

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1



- Grilled Cheese Wedges
- Basil Tomato Soup
- Cucumber Coins with Fat Free Buttermilk Ranch

2



- NY Style Pizza
- Freshly Prepared Maschio's House Salad

3



Rosh Hashanah

4



Rosh Hashanah

7



- Chicken Parm Sandwich
- Roasted Vegetables
- Peas and Carrots

8



- Golden Crisp Waffles with Maple Berry Drizzle
- Cheesy Omelet
- Seasoned Potato Wedges

9

- Breaded Mini Cheese Ravioli
- Mixed Vegetables

10

- Seasoned Beef Scoop-A-Bowl with Cheddar Cheese, Lettuce, Diced Tomatoes, Salsa, Tortilla Chips
- Fiesta Corn

11



Yom Kippur

14

NO SCHOOL
No school

15

- Seasoned Chicken and Cheese Quesadilla
- Cilantro-Lime Black Beans and Corn

16



- Cheese Lasagna Roll-Up with Marinara Sauce
- Garlic Bread
- Sautéed Lemon-Garlic Spinach or Sautéed Lemon-Garlic Green Beans

17



- Bacon, Egg and Cheese on a Bun
- Crunchy Hash Browns

18



- Personal Cheese Pizza
- Freshly Prepared Garden Salad

21



- All Natural Beef Hot Dog on a Bun
- Fresh Veggie Dippers

22



- Fluffy French Toast Slices
- Breakfast Sausage
- Emoji Fries

23

- Juicy Bacon Cheeseburger on a Bun
- BBQ Baked Beans

24

- Savory Chicken
- Confetti Rice
- Corn Salad
- Whole Grain Cinnamon Churro

25



- Twisted Cheesy Breadsticks with Marinara Sauce
- Freshly Prepared Spring Mix Salad

28

- Meatball Parm Sub
- Roasted Parmesan Broccoli

29

- Cheesesteak Quesadilla
- Fresh Pepper Dippers

30

- Pizza Crunchers
- Vegetable Medley

31

HALLOWEEN

- Half day-swap outs not available
- Chicken Nuggets
 - Steamed Corn
 - Whole Wheat Dinner Roll
- OR
- Turkey & Cheese Pinwheel
- OR
- Muffin Bag Meal

*Menu is Subject to Change

QUESTIONS OR COMMENTS?
Please call us at (973) 598-0005 to speak to one of Maschio's Registered Dietitian Nutritionists.

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Healthy meals grow *healthy kids!*

Swap Outs-Elementary: Muffin Bag Meal , Bagel Bag with Cheese , Turkey & Cheese Pinwheel , Chicken Nuggets with Whole Wheat Dinner Roll

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