

Hook Jr High Athletics

Proudly Announces the 24/25 Coaching Staff



Wrestling Head Coach
Garland Brackenridge
Andre Freeman
Marta Kapelos

Season: September
through October

Volleyball Coaches
Kaitlin Fenton
Jesus Prado

Season: End of
October through
December

Cross Country Coach
Jason Frederickson

Season: August through
September



Track and Field Coaches
Jason Fredrickson
Ricky Rocco

Season: March through
May



Soccer Coaches
Jason Swift
PaulChris Okpala

Season: March through
May

Basketball Coaches
Jay Brown

Garland Brackenridge
Assistant Coaches
Jaycee Vick
Ricky Rocco

Season: January through
March