

BREAKFAST MENU

<p>4 Saint Paul Sunrise Croissant OR Teriyaki Chicken Rice Bowl Grapes</p>	<p>5 Chicken & Vegetable Dumplings Apple Slices</p>	<p>6 Banana Chocolate Chip Muffin OR Teriyaki Chicken Rice Bowl Banana</p>	<p>7 Chicken & Vegetable Dumplings Apple Slices</p>	<p>8 NO SCHOOL TODAY! </p>
<p>11 Mini Pancake Bites with Syrup OR Teriyaki Chicken Rice Bowl Grapes</p>	<p>12 Chicken & Vegetable Dumplings Apple Slices</p>	<p>13 Chocolate Chocolate Chip Muffin OR Teriyaki Chicken Rice Bowl Banana</p>	<p>14 Chicken & Vegetable Dumplings Apple Slices</p>	<p>15 Mini Cinnamon Rolls OR Teriyaki Chicken Rice Bowl Banana</p>
<p>18 Saint Paul Sunrise Sandwich OR Teriyaki Chicken Rice Bowl Grapes</p>	<p>19 Chicken & Vegetable Dumplings Apple Slices</p>	<p>20 Banana Chocolate Chip Muffin OR Teriyaki Chicken Rice Bowl Banana</p>	<p>21 Chicken & Vegetable Dumplings Apple Slices</p>	<p>22 Caramel Mini Cinnamon Rolls OR Chicken Teriyaki Rice Bowl Banana</p>
<p>25 Mini Pancake Bites with Syrup OR Teriyaki Chicken Rice Bowl Grapes</p>	<p>26 Chicken & Vegetable Dumplings Apple Slices</p>	<p>27 Chocolate Chocolate Chip Muffin OR Teriyaki Chicken Rice Bowl Banana</p>	<p>THANKFUL </p>	

DAILY CHOICES

- Assorted Cereals
- Yogurt
- String Cheese
- Juice
- Milk

- For nutrient & allergen information, visit SchoolCafe.com/SPPS.
- Menu subject to change.
- This institution is an equal opportunity provider.

LUNCH MENU

<p>4</p> <p>Penne Pasta Meat Sauce or Marinara Sauce Dinner Roll Choice Bar</p> <p>Soybutter Sandwich Choice Bar</p>	<p>5</p> <p>Teriyaki Chicken Jasmine Rice Choice Bar</p> <p>Soybutter Sandwich Choice Bar</p>	<p>6 TACO DAY</p> <p>Seasoned Beef Refried Beans Shredded Cheese Tortilla Shell Choice Bar</p> <p>Soybutter Sandwich Choice Bar</p>	<p>7</p> <p>Chicken Fingers Mac & Cheese Galaxy Sauce Choice Bar</p> <p>Soybutter Sandwich Choice Bar</p>	<p>8</p> <p>NO SCHOOL TODAY!</p>
<p>11</p> <p>Turkey Hot Dog Potato Wedges Choice Bar</p> <p>Soybutter Sandwich Choice Bar</p>	<p>12</p> <p>Beef Bulgogi Jasmine Rice Choice Bar</p> <p>Soybutter Sandwich Choice Bar</p>	<p>13</p> <p>Oven Fried or Nashville Chicken Roasted Red Potatoes Corn Muffin Choice Bar</p> <p>LOCAL</p> <p>Soybutter Sandwich Choice Bar</p>	<p>14</p> <p>Cheeseburger Potato Wedges Choice Bar</p> <p>Soybutter Sandwich Choice Bar</p>	<p>15</p> <p>Italian Dunker Marinara Sauce Choice Bar</p> <p>Soybutter Sandwich Choice Bar</p>
<p>18</p> <p>Glazed Chicken Bites Potato Wedges Dinner Roll Choice Bar</p> <p>Soybutter Sandwich Choice Bar</p>	<p>19</p> <p>Corn Dogs Potato Wedges Choice Bar</p> <p>Soybutter Sandwich Choice Bar</p>	<p>20</p> <p>Beef, Bean & Cheese Burrito Nacho Cheese Sauce Choice Bar</p> <p>Soybutter Sandwich Choice Bar</p>	<p>21</p> <p>Pancakes Chicken Sausages Hash Browns Choice Bar</p> <p>Soybutter Sandwich Choice Bar</p>	<p>22</p> <p>Cheese or Turkey Sausage Pizza Choice Bar</p> <p>Soybutter Sandwich Choice Bar</p>
<p>25</p> <p>Crispy Chicken Sandwich Potato Wedges Choice Bar</p> <p>Soybutter Sandwich Choice Bar</p>	<p>26</p> <p>Mongolian Beef Jasmine Rice Choice Bar</p> <p>Soybutter Sandwich Choice Bar</p>	<p>27 NACHO DAY</p> <p>Seasoned Beef Refried Beans Cheese Sauce Tortilla Chips Choice Bar</p> <p>Soybutter Sandwich Choice Bar</p>	<p>MINNESOTA FOOD HELPLINE 1-888-711-1151 MONDAY-FRIDAY 10:00 AM - 5:00 PM</p>	

Milk is available at every meal.

Menu subject to change.

For nutrient & allergen information, visit SchoolCafe.com/SPPS.

This institution is an equal opportunity provider.