruit & Yogurt Parfait
Assorted Fruit
Assorted Juice
Choice of Milk

Day 3

22 Sausage Gravy over Biscuits
Assorted Cold Cereal
Fruit & Yogurt Parfait
Assorted Fruit
Assorted Juice
Choice of Milk

Day 4

25 Sausage Egg N Cheese Muffin
Assorted Cold Cereal
Fruit & Yogurt Parfait
Assorted Fruit
Assorted Juice
Choice of Milk

Day 5

26 Ham Egg N Cheese Croissant
Potato Coin
Fruit & Yogurt Parfait
Assorted Fruit
Assorted Juice
Choice of Milk

Day 6

27 French Toast Sticks/ Sausage
Assorted Cold Cereal
Fruit & Yogurt Parfait
Assorted Fruit
Assorted Juice
Choice of Milk

Day 1

28 Fresh Baked Cinnamon Rolls
Assorted Cold Cereal
Fruit & Yogurt Parfait
Assorted Fruit
Assorted Juice
Choice of Milk

Day 2

29 NO SCHOOL