

2024

NOVEMBER

Park Rapids High School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

				<p>1 Breakfast Croisant Fruit, Juice and Milk</p> <p>General TSO's Chicken Or PB&J Vegetable, Fruit and Milk</p>
<p>4 Stuffed Hashbrown and Donut Fruit, Juice and Milk</p> <p>Pizza Or Corndog Vegetable, Fruit and Milk</p>	<p>5 Waffles Fruit, Juice and Milk</p> <p>Beef Taco Or Caesar Salad Vegetable, Fruit and Milk</p>	<p>6 Biscuit and Gravy Fruit, Juice and Milk</p> <p>Cheeseburger or Chix Noodle Soup Or Chicken Tenders Vegetable, Fruit and Milk</p>	<p>7 Breakfast Pizza Fruit, Juice and Milk</p> <p>Chili Cheese Fritos Or Spicy Chicken Sandwich Vegetable, Fruit and Milk</p>	<p>8 Cinnamon Roll Fruit, Juice and Milk</p> <p>Orange Chicken Or Chicken Crispito Vegetable, Fruit and Milk</p>
<p>11 No School</p>	<p>12 Omelet and Muffin Fruit, Juice and Milk</p> <p>Chicken Fajita Bowl Or SW Chicken Salad Vegetable, Fruit and Milk</p>	<p>13 French Toast Sticks Fruit, Juice and Milk</p> <p>Mac and Cheese or Taco Soup Or Hot Beef on a Pretzel Bun Vegetable, Fruit and Milk</p>	<p>14 Breakfast Burrito Fruit, Juice and Milk</p> <p>Southwest Eggrolls Or Chicken Parm Sandwich Vegetable, Fruit and Milk</p>	<p>15 Long John Fruit, Juice and Milk</p> <p>Sweet and Sour Chicken Or Calzone Vegetable, Fruit and Milk</p>
<p>18 Pancake Wrap Fruit, Juice and Milk</p> <p>Pizza Crunchers Or Chicken Drumstick Vegetable, Fruit and Milk</p>	<p>19 Breakfast Round Fruit, Juice and Milk</p> <p>Taco in a Bag Or Chef Salad Vegetable, Fruit and Milk</p>	<p>20 Scrambled Eggs and Donut Fruit, Juice and Milk</p> <p>Buffalo Chicken Poppers Or Chicken Wild Rice Soup Vegetable, Fruit and Milk</p>	<p>21 Mini Pancakes and Sausage Fruit, Juice and Milk</p> <p>Chicken Tator Bowl Or Hot Ham on a Bun Vegetable, Fruit and Milk</p>	<p>22 Breakfast Bowl Fruit, Juice and Milk</p> <p>Teriyaki Chicken Or Meatball Sub Vegetable, Fruit and Milk</p>
<p>25 Breakfast Croisant Fruit, Juice and Milk</p> <p>Chicken Sticks Or Bosco Sticks Vegetable, Fruit and Milk</p>	<p>26 Stuffed Hashbrown and Muffin Fruit, Juice and Milk</p> <p>Quesadilla Or Caesar Salad Vegetable, Fruit and Milk</p>	<p>27 No School</p>	<p>28 No School</p>	<p>29 No School</p>