

Health Advisory Meeting Minutes

Wednesday, May 15, 2024

Via Zoom

7:15 a.m.

Attendance: Ashley Lopes, Consuelo Carroll, Kelly McVey, Theresa Richards, Jennifer Garb-Palumbo, Patty DeBoer, Phoebe Lambert, Kristen Hurlburt, Catherine Kingsbury, Gregory Parkinson, Stacey Schakel

- 1) Approval of 3/13/24 minutes
- 2) Concussion policy updates -Dr. Parkinson shared updates- will be added to 6/5/24 SC meeting. Wording to be updated to reflect Impact Testing options available.
- 3) **Wellness Policy review:** USDA's Food and Nutrition Service (FNS). USDA has shared an update on the Final Rule: Child Nutrition Programs: Meal Patterns to be Consistent with the 2020 Dietary Guidelines for Americans and its impact to operators of the Child and Adult Care Food Program (CACFP) and Summer Food Service Program (SFSP). No changes to the current Wellness Policy from this. One update is removing bottled water at QS. Admin and Food Service addressing MMHS breakfast access to breakfast to ensure the 10 min window. Buses arrive at 8:07 and classes start at 8:20 a.m. Wellness Policy review to be added to 6/5/24 SC meeting agenda.
- 4) Discussion regarding addressing attendance concerns/communications with parents, students and providers.
- 5) Dr. Parkinson shared some programs and strategies Falmouth is using. Stacey will connect with FPS Nurse Leader also. Nurses shared strategies used at each school to support students' mental as well as physical health and attendance. Implementation of therapy dogs at KCC and QS is also very effective.
- 6) **24-25 Meeting dates** via zoom 7:15 a.m. Link to follow. 10/16/24; 1/22/25; 3/19/25; 5/21/25

Mtg Adjourned: 7:45 a.m.

Approved: 10/16/24

