

BREAKFAST MENU

<p>4 Saint Paul Sunrise Croissant OR Teriyaki Chicken Rice Bowl Grapes</p>	<p>5 Chicken & Vegetable Dumplings Apple Slices</p>	<p>6 Banana Chocolate Chip Muffin OR Teriyaki Chicken Rice Bowl Banana</p>	<p>7 Chicken & Vegetable Dumplings Apple Slices</p>	<p>8 </p>
<p>11 Mini Pancake Bites with Syrup OR Teriyaki Chicken Rice Bowl Grapes</p>	<p>12 Chicken & Vegetable Dumplings Apple Slices</p>	<p>13 Chocolate Chocolate Chip Muffin OR Teriyaki Chicken Rice Bowl Banana</p>	<p>14 Chicken & Vegetable Dumplings Apple Slices</p>	<p>15 Mini Cinnamon Rolls OR Teriyaki Chicken Rice Bowl Banana</p>
<p>18 Saint Paul Sunrise Sandwich OR Teriyaki Chicken Rice Bowl Grapes</p>	<p>19 Chicken & Vegetable Dumplings Apple Slices</p>	<p>20 Banana Chocolate Chip Muffin OR Teriyaki Chicken Rice Bowl Banana</p>	<p>21 Chicken & Vegetable Dumplings Apple Slices</p>	<p>22 Caramel Mini Cinnamon Rolls OR Chicken Teriyaki Rice Bowl Banana</p>
<p>25 Mini Pancake Bites with Syrup OR Teriyaki Chicken Rice Bowl Grapes</p>	<p>26 Chicken & Vegetable Dumplings Apple Slices</p>	<p>27 Chocolate Chocolate Chip Muffin OR Teriyaki Chicken Rice Bowl Banana</p>	<p>THANKFUL </p>	

DAILY CHOICES

- Assorted Cereals
- Yogurt
- String Cheese
- Juice
- Milk

- For nutrient & allergen information, visit SchoolCafe.com/SPPS.
- Menu subject to change.
- This institution is an equal opportunity provider.

LUNCH MENU

<p>4</p> <p>Penne Pasta Meat Sauce or Marinara Sauce Dinner Roll</p> <p>Soybutter Sandwich</p> <p>Mango Applesauce</p>	<p>5</p> <p>Teriyaki Chicken Jasmine Rice</p> <p>Soybutter Sandwich</p> <p>Broccoli Applesauce</p>	<p>6 TACO DAY</p> <p>Seasoned Beef Refried Beans Shredded Cheese Tortilla Shell</p> <p>Soybutter Sandwich</p> <p>Sliced Apples</p>	<p>7</p> <p>Chicken Fingers Mac & Cheese Galaxy Sauce</p> <p>Soybutter Sandwich</p> <p>Baby Carrots Banana</p>	<p>8</p> <p>NO SCHOOL TODAY!</p> 
<p>11</p> <p>Chicken Alfredo Penne Pasta</p> <p>Soybutter Sandwich</p> <p>Green Beans Mixed Fruit</p>	<p>12</p> <p>Beef Bulgogi Jasmine Rice</p> <p>Soybutter Sandwich</p> <p>Broccoli Applesauce</p>	<p>13</p> <p>Chicken Fingers Corn Muffin</p> <p>Soybutter Sandwich</p> <p>LOCAL Roasted Red Potatoes Sliced Apples</p>	<p>14</p> <p>Cheeseburger</p> <p>Soybutter Sandwich</p> <p>Potato Wedges Banana</p>	<p>15</p> <p>Italian Dunker Marinara Sauce</p> <p>Soybutter Sandwich</p> <p>Orange Wedges</p>
<p>18</p> <p>Glazed Chicken Bites Potato Wedges Dinner Roll</p> <p>Soybutter Sandwich</p> <p>Green Beans Mixed Fruit</p>	<p>19</p> <p>Grilled Cheese</p> <p>Soybutter Sandwich</p> <p>Potato Wedges Applesauce</p>	<p>20</p> <p>Beef, Bean & Cheese Burrito Nacho Cheese Sauce</p> <p>Soybutter Sandwich</p> <p>Salad Sliced Apples</p>	<p>21</p> <p>Pancakes Chicken Sausages</p> <p>Soybutter Sandwich</p> <p>Hash Browns Banana</p>	<p>22</p> <p>Cheese or Turkey Sausage Pizza</p> <p>Soybutter Sandwich</p> <p>Orange Wedges</p>
<p>25</p> <p>Crispy Chicken Sandwich</p> <p>Soybutter Sandwich</p> <p>Potato Wedges Pineapple Cup</p>	<p>26</p> <p>Mongolian Beef Jasmine Rice</p> <p>Soybutter Sandwich</p> <p>Broccoli Applesauce</p>	<p>27 NACHO DAY</p> <p>Seasoned Beef Refried Beans Cheese Sauce Tortilla Chips</p> <p>Soybutter Sandwich</p> <p>Sliced Apples</p>	<p>MINNESOTA FOOD HELPLINE</p> <p>1-888-711-1151</p> <p>MONDAY-FRIDAY</p> <p>10:00 AM - 5:00 PM</p> 	

Milk is available at every meal.

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