

Olentangy Well-Being and Mental Health Board Committee

Meeting Minutes

Wednesday September 18, 2024- 6:30pm-8:10PM

Olentangy Administrative Offices- Berlin Room

Members Present: *Brandon Lester, Katherine Branson, Alisha Berendts, Samantha Norman, Jessa Reed, Allie Nicolay, Allison Houle, Marcy Freed, Michelle Gordon, Saanvi Bandhawker, Aarya Patel, Grace Sullivan, Anuki Liyanage*

1. Welcome, Call Meeting to Order

2. Call Role

3. Approval of August 2024 Meeting Minutes

4. Approval of Agenda (Addition of item 5 A)

5. Committee & District Updates

A) New Member and Member Introductions

-Start With Hello Week (September 16-20)

-Work to engage high school and middle school students

-Reach out to teachers directly, share on student news, connect with student groups

-Consider ideas for next year and for March campaign for Say Something campaign

B) OSU Coach Beyond Programming

-Coaches event and fall/spring student leadership events (OLSD and Dublin Schools)

C) Students Supports Document (share digital copies with group)

-Welcome packets to parents/new students, continue to consider ways to share and distribute

7. Open Discussion

A) Safety discussions/social isolation/sense of belonging initiatives

-March event, ways to engage high school and middle school students, prioritizing relationship building and cultural building in classrooms

-Working through specialized student groups such as extra-curricular

-Near peer mentoring, student organization, on-gong topic for the committee to address

8. Action Item Discussion

A) Share out of student mental health competition possible approaches

9. Adjournment

Next Meeting: October 16, 2024 (6-7PM) at OHS