

Referral Booklet

Last updated 4/20/22

Index

Hotlines/Support/Suicidal Prevention
Grief Counseling
Sexual/Violence Assault
Mental Health Agencies/Private Practice
Comprehensive Services
Youth/Mentor Programs
Financial Assistance
Homeless Assistance
Anti-Bullying Prevention
Employment Assistance
Pregnant Teen Assistance
Substance Abuse
Inpatient Behavioral Health Services (under 18)
Parent Education
Special Education/MI
LGBTQ
Sporting/Camp Activities
18 and Older Services
Phoenix Police Department

Hotlines/Support/Suicidal Prevention

Deer Valley Safe Schools Hotline 623-376-3262

DCS 1-888-767-2445 (SOS-CHILD)

Department of Child Safety

Services for over 18 if they are in the system, must follow rules of housing.

Young Adult Program- helps pay for schooling, housing, life skills mentors

American Foundation for Suicide Prevention Lifeline 1-800-273-8255(TALK)
Text: 741741

<https://www.imalive.org/index.php> - Suicide chat line

National Hopeline Network 1-800-SUICIDE (784-2433) www.hopeline.com

Teen Lifeline 602-248-8336 (3pm – 9pm - Teen Peers) fb.com/teenlifeline
Text “CONNECT” to 741741 Teen Suicide Hotline

General Information and Referral

[877-211-8661](tel:877-211-8661), 211, WWW.211ARIZONA.ORG, 602-263-8845 X100 (admin. Office) www.cirs.org,
www.211.org

24 Hour Help Line. Anywhere in the US

1-877-211-8661. Community Network for Accessing Shelter (CONTACTS)

602-263-8900 & Child Immunization Hotline & HIV Care-Line. Call for more information.

Useful links: www.afsp.org, www.cdc.gov, www.jasonfoundation.com

Alanon/Alateen 602-249-1257 www.al-anon-az.org

Contact: Thomas 602-309-5230

Northwest Church of Christ

5110 W. Union Hills Dr., Glendale, AZ

Friday 7:30 PM

Narcotics Anonymous Family Group Arizona 800-477-6291 www.nar-anon.org

CASA (Center for Prevention of Abuse and Violence) 602-254-6400

Sexual assault and abuse counseling

Rape, Abuse and Incest National Network Hotline 800-656-4673 (HOPE)

Works with Sexual Abuse and Domestic Violence. Call phone number and they will assist you to the closest location for trauma therapy.

National Domestic Violence Hotline and Chat Line

1-800-799- (SAFE) 7233

www.thehotline.org

24 hours

National Human Trafficking Hotline

SMS: 233733 (Text “Help” or “Info”) to 888-373-7888

Chat when advocates are available 24 Hour

Maricopa County Warm Line

602-347-1100

Confidential location

Phoenix, AZ 85021

<http://www.phxhope.org>

Provides **non-crisis**, confidential telephone support services to people impacted by overwhelming issues.

Hours: Mon-Fri noon-midnight, Sat-Sun 4pm-midnight

Free, Languages: Spanish and English

Maricopa County - Crisis Response Network

602-222-9444

Provides mental health crisis intervention for free.

They refer to Empact or Terros and send out a mobile team.

Serving Maricopa County and part of Pinal County

Hours: 24 hours a day/7 days a week

Empact La Frontera Suicide Prevention Center

1232 E. Broadway Rd # 120 Tempe, AZ 85282-1510

24 hour Crisis and Referral Line

480-784-1500, 800-273-8255

Terros

602-685-6000

Mobile crisis, Rapid Response Teams respond to calls from local hospitals to provide behavioral health assessments, referrals, coordination of care and follow up, outpatient substance and mental health services, disease prevention

Grief Counseling

Stepping Stones of Hope

602-264-7520

4000 N. 7th Street, Suite 108

Phoenix, AZ 85014

www.SteppingStonesofHope.org

Several different camps: REACH camp for teens in Carefree, AZ at the Spirit in the Desert Retreat Center. Scholarships if inability to pay. Family camps.

Support group meetings are typically held the 2nd Monday of every month from 6:30-8:00 p.m. RSVP. Free

Christian Family Care Counseling

602-234-1935

3603 N. 7th Avenue, Phoenix, AZ 85013

Grief counseling, family counseling, abuse counseling

Franciscan Renewal Center (Casa)

480.948.7460 X133

5802 E. Lincoln Drive, Scottsdale, 85253

Grief and Loss Support Group, Divorce and Anxiety Support Group

Depression and Anxiety Support Group
Six free counseling sessions with a professional

**Hospice of the Valley
New Song Center**

480-951-8985
1510 E. Flower St.
Phoenix, AZ
85014-5656

Ongoing grief support group programs throughout the valley. Focus on children and families. Every other Monday and Thursday, 6:30-8:30 Parent needs to call for orientation and be on premises during group time. There are also adult groups during teen group times. Free

Billy's Place

623-335-1101
24654 N Lake Pleasant Parkway Suite 103-124
Peoria, AZ 85383
info@billysplace.me

Grief support group for ages 3-18 and their immediate family members.
Free

<http://www.griefwatch.com/helpful-links>

Sexual/Violence Assault

BLOOM 365

Advocacy # 602-799-7017 (call or text)
Contact: Donna Bartos

National Domestic Violence Hotline at **(800) 799-SAFE (7233)** or **(800) 787-3224 (TTY)**

National Sexual Assault Hotline
Call 1-800-656-HOPE (4673)

Arizona Coalition

To End Sexual & Domestic Violence
602-279-2900, 800-782-6400
info@acesdv.org
www.acesdv.org

Mesa Center Against Family Violence
480-644-4075

Arizona Coalition to End Sexual and Domestic Violence

<https://www.acesdv.org/get-help-now/>

We have many resources and programs to serve you **RIGHT NOW.**

Sexual and Domestic Abuse Resources by region

https://www.acesdv.org/wp-content/uploads/2018/09/ACESDV_Sexual-and-Domestic-Violence-Resources-in-Arizona_September-2018.pdf

RAINN

<https://www.rainn.org/>

They offer a hotline for sexual assault 800-656-HOPE, Victim Support, and public education

Strong Hearts Native Helpline

<https://strongheartshelpline.org/about#Values>

They offer education, support and guidance for those who are experiencing abuse.

Childhelp Children's Center

602-271-4500

2346 North Central Avenue

Phoenix, AZ 85004

Abuse counseling and services

Free. If full, they may qualify for the VOCA Grant for free services through another cooperative agency.

www.childhelp.org/programs/entry/children-center-of-arizona

Provides medical treatment, mental health therapy, efficient investigational resources, and victim support services to address the immediate safety and complete well-being of children who are referred to the center.

Mental Health Agencies/Private Practice**Jewish Family and Childrens Services**

602-256-0528 (Intake)

623-486-8202 (Glendale Office)

602-279-7655 (Administration)

JFCSAZ.org

Anger Management, Blended families, Counseling Programs, Substance Abuse, Understanding ADHD, and Co-Ed Bereavement Group. Nurse Practitioner prescribes medication Nurse Practitioner can prescribe medication and administer psychiatric evaluations. Locations throughout Valley.

No sliding scale, currently only insurance and AHCCCS

Comprehensive Health Center (Maricopa Integrative Health System)

2525 E. Roosevelt, Phoenix, AZ

602-344-1015, 602-344-6300 (Sunny Slope), 623-344-6900 Maryvale Health Center (Glendale)

-psychiatric, counseling, medical

Mesa facility has psychiatric for 18 and over

Referral needed

Copa Care (sliding scale)

Touchstone Health Services

15648 N. 35th Avenue, Phoenix, AZ 85053

866-207-3882

Touchstonehs.org

Teen pregnancy prevention, substance abuse intervention, (FFT – grant for free services for 11-17 year olds- substance abuse, acting out behaviors), in home and in office treatment, IOP (3:30-6:30), individual and family therapy, autism (ASD) groups, psychiatric evaluations, ADHD evaluations, parenting classes, crisis intervention. (Multisystemic Therapy (MST) and Functional Family Therapy (FFT)- no AHCCCS) AHCCCS, Kids Care, private pay with possible insurance reimbursement

Catholic Charities

19th Avenue and Northern, Phoenix

Counseling

Sliding scale

Devereaux

602-944-6222

11024 N. 28th Drive Suite 110, Phoenix

Behavioral Health

Counseling, outings, food boxes, med checks

Outpatient 0-17

Respite in Scottsdale (therapeutic residential facility)

AHCCCS

Scottsdale Healthcare

480-882-4090

Call for services

NOAH (Neighborhood Outreach Access to Health

480-882-4545 (multiple locations)

Venado Valley Health Center

20440 N. 27th Avenue, Phoenix, AZ 85027

Contact for financial concerns: Eligibility Specialist or Supervisor

lorena.mendez@honorhealth.com 480-882-7537

Neighborhood Outreach Access to Health

3634 N. Drinkwater Blvd. | Scottsdale, AZ 85251

Appointments [480-882-4545](tel:480-882-4545) | noahhelps.org

Behavioral Health, Psychiatric Services, Medical, Dental, Prenatal and Community Resources

Arizona Youth & Family Services, Inc. (AYFS)

[602-277-4833](tel:602-277-4833)

3707 N. 7th St, Suite 200, Phoenix, AZ 85014

Provides counseling, psychiatry, family supports, and case management among other services.

Trauma, ASD, birth-to-five needs, ADHD, mood disorders, LGBTQ needs, etc...

AHCCCS, funding for no insurance families, willing to provide transportation if family meets on school grounds, and comes into schools to help with groups, counseling services and behavioral coaches.

Ages 0-18

Contact: Clinical Director

Northern Arizona University

15601 N. 28th Ave., Phoenix, AZ 85053

602-776-4636

Free, up to 10 sessions with a graduate supervised student when available

Ask about Spanish speaking counseling, evening hours available

Arizona State University Clinical Psychology Center

480-965-7296

950 S. McAllister, Tempe, AZ

Low cost visits. Sliding Scale for counseling. Assessments for ADHD. Call for assessment prices. Waiting list can be 3-4 months.

Midwestern University Psychology Services

623-537-6250

19389 N. 59th Ave., Glendale, AZ

www.mwuclinics.com

Child, adolescent, adult therapy. Psychological and intellectual assessments. Advanced student practitioners. Low cost sessions. Wait list can be up to one month. Stress Groups.

Southwest Behavioral Health

Local facility: 10220 N. 31st Ave Suite 101, Phoenix, AZ 85051

602-997-2233

Individual, family and various group (motivation, anger control) counseling, Behavioral Coaching. Private Pay or AHCCCS (if enrolled with Southwest) info@sbhservices.org

Phoenix Interfaith Counseling

602-992-7521

18 and under facility

12835 N. 32nd St., Phoenix, AZ 85032

DBT for adolescents, case management, individual and group counseling, psychiatric medication, court ordered parenting classes

Contracts with Southwest Network 602-304-0014. Medicaid, AHCCCS

Christian Family Care Counseling

602-234-1935

3603 N. 7th Avenue, Phoenix, AZ 85013

Grief counseling, family counseling, abuse counseling

Quality Care Network

602-509-6262

High Need Case Workers

They refer to Magellan for services

Shannon Threadgill, LCSW

602-703-3557

Private Practice, Groups, individual counseling

Lisa Donsker

602-828-0742

32nd Street / Shea

Arizonachildpsychology.com

Private Practice. Services children and adolescents (3-18).

Dr. Roya Karbakhsh, MD PLC

602-368-8600, 845-594-7250

4845 East Thunderbird Road, Scottsdale 85254

<http://www.drkarbakhsh.com/>

Psychiatric services for children, adolescents and adults.

Collaborates with schools. Emergency appointments.

Mark Morton

<https://www.azfamilycounseling.com/about-us.html>

Larry Waldman, Ph.D., ABPP

Clinical & Forensic Psychologist

Provides legal consultation. Works with children, teens, parents, couples, and adults in a solution-focused manner. Speaker

Family Spot Resource Center

602-501-8840

3030 E. Thunderbird Rd., Phoenix

Parenting classes

A New Leaf Behavioral Health

623-934-1991

8802 N. 61st Ave., Glendale

Parenting classes only available if child is in therapy with them.

AHCCCS only

Youth Evaluation and Treatment (part of SW Network)

602-285-5550

4414 N. 19th Ave., Phoenix, AZ 85015

ADHD evaluations, Individual & Family Centered Therapy, Substance Abuse Treatment (IOPSA), Autism

Spectrum Services, Eating Disorder Treatment

Sliding scale with nurse practitioner

Bayless Health Care

Light House Project

602-230-7373

3620 N. 3rd St., Phoenix, AZ 85012

Psychiatric Nurse Practitioners, Evaluations, Counseling

Sliding scale, AHCCCS, Insurance

Valle del Sol

602-258-6797
3807 N. 7th Street, Phoenix, AZ 85014
Referrals to their Primary Care Physicians for medication
Behavioral Health Clinic

Chicanos por la Causa, Inc.

623-247-0464
1402 S. Central Avenue
Behavioral Health
-Program with DCS aftercare. Support services for low income, helps with budgeting, jobs, free parenting class, referrals to places such as Singleton Moms for moms or with cancer (Diana Cardoza 623-565-3810)
Sliding Scale

Melmed Center

480-443-0050
4848 E. Cactus Rd. Suite #940
Services: Medical, psychological, Occupational Therapy, Educational Advocacy, Coaching, Group Therapy, Pet Therapy
M-Th – 7:30am to 6:00pm, Fri – 7:30am to 3:00pm
Insurance or private fee scale

Native American Connections

602-424-2060
4520 North Central, Suite 100, Phoenix, AZ 85012
Behavioral Health Services, Counseling, substance abuse (group therapy)
AHCCCS only for general mental health issues

Doorways

602-997-2880
4747 N. 7th Street, Phoenix Suite #450
Faith based.
Services: Eating Disorders, Mood Disorders, Anxiety Disorders, OCD, ADD/ADHD, self-harm, suicide prevention, and family counseling. IOP programs
Insurance

A New Beginning

480-941-4247 contact@anewbeginning.com
9825 N. 95th Street, Suite 101 Scottsdale, 85258
#ReallifeRecovery. Group, Individual, Dietician
Eating Disorders IOP Group: Empowerment, Social Resilience, Winning the Weekend, From Fridge to Fork, It Takes a Family, Recovery Reservations: Dining with Support.
No Insurance. Superbill. IOP (\$250-\$275/day). Individual (\$150-\$230/hour) Dietician (\$130/hour)

Transitions

602-363-0629
16620 N. 40th St., Suites G1/G4, Phoenix, 85032 or 7155 W. Campo Bello Drive, Bldg., C-120, 85308
Eating Disorder/Depression/Anxiety IOP Groups, Groups and Individual Counseling
Insurance

Pathways 2019-20 Feb. X

602-455-4626

2830 W. Glendale Ave. Suite 16, Phoenix (small office with one therapist)

Evaluations, Autism Screenings, Eating Disorders, Substance Abuse, EMDR, Foster Care

Sahara Behavioral Health

623-878-2100

6677 W Thunderbird Rd, Glendale, AZ 85306

PSA Behavioral Health Agency

602-242-1238

8152 N. 23rd Avenue, Suite B, Phoenix, AZ 85021

Behavioral Health Counseling, Art Therapy, Family Support, Psychiatric Services
Services birth to 17

AHCCCS

Living Hope Counseling

602-448-7912

16421 N. Tatum Blvd., Suite 124, Phoenix, AZ 85032

Individual, Trauma and Abuse and Addictions counseling

Sliding scale, no insurance

Healthy Futures

480-451-8500

8065 N. 85th Way Scottsdale, AZ 85258

Eating Disorders, Mental Health, DBT

AZPA.org Check their data base to narrow down location and specialty.

Franciscan Renewal Center (Casa)

Grief and Loss Support Group, Divorce and Anxiety Support Group

Contact Judith McHale, MA, LPC

Depression and Anxiety Support Group

Six free counseling sessions with a professional

Lying

Accelerated Resolution Therapy. Re-write script in positive manner.

ADHD- Additude Magazine

Attachment, Self-Regulation, Competency

Margaret Blaustein

Comprehensive Services

Maricopa County Attorney's Victim Services Division or the Victim Compensation Bureau

602-506-3411

301 West Jefferson Street, Suite 800

Phoenix, AZ 85003

Hours: 8am - 5pm Mon-Fri

Referrals to mental health professionals specializing in working with child abuse victims

Maricopa County

602-263-8856

Call for array of services

FINS (Families in Need of Services)

602-526-4797

www.superiorcourt.maricopa.gov/JuvenileProbation/Probation/FINS.asp

Part of the Juvenile Court's Community Services unit. Provides prevention/intervention services. Goal: Provide substantive services to whole family, avoiding need for formal delinquency system.

Mercy Maricopa Integrated Care

1-800-564-5465

managed care, insurance company who oversees 120 providers

Fees: AHCCCS (state insurance for anyone, Kids Care- based on income if family makes too much for only AHCCCS. To apply for AHCCCS: Google - AHCCCSonline – fill out application on line or at DES, Medicaid, court order, private insurances –contact personal medical benefits to see if Magellan is provided. Apply for SMI (severe mental illness) for services. Referrals for families with no insurance with sliding scale.

Arizona Department of Health Services

150 North 18th Avenue, Phoenix, Arizona 85007

Ph (602) 542-1025

Fax: (602) 542-0883

Behavioral Health Services

Call or go on line for an array of services.

Quality Care Network

602-509-6262

AHCCCS only- AHCCCS refers to Quality Care

They refer to Magellan Health Services

Family Involvement Center

602-412-4095, 602-288-0155

5333 N. 7th St. Building A Suite 100

Youth group, parenting classes, self-help skills, various topic groups

Spanish speaking support group

Advocacy for student in IEP meetings

www.familyinvolvementcenter.org

PAC (Parent Assistance Center): 602-288-0155

Free services

Florence Crittenton

602- 274-7318

715 W Mariposa St., Phoenix, AZ 85013

Independent living skills. Resume writing (boys and girls)

Helps at-risk girls from 10 to 21 overcome issues of abuse, neglect, teen pregnancy, teen parenting, and behavioral and/or mental health problems.

Magellan referrals, AHCCCS, private pay (no sliding scale)

Scottsdale Family Advocacy Center

480-312-6300

Provides Forensic Nurse Examiners, DCS, Probation Officers, Prosecutors, Police Crisis Intervention Service, investigative units from the Crimes Against Persons Section

Phoenix Family Advocacy Center

602-534-2120

Southwest Behavioral Network

602-304-0014

Agency contracts with providers. Parent can request this agency.

Youth/Mentor Programs**Phoenix Youth at Risk**

602-258-1012 <http://phoenixyouthatrisk.org/>

Enrollment Manager

They will go to schools to present information and enroll students in the program

Contact: Kara Newland

Casa Center for Positive Social Change

602-254-6400 CFilloon@casacares.org

3030 N. 3rd Street, Suite 200, Phoenix, AZ 85012

POWER (Positive Outcomes Within Every Relationship) Taught in 6th - 12th Grade

The POWER program is a program Casa created to teach adolescents the difference between healthy and unhealthy relationships, what is sexual harassment, and what conditions lead to sexual violence.

Program Director

Boys and Girls Club

602-954-8182 Main number (12 locations)

47th Ave. and Groves, Glendale, AZ 85308

602-375-0400

2:30p.m. – 8:00p.m. M-F, during the school year and extended summer hours

Other clubs: 15815 N. 29th Street, Phoenix, AZ (602-449-2850)

11820 N. 81st Ave. Peoria, AZ (623-979-3559)

6-18 year olds

Annual Membership Fee: sliding scale available

Camps, sports, homework hour, teen programs, leadership skills, life skills, self-confidence.

Thunderbird Teen Center

602-953-2944

1106 E. Grovers Ave.

Phoenix, AZ

ttc@campcivitan.org

<http://campcivitan.org/>

School Year: 2:00 p.m.—7:00 p.m. Monday thru Friday

Special Events—Saturday

The facility is open for drop-in and regular programs throughout the school year.

Summer Hours: 9:00 a.m. —6:00 p.m. Monday thru Friday

Special Events—Saturday

The facility will be open for drop-in, and increased regular programs during the summer. Weekend schedule will include special events, field trips and community outings.

Holidays: TTC will be open during all school Spring and Fall breaks, as well as between Christmas and New Years. A special schedule will be published for holiday activities.

Big Brothers Big Sisters

1010 East McDowell Road Phoenix, AZ 85006

602-899-9773

(602) 264-9254

623-252-1454 (Spanish)

Bbbsaz.org

6-18 years old

StreetsofSuccess.org

602-372 8407, 602-372-3897 (call or see website for locations)

After-school group activities. Ages 12-17 who live in West, Central, and South Phoenix. Wyman's Teen Outreach Program® (TOP) groups give teens the chance to have fun, make new friends, learn about themselves, go on field trips and make a positive change in the community. Free parent workshops. Once a week, Mondays, 4:45-6:15 15815 N. 29th Street. Near 32nd Street and Greenway.

Financial Assistance

Department of Economic Security (DES)

602-542-4791, 602-417-4000

Food Stamps, financial assistance

602-542-5065

To apply for ACCCHS:

602-482-0211 (3150 E. Union Hills Dr., Phoenix)

Teen Mom - Medical benefits, food, cash assistance

Go to websites or call
Healthearizona.org
Myfamilybenefits.org
Educational Case Management Unit
Help with transitions post-secondary
602-771-7026
3310 N. 19th Avenue, Phoenix, AZ 85015

Maricopa Integrated Health System

602-344-5011
Copa Care discount program
(able to work with undocumented)

NOAH Dessert Mission Community Health Center

602-331-5779, 602-870-6060 X8951 (Community Resource Coordinator),
602-870-6027 (appointments)
9201 N. 5th Street, Phoenix (by 4th Street and Dunlap)
Health care, behavioral health, dental, rental assistance, food bank, affordable housing (30%-income)
ACCHS, sliding scale, depending

Thrive

W: 602-544-9547
Foster Care
Food boxes, Furniture, fridge, clothing, Christian family care
Collaborates with Phoenix Dream Center
Transition age help for teens and maternity housing
Contact: Teri Vogel

Homeless Engagement Lift Partnership

602-341-3822
www.homelessliftpartnership.com
Snack Packs
Food assistance brought to school or home, clothing
May be able to assist with housing
Contact: Dawn Marie and Michael Rappaport

St. Vincent De Paul

623-581-0728 –leave a message with name, phone, needs, gender and (age of child for holidays).
19640 N. 35th Ave, Glendale, AZ 85308
Food boxes delivered throughout year. Thanksgiving and Christmas dinners delivered within boundaries
(51st Ave and I-17 and Bell Rd. North to Carefree).

Lions Club

602-244-9758
Free glasses

Vision USA program of the American Optometric Association

800-346-2020

Provides eye care to low-income families

Free

Prevent Blindness America**Midwestern University Clinics**

623-537-6000

Glendale, AZ

Provides Dental, Eye Care and Multispecialty services. Must fill out paperwork for approval.

Sliding scale or free

Community Legal Services

602-258-3434

305 S. Central Ave, Phoenix, AZ

M – F,

Non-Profit Law Firm servicing low income clients

Mission of Mercy

602-486-7798

No fee for health care

Adelante Health Care

877-809-5092

Sliding scale

Salvation Army

623-934-5950 Maryvale location.

**602-302-8861- Project Hope

Food Boxes T/Th 9-10am, church but will be more services next year. Helps with Christmas Angel program from Phoenix office-children 12 and under.

***Salvation Army** 602-267-4122 or 4127-rental, 2707 E. Van Buren St., Phoenix

Homeless prevention, rental assistance, caseworkers, Adopt-A-Family Program (Phoenix residents only, along with crisis and children under 18. Deadline mid-October to set it up at 602-267-4141) Christmas

Angel (Deadline September for schools for children 12 and under.) 602-267-4127

Kitchen on the Street

480-200-4968

2103 W. Parkside, Suite 101

Phoenix, AZ 85027

www.KitchenOnTheStreet.org

Bags of Hope Program- provides food for weekends to elementary and middle schools.

Financial resource

Contact: Lisa Scarpinato, CEO & Co-Founder

Arizona Helping Hands, Inc.

480-889-0604

7607 E Greenway Rd Ste 100, Scottsdale, AZ 85260

www.AZhelpinghands.org

Holiday Services (gifts), food kitchen for homeless family, shelters, Children and Education Services (backpacks/supplies-need AHCCCS or food stamp card in August).

The Maricopa County Human Services Department

Client Portal to accept online applications for rental, mortgage, and utility assistance.

Visit <https://hsdclientportal.maricopa.gov/> to apply.

Assistance with Utility Bills ADF

602-542-4446

Sunnyslope Family Services Center

602-495-5229

914 W. Hatcher, Phoenix 85021

Assistance with Utility Bills

Phoenix Family Services Center

602-534-4732

4732 S. Central Avenue

Assistance with Utility Bills, rental assistance

SRP

Frank Berry

602-534-2431

Assistance with utility bills

Patient 1st Med Solution

602-341-5612

Assistance with medication payments

Prescription Assistance:

-Samples from your doctor

-Co-pay assistance program (enter online search of name of drug and co-pay assist)

-Comparison shop using Goodrx.com or Rxassist.org

-Internet search for "name of foundation/health condition and co-pay assistance"

-Medicare.gov Click on "get help with costs"

-Discount Card Programs: coast2coastrx.com or yourrxcard.com

-Needymeds.org (provides comprehensive information about all opportunities for discounts and additional prescription assistance)

You can ask your doctor for help or free samples. Also, ask if there is a generic that might cost less. Price match different pharmacies. They are all different. I found that even different Safeways have different prices. Ask pharmacist if there is a cheaper ADHD medication than the one you are being prescribed, whether brand or generic.

Walgreens and Frys has a program that has more reasonable meds if you don't have insurance. Ask them. GoodRX is a cheaper, non-insurance option.

Chicanos por la Causa, Inc.

602-257-0700

1112 E. Buckeye Rd. Phoenix, AZ 85034

Social Service Department

Abrazo Health Care

Nancy Ceballos

Sunrise Elementary School

602-246-5598 Cell: 602-639-1208

School based clinic

Long Term Care

602-417-6600

Array of services

Must qualify financially and medically

Community Supports and Resources

"Duet" 602-274-5022

"V Cap" 602-285-0543

Volunteers help people in the community.

Safe Link Wireless

www.safelinkwireless.com

Free cell phone with 1,000 texts/250 minutes every month for income eligible.

Provider of the Government's Lifeline support program.

Assurance Wireless

1-888-898-4888

Free Cell phone and texts each month. Call to see if you qualify.

Qlink Wireless

Free phone service

Connect2Compete

www.everyoneon.org/about/c2c/

Low cost internet services.

Cox

Cox Hotspot Network is open to the public. Here is a map of [Hotspots](#)

<https://www.cox.com/residential/internet/learn/cox-hotspots.html> in your area.

Cox is offering two free months to Connect2Compete (C2C) eligible students. C2C does not have a contract nor installation charge. <https://www.cox.com/residential/internet/connect2compete.html>

Comcast

Comcast offers free internet to those who qualify during the COVID-19 pandemic. See [announcement](https://www.internetessentials.com/covid19) (<https://www.internetessentials.com/covid19>).

CenturyLink

CenturyLink - Will waive late fees and will not terminate a residential or small business customer's service for the next 60 days due to financial circumstances associated with COVID-19. See [CenturyLink Pledge](https://news.centurylink.com/fccpledge) (<https://news.centurylink.com/fccpledge>).

[Affordable Connectivity Program](#)

(\$30 off of monthly internet charges)

Market on the Move

<https://www.marketonthemove.org>

602-549-1011

On Rose Garden (not a food bank)

2 times a month on Saturday mornings, produce and bread (get there early, long lines)

\$5 for 60 pounds of food (must pay \$100 fee for summer)

\$10 for 60 pounds of food (multiple sites)

POW WOW

602-354-5712

Genesis Church 32nd Street and Thunderbird

November – May Produce On Wheels-With Out Waste, 2nd Saturday of each month 8am – 11am (7am during hotter months)

\$10 for 60 lbs. of fresh nutritional rescued produce, free children's books

Pilgrim Baptist Church

602-258-0831

1401 E. Jefferson St., Phoenix , AZ 85034

(rent, utilities, no more than \$500) Application can take one week. Bring delinquent bill with amount. Independent living skills and resume writing when available.

***St. Vincent DePaul**

602-254-3338, 602-266-4673

"Family Friendly" dinner (Pull staff member aside at dinner to see if they have hotel vouchers.) Turkey dinners for Christmas delivered to home.

Food. Must be west of I-17

Help with bills in emergency situations.

John F. Long Family Service Center X

602-262-6510

Utility, rental assistance

***St. James Parish**

623-581-0707

19640 N 35th Ave Glendale, AZ 85308

Food Boxes - 623-581-0728

St. Mary's Food Bank

602-352-3640 Sunnyslope: 602-944-0139

Mom's Pantry

602-992-0083, C: 562-685-3217

13440 N. Cave Creek Rd., Phoenix, 85022

Contact: Food Bank Director

Emergency food aid. Food-aid voucher program.

Phoenix Food Bank

602-272-6326

Deer Valley Worship Center

623-582-1001

20817 N. 19th Ave , Phoenix, AZ 85027

Food Closet

Desert Mission Food Bank

602-870-6062

9229 N. 4th St

Phoenix, AZ 85020

Also donates to schools in DVSD

CEDA Food Pantry

602-266-8370, 480-921-1990

Joshua Tree Feeding Program

602-264-0223

West Side Food Bank

Peoria

Foothills Food Bank

Anthem

Shoes That Fit

1-888-715-4333

brainyjane27@gmail.com

480-907-7960

Contact: Sharon Levine

Shoes for elementary school students

QuestBridge National College Match

650- 331-3280, 888-275-2054

115 Everett Avenue

Palo Alto, CA 94301

QuestBridge.org

The key benefits of the National College Match program include:

- Full four-year scholarships with no loans
- 33 top-ranked partner colleges
- A focus on high-achieving low-income students
- Two opportunities for college admission
- One free application
- A national Quest Scholars Network
- Quest for Excellence awards

Community Legal Services

602-258-3434

305 S. 2nd Avenue, Phoenix

Monday – Friday, 8:00 a.m. – 5:00 p.m.

Free

Barry Goldwater High School Clothes Closet and BGHS Holiday assistance

623-445-3000 Main school number

Clothes Closet

Homeless Assistance

Family Housing Hub

602-595-8700

The Hub coordinates ALL of the shelters in the valley. You **MUST** go through them first. Ask about documents to bring with you for intake (state ID, birth certificate). Go to HUB directly with both adults present. Ask about transportation to shelter.

Vista Colina Family Shelter

602-870-1705

1050 W. Mountain View, Phoenix, 85021

(10th Ave between Peoria and Dunlap)

They deal with 3 major shelters. You have your own apartment and can stay there until you find housing. Booked all the time, but people come and go. **Ask specifically for this shelter due to BGHS location.**

Family Promise

480-659-5227, 480-890-3039 (DV Stop)

Homeless Shelter. Only shelter that allows dogs. Women with kids (No boys over 5). They don't use the Housing Hub. They help 12 families at one time. Loving and caring.

Executive Director

Social Worker

Gift of Mary

602-254-8424

Woman and children boys under 5

They don't use the Housing Hub

Central Arizona Shelter Services (CASS)

602 256-6945

230 S 12th Ave., Phoenix

Housing (case manager will help for 3 months), dental and medical clinic, resource center

Safe DVS (Domestic Violence Services)

480-890-3039

They refer to New Life Center and other DV shelters

New Life Center

Domestic Violence Shelter

623-932-4404

Goodyear

HOM, Inc

602-265-4640

3829 N. 3rd St #101

Vouchers through Behavioral Health agencies for people with serious mental illnesses.

LCSA

602-263-5741

3117 North 16th Street, Suite 100, Phoenix, AZ 85016

<http://lcsaphx.org/>

Transitional and affordable housing

McKinney Vento

623-445-4924

Contact: McKinney Vento Liaison at DVUSD

Transportation to school/home

PE uniforms, school supplies, many academic needs

UMOM (United Methodist Outreach Ministry)

602-275-7852, 602-889-3594

www.umom.org

3333 E. Van Buren St., Phoenix, 85008

Shelter for families with children under 18. Emergency and transitional programs.

Family Housing Hub

Open Hands - 12-17 year olds.

602-841-5799

Two week program. Phone screening. Counseling, life skill groups, chores 3 X's/day. Community based funding and DCS placements. Accepts AHCCCS kids. Free services. No phone or electronic devices.

Young adult program – 16-3 months prior to 18 years (you could stay until 21 if you apply prior to 18)

Apartment with free room and board. Must abide by rules, including curfew. Typically has a waiting list. Phoenix Youth Resource Center 602-271-9904- Case management, job fairs

UMOM - Halle Center 602-362-5833 Women without children

Faith House

623-939-6798

www.faithhousearizona.org/index.htm

Domestic violence, sex trafficking or homeless shelter.

Homebase Youth Services

602-263-5531

931 East Devonshire Avenue Phoenix, AZ 85014

Counseling

Outreach Program, case management

Emergency Shelter (18-24 years old) male and female beds for three months, case management.

Employment assistance. Urine tests. Drug free community. Interview in person.

Homeless Youth Connection

623-374-3747

500 N. Bullard Avenue, Suite 28, Goodyear, AZ 85338

Serves 13-19 year old adolescents

Offers basic needs, case management, host family program, Life skills. Helps with food stamps. They come to student's house. (Not currently working with DVUSD area, but call to see how they can help.)

Thrive

4-18 year olds – housing. Also servicing 18-24 year old and pregnant women.

Anthem

They follow families for one year and help them be self-sufficient.

Contact: Teri Vogal W: 602-544-9547

www.ThriveAZ.org

Learning Center 602-264-6035

GED

A New Leaf

JAG - JAG (Juvenile Alternatives in Glendale) Youth Center

623-847-7040

A New Leaf: Helping Families...Changing Lives through Homeless and Domestic Violence Shelters, Youth and Community Programs.

Employment Opportunities: Human Resources (480) 464-7466, apply online.

Call (480) 969-4024 for reasonable accommodation on information, services and employment.

Maricopa County

www.superiorcourt.maricopa.gov
Emergency Custody download forms
Some courts may waive fee for custody based on income.

Shelter Services

602-256-6945

Homeless ID Project

602-223-3427

Azhomeless.org

Sunshine Acres

Mesa

Stay for 1 year

14-18 year olds, free health care, school, No DCS involvement, Sunshine has guardianship, stay in very nice homes.

Local Shelter/Group Homes

Roman Home- 2019-20

Josiah House

(Owner) 480-570-8646

Sunshine Shelter –

Menadota House

623-780-4819, Cell: 602-361-2521

27619 N 23rd Ave, Phoenix, AZ 85085

Gambit House

602-290-3146

Back to Life Group Home

623-217-2628, 602-754-8625

1495 W Mohawk Ln, Phoenix, AZ 85027

Middle school and high school.

Residential Group Home Liaison

623-842-4323

Medical Group Home

Arizona Friends of Foster Children Foundation

AFFCF Guidelines for General Awards AFFCF.htm

602-252-9445

grants@affcf.org

Arizona Friends of Foster Children Foundation funds a variety of activities and items for children in foster care that are not otherwise funded by the state or other programs. We fund items in one of two

ways: 1) a check is made payable directly to the vendor/service provider and mailed to the caregiver or
2) we reimburse the caregiver for a purchase **AFTER** the application is approved.

Anti-Bullying Prevention

Arizona Anti-Bullying Initiative

aprc@asu.edu

www.azprevention.org

STOMP Out Bullying

Hotline 855 790-HELP (4357) for teens and kids

Business 877-NO BULLY (662-8559) parents

www.stompoutbullying.org

Employment Assistance

Maricopa Workforce Connections

602- 372-4204

1840 N. 95th Avenue Suite 150

Provides youth programs designed to assist youth with barriers to education and employment.

Hours: M-F, 8-5pm

AZ Women's Education and Employment, INC (AWEE)

602 223-4333

640 N 1st ave

Goodwill of Central Arizona

[602.535.4000](tel:602.535.4000)

417 N 16th St Phoenix

www.goodwillaz.org

St Joseph the Worker Job Services

602-257-4390

213 S 11th Ave.

Assists homeless, low income

Arizona Call-A-Teen

602-252-6721

649 N. 6th Avenue, Phoenix, AZ

Programs:

WIA (workforce initiative action). Career advisor. Classes once a month.

GED preparatory program (need to pay for test)

-Obtain academic, training, referrals to jobs, vocational, personal, and social skills necessary to complete requirements for a high school credential and enter post-secondary education or training.

16-21 years old

No Fee

They work in conjunction with Youth Build where 18-24 year olds learn house construction business.

Pregnant Teen Assistance

Planned Parenthood

Phoenix, Maryvale 602-272-6691

(by Thunderbird Hospital) 602-277-7526

Child and Family Resources Inc

602-234-3941 press 0 for operator

700 W. Campbell Suite 3, Phoenix, AZ 85013

Teen Parent Support 602-688-5533

ChildFamilyResources.org

Serving parents with children birth to 5

Emergency food boxes, Baby boxes, parenting skills, early education to child, services for pregnant teens, scholarships for child care, resources to reduce stress such as clothing. Needs to live within zip codes (look on line)

Networks with Building Bright Futures and Southwest

Nurse Family Partnership

602-633-8505

2850 N 24th Street Phoenix, AZ 85008

<http://www.nursefamilypartnership.org/>

Contact: Inty Moreno, RN

Teens who are expecting their first baby

Referrals to community resources for teen mothers.

Nurses and bilingual nurses can visit expecting mothers at home for any newborn information.

Free

Teen Outreach Pregnancy Services (TOPS)

623-334-1501

6610 N. 47th Ave. Suite 11

Glendale, AZ 85301

Teenoutreachaz.org

Education based program to pregnant teens 14-21. Classes are from 5-7 p.m. Specific pregnancy, childbirth and parenting educational support so the teen and her family can experience the best possible outcomes. FREE pregnancy tests. In process of hiring a fatherhood facilitator. Referral services. Free services

Parent Partner Plus

602-633-0732

Referral for parent programs for children 0-5. They have referrals for home visits.

WIC

Arizona Department of Health Services:

1-800-2525-WIC, 602- 542-1025

Fax: 602-542-0883

150 North 18th Avenue, Phoenix, AZ 85007

Eligibility (bring with during first appointment):

- Proof of income (paycheck, tax return, letter from your employer)
- Individuals with proof of AHCCCS, TANF, Food Stamps, or Section 8 participation who meet WIC income guidelines
- Proof of residence or identity (driver's license, utility bill, official identification)

Local WIC – 602-482-7174

19401 N. Cave Creek, Phoenix, AZ 85024

Supplemental nutrition program

Life Choices Woman's Clinic

9303 N. 7th Street, Phoenix, AZ 85020

602-305-5100

Free pregnancy tests, no appointment needed, confidential

Fees for other services

Teen Mops (Mothers of Preschoolers)

480-892-5828

601 S. Cooper Road

AZ 85233

azkids07@aol.com

www.vineyardaz.com

Support group for teen mothers of preschoolers held at Vineyard Community Church. Transportation and dinner are provided. Call for more information or to arrange transportation.

No fees. Childcare provided.

Banner Thunderbird Medical Center

602-230-2273 (call for other locations)

5555 W. Thunderbird Rd.

Glendale, AZ 85306

www.bannerhealth.com

Baby Care Classes, Teen Child Birth, Breast Feeding, Sibling Adjustment (ages 3-10), Prepared Childbirth Education, Prepared Pregnancy Class, Lamaze & various other support groups. Online childbirth class is also available. Call for more information or to register.

Call about fees.

Crisis Pregnancy Center

623-486-5232

4494 W. Peoria Avenue, Suite #115, Glendale, AZ 85302

www.choicesaz.org

Free pregnancy and S.T.D. testing, parenting education, confidential counseling services, ultra sounds and health education classes. Call first to arrange an appointment with a male counselor if needed. Legal assistance. Call for more information. Call about fees.

Girl Scouts of America

602-615-8792

119 E. Coronado Road, Phoenix, AZ 85004

Baby Camp

Pregnant teens or parenting teens with a baby birth to five years. Teens and babies invited.

Learn parenting skills, self-esteem, life skills

Free. Transportation provided to camp in Prescott.

Southwest Human Development

602-266-5976

2850 N. 24th Street, Phoenix, AZ 85008

Helpline 1-877-705 KIDS (5437)

Community Development Services Birth to 5 years old.

Parent Partners Plus

602-633-0732

Free home visitation programs serving families who are pregnant or with a child 5 and under in Maricopa County. New parent advice. Referrals to partner programs.

Substance Abuse

Alanon/Alateen/Narateen

(See Hotlines)

Drugfreeaz.org

Phone: (602) 264-5700

Fax: (602) 264-5704

3030 N. Central Avenue, Suite 509, Phoenix, AZ 85012

Partnership for Drug-Free Kids

1-855-DRUGFREE

Helpline

SAMHSA's Treatment Referral Line

1-800-662-HELP (4357)

Substance abuse treatment center

Community Bridges, Inc.

602-273-9999, 602-377-4591 (Public Information Officer)
480-502-7000 Unscript Adolescents – substance abuse program (assessment for outpatient program, meetings 3 X's/week
8541 E. Anderson Drive Suite 105, Scottsdale, AZ 85255
Substance Abuse Counseling
AHCCCS, some insurances, SABG funding through grant for people without insurance

TASC, Inc

602- 254-7328

Central Phoenix - Corporate Office

2234 North 7th Street

Phoenix, AZ 85006

Drug testing, counseling-adult only, Diversion Program- adult only, Juvenile Probation Program (1-2 classes)

No insurances

Parents of Addicted Loved-ones (PAL)

800-239-9127

Various locations and times

www.pal-group.org

Support group for parents to cope with a drug or alcohol abusing child

Free

[Peoria Substance Use Disorder Resources](#)

Debi Laverne, DAL Consulting LLC

602-809-8492

dalconsulting@cox.net

Works with University of Arizona contracting

Works with Safe and Supportive Schools

Expertise in substance abuse

Referrals

Not My Kid

602-652-0163

5230 E. Shea BLVD Suite 100, Scottsdale 85254

Community Education

Free Drug Test Kits (2 per child)

Facts based program. They teach facts behind each drug. Parent and teens do break out groups about peer pressure. Focus is positive "What is your something better?". Two sessions 6-8pm Tuesdays. 90 day follow up calls.

Transitions

602-363-0629

Drug Diversion program. 30 minute intake/evaluation/assessment meeting, two, 2 hour group sessions (Topics: drug education, strategies for addressing drug use, contributing factors, understanding

adolescent brain, coping skills, alternative to unhealthy behaviors, boundaries and communication), 30 minute session (test on what they covered in group, wrap up and evaluation recap).

Mental Health Counseling - individual (\$65- 1st session, follow up \$50) or group counseling (Saturdays, 1 ½ hours \$45), IOP 11-13 years old and 13-17 years old 3 times/week 2 ½- 3 hours/week for 8 weeks. \$3,300.

Insurance, AHCCCS (Care First), Private Pay

Inpatient Behavioral Health Services (under 18)

Quail Run Behavioral Health

602-455-5700

2545 W. Quail Ave, Phoenix 85027

www.quailrunbehavioral.com

Director of Intake: 602-455-5694

Free crisis evaluations 24/7

Currently works with 12-17 year olds, inpatient 23 beds, partial hospitalization and outpatient.

Emerging Adults Program IOP 8 week program Ages 18-25

ACCHS and insurance

Owned by Universal Health Services

Aurora Behavioral Health

623-344-4400

6015 W Peoria Ave., Glendale, AZ

Also has a location in Tempe 480-345-5421

Adolescent Inpatient - 13-17 years old (two units)

MHIOP – meets three days per week, 6pm – 9:30 (Mental Health Intensive Outpatient Program)

Emerging Adult IOP 18-25 480-345-5402

Insurance, AHCCCS – call for more information

They refer to St. Lukes if they only have AHCCCS with the exception of if they need detox. St. Lukes does not do detox.

Referrals to other agencies for a variety of serious issues that provide respite, half way homes (less expensive than hospital setting)

Account Manager, School Liaison

Aurora Behavioral Health System

Cell: 480.253.1394

East Main: 480.345.5400

East Fax: 480.345.5450

West Main: 623.344.4400

West Fax: 623.344.4449

Banner Scottsdale

Appointment Line - 602 254-4357, 800-254-4357

7575 E. Earll Drive

Scottsdale, AZ 85251

Adolescent Inpatient

Banner Thunderbird Medical Center

602-865-4706

5555 W. Thunderbird Road, Glendale 85306 (Also in Chandler)

Intensive outpatient Program (IOP-5:30-8:30pm for 8 weeks),– no individual counseling

AOC-Adolescent Open for Change – substance abuse

Insurance. Sends to St. Lukes if they only have AHCCCS with the exception of if they need detox. St. Lukes does not do detox.

Oasis Behavioral Health

800-844-6435, 480-917-9301

2190 N. Grace Blvd., Chandler, AZ 85225

Adolescent Psychiatric Program and longer term Psychiatric and Chemical Dependency Residential Treatment Program

AHCCCS, Magellan, Insurance

St. Lukes – Behavioral Health Center

602-251-8535

1800 E. Van Buren Street

Phoenix, AZ 85006

AHCCCS

Mind 24-7

844-MIND247

2728 N. 24th Street, Phoenix, AZ 85008

www.mind24-7.com

Urgent & Crisis Mental Health Needs

Psychiatrists, therapists, social workers, psychiatric nurses, behavioral health technicians, pediatricians and recovery support peers. Connection with community resources & long-term providers.

The River Source Youth Program

866-770-1236, 888-240-6514

108 E 2nd Ave, Mesa, AZ 85210

<https://www.theriversourceyouthprogram.org>

Adolescent males, ages 13-17, for drug and alcohol addiction, residential, Day Programs and IOP

Focus on healing the whole person; physically, mentally and spiritually

12 Step meetings, as well as peer support groups

Parent Education**State of Arizona Department of Education****The School Safety and Prevention Unit**

602-542-8712

Parent Meetings for K-12 public/charter schools

Resources for dating, puberty, sexuality, bullying, safe technology

www.azed.gov/prevention-programs/resources

CDC (Center for Disease Control and Prevention)

www.csc.gov/parents/index.html, www.csc.gov/parents/teens/index.html

Information on teens 12-19 years old

Touchstone Behavioral Health

623-930-8705

15648 N. 35th Avenue, Phoenix, AZ 85053

Parenting classes

AHCCCS should be accepted.

Legal Advice Coalition for Domestic Violence

602-279-2900

Family Involvement Center

602-412-4095, 602-288-0155

1430 E. Indian School, Suite 110, Phoenix, AZ 85014

Parenting classes – more of a support group, drop in any time. Parent Empowerment Group Tuesdays 9-11a.m. (without referral). Spanish Support Group- once a month, 2nd Tuesday of month from 5:30-7:30 (sign up ahead of time). Food is served and child care is available. 14 week class is for referrals. Youth group 2nd Thursday of each month, 5:30-7:30, Call ahead of time.

Free services

Family Spot Resource Center

602-501-8840

3030 E. Thunderbird Rd., Phoenix

Parenting classes- (English and Spanish) , assistance with AHCCCS, Kids Care, SNAP

Contact: Beth or anyone else

Free

A New Leaf Behavioral Health

623-934-1991

8802 N. 61st Ave., Glendale

Parenting classes only available if child is in counseling with them

AHCCCS only.

Helpful websites for parents and teens:

<http://csefel.vanderbilt.edu/resources/family.html>

<http://www.do2learn.com/SocialSkills/SocialBehavior/index.htm>

<http://kidshealth.org/parent/emotions/#cat146>

<http://www.healthychildren.org/English/Pages/default.aspx>

Books:

OCD - 2 excellent books for children or adults: What to Do When Your Brain Gets Stuck; and What to Do When You Worry Too Much. " Get these books, you won't be sorry!"

ADHD, OCD, Autism - Would You Teach A Fish To Climb A Tree? By Anne Maxwell, Gary M. Douglas, Dr. Dain Heer

Right Recovery For You by Marilyn M. Bradford

Systematic Training for Effective Parenting for Teens Dinkmeyer, Dinkmeyer, Gary D. McKay

Special Education/MI

Raising Special Kids

602-242-4366 or 1-800-237-3007

info@raisingspecialkids.org

www.raisingspecialkids.org

2400 N. Central Avenue, Suite 200, Phoenix, AZ 85004

Resources for families, bi-lingual staff available

Parent Information Network Specialist

602-542-3852

1-877-230-7467

1-800-352-4558

<https://www.amissionofmercy.org/arizona/>

<https://www.findhelpphx.org/>

AZ Center for Disability Law

Tucson 520-327-9547 or 1-800-922-1447

Phoenix 602-274-6287 or 1-800-927-2260

National Alliance for Mentally Ill (NAMI)

Arizona Alliance for Mentally Ill (AAMI)

602-374-7439

10810 N. Tatum Boulevard

Phoenix, AZ 85028

www.namiphoenix.org

Serving Phoenix

M.I.K.I.D. (Mentally Ill Kids in Distress)

602-253-1240

7816 N. 19th Ave, Phoenix, AZ

Mikid.org

Connects families to resources. Services for 13-25 year olds. Life skills, positive coping skills, Youth Peer Support groups, Leadership for High School Age (meets every other Friday 5-7 p.m. – field trips, resume and job skills, CPR) Transportation if needed. Summer Camp for younger kids: crafts, movies, park, splash pad, museums.

AHCCCS only- Free

SARRC (Southwest Autism Resource and Referral Center)

602-340-8717

300 N 18th St, Phoenix, AZ 85006

Epilepsy Foundation of Arizona

240 W. Thomas Rd. F1 2

Phoenix, AZ 85013-4407

<http://www.epilepsyaz.org>

The Virginia G. Piper Sports and Fitness Center for Persons with Disabilities (Spofit)

602-386-4566

5031 E. Washington St.

Phoenix, AZ 85034

Spofit.com

Recreational activities and classes for persons with disabilities. Sports clinics.

Parks and Recreation

Recommended Book: Partnering with Children with Disabilities

LGBTQ

One-N-Ten

602-279-0894

avi@onenten.org, Program Coordinator for West Valley site

Youth Center Address: 3660 N 3rd St, Phoenix, AZ 85012

Meetings, outdoor camps, mentoring, outings, athletics, job readiness, housing

Meetings: The First Congregational United Church of Christ (UCC) every Wednesday night from 7pm – 8:30pm, in Tempe on Tuesday nights from 7pm – 8:30pm at 715 W. 5th Street, Tempe, AZ, and in Glendale Tuesday nights from 7pm-8:30 at 5540 W. Glendale Ave, Glendale AZ. 85301 (Call to confirm updated times and locations.)

Terros

Safe Out

602-685-6016

3003 N. Central Ave., #200, Phoenix, AZ 85012

Free Meet Up. Supporting the health and wellness of the LGBTQ/GSM communities of Arizona.

Housing Program: W: 602-561-4513

Downtown Phoenix apartment with utilities, provides bus passes and light rail. Application needed.
Housing for up to 2 years. Case Manager services for independence.

Dr. Michael Peck (psychologist)

Specializes in LGBTQ clients

Call One-N-Ten for more information

Youth and Family First

Contact: therapist

Specializes in gay youth

ACCCHS insurance.

PFLAG

PFLAF.com

602-843-1404

For local dates and times of support meetings, call or go to the website.

Referrals

Trevor Project for Youth and LGBTQ

1-866-488-7386

<https://www.thetrevorproject.org/> (text and chat)

A national 24-hour, toll free confidential suicide hotline for LGBTQ youth.

Arizona Trans Youth and Parent Organization

480-282-7104

tami@aztypo.org

Tami Staas, President She/Her/Hers

"I could bury my son or embrace my daughter 60:4 Trans Suicides: Support"

Transspectrum.org

Groups

TransgenderHarmony.org

Casa de Cristo

1029 E. Turney Ave.

Phoenix, AZ 85014-4402

Support Groups

GLSEN (Gay, Lesbian, Straight Education Network)

602-705-9780

Call for resources, professional growth education and chapter meetings

Phoenix Transguys

602-309-1990

Support Group

GLBT National Hotline

888-843-4564

Julian Melson

602-403-5899

Works with transgender community for referrals, Diversity Training, Support Groups

Mulligans Manner

480-831-8727

Free training.

Group Home for LGBTQ , 12-17 or turning 18 can stay until 22. Referred by DCS or private pay.

Able to send mentors to help at OneNTen.

Sporting/Camp Activities**ASC Soccer****BLOOM 365 Amplify**

Digital Media Arts Camp

602-625-4079

Free Camp and Transportation (Call for updated activities)

Grace Fighting Systems

623-266-6045

2501 W Behrend Dr #33, Phoenix, AZ 85027

MMA

Call for fees

Phoenix Suns Basketball Camps

602-379-7900

201 E. Jefferson Street

Phoenix, Arizona, 85004

Overnight and day camps

Boys and girls 6-17 years old

Tom Kuyper Basketball Camps

602-995-8877

10020 N. 15th Avenue

Phoenix, AZ. 85021

Tom Kuyper@ TomKuyperbasketball.com

Summer camp, club ball, clinics

Scholarships available

CTI Summer Experience – 30+ camps for student grades 6-12

ctisummer@asu.edu

Offered by ASU College of Technology & Innovation (CTI)

Program video games? Learn how to make your ideas a reality? Start your own business? Invent a new product? Pilot a flight simulator? Learn leadership skills? Prepare students to earn college credit.

Also have camps that will Unless otherwise stated, day camps run from 8:30 am – 4:30 pm. We offer both early drop-off (6:30 am) and late pickup (6:30 pm).

Register before May 1 *and save* per camper. Family discounts are available for a second family member to attend camp or the same camper attending more than one camp.

For more information: <https://technology.asu.edu/ctisummer>

Camp Zoo

Winter Camp at the Phoenix Zoo

602-914-4333

K-8th

Scholarships for children with orthopedic impairments.

West-Mec

Offers exciting opportunities for students of all ages this summer - check out West-Mec Summer Camps at: <http://west-mec.org/start/project/camps-field-trips/>

Tonto Creek Camp

Offers adventurous **summer camps** in Payson, Arizona - SEED Camp (Students Engaging Entrepreneurial Discovery) and Fresh Air Camp where students connect to the natural environment. More information

at: <http://tontocreekcamp.com/> Scholarships available for SEED Camp - use code TAF49 for full scholarships. 14-17 years old. Call for updated scholarship information.

Arizona Camp Sunrise and Sidekicks

<http://www.azcampsunrise.org/programs-events/>

R-Bar C Scout Camp

19887 Arizona 260 Payson, AZ 85541

Offer special programs for children who have or have had cancer, and their brothers and sisters.

Ages 3-18 years old

Free

DVUSD Community Education

623-445-5000

20402 N. 15th Avenue, Phoenix, AZ 85027

Fall, Spring and Summer activities, classes and camps

Various fees apply

The Rock

602-334-5674

www.therockat32ndst.com

www.alicecoopersolidrock.com

Teen Center for teens ages 12-20

Free private guitar, voice, keyboard, drum lessons

Free dance classes

Free GED classes for over 16 years old and doesn't have a high school diploma and is not currently enrolled in school

Free career guidance, resume building and interviewing skills, job searching

The Refuge Youth Center

480-226-2019

401 W Deer Valley Rd Phoenix AZ 85027

Emotionally and physically safe environment where teenagers can come participate in events and activities that develop a desire in them to not only better themselves, but the communities around them as well. Indoor skate park. Religious.

18 and Older Services

Quail Run Behavioral Health

602-455-5700

2545 W. Quail Ave, Phoenix 85027

www.quailrunbehavioral.com

Director of Intake: 602-455-5694

Free crisis evaluations 24/7

Currently works with 12-17 year olds, inpatient 23 beds, partial hospitalization and outpatient.

Emerging Adults Program IOP 8 week program Ages 18-25

AHCCCS and insurance

Owned by Universal Health Services

Aurora Behavioral Health

623-344-4400

6015 W Peoria Ave., Glendale, AZ

Also has a location in Tempe 480-345-5421

Adolescent Inpatient - 13-17 years old (two units)

MHIOP – meets three days per week, 6pm – 9:30 (Mental Health Intensive Outpatient Program)

Emerging Adult IOP 18-25 480-345-5402

Insurance, AHCCCS – call for more information

They refer to St. Lukes if they only have AHCCCS with the exception of if they need detox. St. Lukes does not do detox.

Referrals to other agencies for a variety of serious issues that provide respite, half way homes (less expensive than hospital setting)

Aurora Behavioral Health System

Cell: [480.253.1394](tel:480.253.1394)

East Main: 480.345.5400

East Fax: 480.345.5450

West Main: 623.344.4400

West Fax: 623.344.4449

Doorways

602-997-2880

1825 E. Northern Ave, Phoenix 85020

Therapists and young adult IOP programs 13-25 years old.

Programs: Eating Disorders, Social Anxiety and OCD, DBT

Southwest Network

602-304-0014

Agency contracts with providers. Can request agency.

TIP – Transition to Independence Process, housing, One on one coordination (602-791-7257)

TIP@southwestnetwork.com

Adult Behavioral Health Services

Southwest Behavioral Health

Local facility: 10220 N. 31st Ave Suite 101, Phoenix, AZ 85051

602-997-2233

Individual, family and various group (motivation, anger control) counseling, Behavioral Coaching. Private Pay or AHCCCS (if enrolled with Southwest) info@sbhservices.org

Lifewell Behavioral Wellness

602-808-2822

Inpatient/outpatient Substance Abuse

Mental health, anger management, domestic violence

Group therapy

Access Insurance

Homebase Youth Services (owned by Native American Connections)

602-263-5531

931 East Devonshire Avenue, Phoenix, AZ 85014

Qualifications: 18-24 year olds, Homeless

Life skills, resumes, drop in center

Emergency Shelter up to 3 months. They have their own room but share facilities with 4 people. Must pay 30% of their salary for rent and bus tokens once they start working.

Free if not working.

UMOM

TLP program- independent housing

Young Adult Program

Phoenix Dream Center

602-346-8701

3210 NW Grand Avenue, Phoenix, 85017

Phxdreamcenter.org

Christian organization

18-21 years old

Meals, rooms, on-line school, haircuts, TLP skills

\$375/month program fee

Where Hope Lives (in Phoenix Dream Center)

602-516-0033

Sexual Exploitation/Crisis Pregnancy/At-risk young adults (case by case assessment for eligibility)

18-30 year olds. 8 months-2 years free residential program. Emergency housing on-site if there is a waiting list for the program. Transitional Housing after completion of program. Faith based but not required to participate in any faith activities except must sit through services.

The Mens Mission

602-447-0259

18 and older

Phoenix Dream Center refers men to Mens Mission.

Stonewall Institute

4020 N. 20th Street, Suite 302, Phoenix, 85016

602-535-6468

www.stonewallinstitute.com

Mental Health and Addictive Treatment: IOP Addiction Treatment
Spiritual

Fees: private insurance or cash

Arizona Literacy

602-258-2410

Arizona Department of Education

1535 West Jefferson St., Bin 26

Phoenix, AZ 85007

Adult Education Services

Phoenix Police Department

602-262-6151 non-emergency

CrimeStopper, inappropriate internet contact