



BREAKFAST

Breakfast Bags are always offered as an alternative to our hot meal!

OCTOBER 2024

Shoals Community School

Menu is subject to change due to food availability!

All Students Eat FREE

Staff: \$2.85

Monday

Tuesday

Wednesday

Thursday

Friday

Pancakes **1**
Sausage
Juice, Fruit
Milk

Carmel Mini **2**
Cheese Sticks
Juice, Fruit
Milk

Dutch Waffle **3**
Yogurt
Juice, Fruit
Milk

Apple Frudel **4**
Cheese Stick
Juice, Fruit
Milk

Banana Bread **7**
Juice, Fruit
Milk

Blueberry Muffin **8**
Yogurt
Juice, Fruit
Milk

Biscuit **9**
Sausage
Juice, Fruit
Milk

10
NO SCHOOL
(Parent/Teacher
Conferences)

Cini Mini **11**
Yogurt
Juice, Fruit
Milk

14
NO SCHOOL
- Fall Break -

15
NO SCHOOL
- Fall Break -

16
NO SCHOOL
- Fall Break -

17
NO SCHOOL
- Fall Break -

18
NO SCHOOL
- Fall Break -

21
Goody Bun Pull-A-Part
Cheese Stick
Juice, Fruit
Milk

22
Choc. Chip Waffles
Yogurt
Cheese Stick
Juice, Fruit
Milk

23
Dunkin Stixs
Cheese Stick
Juice, Fruit
Milk

24
French Toast Sticks
Sausage
Juice, Fruit
Milk

25
Choc. Muffin
Cheese Stick
Juice, Fruit
Milk

28
Cini Mini
Yogurt
Juice, Fruit
Milk

29
Choice of Cereal Bar
Cheese Stick
Juice, Fruit
Milk

30
Dutch Waffle
Yogurt
Juice, Fruit
Milk

31
Spooky Donut
Cheese Stick
Juice, Fruit
Milk

Attention parents/guardians!

Please remember to send in money with your student if he/she wishes to purchase an extra milk (K-12) or something from a la carte (3-12)! No student with an empty or overdrawn balance will be able to make an extra milk/a la carte purchase!

This institution is an equal opportunity provider.