

October 2024

Fairview School



Monday

Tuesday

Wednesday

Thursday

Friday

3) Berry Bread
Diced Peaches **7**

Mini Corn Dogs
Smile Fries
Glazed Carrots
Applesauce Cup

1) Pancakes
Diced Pears **14**

Mandarin Orange Chicken
Stir Fry Mixed Vegetables
Egg Roll
Whole Grain Rice
Mandarin Oranges

2) Waffles
Applesauce cup **21**

Chicken Nuggets
Mashed Potatoes
Seasoned Green Beans
Southern Style Biscuit
Blueberries w/ whip topping

3) Piggie stick
Berry Medley **28**

Salisbury Steak
Mashed Potatoes w/ gravy
Seasoned Peas
Southern Style Biscuit
Cinnamon Applesauce

Yogurt, **Blueberries**
Granola **1**

Spaghetti w/ meat sauce
Parmesan Roasted Broccoli
Caesar Salad
Garlic Bread
Fresh Grapes

Sausage Biscuit
Applesauce Cup **8**

Taco Salad
Salsa, Onion,
Lettuce, Cheese Sauce
Whole Kernel Corn
Seasoned Pinto Beans
Pineapple Tidbits

Chicken Biscuit
Mandarin Oranges **15**

Hot Dog w/ or w/out chili
Cole Slaw
Baked Beans
Tater Tots
Diced Peaches

Yogurt, **Blueberries**
Granola **22**

Spaghetti w/ meat sauce
Roasted Parmesan Broccoli
Caesar Salad
Garlic Bread
Fresh Grapes

Berry Bread
Cinnamon Applesauce **29**

Hot Ham & Cheese Sub
Broccoli Florets w/ dip
Roasted Potatoes
Banana

No School

French Toast Sticks
Pineapple Tidbits **9**

Ravioli
Garden Salad w/dressing
Roasted Broccoli w/ cheese
Breadstick
Fresh Banana

Breakfast Pizza
Diced Peaches **16**

Chicken Parmesan
w/ rotini
Breadstick
Roasted Zucchini & Squash
Fresh Oranges Slices

Cherry Frudel
Fresh Grapes **23**

Chicken Empanada
Charro Beans
Fiesta Lime Corn
Mandarin Oranges

Breakfast Pizza
Banana **30**

BBQ Sandwich
Baked Beans
Cole Slaw
Tater Tots
Fresh Orange Slices

Chicken Biscuit
Sliced Peaches **3**

Turkey, Ham & Cheese
Sandwich
Lettuce & Tomato
Baked Chips
Fresh Apple

Bagel w/ Cream Cheese
Banana **10**

Chicken Sandwich
Lettuce, Tomato, Pickles
Oven Baked Fries
Grape Tomatoes w/ dip
Apple Slices

No School **17**

Sausage Biscuit
Mandarin Oranges **24**

Chicken Poppers
Roasted Potatoes
Seasoned Collard Greens
Yeast Roll
Sliced Peaches

Chicken Biscuit
Fresh Orange Slices **31**

Witch Fingers w/ dip
Ghostly Green Beans
Frightening Fries
Craisins
Dirt Cup with Worms

Oatmeal Bun
Fresh Apple **4**

Pizza
Seasoned Green Beans
Carrot Coins w/ dip
Mixed Fruit
Cookie

Breakfast Pizza
Apple Slices **11**

Fresh Bread Pizza
Marinara Sauce
Caesar Salad
Cucumber Slices w/ dip
Berry Medley
w/ whip topping

No School **18**

PB & J Uncrustable
Sliced Peaches **25**

Pizza
Seasoned Green Beans
Carrot Coins w/ dip
Fresh Apple
Cookie

Did you know?

National Fire Prevention Week falls during the week of October 9th each year. It commemorates the Great Chicago Fire of 1871.

Breakfast Meal Components:
Entrée, Grain/Bread, Fruit, Juice, & Milk

Additional Weekly Breakfast Options (Rotated):
Fruit & Yogurt Parfaits
Peanut Butter Cup & Graham Crackers
Bagel & Cream Cheese
Boiled Egg & Cheese Stick & Cinnamon Bread

Lunch:
Entrée, Grain/Bread, Vegetable, Fruit, Milk

Additional Daily Lunch Options:
PB&J, Chef Salad, Pizza Bistro Box & Yogurt Plate

USDA Regulations:
**Students must take 1/2 cup fruit or 1/2 cup vegetable with breakfast & lunch



ITEMS IN RED ARE NC FARM TO SCHOOL (F2S)

This program, coordinated by the North Carolina Department of Agriculture and Consumer Services (NCDA&CS), offers seasonal produce for schools to purchase.

Menus are subject to change according to product availability & weather.

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