High School Lunch Menu November

Monday

Tuesday

W ax

Thursday

Meal Price \$3.25 November Total \$48.75 Friday

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Professional Development No School

Spaghetti w/meatballs 6 Crispy C Tossed Salad, Garlic Bread, Broccoli, Fruit Lettuce Cocktail, Milk Cucumb

Crispy Chicken Sand 7
Baked Beans, Chips
Lettuce & Tomato,
Cucumbers, Apple, Milk

French Bread Pizza 8
Red Peppers, Zucchini,
Grapes, Milk

Spanish Rice, Baby Carrot Steamed Corn, Tropical Fruit, Milk

Frito Salad, Steamed Corn

Diced Tomatoes,

Cucumber Slices.

Pineapple, Milk

Crispito-Chicken/Cheese

Nachos

Chicken Tenders

Mashed Potatoes, Gravy,
Green Beans, Wheat Roll
Tropical Fruit, Milk

Mashed Potatoes, Gravy,

Green Beans, Cookie,

Chicken Nuggets

Pears, Milk

Pancake Sandwich
Scrambled Eggs, Batter
Bites, Juice Blend,
Banana, Milk

Chicken & Pasta

W/Alfredo Sauce
Steamed Broccoli, Sweet
Red peppers, Garlic Bread,
Peaches, Milk

Hot Ham & Cheese Sand. 15 Baked Beans, Baby Carrots, Sun Chips, Frozen Treat, Milk

Chicken & Noodles
Mashed Potatoes, Green
Beans, Wheat Roll,
Peaches, Milk

Beef & Bean Burrito 19
Spanish Rice, Carrots,
Frito Salad, Zucchini slice
Orange, Milk

Grilled Cheese Sand. 20 Chicken Noodle Soup, Carrots & Broccoli, Rosy Applesauce, Milk Sausage, Tri Taters, Juice Blend, Banana, Milk Pizza 22
Tossed Salad, Breadstick,
Red Peppers, Frozen
Treat, Milk

Fall Břeak

This institution is an equal opportunity provider

Menu subject to change without notice