

# Menus for November 2024



Bethel School  
District  
Elementary Menu

*This institution is an  
equal opportunity  
provider and employer.*

## Friday, November 1

### Breakfast

Freshly Baked Scone or  
Mini Blueberry Bread  
Fruit & Juice  
Non-Fat or 1% White Milk

### Lunch

Cheeseburger  
w/ Crispy French Fries  
Fresh Fruit & Veggie Bar  
1% White or Non-Fat Chocolate/White Milk

## Monday, November 4

### Breakfast

Mini Cinnamon Rolls or  
Yogurt w/ Granola  
Fruit & Juice  
Non-Fat or 1% White Milk

### Lunch

Personal Pepperoni Pizza  
w/ Kernel Corn  
Fresh Fruit & Veggie Bar  
1% White or Non-Fat Chocolate/White Milk

## Tuesday, November 5

### Breakfast

Mini Pancakes or  
Blueberry Parfait  
Fruit & Juice  
Non-Fat or 1% White Milk

### Breakfast for Lunch!

Fluffy Pancakes  
w/ Cheese Omelet  
Fresh Fruit & Veggie Bar  
1% White or Non-Fat Chocolate/White Milk

## Wednesday, November 6

### Breakfast

Egg & Cheese Muffin  
Or Banana Bread  
Fruit & Juice  
Non-Fat or 1% White Milk

### New Lunch!

Black Bean Empanada  
w/ Queso  
Fresh Fruit & Veggie Bar  
1% White or Non-Fat Chocolate/White Milk

## Thursday, November 7

### Breakfast

Sausage & Egg Burrito or  
Breakfast Cereal  
Fruit & Juice  
Non-Fat or 1% White Milk

### Lunch

Spaghetti Spirals &  
Meat Sauce  
Fresh Fruit & Veggie Bar  
1% White or Non-Fat Chocolate/White Milk

## Friday, November 8

### Breakfast

Yeehaw! Cowboy bread or  
Mini French Toast  
Fruit & Juice  
Non-Fat or 1% White Milk

### Lunch

Crispy Chicken Sandwich  
Bethel Baked Beans  
Fresh Fruit & Veggie Bar  
1% White or Non-Fat Chocolate/White Milk