

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>1</b>  <ul style="list-style-type: none"> <li>Grilled Cheese Wedges</li> <li>Basil Tomato Soup</li> <li>Cucumber Coins with Fat Free Buttermilk Ranch</li> </ul>	<b>2</b>  <ul style="list-style-type: none"> <li>NY Style Pizza</li> <li>Freshly Prepared Maschio's House Salad</li> </ul>	<b>3</b>  Rosh Hashanah	<b>4</b>  Rosh Hashanah
<b>7</b>  <ul style="list-style-type: none"> <li>Chicken Parm Sandwich</li> <li>Roasted Vegetables</li> <li>Peas and Carrots</li> </ul>	<b>8</b>  <ul style="list-style-type: none"> <li>Golden Crisp Waffles with Maple Berry Drizzle</li> <li>Cheesy Omelet</li> <li>Seasoned Potato Wedges</li> </ul>	<b>9</b> <ul style="list-style-type: none"> <li>Breaded Mini Cheese Ravioli</li> <li>Mixed Vegetables</li> </ul>	<b>10</b> <ul style="list-style-type: none"> <li>Seasoned Beef Scoop-A-Bowl with Cheddar Cheese, Lettuce, Diced Tomatoes, Salsa, Tortilla Chips</li> <li>Fiesta Corn</li> </ul>	<b>11</b>  Yom Kippur
<b>14</b>  No school	<b>15</b> <ul style="list-style-type: none"> <li>Seasoned Chicken and Cheese Quesadilla</li> <li>Cilantro-Lime Black Beans and Corn</li> </ul>	<b>16</b>   <ul style="list-style-type: none"> <li>Cheese Lasagna Roll-Up with Marinara Sauce</li> <li>Garlic Bread</li> <li>Sauteed Lemon-Garlic Spinach or Sauteed Lemon-Garlic Green Beans</li> </ul>	<b>17</b>  <ul style="list-style-type: none"> <li>Bacon, Egg and Cheese on a Bun</li> <li>Crunchy Hash Browns</li> </ul>	<b>18</b>  <ul style="list-style-type: none"> <li>Personal Cheese Pizza</li> <li>Freshly Prepared Garden Salad</li> </ul>
<b>21</b>   <ul style="list-style-type: none"> <li>All Natural Beef Hot Dog on a Bun</li> <li>Fresh Veggie Dippers</li> </ul>	<b>22</b>  <ul style="list-style-type: none"> <li>Fluffy French Toast Slices</li> <li>Breakfast Sausage</li> <li>Emoji Fries</li> </ul>	<b>23</b> <ul style="list-style-type: none"> <li>Juicy Bacon Cheeseburger on a Bun</li> <li>BBQ Baked Beans</li> </ul>	<b>24</b> <ul style="list-style-type: none"> <li>Savory Chicken</li> <li>Confetti Rice</li> <li>Corn Salad</li> <li>Whole Grain Cinnamon Churro</li> </ul>	<b>25</b>   <ul style="list-style-type: none"> <li>Twisted Cheesy Breadsticks with Marinara Sauce</li> <li>Freshly Prepared Spring Mix Salad</li> </ul>
<b>28</b> <ul style="list-style-type: none"> <li>Meatball Parm Sub</li> <li>Roasted Parmesan Broccoli</li> </ul>	<b>29</b> <ul style="list-style-type: none"> <li>Cheesesteak Quesadilla</li> <li>Fresh Pepper Dippers</li> </ul>	<b>30</b> <ul style="list-style-type: none"> <li>Pizza Crunchers</li> <li>Vegetable Medley</li> </ul>	<b>31</b>  <ul style="list-style-type: none"> <li>Popcorn Chicken, Whipped Mashed Potatoes, Rich Brown Gravy, Seasoned Corn</li> <li>Whole Wheat Dinner Roll</li> <li>Orange Sorbet</li> </ul>	



MASCHIO'S IS AN EQUAL OPPORTUNITY PROVIDER.



**QUESTIONS OR COMMENTS?**  
 Please call us at (973) 598-0005 to speak to one of Maschio's Registered Dietitian Nutritionists.

**FOLLOW US:**  
 @MASCHIOFOOD  


Healthy meals grow  
*healthy kids!*

Swap Outs-Elementary: Muffin Bag Meal , Bagel Bag with Cheese , Turkey & Cheese Pinwheel , Chicken Nuggets with Whole Wheat Dinner Roll