

BREAKFAST MENU

4 Saint Paul Sunrise Croissant OR Teriyaki Chicken Rice Bowl Grapes	5 Chicken & Vegetable Dumplings Apple Slices	6 Banana Chocolate Chip Muffin OR Teriyaki Chicken Rice Bowl Banana	7 Chicken & Vegetable Dumplings Apple Slices	8 Caramel Mini Cinnamon Rolls OR Chicken Teriyaki Rice Bowl Banana
11 Mini Pancake Bites with Syrup OR Teriyaki Chicken Rice Bowl Grapes	12 Chicken & Vegetable Dumplings Apple Slices	13 Chocolate Chocolate Chip Muffin OR Teriyaki Chicken Rice Bowl Banana	14 Chicken & Vegetable Dumplings Apple Slices	15

INTERSESSION (FOR REGISTERED STUDENTS) NOV 18-26

18 Saint Paul Sunrise Sandwich OR Teriyaki Chicken Rice Bowl Grapes	19 Chicken & Vegetable Dumplings Apple Slices	20 Banana Chocolate Chip Muffin OR Teriyaki Chicken Rice Bowl Banana	21 Chicken & Vegetable Dumplings Apple Slices	22 Caramel Mini Cinnamon Rolls OR Chicken Teriyaki Rice Bowl Banana
25 Mini Pancake Bites with Syrup OR Teriyaki Chicken Rice Bowl Grapes	26 Chicken & Vegetable Dumplings Apple Slices			

DAILY CHOICES

- Assorted Cereals
- Yogurt
- String Cheese
- Juice
- Milk

- For nutrient & allergen information, visit SchoolCafe.com/SPPS.
- Menu subject to change.
- This institution is an equal opportunity provider.

LUNCH MENU

<p>4</p> <p>Penne Pasta Meat Sauce or Marinara Sauce Dinner Roll Choice Bar</p> <p>Soybutter Sandwich Choice Bar</p>	<p>5</p> <p>Teriyaki Chicken Jasmine Rice Choice Bar</p> <p>Soybutter Sandwich Choice Bar</p>	<p>6 TACO DAY</p> <p>Seasoned Beef Refried Beans Shredded Cheese Tortilla Shell Choice Bar</p> <p>Soybutter Sandwich Choice Bar</p>	<p>7</p> <p>Chicken Fingers Mac & Cheese Galaxy Sauce Choice Bar</p> <p>Soybutter Sandwich Choice Bar</p>	<p>8</p> <p>Cheese or Turkey Sausage Pizza Choice Bar</p> <p>Soybutter Sandwich Choice Bar</p>
<p>11</p> <p>Turkey Hot Dog Potato Wedges Choice Bar</p> <p>Soybutter Sandwich Choice Bar</p>	<p>12</p> <p>Beef Bulgogi Jasmine Rice Choice Bar</p> <p>Soybutter Sandwich Choice Bar</p>	<p>13</p> <p>Oven Fried or Nashville Chicken Roasted Red Potatoes Corn Muffin Choice Bar</p> <p>Soybutter Sandwich Choice Bar</p>	<p>14</p> <p>Cheeseburger Potato Wedges Choice Bar</p> <p>Soybutter Sandwich Choice Bar</p>	<p>15</p> <p>NO SCHOOL TODAY!</p> 

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<p>18</p> <p>Glazed Chicken Bites Potato Wedges Dinner Roll Choice Bar</p> <p>Soybutter Sandwich Choice Bar</p>	<p>19</p> <p>Corn Dogs Potato Wedges Choice Bar</p> <p>Soybutter Sandwich Choice Bar</p>	<p>20</p> <p>Beef, Bean & Cheese Burrito Nacho Cheese Sauce Choice Bar</p> <p>Soybutter Sandwich Choice Bar</p>	<p>21</p> <p>Pancakes Chicken Sausages Hash Browns Choice Bar</p> <p>Soybutter Sandwich Choice Bar</p>	<p>22</p> <p>Cheese or Turkey Sausage Pizza Choice Bar</p> <p>Soybutter Sandwich Choice Bar</p>
<p>25</p> <p>Crispy Chicken Sandwich Potato Wedges Choice Bar</p> <p>Soybutter Sandwich Choice Bar</p>	<p>26</p> <p>Mongolian Beef Jasmine Rice Choice Bar</p> <p>Soybutter Sandwich Choice Bar</p>	<p>MINNESOTA FOOD HELPLINE 1-888-711-1151 MONDAY-FRIDAY 10:00 AM - 5:00 PM</p> 		

Milk is available at every meal.

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