

November 2024 | Pre-K Breakfast



Announcements:

Our unit priced breakfast consists of 3 food components placed on the student's tray

Required Daily Breakfast Food Components:
Whole Grain
Fruit
Milk

All breakfast cereals and pastries contain at least 51% whole grain.



Families who think they may qualify for free or reduced priced meals can apply at www.schoolcafe.com

Households must reapply every year to maintain free or reduced price meals if eligible

Households must reapply every year to maintain free or reduced price meals if eligible



TOMBALL
INDEPENDENT SCHOOL DISTRICT
Not just a district, a destination.

Monday	Tuesday	Wednesday	Thursday	Friday
 <h3>Carrots</h3> <p>Season in Texas: August - May</p> <p>Did you know?</p> <p>You can eat all parts of the carrot; leaves can be made into pesto or added to a salad, carrot flowers can also be added to salads or turned into jelly, the seeds are used to flavor other foods</p> 				
4 Student Holiday Student Breakfast: \$1.50 Adult Breakfast: \$3.10	5 Student Holiday Voting Day 1% White Milk offered daily.	6 Egg & Cheese Hashbrown Fresh Fruit Low-Fat White Milk	7 Mini-Waffle 100% fruit juice Low-Fat White Milk	8 Whole Grain Cereal Chilled Fruit Low-Fat White Milk
11 Mini-Pancakes 100% fruit juice Low-Fat White Milk	12 Whole Grain Cereal 100% fruit juice Low-Fat White Milk	13 Egg & Cheese Hashbrown Fresh Fruit Low-Fat White Milk	14 Mini-Waffle 100% fruit juice Low-Fat White Milk	15 Whole Grain Cereal Chilled Fruit Low-Fat White Milk
18 Mini-Pancakes 100% fruit juice Low-Fat White Milk	19 Whole Grain Cereal 100% fruit juice Low-Fat White Milk	20 Egg & Cheese Hashbrown Fresh Fruit Low-Fat White Milk	21 Mini-Waffle 100% fruit juice Low-Fat White Milk	22 Whole Grain Cereal Chilled Fruit Low-Fat White Milk
25 Thanksgiving Holiday	26 Thanksgiving Holiday	27 Thanksgiving Holiday	28 Happy Thanksgiving	29 Thanksgiving Holiday

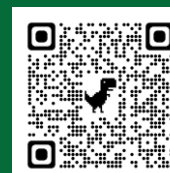


Menus are Subject to Change

Food and Nutrition Division
www.SquareMeals.org

TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

This product was funded by USDA. This institution is an equal opportunity provider.



Updated 6/6/2024

National School Lunch Program

November 2024 | Pre-K Lunch



Announcements:

Our unit priced lunch consists of all 5 food components placed on the student's tray

Required 5 Food Components at Lunch:
Meat/Meat Alternate
Whole Grain
Fruits, Vegetables
Milk



All lunch rolls, tortillas, rice, pastas and other bread items contain at least 51% whole grain.

Families who think they may qualify for free or reduced priced meals can apply at www.schoolcafe.com

Households must reapply every year to maintain free or reduced price meals if eligible



TOMBALL
INDEPENDENT SCHOOL DISTRICT
Not just a district, a destination.

Monday	Tuesday	Wednesday	Thursday	Friday
 <h3>Carrots</h3> <p>Season in Texas: August - May</p> <p>Did you know?</p> <p>You can eat all parts of the carrot; leaves can be made into pesto or added to a salad, carrot flowers can also be added to salads or turned into jelly, the seeds are used to flavor other foods</p> 				
4 Student Holiday Student Lunch: \$2.50 Adult Breakfast: \$4.60	5 Student Holiday Voting Day 1% White Milk offered daily.	6 Chicken Nuggets Vegetables, Fruits Breadstick & Milk	7 Fish Sticks Vegetables, Fruits Milk	8 Cheeseburger Vegetables, Fruits Milk
11 Cheese Stuffed Breadstick Vegetables, Fruits Milk	12 Bean & Cheese Pupusa Vegetables, Fruits Milk	13 Steak Fingers & Roll Vegetables, Fruits Dinner Roll & Milk	14 6 Inch Round Pizza Vegetables, Fruits Milk	15 Chicken Sandwich Vegetables, Fruits Milk
18 Breakfast for Lunch! French Toast, Sausage & Scrambled Eggs Hash Browns, Fruit Milk	19 Soft Taco Vegetables, Fruits Milk	20 Steak Fingers & Roll Vegetables, Fruits Dinner Roll & Milk	21 Fish Sticks Vegetables, Fruits Milk	22 Cheeseburger Vegetables, Fruits Milk
25 Thanksgiving Holiday	26 Thanksgiving Holiday	27 Thanksgiving Holiday	28 Happy Thanksgiving	29 Thanksgiving Holiday

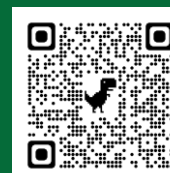


Menus are Subject to Change

Food and Nutrition Division
www.SquareMeals.org

TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

This product was funded by USDA. This institution is an equal opportunity provider.



Updated 6/6/2024

National School Lunch Program