

Prices 2024-2025
Student Lunch \$2.90
Adult Lunch \$5.00
Reduced Lunch FREE

NOVEMBER

GHMS LUNCH 2024

Prepared by CVSD (717)556-0025

BUCKSKIN BAG

- #1 WG Mini Pretzels, String Cheese, Peanut Butter, Grahams
- #2 WG Sun Chips, Turkey Stick, Mini Loaf, Sunflower Seeds
- #3 WG Grahams, Yogurt, Peanut Butter, Mini Muffin
- #4 WG Chex Mix, Turkey Stix, Mini Loaf, Cheese Stix

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Pizza Sticks w/ Sauce or Buckskin Bag #2 or Deli Salad / Sun Chips /Breadstick Steamed Carrots Cucumbers w/ Ranch Apple Sauce / Fresh Fruit Milk
4 Pretzel Bun w/ Cheese or Buckskin Bag #3 Cobb Salad / Fritos / WG Roll Tomato Soup / Goldfish Crackers Celery Stix w/ Ranch Peaches / Fresh Fruit Milk	5 HOLIDAY DINNER Turkey w/ Gravy / WG Roll Mashed Potatoes / Stuffing or PBJ or Cobb Salad / Fritos / WG Roll Steamed Corn Baby Carrots w/ Ranch Applesauce / Fresh Fruit Milk	6 Walking Taco or Buckskin Bag #3 or Cobb Salad / Fritos / WG Roll Mexican Bean Salad Lettuce / Tomato / Cheese Pears / Fresh Fruit Milk	7 Cheese Pizza or PBJ or Cobb Salad / Fritos / WG Roll Steamed Green Beans Broccoli Florets w/ Ranch Mixed Fruit / Fresh Fruit Milk	8 Fish Stix w/ Mac and Cheese Coleslaw / Sun Chips or Buckskin Bag #3 or Cobb Salad Steamed Peas Grape Tomatoes w/ Ranch Apple Slices Milk
11 Enchiladas w/ Sauce / Fritos Buckskin Bag #4 or Italian Salad / Goldfish / Breadstick Mexican Street Corn Bake Cucumber w/ Ranch Pears / Fresh Fruit Milk	12 Egg Omelet / Sausage Links / Biscuit or Italian Meat on WG Roll or Italian Salad / Goldfish / Breadstick Parsley Potatoes Baby Carrots w/ Ranch Cinnamon Apples / 100% Fruit Juice Milk	13 Rotini Pasta Meat Sauce / Breadstick or Buckskin Bag #4 or Italian Salad / Goldfish / Breadstick Steamed Mixed Vegetables Spring Mix Mini Salad w/ Ranch Peaches / Fresh Fruit Milk	14 Popcorn Chicken / Steamed Rice Eggroll / Orange Sauce or Italian Meat on WG or Italian Salad / Goldfish / Breadstick Steamed Broccoli Grape Tomatoes w/ Ranch Mixed Fruit / Fresh Fruit Milk	15 Pizza Stix w/ Sauce or Buckskin Bag #4 or Italian Salad / Goldfish / Breadstick Baked Beans Celery Stix w/ Ranch Apple Sauce / Fresh Fruit Milk
18 Chicken Patty on WG or Buckskin Bag #1 or Garden Salad / Cheez Its / Breadstick French Fries / Baked Beans Shredded Lettuce & Tomato Pears / Fresh Fruit Milk	19 Cheesy Pull-a-Parts or PBJ or Garden Salad / Cheez Its / WG Roll Tomato Soup / Goldfish Crackers Broccoli Florets w/ Ranch Mixed Fruit / Fresh Fruit Milk	20 Sriracha Chicken / Snack Bag or Buckskin Bag #1 or Garden Salad / Cheez Its / WG Roll Scalloped Potatoes Celery Stix / Ranch Peaches / Fresh Fruit Milk	21 Soft Shell Taco or PBJ or Garden Salad / Cheez Its / WG Roll Steamed Corn Lettuce / Tomato / Cheese Apple Sauce / Fresh Fruit Milk	22 EARLY DISMISSAL French Bread Pizza or PBJ Steamed Mixed Vegetables Baby Carrots w/ Ranch Dole Fruit Jell-O Milk
25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL	28 NO SCHOOL	29 NO SCHOOL

LUNCH SELECTION CHOICE INCLUDES:

1. **HOT ENTRÉE: INCLUDES MEAT/MEAT ALT, WG, VEGETABLE, FRUIT**
2. **COLD SANDWICH / PBJ: INCLUDES MEAT/MEAT ALT, WG, VEGETABLE, FRUIT**
3. **BUCKSKIN BAG INCLUDES: INCLUDES MEAT/MEAT ALT, WG, VEGETABLE, FRUIT**
FAT FREE MILK SERVED DAILY

MENU SUBJECT TO CHANGE

- Garden Salad (Greens, Tomato, Cucumber, Carrot, Pepper, Sunflower Seeds, Cheddar)
- Deli Salad (Greens, Tomato, Cucumber, Red Onion, Peppers, Egg, Turkey Ham, Mozzarella)
- Cobb Salad (Greens, Tomato, Cucumber, Carrot, Egg, Turkey Bacon Grilled Chicken, Cheddar)
- Italian Salad (Greens, Tomato, Carrots, Red Onion, Pepper, Turkey Pepperoni, Mozzarella)