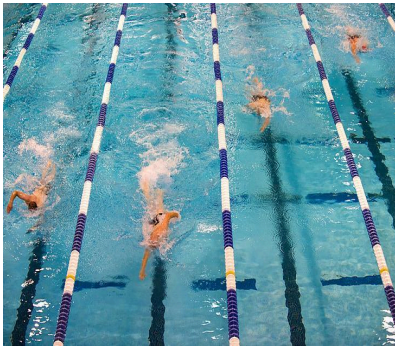




250 E Tuttle Rd. Ionia, MI 48846 (616) 841-4039

Fall Session 2: Oct. 28 - Dec. 21

Fall back into good habits! Register online by visiting loniaschools.org>Bulldog Aquatic Center or call 616-841-4039.



Swim Lessons & Pre-competitive Clinic Swim lessons meet once per week on the days offered:			
Class	Monday	Wednesday	Saturday
Parent/Child 6mo - 3 yrs	6:30 - 7 PM	6:30 - 7 PM	10 - 10 :30 AM
Preschool 3-5 yrs	6:30 - 7 PM	6:30 - 7 PM	10 - 10:30 AM
Youth 6-12 yrs	7:05 - 7:35 PM	7:05 - 7:35 PM	10 - 10:30 AM 10:35 - 11:05 AM
Teen 13 - 18 yrs		7:05 - 7:35 PM	
*Pre-competitive	Tues/Wed/Thurs 7:30 - 8:30 PM		
*Pre-competitive Clinic meets 3 times per week. Weeks affected by swim meets will meet Mon/Tues/Wed.			

Aquatic Fitness	
3 Day Aquafit	Mon/Wed/Fri 9 - 10 AM
2 Day Aquafit	Attend any 2 days that the 3 day Aquafit is offered.
*Tidal Wave	Tues/Thurs 6:30 - 7:30 PM
*Deep Currents	Tues/Thurs 6:30 - 7:30 PM
*Tidal Wave, Deep Currents & Pre-comp: No class Dec. 10	

