

FOOTHILL HORIZONS SAMPLE MENU



FOUR-DAY MENU

	DAY 1	DAY 2	DAY 3	DAY 4
BREAKFAST	<p>I SCHOOL BREAKFAST.</p>	<p>Scrambled Eggs (*E)</p> <ul style="list-style-type: none"> • Hash Brown (*S) • Rice Krispies • Orange Juice • Milk (*D) 	<p>Sausage</p> <ul style="list-style-type: none"> • Biscuit (*G, D, S) • Cheerios • Hash browns (*S) • Orange juice • Milk (*D) 	<p>Go Gurt</p> <ul style="list-style-type: none"> • Cinnamon Roll (*G, E) • Rice Krispies • Banana • Milk (*D)
LUNCH	<p>Marinara with</p> <ul style="list-style-type: none"> • meat sauce & • Penne pasta (*G) • Sliced cucumber • Green salad • Sliced oranges • Milk (*D) 	<p>Frito boat with</p> <ul style="list-style-type: none"> • chili & cheese (*D) • Broccoli salad • Apples • Milk (*D) 	<p>Deli sandwich with (*G, S)</p> <ul style="list-style-type: none"> • turkey & cheese (*D) • Potato salad • Sliced oranges • Milk (*D) 	<p>Corn dog (*G, E, S)</p> <ul style="list-style-type: none"> • Baked beans • Apples • Milk (*D)
DINNER	<p>Chicken taco meat</p> <ul style="list-style-type: none"> • Corn tortilla • Salsa • Corn • Salad bar • Milk (*D) 	<p>Pizza (*G, D, S)</p> <ul style="list-style-type: none"> • (Turkey pepperoni, cheese, crust & sauce) • Carrots • Salad bar • Milk (*D) 	<p>Spicy chicken sandwich (*G, S)</p> <ul style="list-style-type: none"> • (Bun & chicken patty) • Garnish platter • (Lettuce, tomato, and pickle) • Salad bar • Milk (*D) 	

We can accommodate most special diets—for full policy, please see our website

AVAILABLE CONDIMENTS

Syrup
Ranch

Ketchup
Tapatio

Mustard
Pepper

MEAL COMPONENTS

PROTEIN

GRAIN

VEGETABLE

FRUIT

DAIRY

*ALLERGEN KEY

D = Dairy

E = Egg

G = Gluten/Wheat

S = Soy

P = Peanut

T = Tree Nuts (Not Served on site)

F = Fish (Not Served on site)

S = Shellfish (Not Served on site)

The menu is subject to change.

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