

08/26/2024



**NORTH MISSISSIPPI
MEDICAL CENTER**
Wellness Center

**1030 South Madison Street
Tupelo, MS
662.377.4141**

Benefit Package to Tupelo Public School employees:

- Must be enrolled in our state health insurance Plan to join under TPSD package
- Employee pays a one-time fee of \$50; **6 visits per quarter** required to maintain membership. District pays monthly dues (regular price \$99 joining fee plus \$53 per mth). \$50 fee includes optional health assessment
- Spouse and dependent children (age 12-26) may also join if enrolled on state health insurance Plan under employee (they also pay \$50 each to join)
- Group exercise classes included with membership (pool, too!)
- Wellness Center members receive reduced pricing in the Therapeutic Day Spa located in the Tupelo facility
- Wellness Center hours:
 - o Mon-Fri 5:00 AM – 8:00 PM
 - o Saturday 7:00 AM - 6:00 PM
 - o Sunday 1:00 - 6:00 PM
- Access to satellite facilities (Baldwyn, Pontotoc, Iuka, Eupora, West Point, Amory and Hamilton, AL)
- Dietician available \$40 first visit
- Personal Trainers available \$50/hr; \$40/half hr