

## ***Inglemoor Boys Basketball Player Meeting***

1. Register for Winter Boys Basketball on Final Forms and get cleared or you can't tryout

2. First practice is Mon Nov 18 4 pm

Tues. Nov 19 6:30 pm ( first cut)

Wed. Nov 20 4 pm ( second cut)

Thur Nov 21 4 pm ( third cut if necessary)

Fri. Nov 22 4 pm

Sat. Nov 23 10:30 am

3. Be on time to all practices and meetings

4. Follow the school athletic code

5. Do well in class

6. Generally I only keep seniors who are in the top 8 or 9 rotation of players on the team

7. You earn a Varsity letter if you make the Varsity

8. We do practice over vacations

**9. Players who weren't in the program last year, sophs and junior and seniors and all 9<sup>th</sup> graders, wear a t-shirt with your last name on the back during tryouts.**

10. Come in shape. We will run.

11. We usually make a first cut after the second day, a second cut after the third day, and as needed the next days

12. There are 3 teams Varsity, JV, and C

13. Do your best, that is all anyone can ask

**Evaluation criteria for tryouts: Here are things that the coaches are looking for:**

**character- being a good teammate, work ethic, team first attitude, how hard you play defensively-pressuring the ball and passing lanes consistently, ability to screen and cut in our motion offense, ability to reverse the ball and move the ball to an open teammate, athletic ability, shooting ability, rebounding ability, ballhandling ability, are you a competitor and how do you deal with adversity, how coachable are you, how dedicated are you to teamwork**