

# Middle School Lunch Menu



## November

Monday

Tuesday

Wednesday

Thursday

Friday



**Meal Price**  
**\$3.15**  
**November Total**  
**\$47.75**

**Professional Development**  
**No School**

1

Crispito-Chicken/Cheese **4**  
Spanish Rice, Baby Carrots,  
Steamed Corn, Tropical  
Fruit, Milk

Chicken Nuggets **5**  
Mashed Potatoes, Gravy,  
Green Beans, Cookie,  
Pears, Milk

Spaghetti w/meatballs **6**  
Tossed Salad, Garlic  
Bread, Broccoli, Fruit  
Cocktail, Milk

Crispy Chicken Sand **7**  
Baked Beans, Chips,  
Lettuce & Tomato,  
Cucumbers, Apple Slices,  
Milk

French Bread Pizza **8**  
Red Peppers, Zucchini,  
Grapes, Milk

Nachos **11**  
Frito Salad, Steamed Corn,  
Diced Tomatoes,  
Cucumber Slices,  
Pineapple, Milk

Chicken Tenders **12**  
Mashed Potatoes, Gravy,  
Green Beans, Wheat Roll,  
Tropical Fruit, Milk

Pancake Sandwich **13**  
Scrambled Eggs, Batter  
Bites, Juice Blend,  
Banana, Milk

Chicken & Pasta **14**  
w/Alfredo Sauce  
Steamed Broccoli, Sweet  
Red peppers, Garlic Bread,  
Peaches, Milk


Hot Ham & Cheese Sand. **15**  
Baked Beans, Baby  
Carrots, Sun Chips,  
Frozen Treat, Milk

Chicken & Noodles **18**  
Mashed Potatoes, Green  
Beans, Wheat Roll, Grapes,  
Milk

Beef & Bean Burrito **19**  
Spanish Rice, Carrots,  
Frito Salad, Zucchini slice,  
Orange, Milk

Grilled Cheese Sand. **20**  
Chicken Noodle Soup,  
Carrots & Broccoli, Rosy  
Applesauce, Milk

French Toast Sticks **21**  
Sausage, Tri Taters, Juice  
Blend, Banana, Milk

 Pizza **22**  
Tossed Salad, Breadstick,  
Red Peppers, Frozen  
Treat, Milk



# Fall Break