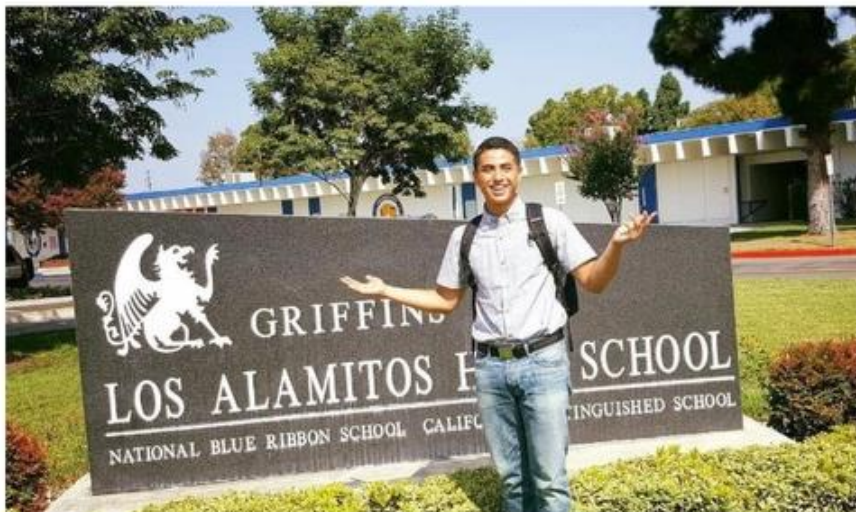


Welcome!

**Los Alamitos High School
Parent Education Night**

**Fentanyl-
What You Need to Know**



Opioid Overdose Prevention Training

Los Alamitos High School

October 22, 2024



Agenda



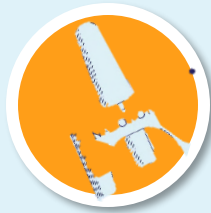
The Opioid Crisis

What the data tell us



Fentanyl

What it is and why it is dangerous



Naloxone

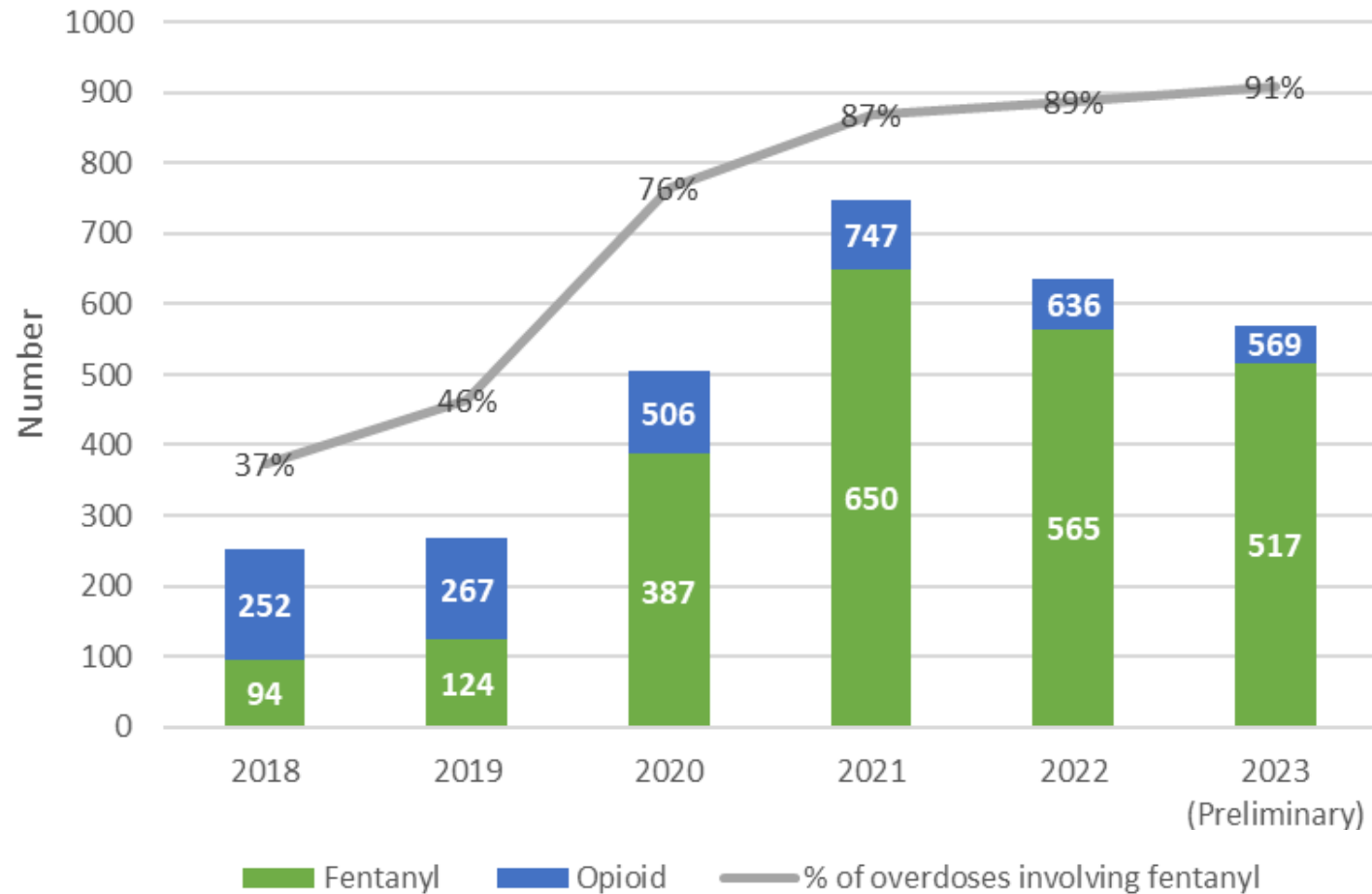
What it is, how to administer it and where to get it



Resources



Orange County Opioid Overdose Death Count Trends





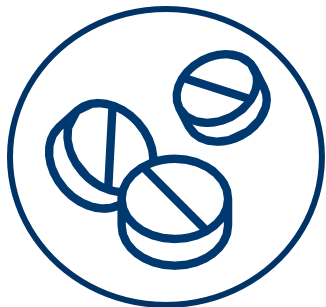
Fake Pills and Fentanyl Risk



LEGAL

Prescription fentanyl is a powerful painkiller for extreme pain, people with cancer, or end of life care.

Prescription fentanyl is made by pharmaceutical companies, prescribed by a doctor and filled by a pharmacy.



ILLEGAL

Illegal fentanyl is made by criminals and often has extremely dangerous chemicals secretly added (laced).

A very small amount of fentanyl can cause an overdose



**A LETHAL DOSE
OF FENTANYL**



Fake Pills and Fentanyl Risk



Not prescribed by trusted medical professional



Not dispensed through licensed pharmacist



Pills bought online look like prescription pills



The Chocolate Chip Cookie Dough Analogy

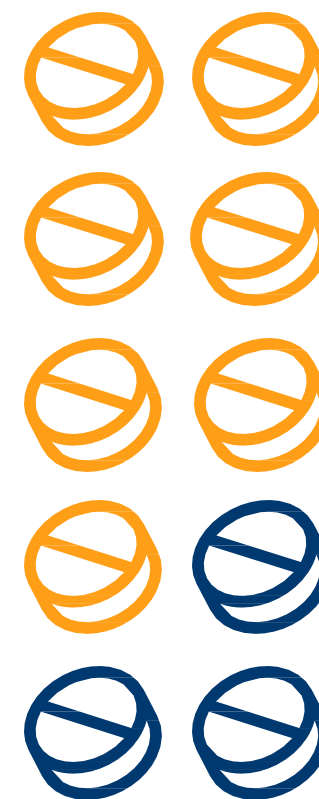




7 in 10 Pills

7 **OUT OF EVERY** **10**
PILLS CONTAIN A POTENTIALLY

LETHAL DOSE
OF FENTANYL





Preventing Misuse of Opioids and Overdose

FENTANYL IS FOREVER OC health CARE AGENCY

Get Naloxone Find Help Español

Fentanyl is Forever

We are witnessing a nationwide epidemic of fentanyl deaths.
Just a few grains of fentanyl are enough to kill you. Or your child.

[FIND HELP ►](#)

"I'd do anything to get my son back."

[SEE STORY ►](#)

the Family

FentanylisForeverOC.org website

- Opioid facts
- Dangers of illicit fentanyl
- Naloxone training/distribution locations
- Local treatment and recovery resources
- Public Service Announcements

Multi-media education campaigns

- Social & Digital Media
- Outdoor Posters & Bus Shelter Advertisements
- English, Spanish & Vietnamese



Naloxone



**Naloxone
reverses opioid
overdoses and
saves lives**

What is
Naloxone?



Know the Signs of an Opioid Overdose

OPIOID
OVERDOSE

Symptoms of overdose could include:

- Small, constricted “pinpoint pupils”
- Falling asleep or losing consciousness
- Slow, weak, or no breathing
- Choking or gurgling sounds
- Limp body
- Cold and/or clammy skin
- Discolored skin (especially in lips and nails)



How to Administer Naloxone

1

Open Box

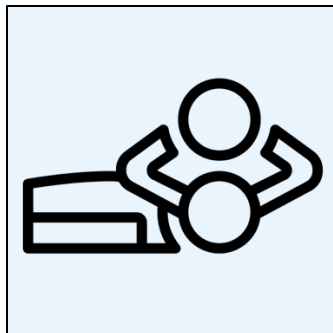
Remove Naloxone (Narcan®/Kloxxodo™) from packaging.



2

Support Head

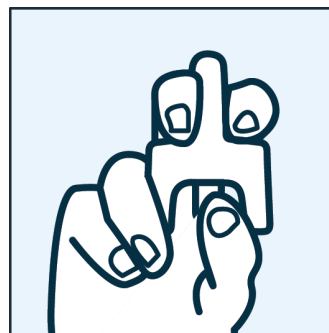
Support the person under their neck with one hand, tipping their head back slightly.



3

Hold Spray

with your thumb on the plunger and first two fingers on either side of the nozzle.



4

Insert Nozzle

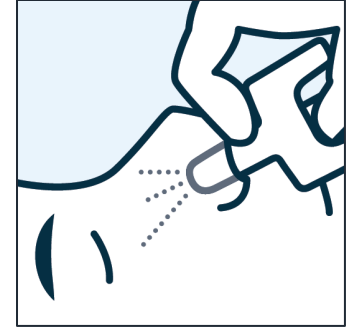
into one nostril using your other hand, until your fingers are at the base of the person's nose.



5

Press Plunger

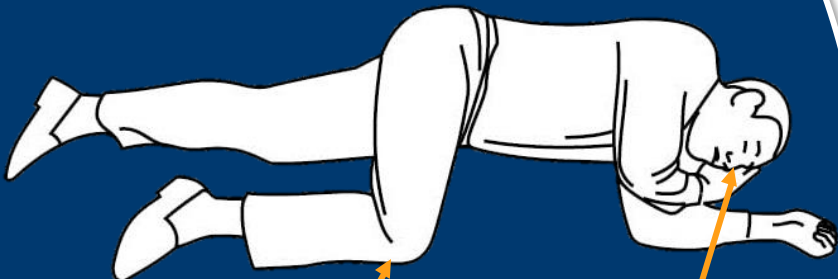
firmly and all the way down to administer Naloxone.





When Administering Naloxone

Recovery Position



Knee stops
body from
rolling onto
stomach

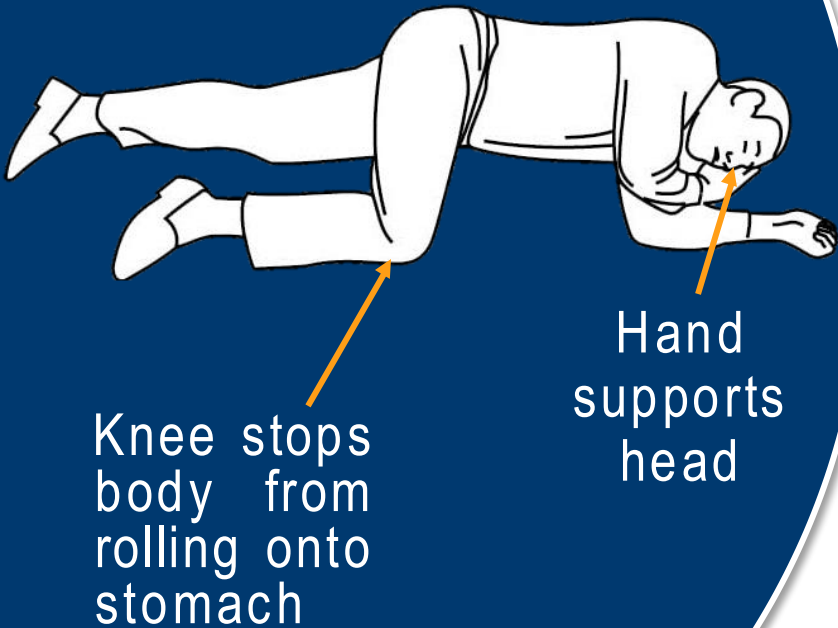
Hand
supports
head

- 1** **Call 911**
- 2** Move the person onto their side, into Recovery Position
- 3** Watch the person closely for signs of waking up



When Administering Naloxone

Recovery Position



- 4** If trained, consider CPR (rescue breaths if person is not breathing and chest compressions if person has no pulse)
- 5** If the person does not wake up after 2-3 minutes, give another Naloxone dose in the other nostril
Naloxone can be given every 2-3 minutes until the person wakes or emergency medical help arrives
- 6** Stay with the person until medical help arrives



California's Good Samaritan Law

DON'T RUN

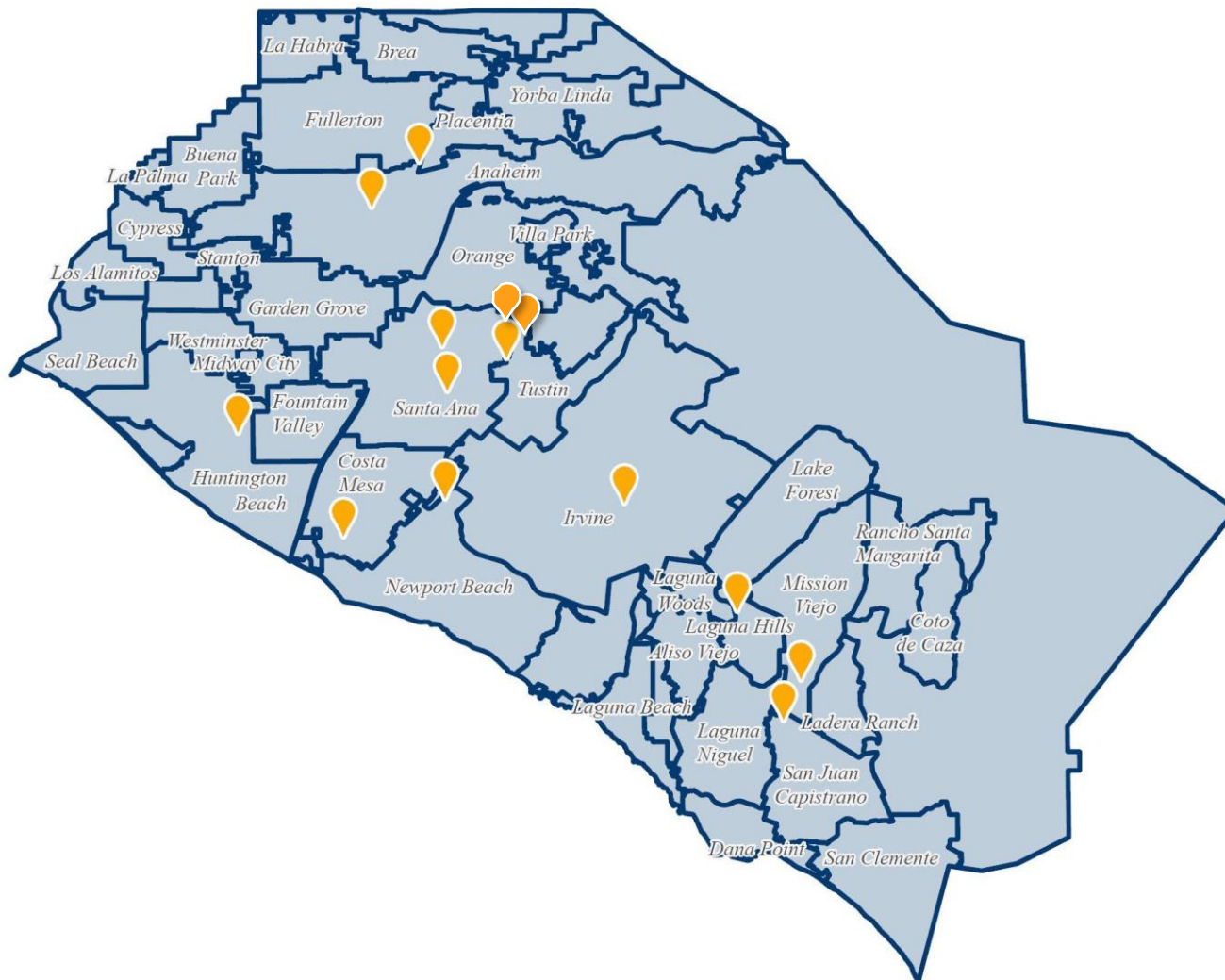
CALL 911

Call for help

California's Good Samaritan Law will protect you



Get Free Naloxone and Save Lives



Anaheim
Costa Mesa
Huntington Beach
Irvine
Laguna Hills
Mission Viejo
Newport Beach
San Juan Capistrano
Santa Ana
Tustin





For More Information



Centers for Disease Control and Prevention

www.cdc.gov/opioids/basics/fentanyl.html



U.S. Drug Enforcement Administration

www.dea.gov/resources/facts-about-fentanyl



National Institute
on Drug Abuse



National Institute on Drug Abuse

<https://nida.nih.gov/drug-topics/fentanyl>



**Substance Abuse Mental Health Services
Administration Health and Human Services**

<https://www.hhs.gov/overdose-prevention>

Stay Connected!



OC Health Care Agency



@ochealthinfo



@ochealth



@oc_hca



@ochealth

