

WELLNESS: 0300P

Wellness Promotion and Marketing:

- FWPS will promote and market wellness initiatives to students, staff, and families using positive and inclusive messaging.
 - Schools should promote walking and biking to school.
- Marketing efforts will emphasize the importance of healthy eating, physical activity, and overall well-being.
 - Schools should develop joint-use agreements in order to provide physical activity opportunities for community members at the school.
 - Schools will attempt to limit advertising of unhealthy products in school publications. All ads should be approved by the principal before being printed or included on the school website.
- FWPS will discourage the marketing and advertising of foods and beverages that do not meet nutrition standards on campus or in our education materials.

Implementation, Evaluation, and Communication:

- FWPS will establish a Wellness Committee composed of representatives from various stakeholders to oversee policy implementation and monitor progress.
- Regular evaluations and assessments will be conducted to measure the effectiveness of wellness programs and initiatives.
 - The Superintendent or designee shall ensure compliance with established district-wide nutrition and physical activity policies. In each school, the building administrator or designee shall ensure compliance.
- FWPS will communicate the wellness policy and related information to all stakeholders, including staff, students, parents, and the broader community.

Policy Review:

The FWPS Wellness Committee will review and update the wellness policy at least every three years, considering feedback from stakeholders and current best practices in the field of student wellness.

- The triennial progress report will be posted on the district website. The report will include an assessment on compliance, the extent to which our wellness policy compares to model wellness policies, and progress made in achieving goals.

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- The wellness committee met to develop plans for policy implementation at the school level. School specific implementation plans can be found on each school's website.