



Ryan Elementary School Approved Snack List

Children have many shared spaces in an elementary school. From the tables in the classrooms and hallways to the Specials classrooms and playground, cross contamination is a real concern when it comes to children with life threatening food allergies. It is difficult to ensure that all children wash their hands and properly wipe down surfaces after they have eaten a snack, which makes it very possible for one child to eat a snack that is an allergen to another student and not even realize they shared a space, putting the child with an allergy at risk. In an effort to provide a safe and healthy educational environment for all kids, Ryan is adopting an approved snack list for all grade levels. We greatly appreciate your support of this policy by making sure that any snack you send with your child, that is intended to be consumed outside of the cafeteria, come from the following list.....

Let's be healthy.

Fruits and Veggies

ALL fresh fruit/veggies

ALL dried fruit/veggies

Pretzel/Crackers (no fillings)

Wheat Thins

Flips

Triscuits

Cheez-its

Wheatables

Animal Crackers

Graham Snacks

Standard Graham Crackers

Teddy/Scooby Grahams

Annie's Bunnies

More Choices

Nutri-Grain Bars

Special K bars in fruit flavors

Smartfood Popcorn- plain or cheddar

Vanilla Wafers

Fig Newtons

Goldfish/cheddar bunnies

Gummy fruit snacks/rollups

Pirate's Booty corn puffs

Rice cakes or rice chips

Pita chips

Sun chips

Ginger snaps

Veggie chips