

OAKMONT STUDENT BULLETIN



Monday September 23rd, 2024

THIS WEEK AT OAKMONT

Sports

Monday 09/23

V/JV Girls Golf PVL Tournament - Location and Opponent-TBD 3:30PM - 6:30PM
JV/V Girls Flag Football vs. Mira Loma 6PM-8PM

Tuesday 09/24

V/JV Girls Golf vs. Marysville 3PM-6PM
V Girls Water Polo vs. Del Campo 5PM-6:30PM
JV/V Girls Volleyball @ Mira Loma 5:30PM-8:30PM
V Boys Water Polo vs. Del Campo 6PM-9PM
Senior Night 6PM-7PM

Wednesday 09/25

JV/V Girls Flag Football @ Colfax 5PM-7PM

Thursday 09/26

V/JV Girls Golf vs. Lindhurst 3:30PM-6:30PM
JV/V Boys Water Polo @ Mira Loma 4PM-6:30PM
Frosh/JV/V Girls Volleyball @ Colfax 4:30PM-7:30PM
Freshman Football @ TBD 6PM-9PM
V/JV Girls Water Polo @ Mira Loma 6PM-9PM

Friday 09/27

JV/V Football @ Bear River 5:15PM-10PM

Saturday 09/28

V/JV/F Cross Country Truckee Invitational @ Ponderosa Golf Course 9AM-3PM

Monday 09/30

JV/V Girls Flag Football @ Lincoln 6PM-8PM

Reminders

Monday 09/23

University of Portland - College Presentation @ Intervention in the C.C.C.

Wednesday 09/24

Northwestern University, Chapman University, Western New England University - College Rep. Table @ Lunch!
Senior Night - See Page 3. 6PM-7PM

Thursday 09/26

Seattle University - College Presentation @ Intervention in the C.C.C.

Friday 09/27

Bill Santucci Memorial Golf Tournament for Scholarship Fund 10AM-5:30PM

Saturday 09/28

Front OHS Parking Lot Closed for Striping 7AM-10PM

Monday 09/30

CA Northstate University College of Health Sciences - College Presentation @ Intervention in the C.C.C.

Tuesday 10/01

PSAT for OHS Students 8AM-12PM

Wednesday 10/02

Warrior Wednesday - Military in the Quad @ Lunch

QUICK LINKS!

[Oakmont Website](#)

[Attendance](#)

[Early Release Process](#)

[Athletics](#)

[Counseling Information](#)

[Bell Schedule & School Year Calendar](#)

[Transportation](#)



<https://www.rjuhsd.us/oakmont>

The Roseville Joint Union High School District prohibits discrimination, intimidation, harassment (including sexual harassment) and bullying based on a person's actual or perceived race, color, ancestry, national origin, immigration status, ethnicity, ethnic group identification, age, religion, marital status, parental status, pregnancy, reproductive health decision-making, physical or mental disability, medical condition, sex, sexual orientation, gender, gender identity, gender expression, veteran or military status, medical information, genetic information, or association with a person or group with one or more of these actual or perceived characteristics. The RJUHS District nondiscrimination policy applies to any violations as they relate to school activities or school attendance within a school under the jurisdiction of the superintendent of the RJUHS District. For questions or complaints, contact Equity Compliance Officer & Title IX Coordinator: Rob Hasty, Executive Director, Human Resources, 1750 Cirby Way Roseville, CA 95661, 916-782-8663, rhasty@rjuhsd.us. For questions or inquiries related to 504's, please reach out to our Section 504 Coordinator: Craig Garabedian, Executive Director of Special Services, 1750 Cirby Way, Roseville, CA. 95661, 916-771-6570, cgarabedian@rjuhsd.us

Unleash the Viking Spirit!

SENIORS!!

THE "25" PICTURE IS OCTOBER 10th

This is a midterms day.

So, right after you take your 2nd period midterm please report to the football field for the picture.

Calling ALL SENIORS!!

Senior Night is **Tuesday, September 24th, 6PM to 7PM**. All Senior students and their families are invited to attend this informative event. Learn about:

- Sierra College
- UC and CSU Admissions
- CommonApp
- WUE Schools Admissions

- **Go to the Library** to learn about Sierra College
- **Go to Room 310** to learn about the CommonApp and WUE Schools
- **Go to room 313** to learn about UC and CSU Admissions

OAKMONT HIGH SCHOOL

Senior NIGHT

Tuesday, September 24th
FIRST SESSION 6:00 - 6:25 PM
SECOND SESSION 6:30 - 6:55 PM
Students & Families welcome

🕒 6:00 - 7:00pm

- 📍 Room 310
**CommonApp
WUE Schools
Admissions**
- 📍 Room 313
**UC/CSU
Admissions**
- 📍 Library
**Sierra
College
Admissions**
2 years free

Pick 2 of 3

Unleash the Viking Spirit!

Girl Scout troop 1358 needs your help!


Two days only!
September 24-25!

We need donations for our silver award project for homeless kids in need of food and basic necessities

What do we need?
deodorant, sunscreen, hair brush and comb, toothbrush and toothpaste, lotion, chapstick, Ramen, granola bars, chips, crackers, protein bars, women's feminine items, canned meals (ex:soup, ravioli, veggies, and beans), shampoo, conditioner, and body wash

No perishable food items please!

Give all donations to your first period teacher!



OPC

- Parent Lead
- Students First
- Community Driven



\$35 TO JOIN

**HELP US MAKE A DIFFERENCE
LEARN MORE AT**

WWW.OAKMONTPARENTSCLUB.COM



OPC

Parent Lead, Students First, Community Driven

\$35 to join, Help up make a difference learn more at:

www.oakmontparentsclub.com

Unleash the Viking Spirit!

PSAT at Oakmont this Fall

Sophomores and Juniors

Sign up for the PSAT on **October 1st** in the OHS Library. Scan the QR code or go to: <https://www.rjuhsd.us/Page/1993>



Register early, seats are limited and fill up quickly! Email Ms. Baldwin lbaldwin@rjuhsd.us or Mr. Oliver coliver@rjuhsd.us if you have any questions.

SAT at Oakmont this Fall

Seniors

Sign up for the SAT on **October 23rd and 30th** in the OHS Library. Scan the QR code or go to: <https://www.rjuhsd.us/Page/13157>



Latino Student Union is back!



Come to room 404 during one lunch on Wednesdays for fun, games, and culture! ¡Vamos!
All are welcome!



Laughing Together

Today's youth live in a world with mental health challenges that come at them from multiple directions including online and at school. Oakmont High School invites you to explore this issue with a light-hearted approach with help from the improv artists from Laughing Together. Join us as we explore how our community can help our young people develop the skills they need to handle the everyday stresses of today's world.

The show will be **September 30** at 7pm in the OHS Theater. Tickets are available at <https://ohsmh.ludus.com> or in room 202.



Laughing Together

WHERE COMEDY, EDUCATION, AND MENTAL HEALTH INTERSECT

Today's youth live in a world with mental health challenges that come at them from multiple directions including online and at school. Oakmont High School invites you to explore this issue with a light-hearted approach with help from the improv artists from Laughing Together.

Join us as we explore how our community can help our young people develop the skills they need to handle the everyday stresses of today's world.

To learn more about Laughing Together visit: laughingtogether.org

SEPTEMBER 30, 2024
Oakmont HS Theater
7-8 PM
\$10

LIMITED SEATING
TICKETS AVAILABLE FOR
PURCHASE BY
USING THIS QR CODE:



Or visit

<https://ohsmh.ludus.com>

Odin's Eye

Room M-1
Afterschool - Tuesday, Wednesdays & Thursdays 3:30PM-4:45PM
Wednesdays ONLY 8:30AM-9:25AM

TUTORING services

Odin's Eye is Learning Support, tutoring and peer tutoring facilitated by our Learning Support Specialist

Have your Minga card ready for check in!

Bus Transportation available at 4:30PM (application must be current on file)

Who?

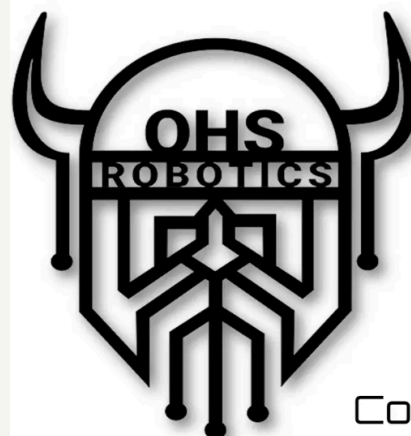
Ms. Reyes & Mrs. Wyant

Where?

Room M-1

When?

After school: Tuesday, Wednesday & Thursday 3:30 - 4:25 PM
Before School: Wednesday ONLY 8:30 - 9:25 AM



Build
Code
Compete

- Beginners welcome.
Show up to P-1 to join!
- Wed. before school
 - Wed. one-lunch
 - Tues. after school
 - Any 2nd lunch



Join Oakmont Robotics!

All abilities are welcome, as we have beginner, intermediate, and advanced teams. All will compete at the Placer Advanced Robotics and Technology lab in downtown Roseville, in the game called VEX High Stakes. Learn to design, build, code and work as part of a team.

Robotics meets in P-1 before school on Wednesday, one lunch on Wednesday, after school on Tuesday, and any 2nd lunch.

College and Career Center



Location: near the Library
Mrs. Headrick - kheadrick@rjuhsd.us
Hours: 7:30 a.m. - 4:00 p.m.

ALL CCC EVENTS IN ONE PLACE!

If you want to plug in to all CCC events, then stay in the know with this CCC Event Schedule. Go to this schedule often to get updated information and to sign up for college/career presentations. Now there's no excuse why you missed your favorite college presentation or job/college fair! Go to <https://www.rjuhsd.us/Page/11892> and "bookmark" it or scan the QR code for quick access.



SEPTEMBER/OCTOBER



2024 - 2025 College & Career Event Sign Up and Info Sheet

****Click on the 'Sign Up' Link below to access the sign up form for college presentations****


Day	Date	Time	Event	Info Link / Sign Up	Type	Location
Thurs.	9/19	2nd Lunch (F) - 12:53 PM	Washington State University	Sign Up	Presentation	OHS College & Career Center
Mon.	9/23	Intervention - 9:53 AM	University of Portland	Sign Up	Presentation	OHS College & Career Center
Tues.	9/24	6:00 PM to 7:00 PM	OHS Senior College Night	Info Link	Presentation	OHS Library
Wed.	9/25	One Lunch - 12:08 PM	University of Nevada, Reno	Info Link	Information Table	OHS Quad
Wed.	9/25	One Lunch - 12:08 PM	Chapman University	Info Link	Information Table	OHS Quad
Wed.	9/25	5:30 PM to 7:30 PM	Folsom Lake College Spotlight	Info Link	Open House	Folsom Lake College
Thurs.	9/26	Intervention2 - 12:53 PM	Seattle University	Sign Up	Presentation	OHS College & Career Center
Mon.	9/30	Intervention - 9:53 AM	California Northstate University	Sign Up	Presentation	OHS College & Career Center
Wed.	10/2	One Lunch - 12:08 PM	Warrior Wednesday (Military)	Info Link	Information Table	OHS Quad
Wed.	10/2	6:00 PM to 8:00 PM	Univ. of Nevada, Reno	Register here	Presentation	Granite Bay High School
Thurs.	10/3	Intervention2 - 12:53 PM	University of Rochester	Sign Up	Zoom Meeting	OHS College & Career Center
Fri.	10/4	Intervention - 2:52 PM	UC Davis	Sign Up	Presentation	OHS College & Career Center
Fri.	10/4	7:00 AM to 5:00 PM	University of Nevada, Reno	Register here	Bus Trip	Maidu Skate Park (pickup)
Mon.	10/7	Intervention - 9:53 AM	Oregon State University	Sign Up	Presentation	OHS College & Career Center
Tues.	10/8	8:30 AM to 3:20 PM	Mission Day!	Info Link	Demonstration	OHS Main Gym
Wed.	10/9	12:45 PM to 2:00 PM	Sierra College Office Hours	Sign Up	Office Help	OHS College & Career Center
Sat.	10/12	10:00 AM to 3:00 PM	Sierra College Preview Day	Register here	Open House	Sierra College

SAVE THE DATE! - RJUHSD Annual College & Career Fair

The RJUHSD annual College & Career Fair is at a new location this year. This event will be held at West Park High School on:

Wednesday, **October 16th from 5:30 PM to 7:30 PM.**


This event is FREE and open to all RJUHSD families. There will be over 100 college & career representatives to answer questions. Financial Aid and NCAA experts will also be in attendance.



FREE EVENT

RJUHSD COLLEGE + CAREER FAIR

WEDNESDAY, OCT. 16TH
5:30PM-7:30PM AT
WEST PARK HIGH SCHOOL
2401 PANTHER PLACE, ROSEVILLE, CA 95747



FOR ALL RJUHSD FAMILIES

New Location!

Over 100 college + career representatives will be available to meet students and answer questions! Financial Aid and NCAA experts will also be in attendance.

See You There!

College and Career Center

Sign Up to Take the ASVAB at OHS for FREE!

What is the ASVAB??!! - It's a career exploration program offered to high school students, 10th, 11th and 12th grades. The program also provides you with career information across all occupations and is an indicator for success in future endeavors whether you choose to go to college, vocational school, or a military career.

If you need help discovering your path to a career, the ASVAB is for you! There's no obligation to the military in any way.

Sign up for FREE by October 31st in the College & Career Center or scan the QR code below. Contact Mrs. Headrick for questions. kheadrick@rjuhsd.us

ASVAB Assessment Date: Friday, Nov. 8th, 8AM to 11:30AM
In the OHS Library

ASVAB Interpretation/Review Date: Wednesday, **Dec. 4th**, 8:30AM to 9:30AM



Folsom Lake College Open House

Want to learn more about Folsom Lake College? FLC is having an open house on Wednesday, **September 25th** from 5:30 to 7:30 PM.

- Explore Academic Programs with a Spotlight on Career Education
- Learn more about Admissions, Career & Transfer, Financial Aid, and Student Success Programs
- Take a campus tour led by FLC Students
- Purchase a BBQ dinner from the Falcon Grill

For more information, email CareerPrograms@flc.losrios.edu.

Scan the QR code to RSVP to this event.

A promotional poster for "Spotlight Night" at Folsom Lake College. The background is a vibrant blue. At the top, the words "SPOTLIGHT NIGHT" are written in large, bold, purple letters. Below this, in white text, it says "AN OPEN HOUSE AT FOLSOM LAKE COLLEGE". The central image shows a young woman with long dark hair smiling next to a large, blue and black mascot costume. At the bottom, a purple banner contains the date "WEDNESDAY, SEPTEMBER 25, 2024" in white. Below the banner, the time "5:30 TO 7:30 PM" and the location "10 COLLEGE PARKWAY, MAIN FOLSOM CAMPUS, QUAD FOLSOM, CA 95630" are listed in white and purple text.

SPOTLIGHT NIGHT

AN OPEN HOUSE AT
FOLSOM LAKE COLLEGE

WEDNESDAY, SEPTEMBER 25, 2024

5:30 TO 7:30 PM 10 COLLEGE PARKWAY,
MAIN FOLSOM CAMPUS, QUAD FOLSOM, CA 95630

College and Career Center



Sierra College Preview Day and OHS Office Hours

Sierra College Preview Day

If you're thinking about going to Sierra, or would like to learn more, don't miss Preview Day. Admission and parking are FREE!

Saturday, October 12th
10AM to 3PM

Students and their families are invited for:

- **Campus Tours**
- **Live Demonstrations**
- **Learning about 2 years free tuition**
- **Meeting Faculty and Club Members**
- **Discovering Academic Programs**
- **Winning Prizes**

Register at sierracollege.edu/previewday

Sierra College Office Hours at OHS

Sierra College is coming to Oakmont to answer your questions and help you register for college. If you would like to receive a pass to attend one of these office visits, please sign up.

Wed. **10/09** 12:45 PM to 2:00 PM

Wed. **10/23** 12:45 PM to 2:00 PM

Wed. **11/06** 11:00 AM to 12:15 PM

Wed. **11/20** 12:45 PM to 2:00 PM

Wed. **12/04** 12:45 PM to 2:00 PM

Sign up at
<https://www.rjuhsd.us/Page/11892>



University of Nevada, Reno

University of Nevada, Reno Preview Event

The **University of Nevada, Reno** will be at
Granite Bay High School on

Wednesday, October 2nd from 6pm to 8pm.

All RJUHSD students and their families are invited to attend this informative event. Register and show up to learn about the admissions process and hear from the Director of Admissions, Honor College, Academic Representatives and Current Students.

Register to attend by scanning the QR code or go to:

<https://admissions.unr.edu/register/2024SacFallPreview>

