

## Student Nutrition Local Wellness Policy Review Meeting Agenda

**10/4/2024**  
**1:30-2:30 PM**  
**DAO- PD Training Room**

Agenda Items	Submitted by
<p>Minutes:                      Elena Opens meeting ;                      Welcome committee and describes wellness initiatives which encompass the culture of wellness of nutrition and all health.                      Last year we should have decided to call it an initiative as opposed to a policy.</p> <p>This is community wide. It was posted on our website to let the community know we were meeting.</p> <p>Discuss nutrition standards listed on initiative based on state guidelines.</p> <p>Fundraising guidelines, and the competitive guidelines.</p> <ul style="list-style-type: none"> <li>• McCall - inquired about selling prior 30 min prior to school- this would be considered a fundraiser status as it would fall under the competitive food time frame.</li> <li>• McCall -Now that we are free lunch is it still a competition since students don't have to pay for lunch? Giving the department a heads up for fundraisers for snack bar or food productions would help the department so the school and department have a partnership.</li> </ul> <p>Meal accommodation – there is a form a student can fill out by physician and we can make the best accommodation we can</p> <p>Wellness Review only needs to meet once a year.</p> <p>Assessment is a USDA/ADE tool, we need one for each location. Elena will send them out to each school. To be fill out. By winter break Dec 1<sup>st</sup>. We will update the website. State monitors the website so we try to keep it updated.</p> <p>Student advisor coming – stucco, student senate, FFA working with students to get the word out.</p> <p>We have a variety of roles on our committee, students, parents, admin, and physical ed.</p> <p>Opens discussion up to the room                      Isaiah student – love tamale, says popcorn chicken are stale</p> <p>McCall – Asks students what they like they say they like tamales, Spicy chicken are good, burgers are ehh, GRHS and SLHS menu might like or it would help if we get some cool weather meals due to a lot of students eating outside.</p> <p>Elena- We are working on new recipes, soups, Chile with our PD. We have our</p>	

<p>new pizza and cheese enchilada and mash potato bowls. Each school has a differ culture and even serving line.</p> <p>Christina- is there something you would like to each that you don't see?</p> <p>Isaiah- More tamale</p> <p>Elena - Tamales are a good plate. It is a full plate where we can see what we can do.</p> <p>Kugel-Brandt-Do they have burritos?</p> <p>Elena -Burritos have not been popular, we are going to try a breakfast burrito?</p> <p>We are going to have a long road ahead to balance the new sugar requirements.</p> <p>McCall – burrito would be a good idea, meat and eggs would help with them walking around. Good protein. Kids would know what's happening around town so they know about smoothies about another school. Maybe we can do smoothies once a week or move it around and advertise it. Think of catchy things for breakfast.</p> <p>Elena - We can work on that. We can do it with low sugar yogurt.</p> <p>Kugel-Brandt -We can add to the campus banners. A week ahead of time. Just let us know</p> <p>Christine- I don't see that happening at our school let me know if I can help with something like that</p> <p>Claudia - Yogurt parfaits at vhs instead of smoothie</p> <p>Elena – parfaits and smoothie we could figure something out vhs and schools.</p> <p>Elena reviews breakfast and lunch numbers.</p> <p>Thanks committee for coming.</p>	
<p>Committee review proposed mission statement:</p> <ul style="list-style-type: none"> <li>● Yuma Union High School District #70 recognizes the strong relationship between students' nutrition/fitness/health status and their school attendance, access to education and ability to learn. Good health, facilitated by both knowledge and practice of healthy eating and exercise behaviors and habits, is a major factor in helping students and staff function at optimal levels.</li> </ul>	
<p>Review current YUHSD#70 Local Wellness Initiative</p> <ul style="list-style-type: none"> <li>● YUHSD Wellness Initiative: <a href="#">YUHSD Wellness Initiative</a></li> <li>● School Wellness Committee- section 3 <ul style="list-style-type: none"> <li>○ Committee Members – sign in sheet uploaded to Student Nutrition webpage</li> </ul> </li> </ul>	

<ul style="list-style-type: none"> <li>● Wellness implementation, monitoring, accountability and community engagement -section 4 <ul style="list-style-type: none"> <li>○ Triennial review- current assessments 24-24, 25-26 &amp; 26-27 <ul style="list-style-type: none"> <li>■ <a href="#">YUHSD 70 - Activity and Assessment Tool.pdf</a></li> </ul> </li> <li>○ Notification of meetings, policy, assessments and updates <ul style="list-style-type: none"> <li>■ Website used for public notification &amp; communication</li> </ul> </li> </ul> </li> </ul>	
<ul style="list-style-type: none"> <li>● Next Steps <ul style="list-style-type: none"> <li>○ Meeting frequency</li> <li>○ Meeting agenda &amp; minutes uploaded to Student Nutrition webpage</li> <li>○ School assessments for SY24-25 COMPLETED BY DECEMBER 1, 2024 &amp; uploaded to Student Nutrition webpage</li> <li>○ Discuss potential additions: <ul style="list-style-type: none"> <li>■ 504 plan- reasonable meal accommodations</li> <li>■ Allergy accommodations</li> <li>■ Student Advisory - feedback meetings/interaction</li> </ul> </li> </ul> </li> </ul>	

Action Request	Assigned To	Follow-Up/Due Date
<ul style="list-style-type: none"> <li>● Look into adding Yogurt Smoothies &amp; Yogurt Parfaits to breakfast menu</li> </ul>	Elena Hildreth	
<ul style="list-style-type: none"> <li>● Create marketing tools to generate interest in breakfast- schools will support via Canvas</li> </ul>	Elena Hildreth	
<ul style="list-style-type: none"> <li>●</li> </ul>		

<b>Good of the Order</b>
Next meeting:

<b>Individuals Present</b>	
<ul style="list-style-type: none"> <li>● Christine Martin</li> <li>● Christina Smith</li> <li>● Claudia Trejo</li> <li>● David King</li> <li>● Heather Madrigal</li> <li>● LeAnne McCall</li> <li>● Teresa Laurean</li> <li>● Vicki Kugel-Brandt</li> <li>● Anjalina Whiddon</li> <li>● Shelley Gonzalez</li> <li>● Elena Hildreth</li> </ul>	