



**EDEN
HEALTH
HOSPICE**
100% Employee Owned

EDEN HOSPICE OF COWLITZ COUNTY Grief Group Schedule

Drop In Group, Eden Office Suite 103

At this group, caring and supportive community members support each other through one of life's most difficult experiences. Participants can share as much or as little as they want in our non-judgmental space.

- 1st and 3rd Monday of Each Month 1 - 2:30 pm
- 2nd and 4th Monday of Each Month 6 - 7:30 pm

Canterbury Inn Group at Canterbury Inn

This group is the same format as the Drop In Group, just located at the Canterbury Inn. 1324 3rd Ave, Longview, WA 98632.

- 2nd Thursday of Each Month 3:30 - 4:30 pm

Survivors of Suicide Loss

8 week course | *Pre-registration is required*

Focused on the profound grieving process of suicide bereavement. This group is led by experienced medical social workers. Once started, sessions are closed to allow for a safe emotional setting. Location may vary depending on community needs between Clark and Cowlitz counties.

- Tuesdays, October 22 - December 10, 2024 3:30 - 5:30 pm

Moving On, Eden Office Suite 103

Prerequisite: Completion of Survivors of Suicide Loss

- 4th Thursday of Each Month 3 - 4:30 pm

Walk Through Grief, Eden Office Suite 103

6 week course | Pre-registration is required

This group provides opportunity to process grief through education and the support of other participants. Registration closes once started.

- Mondays, July 8 - August 12, 2024 3 - 4:30 pm
- Mondays, September 9 - October 14, 2024 3 - 4:30 pm

Expressions Children/Teen/Parent, Eden Office Suite 103

6 week course | Intake is required | Pre-registration is required

This group helps children, teens and parents learn how to share their feelings, cope with grief and loss, and connect with other people their own age in a safe space in three simultaneous groups.

Guardian/Parent required to be on site during group.

- Wednesdays, October 16 - November 20, 2024 6 - 7:30 pm

Eden Hospice of Cowlitz County

1700 Hudson St, Ste 103
Longview, WA 98632

Call to register or for more information: **(360) 425-8510**



**EDEN
HEALTH
HOSPICE**
100% Employee Owned